

PMH Residents treated to concert



Sixteen homeschool students entertained the residents of the Pioneer Memorial Nursing Home with a Christmas concert on Tuesday, Dec. 13.

In addition to singing Christmas carols, the children presented the residents with Christmas ornaments that they had made out of cinnamon

dough and painted.

Students participating were Amy Jepsen, Emily, Meghan and Anna Unruh, Jannicka, Jessica and Cory McGuire, Brian and Eric Barnes, Cameron McCurry, Robbie and Stevie Erich, Nicky Fritz, and Darren, Matthew and Nathan Van Cleave. Myrna Van Cleave was accompanist.

Chuck Nelson adds dimension to OWGL program

Chuck Nelson of Lexington is adding new dimensions to the Oregon Wheat Growers League program for honoring conservation-minded farmers.

The Morrow County wheat farmer has convinced Safeway, Inc. and other businesses to help in the promotion of conservation of soil and water.

As a result, you soon may see Safeway grocery sacks carrying a message about conservation farmers.

That's not all. Safeway is contributing a \$50 gift certificate to each county conservation farmer of the year, and a \$100 certificate to the state winner.

Cenex/Land O'Lakes is contributing a \$50 gift certificate to each county winner and an additional \$100 certificate to the state winner.

Monsanto, through the efforts of its representative Russ Cannon, Pendleton, gives the state winner 30 gallons of Round-Up herbicide, worth about \$1,200.

Two farm newspapers, Agri-Times Northwest and Capital Press, contribute a year's

subscription to each county winner.

Nelson, 1993 state conservation man of the year and chairman of the 1994 conservation review committee of the OWGL, hasn't decided whether to try to seek to expand the prize list.

The new look to the OWGL conservation awards program this year included a new way of gathering the information about each farm.

As in the past, the farm of each county winner was toured. But instead of a committee, the tour centered around a television camera operated by Sandy Macnab, Wasco County Extension agent and OWGL membership services director, Pam Ezell, who wrote a narrative for each visit.

The conservation awards committee studied each of these 1 1/2 hour tapes. Next the tapes were edited to seven minute versions shown at the conservation awards luncheon during the OWGL convention held recently.

Brok Tucker elected chairman Republican Central Committee

Brok Tucker Lexington has been elected chairman of the Morrow County Republican Central Committee. Tucker, a long time resident of Morrow County, replaces Bob Jepsen.

Jepsen provided strong leadership to the Central Committee for eight years, said a Central Committee spokesperson. Greg Smith was elected vice-chairman, and Kay Proctor was re-elected secretary/treasurer.

Tucker says he already has a few plans for the Central Committee which oversees party activities within the county.

"You don't have to be a mayor or a county commissioner to make a difference or provide a strong leadership role in the county," Tucker said. "With hard work and perseverance I think we can assist our elected officials in creating a better government that more represents the desires of all Morrow County residents."

Smith, who worked for State Representative Greg Walden during the 1991 legislative ses-

sion says he will work to strengthen party numbers.

"First and foremost we need to get the work out that the Republican party is looking for additional members," Smith said. "By letting the folks in Morrow County know what Republicans stand for, or maybe more importantly letting the folks know what we won't stand for I think we will continue to gain even more support."

In other business, the Central Committee elected David Skyes to serve as Precinct 9 representative, Bob Jepsen to chair the finance sub-committee, Corrine Miles to chair the voter registration sub-committee, Dick Temple to chair the Republican fair booth, and Ken Turner to chair the parade sub-committee.

Tucker and Smith were also elected to serve as representatives of Morrow County Republicans in electing delegates and respective alternates to go to the Republican National Convention. Janet Tucker and Lisa Smith were elected their alternates.

Coordinating Council elects officers

The Heppner Coordinating Council will meet on Tuesday, January 10 at 7:30 a.m. at the GEODC office in Heppner.

The purpose of the meeting will be goal setting for the council for 1995.

At the meeting Dec. 13 1995 officers were elected. George Koffler will serve as chairman, Stan Hoobing, vice chairman and John Edmundson, secretary.

The council discussed the formation of a Heppner team to participate in the Rural Futures Forum community leadership

program sponsored by Rural Development Initiatives, Inc.

The main topic discussed at the meeting was a self-assessment of the council's functioning as a community response team.

The council recommended itself to its mission of building the economic health, unity and progress of the Heppner community.

The meeting was closed with an expression of appreciation to Gary Marks for his service as chairman of the council for the last two years.

Emergency calendars mailed

Residents in the northern part of Umatilla and Morrow Counties, should look in your mailbox this week for an early Christmas gift from the government. Local Chemical Stockpile Emergency Preparedness Program offices are mailing free 12 month calendars featuring photographs of local scenes. Morrow and Umatilla County events, such as the Irrigon Watermelon Festival and the Pendleton Round-Up are highlighted each month.

The calendar also contains helpful tips on how to prepare for disasters in the community

such as severe winter weather, flash floods, wildfire and even the unlikely event of a chemical weapons accident at the Umatilla Army Depot. The Chemical Stockpile Emergency Preparedness Program suggests that people discuss this important emergency information with their families and keep the calendar in a handy place, just in case disaster strikes.

The calendar was paid for entirely with federal tax dollars.

For more information call the Morrow County Emergency Management Agency at (503) 922-4437.

Club scouts hold pack meeting

Five boys joined the Heppner Cub Scout Pack 661 at the pack meeting held Nov. 29 at the Heppner Elks Club. The boys, Josh Gutierrez, Josh Lankford, Aaron Delveaux, Tyler Boyer and Ryan Campbell, who joined the Wolves Den, will work on requirements to acquire their badges and on achievements to earn Arrow points.

Two boys, Brian Haguewood and Kiel Nairns, completed the requirements to earn their Wolf badges. Kiel received his badge last month. The boys are now on the trail to earn their Bear badges. Brian also earned one gold and two silver Arrow points for extra achievements.

Sandra Van Liew from the Webelos II Den earned an ac-

tivity badge for building things from lumber.

The next pack meeting is the annual sledding party on Dec. 18 at 2 p.m. at Cutsforth Park.

We make Posters A good way to advertise your event Gazette-Times 676-9228

St. Patrick's Senior Center Bulletin Board



The Senior Center dining room was beautifully decorated for Christmas by Ernie and Mary Jean McCabe last week. They decorate for all the holidays which is much appreciated by the seniors.

The tree brought in by Ralph Walker was trimmed by the tenants Tuesday. Merri Reamer visited the center that day and brought a beautiful poinsettia plant and a jigsaw puzzle for the seniors. It's beginning to look a lot like Christmas at St. Patrick's Senior Center. The tenants have decorations up in their apartments and in the halls.

Darrell Vinson was ill and taken to Portland where he was diagnosed as having an aneurysm. We wish him a speedy recovery, and hope that he will be home soon.

The Senior meal had an attendance of 81 people on Wed., Dec. 7 with three home delivered meals. Members of the Seventh Day Adventist and Nazarene Churches served. The Nutrition Site Committee met following the meal. Jim Bruns was at the center to give hearing aid assistance.

The menu for Dec. 21 will be beans and wieners, fruit, celery and carrot sticks, cole slaw and cornbread. Members of the Methodist Church will serve.

Sunday afternoon passengers went to Hermiston on the senior bus which was driven by Ed Baker. They attended the Singing Christmas Tree production, "The Gift of Christmas", presented by the Hermiston Assembly of God. Anyone who hasn't attended one of these pageants has missed a great experience. The seniors also went shopping and dined at the Gold Corral before returning to Heppner.

There will be a bus tour of Heppner to view the Christmas lights, with cookies and coffee at the senior center. Call Eleanor Gonty for the time and date.

Dates to remember: Bible study, Mon. 10 a.m.; Exercise Tues. and Thurs., 10 a.m.; Senior meal, Wed. noon; Fri. cards 2 p.m.; Sunday movie 7 p.m.

Crushed Rock For Sale



3/4" minus
1" minus
3" base rock
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Can be picked up at pit or we will deliver. Pit 6 1/2 miles up from mouth of Lower Rhea Creek, Brenner Canyon. Contact Roger Britt 676-5096

Come Worship With Us at Willow Creek Baptist Church Sundays at 3 p.m. Meeting in the 7th Day Adventist Church 560 North Minor

Pioneer Memorial Clinic will be closed Monday, Dec. 26 and Monday, Jan. 2. The staff would like to wish everyone a safe and happy holiday season

Pettyjohns will be closed Dec. 26 and Jan. 2. Happy Holidays!

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Choosing Children's Cold Medicine

Choosing a good cold medicine for a young child is not as easy as it may seem. For one thing, there are many products containing multiple ingredients from which to choose. In addition, some health organizations including the Center for Disease Control are concerned that children under age three receive too many over-the-counter (OTC) medicines. One survey revealed that in a month's time more than half of all three year olds were given an OTC of some type. Many OTCs are not needed.

First of all, there is no cure for the common cold. At best OTC medicines may help relieve cold symptoms. In addition, experts recommend that as few medicines as possible be given in order to minimize side effects. Antihistamines usually do not do much to help a cold, unless allergic rhinitis is also present. Cough suppressants such as dextromethorphan are not recommended by some physicians. The cough that accompanies a cold can be beneficial - to help clear the lungs and air passages. Expectorants such as guaifenesin are considered ineffective by some experts. Fever reducing medicines such as acetaminophen may not be needed. This medicine tends to be overused by many parents. Decongestants may help relieve the congestion of a cold. A humidifier in the bedroom also may help a child breathe easier.

Senior class plans taco feed

The Senior class at Heppner High School will hold a taco feed Tuesday, Dec. 20, at the home ec room in conjunction with the basketball game against the lone Cardinals.

Hungry fans may purchase two tacos with all the toppings, a brownie and beverage for \$4. Tacos will be served from 3:30 p.m. until the beginning of the boys varsity game which will be approximately 7 p.m. Proceeds will go toward the senior class drug and alcohol free graduation trip to Seattle, WA.

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