

"Gordy" wins pickup



Photo by Joyce Hughes

Center (R) Tim Coe hands Gordy the keys to his new pickup he won during the Rodeo. Other Fair board members are Sam Bellamy, Roscoe Qualls and Marlene Gray (front).

Larry "Gordy" Chastagner, Irrigon, was the winner of the pickup, raffled off by the Morrow County Fair and Oregon

Trail Pro Rodeo. The winning name was drawn Sunday, Aug. 21, during the Morrow County Rodeo.

Religious program offered on Fridays

"Adventures in Faith", a religious oriented program, will be offered for children in kindergarden through sixth grade on Fridays in which there is no school. The program will

be held at Hope Lutheran Church, located at the corner of Alfalfa and Cowin Streets near the Willow Creek Dam in Heppner.

Singing, telling of Bible stories, application of Christian faith to daily life experiences, prayer, worship and arts and crafts will be a major portion of this Friday experience from 9 a.m. to 3 p.m.

Registration will be Sept. 16, Round-Up Friday at Hope Lutheran Church from 9 a.m. to 3 p.m. or by appointment.

Adults and teenagers who are willing to donate time and energy to this ministry or who want more information about the program are urged to contact members of the steering committee.

Pasor Stan Hoobing said that the volunteer experience would be good source of community service for scholarship applications.

Adventures in Faith is a joint ministry program of All Saints Episcopal Church and the Hope-Valby Lutheran Parish. Steering committee members are Father Al Miller, 676-9970, Dr. Jeanne Berretta, 676-5504, Vicki Broden, 676-5065, and Pastor Stan Hoobing, 676-9940 or 676-5069.

Tom Rietmann elected to foundation

Wheatgrower and cattleman Tom Rietmann of Condon is the latest area resident to be elected to Oregon State University's E.R. Jackman Foundation Board.

Rietmann joins Marnie Anderson of Anderson Seed, near Ione, and Mac Stinchfield of Condon, publisher of the Times-Journal, weekly newspaper that serves Gilliam and Wheeler Counties.

The Jackman Foundation Board, an arm of the OSU foundation, is comprised of 24 volunteers who serve to elicit

Winners announced for Morrow County Rodeo



Photo by Joyce Hughes

Jerry Gentry (R) accepts the buckle donated by the Currin family for Joe Beaver. Beaver won the buckle by taking the calf roping event. Court members are l-r Princesses Char Coe, Jossie Evans, Kim Bedortha and Queen Staci O'Brien with Judy and Ron Currin.

The Oregon Trail Pro Rodeo Committee lists the following results of the Morrow County Rodeo held August 21:

Amateur Calf Roping Saddle, donated by Kinzua Corp: Brett McDowell; second-Ken Bailey.

Barrels: Pee Wee, first-Kathleen Greenup second-Blake Knowles, third-Shad Hisler, fourth-Amy Papineau; junior-first-Angela Munkers, second-Stormy Howard, third-Jennifer Rankin, fourth-Brenda Holtz; senior-first-Terri Gentry; second-Janice Davis, third-Tiffany Munkers.

Steer Wrestling: first-Tony Currin, second-Mike Mahoney,

a tie for third-Steve Currin and Jeff Bailey.

Open Calf Roping: first-Jack McGuire, second-Tony Currin, third-Mike Mahoney.

Cow riding: first-Char Coe, second-Shawn Eng, third-Jason Britt, fourth-a tie between Rick Osmin and Kent Cate.

Breakaway: first-Terri Gentry, second-Lisanne Currin, third-Teresa Proctor-Reece, fourth-Tiffany Munkers.

Calf riding: first-Stephan Matheny; second-Blake Knowles, third-Brandy Brantley.

Steer dobbing: first-Blake Knowles, second-Lizzy Smith, third-Angela Munkers, fourth-

a tie between Annie Hisler and Jared Eckman.

Goat tying: 14-18 years, first-Tiffany Munkers, second-Lizzy Smith; 9-13 years, first-Bobbie Rankin, second-Jill Barber, third-Angela Munkers.

Mutton bustin: first-Cody Day, second-Rory Kilkenny, third-Kyler Lovgren, fourth-Gene Ball.

Team roping: first-Steve Miller and Cliff Dougherty, second-Bob and David Steagall, third-Jerry Gentry and John Moyer, fourth-Jim Ward and Tony Currin, fifth-Tara and Mike Mahoney, sixth-Steve and Ron Currin.

Students earn scholarships

University of Idaho students John J. "J.J." Shaw, Heppner, and Jim Tellechea, Lexington, have been awarded scholarships, according to a news release.

Shaw received the Henry F. Gauss Memorial scholarship and Tellechea received the Presidential Scholarship.

According to Dan Davenport, director of student financial aid, over \$2.5 in scholarship money was awarded to more than 2,500 students. Individual scholarships ranged from \$100 to \$5,000.

Guest pastor to preach to Lutherans

The Rev. Ted Brueckner, retired pastor from Beaverton and former member of the bishop's staff of the old ALC North Pacific District, will be the guest preacher at the Hope - Valby Lutheran Parish on Sunday, September 4.

Pastor Brueckner is no stranger to the congregations of Hope and Valby as he has been here many times, not only as a representative of the church, but he often hunts in Eastern

Oregon and enjoys worshipping with the congregations.

Service of Holy Communion will be celebrated at 9 a.m. at Valby Lutheran church, with a coffee hour to follow.

Hope Lutheran Church will celebrate service of Holy Communion at 11 a.m., followed by coffee hour.

Visitors and friends are welcome to attend the worship service.

Catechism classes to begin at St. Pat's

Catechetical classes for 1-8 will begin at St. Patrick Catholic Church on Sunday, September 18. Class will be held from 9:30 to 10:45 a.m. at the parish hall each Sunday.

Teachers will be Pam Worden, Shannon Miller, Kay Proctor, Bill Kuhn and Kathy Cutsforth.

The children will be going to Lehman Springs for an afternoon for swimming on Sunday, September 4, to begin the new year.

Anyone wishing to attend is welcome. Registration for classes will take place on Sunday, September 11.

Justice Court Report

The Justice Court office at the courthouse annex building in Heppner reports handling the following business during the past week:

Allan George MacLeod, 43, Seattle, WA-Exceeding the Maximum Speed Limit, 70 mph in a 55 mph zone, \$95 fine;

Mitch Osborn, 20, Baker City-Minor in Possession, \$132 fine;

Albert O. Cason, 24, Stanfield-Careless Driving, \$323 fine;

Shane Eng, 19, Lexington-Minor in Possession, \$132 fine.

WCCC Golf

Ladies Day, Aug. 23

Flight A: low gross-Juanita Martin; low net-Carol Norris, least putts-Karen Wildman and Linda Schultz; chip in #17 Linda Schultz; hole-in-one #13 Muriel Palmer.

Flight B: low gross-Muriel Palmer, low net-Luvilla Stonestegard, least putts-Bernice Lott, long putt #18 Bernice Lott, K.P. second shot-Muriel Palmer #16, chip in #13 Muriel Palmer, #12 Bernice Lott.

Flight C: low gross-Lynnea Sargent, low net-Joyce Dinkins, least putts-Cam Wishart.

Low gross of the field, a three way tie between Eileen Padberg, Anita Boyer and Lois Hunt.

18 Hole Scramble

August 25

First-Norma French and Pat Edmondson; second-Lois Hunt and Eileen Padberg; third-a tie between Anita Boyer, Juanita Martin, Bernice Lott, Luvilla Stonestegard; fourth-Karen Thompson, Linda Schultz; fifth-Neoma Bailey, Carol Norris, sixth-Joyce Dinkins, Muriel Palmer, seventh-Coletta Shuler, Dorothy Hawkins.

Barbecue, Aug. 21

Low gross: first-Frank and Neoma Bailey, second-John and Kelly Boyer, third-Ed and Beverly Gunderson.

Low net: first-Hal and Joyce Dinkins, second-Bob and George Nairns, third-Doug Gunderson and Mary Schoonover.

K.P. second shot-John and Kelly Boyer.

Least putts: Ed and Beverly Gunderson.

Chip in #2: Bev Gunderson. Long drive: Duch Lusher and Mary Schoonover.

International Tournament

August 28

The ninth annual International Tournament was held Sunday, Aug. 28 at Willow Creek Country Club. Scoring was based on the Stableford system that has been used by the PGA since 1986 at the Castle Pines Golf course in Colorado. Results are as follows:

Stableford winners: first-Howard Gilliam; second-George Waterland; third-Randy Lott; fourth-Earl Fishburn; fifth-Ed Struthers; sixth-Frank Bailey; seventh-Roy Martin.

Net score winners: first-Earl Norris; second-Brian Thompson; third-Mike Jones; fourth-Dave Allstott; fifth-Duck Lusher; sixth-Ralph Walker; seventh-Gene Pierce.

Long drive-Brian Thompson; KP-Mike Jones; least putts-Randy Lott, Ed Struthers, Les Paustian.

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Cutting Caffeine Can Lower Blood Pressure

According to a new study published in the *American Journal of Cardiology*, men who stop drinking caffeinated coffee may experience a significant reduction in blood pressure. The study was conducted in 186 healthy men who drank caffeinated coffee. None of the men were smokers. All of the men who were placed in a test group that consumed no coffee for 8 weeks experienced a drop in their diastolic and systolic blood pressure readings.

According to the *Handbook of Nonprescription Drugs*, nearly 80 percent of the U.S. adult population consumes caffeine daily in beverages (coffee, tea, soft drinks) and foods such as chocolate products. Caffeine is an ingredient in over-the-counter stimulant medicines and some headache products. The effect of caffeine on the heart and blood pressure have been debated for many years. While it is true that caffeine causes a release of substances such as epinephrine that increase the blood pressure, research has shown that this increase is balanced by a tolerance that quickly develops. At least one study shows that the elevated blood pressure returns to normal.

However, other studies have shown that heavy caffeine consumption is associated with increased heart rate, irregular heart beats, and coronary heart disease.

Bridal Tables

Shelly Huth and McClain Lovett
Wedding September 17

Jill Nelson and Brent Martin
Wedding September 3

HOURS: Mon-Fri. 8 a.m.-6 p.m.
Sat. 9 a.m.-6 p.m.

RX Hours: Sat. 9 a.m.-1 p.m.

Murray's Drug

217 North Main Heppner

Fort Henrietta Days

Enjoy the Fun in ECHO September 10

7 a.m.	VFW Breakfast VFW Hall
7:15 a.m.	Run registration
8 a.m.	5 & 10 K Races/Golf Tee Off
	Craft Market opens
8:05 a.m.	1 mile run
8:30 a.m.	Parade Judging
9:30 a.m.	Pie Sale (fire hall)
	Main Street Entertainment
10 a.m.	Parade
	Quilt Show opens-Mercantile Bld.
	Snacks and drinks available
10:30 a.m.	Art Show opens
	Main St. Entertainment 10:45
	Food Stands
10:45 a.m.	Vintage Clothing Style Show, Gazebo
11 a.m.	Museum Opens
	Salads/Sandwiches, church
11:50 a.m.	Entertainment in park starts with
	Daryl & Darrell
	Rendezvous activities at Fort Henrietta Park
12:55 p.m.	Morgan Faro Sings
1:30 p.m.	Oregon Trail Tour
3:30 p.m.	Historic Building Tour
5 p.m.	Raffle Drawing
6 p.m.	Entertainment ends

Fort Henrietta Balloons-Echo Video
For more information call
367-8411 days or 367-8509 eves.

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