

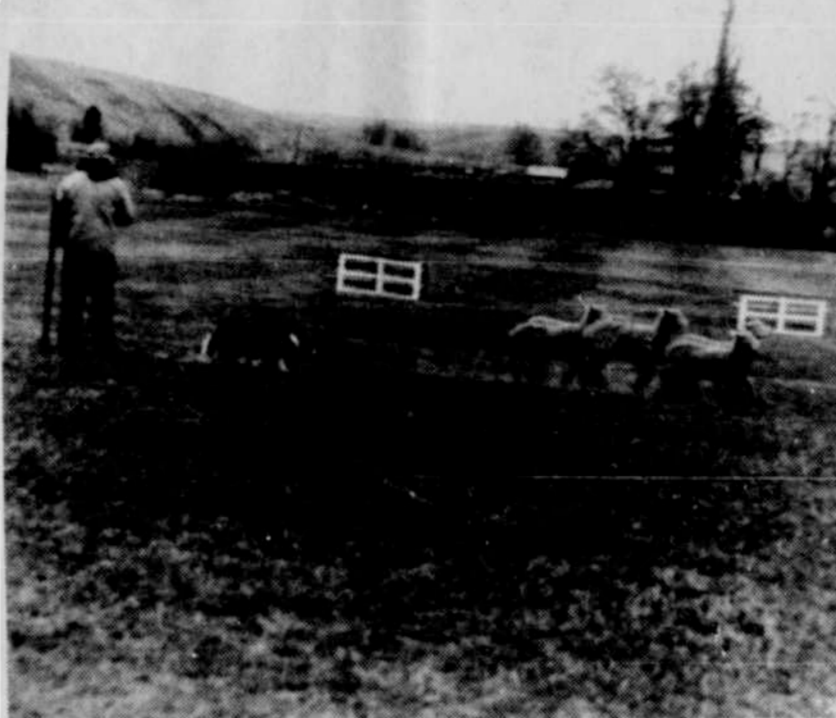
CBEC team wins bed race



Columbia Basin's winning team

Columbia Basin Electric Co-op's bed race team sprinted to first place in the St. Patrick's Day Bed Race, held prior to the parade on March 19 in Heppner. Kay Fowler's Hair Expressions team may not have finished first, but they captured best of show with their "do's". Team members sported shiny green wigs, St. Patrick's T-shirts and bed decorations.

Shannahan takes first at dog trials



One of the sheep dogs work sheep

Heppner St. Patrick's Day Sheep Dog Trials veteran Pat Shannahan, Caldwell, ID, took first place again this year in the open class event with his dog Hannah. Shannahan finished first on Saturday and second on Sunday and came out on top in the two-day averages.

Shannahan was also second in Saturday's events and fourth in Sunday's events for third place in the two-day average with his dog, Meg.

Open class winners are as follows: Saturday: first, Shannahan with Hannah; second, Shannahan with Meg; third, Rob Lewis, Corvallis, with Cap; fourth, Joe Roe, Twin Falls, ID, with Gwen; fifth, Roe with Meg.

Sunday: first, Rob Lewis with Cap; second, Shannahan with Hannah; third, Lewis with Kyle; fourth, Shannahan with Meg; fifth, Tish Lewis, Caldwell, ID, with Gwen.

Average: first, Shannahan with Hannah; second and third tie, Lewis and Cap, Shannahan and Meg; fourth, Roe with Gwen; fifth, Lewis with Kyle.

Rob Lewis and his dog Ladd took second place in the pro-novice event on Saturday and first on Sunday for first place in the two-day average.

Other pro-novice winners are: Saturday: first, Don Boyd, Selah, WA, with Zip; second, Lewis with Ladd; third, David Murray, Jacksonville, with Gael; fourth, Bernie Miller, Baker City, with Jake; fifth, Shannahan with Bess, owned by Dick Johnson, Echo.

Sunday: first, Lewis with Ladd; second, Judy Norris, Roy, WA, with Zip; third, Murray with Gael; fourth, Dawn Bailey, Eatonville, with Dodger; fifth, Boyd with Zig.

Average: first, Lewis and Ladd; second, Murray and Gael; third, Boyd and Zig; fourth, Norris and Zip; fifth, Virgil Brown, Scio, with

Mac.

Saturday's novice class events encountered some difficulties. Out of 10 entries only two people finished, because the sheep got away. "The Krebs' sheep upheld their tradition-for being wild," said event organizer, Mary Hamilton, Walla Walla. Hamilton finished first in Saturday's novice event with her dog Jazz. She also took second in Sunday's event and first in averages.

Lisa Eldridge, Hillsboro, took second in Saturday's event with her dog, Osha.

Other novice winners are as follows:

Sunday: first, Barbara Klein, Elliott City, Maryland, with her dog Reed; second, Hamilton with Jazz; third, Eldridge with Osha; fourth, Ruth Lake, Hillsboro, and Lass.

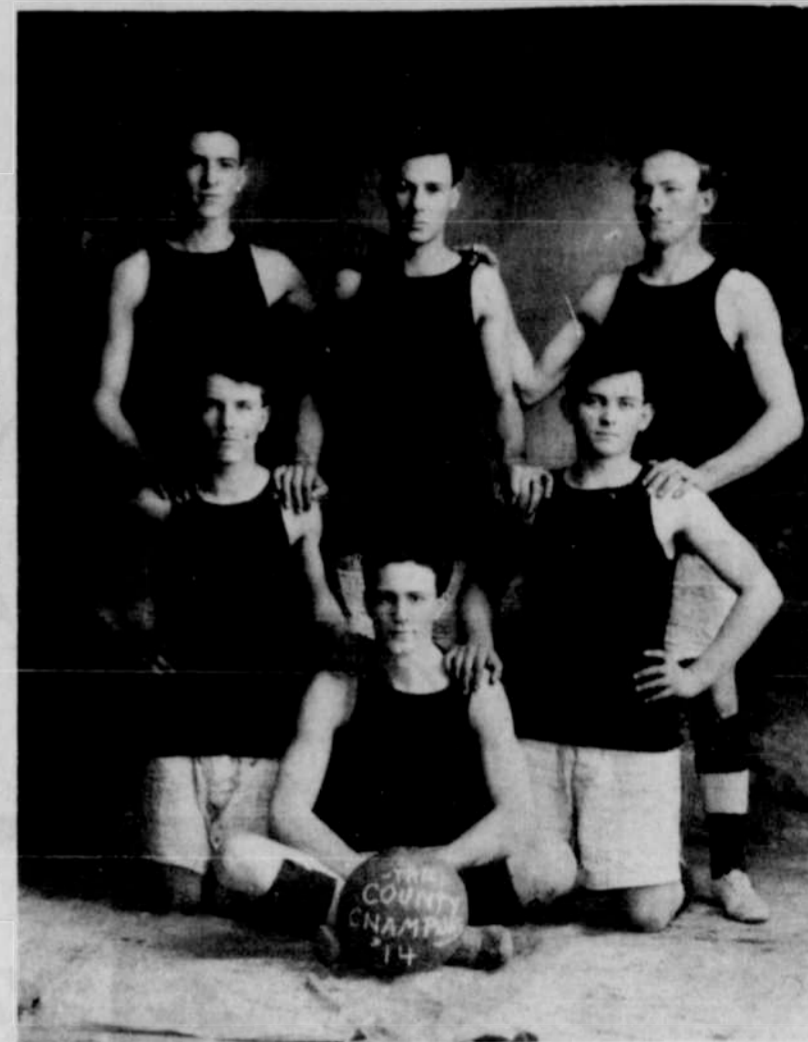
Average: first, Hamilton; second, Eldridge; third, Klein; fourth, Lake; and fifth, Heather Crossan, Vancouver Island, B.C., and Kate.

Hamilton said that contestants appreciated the field this year. The Thompsons donated the use of their field and, according to Hamilton, offered it for next year as well. In previous years, the dog trials were held at the fairgrounds. This year the fairgrounds were used for the St. Paddy's Bull Bustin'.

While this is the third year Hamilton has competed at the trials, it is the first year she had chaired the event. Co-chairman was Diana Ball, Heppner. Hamilton grew up in Pendleton and lived in Hermiston until her recent move to Walla Walla.

Hamilton says that the weather, while a little breezy for the human competitors, was fine for the dogs and sheep who can get a little overheated. She added that the 53 entries was "a perfect number."

Event winners were awarded ribbons and plaques.



Can you identify these people? This photo taken of the 1914 Tri-County champion basketball team was submitted to the Gazette-Times. If anyone can identify any of the team members please give us a call.

Two attend leadership program



MORROW

Geri Grieb (left) and Carleen West

Geri Grieb and Carleen West represented Morrow County at a three-day leadership training institute sponsored by the OSU Extension Service Family Community Leadership Program (FCL). The training was held at Kah-Nee-Ta on the Warm Springs Indian Reservation March 1-3.

This FCL Leadership Institute was the 13th training held for Oregon volunteers. Over 1300 participants have now attended the annual institute. "The 30 hour curriculum is designed to help volunteer trainers become involved with public issues impacting their community and the state," said Greg Tillson, state coordinator.

"It combines lectures with experimental small group activities as its education model."

OSU Extension FCL volunteer trainers have been very beneficial to numerous local groups in 34 of the 36 counties in Oregon, said Carol Michael-Bennett, Extension agent. The Morrow County FCL team has identified preservation of agricultural lifestyles and development of a 4-H and Extension Service District as current goals.

For information on how FCL might be of assistance with your community group contact the Morrow County Extension office at 676-9642 or 1-800-342-3664.

RHS student wins first in symposium

Tricia Osgood, a senior at Riverside High School in Boardman won first place in the Oregon Junior Science and Humanities Symposium last weekend. The symposium was held on the college campus in Corvallis and was sponsored by the U.S. Department of the Army.

Tricia presented her original research project on the effects of environmental contaminants at

the Umatilla Wildlife Refuge.

She will be representing the state of Oregon at the National Junior Science and Humanities Symposium April 28 through May 1 in North Carolina.

Forty-seven students will compete for scholarships and awards. Of the 47 presenters at nationals 14 will win either the London International Youth Science Fortnight award or Academy scholarships.

Keep insurance when income reduced

During times of reduced income, it is important to maintain your property insurance, says Carol Michael-Bennett Morrow County Extension agent.

Homeowners insurance protects you in case of losses or damage to your property.

When your income drops, Michael-Bennett, advises if you are unable to make an insurance payment, call or write your insurance agent or insurance company. Explain your situation and offer to consider a different payment plan. Check to see if smaller premiums are possible through: changing to monthly, quarterly, semi-annual payment plan with

the same coverage; changing to a more basic coverage; or changing the deductible.

When there is a loss in income, it is extremely important to be realistic about your financial situation and meet it with a plan.

"When Income is Reduced-Keep House Insurance" is part of a series featuring ways to manage between jobs. Oregon State University Extension Service has a number of free publications available on the topic. Call the Extension office 676-9642, or 1-800-342-3664 and ask for EC 1391 Setting Spending Priorities and EC 1395 Keeping a Roof Overhead.

Lutherans plan

Easter services

A small group gathered on Monday March 14 at Hope Lutheran Church in Heppner to hear Dr. Jeanne Berretta speak on Alzheimer's Disease. The group included nurses and clergy in addition to family members of persons with Alzheimer's.

Dr. Berretta's presentation included definition and diagnosis of the disease, and a discussion of the new drug tacrine, which has proven useful in mild-to-moderate cases. She then gave many useful suggestions for caretakers dealing with practical problems such as agitation, delusions, incontinence and insomnia. Several ideas for local respite care were also shared.

This was the first monthly meeting of a support group for families and friends of Alzheimer's patients. Dr. Berretta noted that 40 to 55 percent of caregivers suffer from depression. Support groups offer a "safe" place to express themselves to people who understand their situation.

The group will meet on Thursday, April 14 at 7 p.m. at the Lone United Church of Christ. Anyone with questions may call the group's organizer, Rev. Lea Mathieu, 422-7530.

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