

Soroptimist to raffle "Molly"



Judie Laughlin shows off "Molly" an Irish doll to be raffled on March 18. The Soroptimist International Club of Heppner is selling tickets for \$1. Proceeds benefit community activities. Molly can be seen in the Heppner TV window. Tickets may be purchased at Heppner TV, the information booth during the weekend, or from any Soroptimist member.

Shamrock barrel race March 19

Shamrock Barrel Racing will be held Sunday, March 19 at 9 a.m. at the Morrow County Fairgrounds in Heppner. Contestants need to register on Thursday, March 16 from 7 to 10 p.m. by calling Mary Ann Munkers 989-8488. The event is WPRA and OBRA approved.

Divisions are: Open, sponsored by Devin Oil, Morrow County Grain Growers and Lee Anstegui; novice horse, \$1,500 sponsored by Red's Clothing, \$500 sponsored by Hamleys, \$250 sponsored by PGG; amateur rider, \$1000

sponsored by Green Feed & Seed; Jrs. 9-16 yrs. sponsored by Gardner's Men's Wear; Pee Wees, 8 and under sponsored by Hermiston Leather.

Anyone may compete and contestants may run as many horses as they like. There will be a U.S.T.R.C. A Team Roping event will follow around 3:30 p.m. The drawing for the 4-Wheeler being raffled by the OTPR committee will be drawn. Tickets are \$10 each and available at Green Feed & Seed, The Hair House and Les Schwab.

Medical scholarships available

Northeast Oregon health care workers who would like to advance within the medical profession are eligible to apply for up to \$2000 in financial support for additional training.

Funding is provided by Northeast Oregon Area Health Education Center (NEOAH EC), a non-profit organization dedicated to attracting and retraining health care professionals by providing regional educational opportunities.

Applicants must reside in Morrow, Baker, Gilliam, Grant, northern Malheur, Sherman

Umatilla, Union, Wallowa, or Wheeler County and commit to returning to their community upon completion of training. They must be presently working in the health care field or wanting to train to become an emergency medical technician.

Interested individuals may request an application from: Linda Kenny, Rt 2 Box 2186, Heppner, OR 97836 or the NEOAHEC office at 503 962-3801.

Completed applications must be received by March 31. The final award will be made May 15.

Ione Garden club plans plant sale

The Ione Garden Club has selected Thursday, May 4, as the date for their annual plant sale. This year, instead of being held at Willows Grange Hall as in past years, the sale will be held in the yards or garages of the Fredrick Martin and Gary Tullis homes in Ione.

The meeting was held at the home of Gary and Birdine Tullis on March 8. A study of pocket planters was presented by Tullis, who stated that, besides being great for growing strawberries, pocket planters can also create beauty spots around the yard on patios, porches or steps as well as in borders. In selecting a planter of this type attention should be given to the width of the pockets for plant material. A

piece of PVC pipe with holes in it should be put down the center for watering.

Tullis showed pictures of attractive compositions in pocket planters, some using all perennials, all annuals or combinations and some with ornamental grasses.

Katherine Lindstrom was a guest at the meeting. Lea Mathieu and Deena Starr, were initiated into membership of the Ione Garden Club with a green thumb ceremony borrowed by Helen Martin from a men's garden club in Dallas. Green thumbs made out of felt by Helen were placed on the thumbs of the new members as they were lead by president Delta Huber in the green thumb pledge.

Arts & Crafts to hold sale

Morrow County Creative Arts and Crafts members are reminded to bring two dozen cookies and their handiwork already priced to the white elephant sale Saturday, March 18 at Les Schwab. The sale will

be held from 10 a.m. to 4 p.m.

The club will meet Wednesday, March 22, at 1 p.m. at Kate's Pizza in Heppner. New members are welcome to attend.

Still time to get your duck for race

St. Patrick's revelers are invited to watch their duck "go for the gold" during the annual St. Patrick O' Ducky race to be held Saturday, March 18, at 3 p.m.

Ducks will be released from the Court St. Bridge and the first seven ducks to reach the finish line behind the Heppner City Park will win prize money. First prize is \$100; second is

\$75; third, \$50; fourth, \$25; and fifth through seventh, \$10 each.

Plastic ducks may be rented for \$3 each or two for \$5 at duck booths located on Main St. the day of the race or in advance at the Shoe Box.

Remember, said an O'Ducky race spokesperson, "any duck suspected of fowl play will be disqualified".

Bowling

Thursday Night Mixers		
OSEA#59	26 1/2	9 1/2
B & C Repair	22	14
Ione Repair	21	15
Wrights Century Farm	21	15
Lancer Lanes	20	16
Pettyjohn Farm Supply	13	23
Team #7	12	24
Our Place	8 1/2	27 1/2
High game: Dianna Hoeft	210, Gerald Hoeft 234.	
High series: Dianna Hoeft	579, Gerald Hoeft 560.	
Splits converted: Sheri Warnock	4-5; Gerald Hoeft 4-5.	

Computer Paper

Plain • Green Bar
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676-9228

Tree topping can impair trees

Two workshops covering the basics for tree pruning were recently held in Irrigon and Boardman as a cooperative effort between Oregon State University Extension and the Oregon Department of Forestry, Community Forestry Assistance Program. The following facts and fiction statements, will help clarify some of the issues surrounding tree topping and tree care.

Spring and summer weather sends people outdoors and into a favorite American pastime: gardening and yard work. This hard work is often justified when it comes to selling a home, since a property's most valuable asset is often its trees. Studies by the U.S. Forest Service indicate that the presence of trees on a property increases its value by between five and 20 percent. Unfortunately, spring and summer are also the time when some people unwittingly wreak havoc on their trees through improper pruning.

A drive through central and eastern Oregon illustrates this point. Dozens of trees look like slingshots or hat racks, said Joe Carl, Oregon Department of Forestry. Foresters refer to this damage as topping. The small branches have been removed, and many of the large ones have been cut back drastically. This type of work usually leads to the tree's early decline and eventual death. Much of this damage can be attributed to common misconception about pruning. Here are some examples:

Fiction: Trees should be topped so they don't get too big. **Fact:** Many people top trees because they fear a tree will get too big and drop limbs on houses or vehicles. In reality, a tree which has been topped is much more likely to break apart and drop limbs than a tree which has retained its natural shape. After a tree has been topped, new branches tend to be weaker and are subject to breakage. Planting the correct-size species is preferable to

HES/HMS site council meets

The Heppner Elementary Middle School site council met Tuesday, March 7. Those in attendance were Vicky Broden, Bill Karwacki, Mark Miller, Cara Osmin, Kay Proctor, Linda Shaw, Cherry Webber, Bob Sagely and Mary Kay Bellamy.

All available data for the school profile has been tabulated. The committee will meet to write conclusions and the profile will be presented at meeting in May.

Bill Karwacki reported that all groups surveyed were in favor of continuing the four-day student week.

There will be a grade 7-12 configuration planning meeting Wednesday, March 15, in the HMS gym. A committee to aid in the transition will be organized at this time.

HES/HMS students are involved in a clean-up campaign of the school grounds. A new garbage barrel will be placed outside the north door of the HMS building.

The group "Classroom for Kids" will canvas March 16. Volunteers from the Chamber of Commerce and other concerned citizens, who are not school staff, will do the foot work.

The school district has organized two staff training workshops, one in April and June. The topics include block scheduling and multi-age grouping.

The next Site Council meeting will be Tuesday, April 4 at 7:30 p.m. at the HMS library. The public is welcome to attend.

Workshop slated on heart disease

Did you know that American women are at greater risk to die from heart disease than breast cancer? Here are some facts: one in nine American women have some type of cardiovascular disease; after the age of 65, the level of risk rises to one in three women. Heart disease is the leading cause of death for American women.

Education about the risk factors leading to heart disease, identifying personal risk factors, positive lifestyle and dietary changes to reduce risk will be covered in the workshop "Women and Heart Disease" presented at three

locations in Morrow County this spring. The 90 minute workshops will be offered May 24, at the Heppner Extension Office, 430 Linden Way; June 6 at the Oregon Trail Library, 203 NW 1st, Boardman; and June 7 at the Irrigon Fire Hall, N. Main Ave. All workshops will be held from 6 to 7:30 p.m.

Participants will be able to sample heart healthy foods. There is no charge to attend the workshops which are co-sponsored by the Oregon Trail Library District and the city of Irrigon. For more information, call Carol Michael-Bennett at the Extension Office 676-9642.

Century farms apps sought

The Oregon Historical Society is now seeking applications for the 1995 Century Farm program. Since 1958, the program has honored nearly 1000 farms in Oregon. The program recognizes the achievement of Oregon's "first families" for keeping and working farms from generation to generation.

To qualify a farm for Century Farm status, it must have been operated continuously in the same family for 100 years or more, maintain a minimum gross income, and meet other minor requirements.

Qualifying applicants receive an attractive certificate signed by the governor and by officials of the Oregon Historical Society. The certificates are presented at specially arranged local awards ceremonies. Qualifying applicants also receive the exclusive right to post a Century Farm sign on their property.

For applications and further information contact Ron Brentano, coordinator, Century Farm Program, Oregon History Center, 1200 SW Park Avenue, Portland, 97215, telephone (503) 306-5215.

WCCC Golf

Sunday Men's Play March 12

Low gross: first-Howard Gilliam, second-John Edmundson, third-Barry Munkers.

Low net: first-Frank Pearson, second-Mike Jones, third-a tie between Ed Hiemstra, Les Paustian and Dave Pranger.

Long drive-Les Paustian; K.P.-Mark Pointer; least putts-John Edmundson.

Marriage Licenses

The Clerk's office at the Morrow County Courthouse in Heppner reports issuing the following marriage licenses during the past week:

March 3: Jesus Aguilar, 24, Boardman; and Maria Elena Ramiroz, 21, Boardman.

March 6: Bernardo Hernandez, Jr., 28, Boardman; and Elvira Saucedo Sanchez, 18, Boardman.

March 9: Gary B. Rea, 25, Ione; and Suzanne Marie McCarty 22, Echo.

March 13: Kenneth Joy Coates, 62, Irrigon; and Lorraine Ann Coates, 63, Irrigon.

Day Care to hold bake sale

Heppner Day Care and Preschool will be selling adult and children's St. Patrick's trinkets, along with baked goods Thursday, March 16 at the post office in Heppner. The

sale will begin at 10 a.m. "Help support the day care and preschool, satisfy your cravings and increase your Irish charm," said a spokesperson for the day care.

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