

Hospital Foundation announce scholarship winners

Pioneer Memorial Hospital Foundation has announced its annual scholarship awards to Morrow County students who plan to study in health-care related fields.

This year five \$200 awards were made to Rick Koffler and Nikki Sweeney, both Heppner High School and Heather Ennis, Toby Hall and Kari Ann Whitbeck, all Riverside High School.

Koffler has enrolled at Western Oregon State College in physical therapy. He has been working one class period per week at the physical therapy department at Pioneer Memorial Hospital in Heppner.

Nikki Sweeney plans to enroll at Blue Mountain Community College for two years of prerequisites and then on to Oregon Health Science University to study dental hygiene. Sweeney has worked part time at the Heppner Dental Office for the past two years.

Ennis has received a navy nurse corps option scholarship and will pursue a bachelor of science degree in nursing.

Hall will further his training as an EMT. He is currently a state-certified First Responder with the North Morrow County ambulance service.

Karri Ann Whitbeck plans to enroll in a course of study to become a Registered Nurse.

A fourth year award of \$300 was made to Ty Lappen of Boardman. Lappen is finishing his junior year at Eastern Washington University where he is working towards a bachelor of science degree in nursing.

Awards of \$350 each were made to Dawn Garrett, Ione and Myrna Sieler, Heppner, both employees of Pioneer Memorial Hospital and attending Blue Mountain Community College for their nursing degrees.

The award to Garrett was made possible through funds provided from the family of Dr. Wallace Wolff in his memory.

The Pioneer Memorial Hospital Foundation is established to accept tax deductible contributions to help with health care needs and education in Morrow County. The foundation could use financial support to further its goals, said a spokesperson for the foundation.

For further information contact one of the trustees: Betty Brown, Linda LaRue, Larry Mills, Al Osmin, Don Peterson or Glen Ward.

Voegeding advances to state

By Anne Morter

Thomas Voegeding advanced to the state tennis tournament in boys singles on the basis of his third place finish at last week's district competition. The top three in each category progress to state competition. This year state will be held this weekend in Roseburg.

Voegeding entered the tournament in the second spot. His opening match was against team mate Mike Green, in which Voegeding prevailed 6-2, 6-0. Green had to win two matches to get to that point. In his opener, Green defeated Robert Allison of Riverside, 8-0 and then followed up with a victory over Eric Neinemeir of Mac Hi, 7-6, 6-4.

Next Voegeding faced Jaime Ramirez of Umatilla, a player he had defeated twice during regular season. This time, it was not to be as Ramirez won in split sets, 6-3, 3-6, 6-3. That loss moved Voegeding into the match for the final state berth against Bryan Escobedo of Arlington. This time, Voegeding won handily 6-3, 6-0.

In boys doubles, Jory Crowell and Kelly Morgan won their

opening match against a pair from Helix, 2-6, 6-3, 6-2, but were eliminated in their next match by Rolfe and Beers of Mac Hi, 6-2, 6-4.

In girls singles, Heidi Orem defeated Neesha Kuns of Umatilla 8-1 in the opening round. She then downed Hally Kenney of Arlington 8-6 before being eliminated by the number three seed, Marilee Coelsch of Sherman County, 5-7, 6-4-6-0. Jessie Stefani lost her opening match 3-8 to Jessie Faria of Sherman County.

In girls doubles, Angie Ball and Camie Crum lost in the opening round to Zerba and Wimberly of Mac Hi, 2-8 and Laurel Temple and Celeste Owen were eliminated by Anderson and Harrington of Condon 1-8.

Tony Becket awarded scholarship

Tony Becket of Heppner was recently awarded a \$500 scholarship by AIA/GGMIT. He is the son of Ron Becket, Heppner and Dianna Becket. He has been active in academics, athletics and community organizations.

The scholarship is sponsored by AIA Universe, the administrator for health insurance plans for wheat growers and the Grain Growers Membership and Insurance Trust, which oversees the plan.

Salers Assoc. elects officers

Kyle Robinson, Heppner and Marilyn Schiller, Echo were recently elected as directors to The Oregon Salers Association. Other officers and directors for the 1994-95 year are: Terry Barnes, Portland, vice president; Jim Green, Canby, president; Carole Ashcraft, Alfalfa, secretary; and directors Schiller, Robinson, Mike Williams, Bend, Charlie Cox, Burns, Mike Weedman, LaGrande, Dee Walker, Winchester and Larry Inman, Astoria.

Pond owners offered amnesty

An amnesty period is now in effect to allow owners of unpermitted water-storage ponds to legalize them without fear of civil penalties for noncompliance with water right laws, according to a news release from the Oregon Water Resources Department.

Pond owners have until January 1, 1995 to get state authorization for their ponds under a program enacted by the Oregon Legislature last year (HB 2153). Standards for the program were approved April 8 by the Water Resources Commission. Only ponds constructed before January 1, 1993 qualify for the program.

Oregon law for many years has allowed most ponds to be constructed only after they are approved for water rights. Water rights have been required because of concerns that in some cases, ponds may pose safety risks, interfere with senior water right holders downstream or block fish passage in small streams, said the release. Ponds are assigned definite priority dates governing access to public water.

This new program is designed to bring into compliance with Oregon law, the thousands of unpermitted ponds which have been built over the years, many for stock watering and irrigation storage, and others for road watering, logging and industrial uses. Many landowners have been unaware that, with a few exceptions, state water rights have been required to store or use water in man-made ponds, even small ones.

The new program also creates some exemptions from water right requirements, including ex-

emptions for pre-existing small ponds that are "off-channel". Exempt pond owners still are required to submit notification to the department that their ponds do not require water rights.

To qualify for the exemption the pond had to be constructed before January 1, 1993, store less than 9.2 acre-feet of water or have a dam less than 10 feet high and be off-channel and outside stream bank areas. To qualify as off-channel, the pond cannot be in, or divert water from a natural waterway whether or not the stream flows year-round.

If the pond is not exempt, but applications are filed before the deadline, the new program provides some benefits not available under the normal application process. Water can continue to be stored pending final action on the application. Water right priority dates are set at Jan. 1, 1993. Generally the priority date of a water right is the date the application was filed with WRD. The application process is less costly. The new program allows pond owners with small ponds to include up to 10 ponds in a single application with one fee. And owners are not required to hire a licensed surveyor or engineer to make water-use surveys.

Urban residents who fill small ponds only from the city water supply are not required to obtain permits. However, water rights are required if landowners divert water from creeks or other natural waterways, even inside cities.

For more information call the local watermaster, Tony Justus, 276-7111 ext. 290, or the department in Salem.

Rain comes at critical time

Rains last weekend came at a critical time for area crops, notes OSU crops extension agent Phil Nesse.

"A rule of thumb roughly states that each inch of plant useable moisture is worth about five bushels to the eventual winter wheat crop. With many fields already stressed due to drought, my guess is that five bushels might even be conservative. Considering we have about 200,000

acres of wheat and barley seeded in Morrow County, this was a million dollar rain for county farmers," said Nesse.

Rainfall at selected locations over the May 14-15 weekend is as follows: Heppner 1.34; Hermiston 1.18; Ione (W. Rietmann) 1.15; Kenneth Smouse 1.00; Condon 1.01; J. Maley, Condon .92; Fossil .70; Shytler Flat .43; Mikkalo-Ajax .36; Arlington .26; Moro .10.

Around the County

By Earl Woods, Jr.

Contrary to the articles published in the Statesman Journal (Salem) and the Oregonian, there has been no breach of the moral standards of the Oregon National Guard. There has been no taking, theft or misuse. What there has been is a breakdown in leadership which was just cured

by the re-selection of Fred Reese as the ONG adjutant general. General Reese is a product of Umatilla County, a soldier's soldier, and an extraordinary leader. I assure you that an eastern Oregon firm hand is now at the controls of the Oregon National Guard and these problems will cease.

A source close to the Home Rule Charter Committee tells me that there is a growing consensus on the committee for development of a home rule charter. The committee is interested in creating a multi-commissioner board composed of a commissioner from each of the populated areas, i.e., Heppner, Ione-Lexington, Boardman and Irigon. The board of commissioners could select a county administrator who would sit at the pleasure of the board, or who could be elected, and who would oversee the direct day-to-day operations of the county with guidance from the board. Were this scheme adopted, this would eliminate the county judge position and would shift responsibility for the juvenile court to circuit court. Keep your eye on this.

The medical district issue is still active and well. Boardman has proposed a district, as have the county-wide proponents. Both of these districts will be voted on in November. In the meantime, the county court will have to make some tough decisions about the boundaries for those districts. A public meeting is scheduled on June 22 to discuss that issue. The petitioners from the two proposed districts have been meeting in an effort to work out some of the conflicts, but I'm told they were not able to accomplish much. It seems to me that to promote an environment that is conducive for attracting industry, retired folks, and for the quality of our own lives, we need a medical district. I question if we need two. I think we need to address the concerns of the north end regarding reasonable access to health care and work together to create the best possible standard of care for all of Morrow County.

ED-NET program well attended

Several Morrow County residents met in the Pioneer Memorial Hospital conference room May 23 to attend a special ED-NET forum with Governor Barbara Roberts concerning the issue of teen pregnancy reduction. In attendance were Corrine Lindsay, chairperson for the County Commission on Children and Families (MCCCF); Barbara Hayes, counselor at Heppner High School, Jenny Krein, junior at HHS; Father Gerry Condon; Dr. Jeanne Beretta, Arletha Brannon MCCCF staff and Dar Merrill, executive director of MCCCF. Each county came up with suggestions to resolve this problem.

Laura Burnside-McElligott was the facilitator for the Morrow County group which listed three proposals: Increase opportunities for parental education and support, especially around sexuality issues. There was an overwhelming consensus that parents need to take a more active part in teaching their children about intimacy and sexual behavior.

Establish a multidominational youth group to provide wholesome activities, moral education and a sense of belonging. This will also increase teen contact with caring, responsible adult role models.

Create more activities that youth can participate in such as teen center fitness center.

The entire state seemed to favor a statewide abstinence campaign and advocated emphasis of the positive aspects of abstinence rather than the negative aspects of early sexual activity. The information obtained from these discussions will be used in the commission's comprehensive planning efforts.

There were 106 people in attendance at the senior dinner Wednesday, May 18, including two guests. Six meals were taken out. George Jefferies won the meal ticket, Helen Crawford the door prize and Mrs. Cliff McCabe of Hermiston the guest prize. Members of the Catholic Church served. Blood pressures were taken before the meal.

The menu for June 1 will be chicken ala king over biscuits, tossed salad, mixed fruit and cookies. Members of the United Church of Christ of Ione will serve. Hearing aid assistance will be given and blood pressures taken before the meal. The meal site committee will meet following the dinner and foot care will be given at 1:30 p.m.

The Health Fair was well attended despite the rain. A large variety of information on health was available, as well as eye pressure tests by Dr. Rolen, hearing tests by Jim Bruns, blood pressures by Betty Marquardt and blood sugar tests by Molly Rhea. The soup and rolls were delicious as were the healthy snacks. It is hoped that next year even more people will attend.

The transportation committee are trying to get some senior bus trips planned. Any senior who has a special trip in mind please come into the office or phone 676-9030 to make your suggestion. We need to use the bus more.

St. Patrick's Senior Center Bulletin Board



Pharmacy & Your Health
Boardman Pharmacy & Hardware
 202 1st. N. W. P.O. Box 170
 Boardman, Oregon 97818
 481-9474 481-7351

New Medicine for Cystic Fibrosis
 Cystic fibrosis (CF) is a genetic disease which occurs in one of about every 2,000 live births in the U.S. Organs most often affected by CF include the lungs, gastrointestinal tract, and pancreas. The most severe problems associated with CF result from changes in the lungs brought about by mucus secretions. According to *Merck Manual*, fifty percent of persons with CF have lung problems such as coughing and wheezing. Lung infections are common. Coughing may be accompanied by gagging and sleep problems. CF results in pancreatic enzyme deficiencies, leading to fat and protein digestion problems. Fat soluble vitamin deficiencies also may occur.

Treatment of CF is directed at correcting the pancreatic enzyme deficiency, handling weight loss and nutritional problems, dealing with the thick mucus in the lungs, and caring for infection in the lungs that may result from plugs of mucus. Medicines prescribed for CF include pancreatic enzymes, vitamins, antibiotics, steroids, bronchodilators, and medicines that help dissolve mucus plugs in the lungs. In December the U.S. Food and Drug Administration approved a new medicine for CF. The medicine is called dornase alpha (*Pulmozyme*). This new medicine is reported to reduce infections in the lungs by breaking up the thick accumulations of mucus.

Closed Memorial Day Monday May 30, 1994
Morrow County Grain Growers
 Lexington, OR

Crushed Rock For Sale

¾" minus
 1" minus
 3" base rock
 Clean Fill Material

Can be picked up at pit or we will deliver. Pit 6½ miles up from mouth of Lower Rhea Creek, Brenner Canyon. Contact Roger Britt 676-5096

Roger Britt Septic Service
 Serving Morrow-Gilliam County & Surrounding areas

- 24 Hr. Service • Licensed & Bonded
- DEQ Approved

Septic tanks pumped, residential & commercial
 #37316
 676-5096 • Rt. 2 Box 2060 • Heppner, OR
 Your Local Septic Service

Bridal Tables
 Kate Doherty & Scott Davis
 Wedding - May 28, 1994

Erika Turney & Greg Grant
 Wedding - June 11, 1994

Murray's Drug INC.
 217 North Main Heppner

FOR THE NEW GRAD

Graduate To Quality
 Landstrom's ORIGINAL BLACK HILLS GOLD CREATIONS®
 SINCE 1918

Member Jewelers of America, Inc. Peterson's Jewelers Heppner 676-9200