

Nursing home residents enjoy social



Tyrel Walker, 11 month-old son of Tina Davidson and Troy Walker of Heppner, enjoys the pool while Iva Booker enjoys the kids' antics.

Residents of Pioneer Memorial Nursing Home (PMNH) enjoyed some young visitors and an ice cream social on the patio at PMNH Tuesday, July

30. Some of the visiting youngsters are children of hospital employees and others are from Heppner Day Care.

Ione girl selected for 4-H program

Four Oregon 4-H members have been selected to attend the National 4-H Food and Nutrition Career Exploration Program to be held Aug. 10-16 in Chevy Chase, Maryland.

Jessica Krebs, Ione, and Erica Brookhyser, Newport, Natalie Cole, Mulino, and Amy Spencer, Dallas, will join 37 4-H youths from throughout the nation to learn about careers in food and nutrition at the National 4-H Center.

"This is the first program to be offered as part of the National 4-H Council's emphasis on workforce preparation," said Duane Johnson, Oregon

State University Extension 4-H youth development education specialist.

The Oregon members will learn about a wide variety of food industry careers in meetings with working professionals, field trips and a two-day job shadowing experience. In addition, they will develop a work portfolio, participate in employment interviews and create a job resume. Special emphasis will be placed on building the participants' competencies in working with others, managing resources, acquiring and using information, using computers and understanding systems.

Meeting set for superintendents

All county fair superintendents and helpers of departments in the main exhibit hall are urged to attend a meeting Thursday, Aug. 5 at 10 a.m. All the new plans for staging, exhibiting and other innovations will be finalized.

"We are working on making the '96 fair in this building have a new and 'heads up' flavor for all to enjoy," said a fair spokesperson.

Emergency officials need information

Morrow and Umatilla County Emergency Management (MCEM) officials need more information from area residents before they can buy warning radios for homes and businesses near the Umatilla Army Depot. "We'd like people who are hearing impaired and people who work in a high-noise environment to call or write us, so that we can put a strobe light on their warning radios," said MCEM director Casey Beard.

Called tone-alert radios, these devices will sound a loud tone and broadcast information in the event of a community emergency. They will be distributed to over ten thousand homes and businesses near the depot.

Beard says the federal government wants to know who needs the strobe lights before it will release money to pay for the radios under the Chemical Stockpile Emergency Preparedness Program (CSEPP). Residents may find out if they're in the affected area, the Immediate Response Zone, by consulting a map in the CSEPP calendar that was mailed to them earlier this year. Also in the calendar is a postage-paid response card they may fill out and send in.

Beard says people may also call or write the CSEPP public information office, 922-4437 or 567-2084, P.O. Box 751, Irrigon, OR. 97844.

Tri-Co. Americans end season with one win/two losses



Back Row (l to r): Coach Mike Yunker, Manager Mike McHenry, Alan Gribskov, Rocky Turner, Nathan James, Aaron Yunker, Jeff Sallee, Travis Carmine, Joe McNamee, Coach Larry Baros
Front Row (l to r): Jason Sallee, Victor Baros, Stanley Cutsforth, Matt Wilson, Michael Schonbachler, Cody Seeger. Not Pictured: Jesse Gonzales, Ben Rohde

The Columbia Tri-County American 14-year-old All Star Babe Ruth Team finished their season with one win and two losses.

The team, which included Stanley Cutsforth and Michael Schonbachler of Heppner and Alan Gribskov of Ione, were "solid players", commented

manager Mike McHenry of Pendleton. "They had a lot of heart," added McHenry.

The team lost their first game to the Hood River Americans, 3-1. "We just didn't hit the ball," said McHenry.

The Americans went on to win their second game against the Hermiston Americans, 7-3. Cutsforth hit a double in that

game, going one for three.

The Americans lost their third and final game against Columbia, 16-8. Schonbachler hit two singles, going two for four and Cutsforth had a base hit. Gribskov stole two bases in that game.

Coaches for the Americans were Mike Yunker and Larry Baros.

VBS children donate to Neighborhood Center



Bible school children present a cart full of groceries to the Heppner Neighborhood Center. Around 60 children, who collected the food to donate to the center, attended Bible school jointly sponsored by Hope and Valby Lutheran, Heppner United Methodist and All Saints Episcopal churches. The VBS was held July 15-19.

The Neighborhood Center provides emergency assistance and holiday food baskets to low income people in the area.

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Blue Mountain MASTER GARDENER DIGGINGS

Gardening questions? Call the Extension Office at 676-9642 to be referred to a master gardener.

When Garden Vegetables Are Ready, Don't Hesitate To Harvest Don't be shy. When garden produce is ready, start the harvest. "Regular picking encourages continued production in fruiting vegetable plants such as cucumbers, squash, bush beans, peppers, broccoli and eggplants," said Ray McNeilan, home horticulturist with the Oregon State University Extension Service. "Even a few fruits left to mature on a cucumber plant will stop new fruit from setting."

Once a zucchini begins going to seed, the plant is triggered into a different growing stage and won't develop any more squash. Look for the following qualities when harvesting vegetables.

Bush Beans: Pick when at least three inches long.

Squash: Summer squashes are ready when medium-sized with rinds that are easily dented with a fingernail. Winter squashes are ready when rinds are firm enough that they can't easily be dented with a fingernail.

Tomatoes: Size is not a good indication of maturity. Look for proper color. You can pick tomatoes at any degree of ripeness but they taste best if ripened on the vine.

Cucumbers: Pick before they turn yellow. Large ones are good eaten fresh.

Broccoli: Stalks ready for picking are firm but tender. Buds at the top of the stalk should be compact and not showing the color that would indicate the plant is flowering. Cut the large central head just before it separates into several heads. After that, cut the side shoots that develop into small heads.

Eggplants: Ready when shiny.

Peppers: Usually mature late. The green varieties should have a shiny color and be firm. Red varieties should have a uniform red color before harvesting.

Engagement



Duncan — Kenny

Mr. and Mrs. Robert Duncan, Leavenworth, WA., announce the engagement of their daughter, Nicole Ann, to Thomas Michael Kenny, son of Mr. and Mrs. William Kenny of Heppner. Nicole graduated from Cascade High School in Leavenworth in 1992 and from Eastern Washington University in 1996. She is enrolled in graduate school at Washington State University.

Thomas graduated from Heppner High School in 1990. He attended Blue Mountain Community College and is currently employed as a processor for Old World Christmas, Inc. in Spokane, WA.

The wedding is planned for Saturday, Sept. 7, at St. Patrick's Catholic Church in Heppner.

DO YOU NEED HELP PAYING YOUR RENT?

The Umatilla County Housing Authority in Hermiston, Oregon is accepting applications for the Section 8 Program

Section 8 is where you place your name on the waiting list (which isn't long) and if you qualify for assistance when your name comes to the top of the list you are issued a Certificate or Voucher find a place on your own to rent that will pass a Housing Quality Inspection. The Housing Authority will assist you in paying the rent to the Landlord.

If you are interested in finding out more information about how the program works, contact: Umatilla County Housing Authority at 1-800-221-6729 inside Oregon or 1-541-567-3241 or visit us at 155 S.W. Tenth Street Hermiston, OR.

Contest open to senior citizens

Senior citizens are once again invited to enter the "Memoirs of the Past" contest at the Morrow County Fair. The contest is sponsored by the Morrow County Historical Society.

Seniors may have one entry in each of three categories, "Most Historical", "Most Humorous" and "Most Adventurous". Entries must be turned in to the Morrow County Historical Society, c/o Barbara Bloodsworth, P.O. Box

338, Heppner, OR 97836, by Friday, August 9.

A \$50 cash prize will be given in each of the categories. Winners will be announced at fair.

Entrants must be Morrow County residents, 65 years or older and must have an authentic story of pioneer life. If taped on a cassette, the story must be no longer than 15 minutes. If the story is written, it must be 1,000 words or less.

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