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## HUNTER'S BREAKFAST

Heppner Elks Lodge - Downstairs  
Friday Evening - September 30 - 5:00 p.m.  
Thru Saturday Morning - 6:00 a.m. (dawn)

**Ham, Eggs, Pancakes, Coffee, Juice, Milk**

**\$4.00 - Adults -- \$2.00 Kids**

Sponsored by the Heppner High School Senior Class for their "Drug & Alcohol Free" graduation trip

## Chamber Chatter

By Claudia Hughes, Chamber Manager

Numerous dwindling rural communities are spending all kinds of time, money, and effort to attract businesses. I recently read an article about Prophetstown, a small community of 1,749 people in northwestern Illinois who bought a business.

Local leaders had previously discussed trying to attract diversified business with various incentives, but those proved too costly for the small town and its citizens. Then an innovative thinker suggest that "instead of spending that money on incentives, lets just buy a viable business and move it here." They studied the talents, limitations and workforce of their community and then identified a business for sale that fit into those strengths and weaknesses. Over 600 residents bought stock in the for-profit venture at \$10 per share, raising over \$125,000 and that was used to purchase the Clear Creek Furniture Company. Fifteen full-time people who receive an average wage with benefits are now employed. The biggest success was the renewed pride and spirit that returned to Prophetstown. And, all this was accomplished without one cent of state or federal money. Where there's a will, there's a way.

Next week will be the chamber business meeting when all entities in the community have the opportunity to report on their area of expertise.

Be sure to take time to enjoy the Heritage activities at the Museum and city park this weekend. Contact the Museum or Forest Service for a schedule of events.

The HHS Senior class will be putting on the Hunter's breakfast Friday evening to Saturday morning at 6 a.m. at the Elks. Everyone is welcome.

Thought for the week: "Some people are confident they could move mountains if only somebody would clear the foothills out of the way."

## Methodist to hold stew feed

The United Methodist Church has planned a stew feed for Thursday, Oct. 6, at 6:30 p.m. at the church. Jim Sawyer, district lay leader, will be in attendance.

The Rev. Bob Dowrey, United Methodist minister, says that the purpose of the meeting is to consider and act on the 1995 budget.

A stew feed was also held Sept. 27 with Betty Udy, district director of stewardship attending.

The United Methodist women are currently planning the annual Bazaar to be held Saturday, Nov. 5.

## Ione Cardinals lose to Rangers 58-30

By Anne Morter

The good news for the Ione Cardinal football team was 343 yards of total offense against the tough Dufur Ranger team last Friday night, Sept. 23. The bad news was that Dufur had 444 total yards, two more touchdowns and five extra points in the marathon game won by the Rangers, 58-30.

The powerful Rangers looked ready to run away early when they scored on a 70-yard run a little more than a minute into the game. But the Cards came back with a score and then the teams traded touchdowns, leaving the Cardinals trailing only 16-12 at the end of the first quarter.

Jared Ashbeck's 50 yard pass to Marc Orem was the Cards' only score in the second quarter but it was a dandy. Luke Swanson pitched the ball to Ashbeck who faked a run but threw the successful pass. But the effect of the points was nil when Dufur scored twice before and twice after. The score at halftime was 46-18.

Dufur scored twice in the third and the Cards scored twice in the fourth quarter as the final margin stayed the same as at the half.

The Cardinals changed their game plan to get around the Rangers, finding most of their success in the air. Swanson threw for 142 yards while Ashbeck and Rob Crum each had 40 yards. Three of the



Photo by Wayne Hams

The Cards and Rangers stick it to each other

Cards' five touchdowns were on passes.

On the ground, Ashbeck led the way with 64 yards on 15 carries. Rodney Ehrmantraut had 36 yards on four carries and Cory Baker had 31 on seven.

The leading receiver was Greg Holtz with 97 yards on two receptions. Ehrmantraut added one 40 yard reception and Ashback caught one for 27 yards.

"We played pretty even, as far as the stats were concerned," said Coach Gregg Rietmann. "Dufur is a strong team and we played pretty well against them," he added. He

also said the game was a good learning experience for his younger players.

Next up for the Cards will be the potentially dangerous Echo Cougars. The game is scheduled for 7:30 p.m. at Echo.

## Pharmacy & Your Health

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**Long-Acting Inhaler Medicine May Help Asthma Sufferers**

A new inhaler medicine was recently approved by the U.S. Food and Drug Administration (FDA). The good news for some asthma sufferers is that this new medicine may be of help to asthmatics who have special breathing problems at night, a condition referred to as nocturnal asthma. The new medicine is salmeterol xinafoate (Serevent), a long-acting beta agonist - a medicine that dilates the breathing passages leading to the lungs. While other beta agonists such as albuterol are already being used, salmeterol is the first one that is long-acting. Its effects last about 12 hours. This medicine is not intended to be used to treat an acute asthma attack because it has a slow onset of action.

A big advantage of salmeterol over existing beta agonist inhaler medicines is that it may solve some of the breathing problems that occur while sleeping. According to Dr. Gilbert D'Alonzo, in a recent issue of *Drug Topics*, "most cases of nocturnal asthma occur between 4 and 5 o'clock in the morning. A dose of salmeterol taken at 10 PM will provide protection throughout the night and well into the next morning." The other beta agonists must be given every 4 to 6 hours. An additional potential benefit is better compliance on the part of asthma sufferers, if they only need two doses a day.

## Lady Cards defeat Wheeler Falcons



Photo by Wayne Hams

Ione Cardinal puts one over the net

By Anne Morter

The Ione lady Cardinals split their volleyball games last week, winning their first league match against Wheeler on Tuesday, Sept. 20 and losing a non-conference match against Dufur on Friday, Sept. 23.

The Lady Cards "finally had a game where everything clicked," according to coach Charity McElligott, when they defeated the Wheeler Falcons, 15-12, 10-15, 15-9.

Mary Jane McCarty and Becky Wagenblast led the team to a 90 percent serving total. McCarty scored seven points with one ace on perfect serving and Wagenblast had six points. Jessie Stefani served 88 percent with eight points and two aces and Kim Bedortha added eight points on 88 percent serving.

Coach McElligott said she was impressed with the Cards' defensive efforts, picking up spikes and receiving balls. Melissa McElligott and Susie Heideman paced the team with 88 percent blocking and Kimbely Bedortha had 100 percent serve receives.

In the hitting department, McElligott led with 78 percent hitting and three kills. Wagenblast had 75 percent hitting with one kill and Heideman had 67 percent and two kills.

McCarty, Wagenblast, and Lynde Minster off the bench paced the squad with 88 percent setting.

"We played well as a team. We worked as a team and communicated," said coach McElligott.

## Open House For

**DON ADAMS**

**Irrigon Fire Chief for 43 years**

**Oct. 1 from 2-5 p.m.**

**Irrigon Fire Department**

*Come join us in thanking Don for a job well done*

### Player of Week

Sept. 19-26



#8 Brian Koffler  
08/LB 185 lb. So.



#21 Chad Skroch  
08/OB 170 lb. Sr.

### Player of Week

Sept. 19 - 26



#7 Renee Devin  
JV 5'4" Jr.

**Players of the week are sponsored by Mustang/Fillie 21**

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Devin Oil Co.  
D & L Repair  
R & W Drive In  
Pettyjohn Building Supply  
Kate's Pizza

Coast to Coast  
First Interstate Bank  
Murray Drugs  
Miller & Son Welding  
Green Feed & Seed  
Van Marter & Kahl Insurance  
Court Street Market  
Kinzua Resources  
MCGG  
Heppner Auto Parts

Heppner Gazette-Times

## IN THE COUNTY COURT OF THE STATE OF OREGON FOR MORROW COUNTY

In the Matter of Celebration )  
to Observe the Heritage of ) PROCLAMATION  
Morrow County.....)

THIS MATTER coming before the Morrow County Court sitting at a regularly scheduled meeting on September 21, 1994; and

WHEREAS, it appears that the people of Morrow County enjoy a heritage rich in culture and tradition; and

WHEREAS, significant contributions to the history and customs of Morrow County have been made by Native Americans, pioneer farmers and ranchers, early-day timbermen, teamsters, and craftsmen and women; and

WHEREAS, the people of Morrow County wish to celebrate and preserve a spirit of friendship as well as the crafts and artifacts which summon remembrances of their traditions, customs and common culture; and

WHEREAS, September 30-October 1, 1994 has been designated as Morrow County Heritage Celebration, an event intended to commemorate Native American customs and crafts as well as pioneer culture and traditions;

NOW THEREFORE, THE MORROW COUNTY COURT HEREBY PROCLAIMS that the week of September 25th through October 1st, 1994 be, and hereby is, designated MORROW COUNTY HERITAGE WEEK.

Date of Court held day of September, 1994.

Barbara B. Bloodworth  
County Counsel

APPROVED AS TO FORM:  
Kathleen S. Roberts  
County Counsel

MORROW COUNTY COURT  
Doris M. Carlson, Judge  
R.G. French, Commissioner  
Donald O.J. McElligott, Commissioner