

Mustangs rout Eagles 89-42, stay #1

The Heppner Mustangs were rude hosts Saturday night, Jan. 28 as they manhandled the visiting Wahtonka Eagles, 89-42, in CBC action.

Before the game, Eagle coach Vic Kirchofer was quoted as saying the Mustangs were perhaps the third best team in the CBC. His handicapping came back to haunt him. The Mustangs broke on top, leading 18-13 at the first quarter break. Heppner scored 50 points in the second and third quarters and coasted to victory with their highest point production of the season.

Joe Healy had a sensational game for the Mustangs. Healy scored 22 points in only three quarters of action, going 10-13 from the foul line and hitting six field goals. Healy also ripped down a season high 14 rebounds in his best performance of the season.

On the other hand, the strength of this team is beginning to be its balance. Leonard Britner had 16 points and seven rebounds. Sam Sumner had 13 points and eight rebounds. Rick Koffler had 13 points and a season high eight assists.

Meanwhile, the Mustangs were playing great team defense against the talented Eagles. Heppner went on two different 10-0 runs during the game but Wahtonka didn't use any of their



Joe Healy grabs one of his 14 rebounds Saturday night against Wahtonka

timeouts to try to stop the bleeding.

The Mustangs 6-0, 11-3 are alone in first place in the CBC. They face the second and third place teams this coming weekend.

Heppner travels to Weston-McEwen to face the TigerScots,

4-2, Friday Feb. 4 and returns home Saturday, Feb. 5, to host the Stanfield Tigers 5-2.

Two wins would put the Mustangs in the driver's seat for the league championship but one or two losses would make the race a real dogfight.

Photo by Joyce Hughes

Lady Cards wear down Cougars

By Anne Morter

The lone lady Cardinals continued to chalk up the wins last weekend with a 57-43 victory over Echo on Friday, Jan. 28 and a win against Condon on Saturday, Jan. 29. The season record improved to 13-3 while their league mark stayed perfect at 6-0.

The lone girls faced a much improved Echo team Friday night in Echo. The lady Cards struggled in the early going and both teams had foul trouble in a game where the two teams combined for 49 trips to the free throw line. In the first half, the Cards did their usual job of creating turnovers but failed to cash in. Ione led 24-18 at the half. In the second half, the lady Cardinals "did a little better job taking care of the ball," according to coach Dana Heideman, and at the same time wore down the Cougars as they went on to a 57-43 win.

Jamie Lovett was the game's high scorer with 21 points. Melissa McElligott added 15 points as well as 12 rebounds, as the Cards held the advantage on the boards, 45-35. Suzie Heideman had 10 boards and Lovett added nine. April Taylor led the Cards with five steals while Melissa McElligott had four.

The Cards struggled in the shooting department for the



Tanja Anderson looks to pass the ball

Photo by Wayne Hams

whole game, shooting a season low 32 percent, making just 20 of 62 attempts. At the line, they hit 17 of 29 for 59 percent. The Cougars also had trouble, mak-

ing just 17 of 62 for 27 percent from the floor and nine of 20 for 45 percent from the line.

"We didn't play very well. It was an ugly game," commented Heideman.

Cards come from behind beat Condon

By Anne Morter

On Saturday, Jan. 29, the lady Cards found themselves in an unfamiliar spot come halftime, trailing the Condon Blue Devils 23-24. However, playing tough defense and two key shots by April Taylor Ione pulled ahead in the second half for the win 54-48.

With Condon sizzling the net at a 55 percent clip in the first quarter, Ione just tried to stay close until the Blue Devils cool-

ed off. By halftime, things were evening out and the Cards had taken the lead until Condon hit a shot at the buzzer. After the half April Taylor hit two three pointers and a two pointer to put the Cards ahead by six. The Cards kept the six point lead for the remainder of the game.

Three Cards scored in double figures, led by Jamie Lovett with 17 points. Melissa McElligott had

15 and Taylor added 12. The Cards used their height advantage to out-rebound Condon 30-23, again led by Lovett with 10 and McElligott with nine. McElligott also had three steals and three assists. The lady Cards were back on target, shooting 19 of 40 for 47 percent from the floor. At the line, they made 14 of 26 for 54 percent. Condon shot 18 of 50 for 36 percent from the field and

seven of 16 for 44 percent from the line.

"They were well prepared. We just kept after them," said coach Dana Heideman. "The kids didn't give up and they stayed calm. I was happy with how they played," he added.

The lady Cards hit the road this weekend playing Arlington on Friday, Feb. 4 and Helix on Saturday, Feb. 5.

JJ Shaw named to U of I honor roll

J.J. Shaw, Heppner, is among students honored for academic achievement by inclusion on the University of Idaho fall semester deans' list.

To qualify students must be enrolled for a specified number of graded credits for the semester, as determined by the individual college administrations.

Cards put away Blue Devils

By Anne Morter

Forty percent shooting kept the Cardinals from running away with the game earlier against Condon on Saturday, Jan. 29, but the Cards used tough defense to put away the pesky Blue Devils 64-34. The Cardinals led by 10 at halftime, 26-16, but watched that lead shrink to six in the third quarter. In the fourth period, Condon began to wear down and the Cards finally broke loose and started hitting the easy shots to put the game out of reach.

Jason Halvorsen scored a game-high 21 points to lead the Cardinals. Jared Ashbeck had 14

and Aaron Heideman added 12. Halvorsen's 13 rebounds paved the way for a 41-25 rebounding edge for the Cardinals. Heideman added nine. Jim Logan and Jake Bacon were the leaders in assists with six and five respectively.

Halvorsen notched four blocked shots.

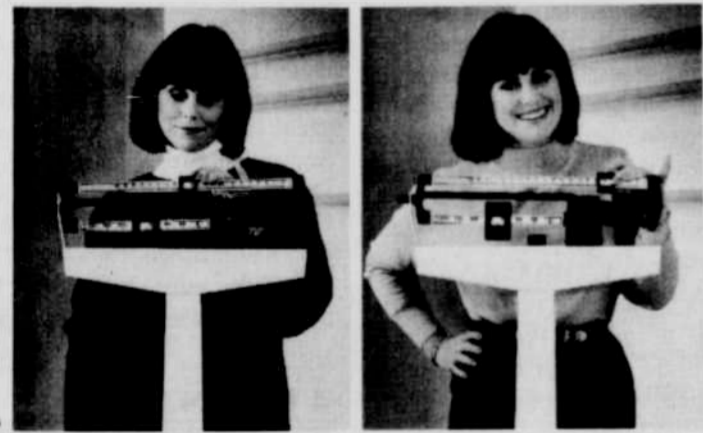
From the floor, the Cards, connected on 25 of 62 but had a much better performance at the line where they made 13 of 18 for

72 percent. The Blue Devils shot 12 of 55 for 22 percent from the field and nine of 14 for 64 percent from the line.

"The kids played good defense. It was probably one of our best defensive games of the season," commented LaRue.

The Cards play on the road this weekend, at Arlington on Friday, Feb. 4 with Varsity games only beginning at 6 p.m. and at Helix, Saturday, Feb. 5, for a full slate of games starting at 1 p.m.

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Value of Nonprescription Cold Medicines

During the winter months, one out of every two persons will experience a cold. The common cold is actually a group of illnesses that can be caused by any one of more than 100 different viruses. While most symptoms of a cold are confined to the head, nose, and throat, cold viruses can cause problems in the lungs as well. Since most colds are not serious threats to one's health and often last no more than a week to ten days, self-care measures are important. Bed rest, extra fluids, humidification of the air, and good nutrition often help reduce the misery of a cold.

Nonprescription medicines also may play an important role in overcoming the effects of a cold. More than 800 nonprescription cold medicines currently are available in the United States. Antihistamines, decongestants, expectorants (to help remove secretions and phlegm from the respiratory passages), and cough medicines commonly are used. But are nonprescription medicines of any value in relieving cold symptoms? Canadian medical researchers recently studied over 100 articles published during the last 40 years. After careful review they concluded that antihistamines and decongestants often were effective in adults and adolescents. However, in preschool children no benefit of nonprescription cold medicines could be found.

24 participate in gun shoot

Twenty-four shooters participated in the Morrow County Gun Club competition last Sunday, Jan. 29. In the singles event Loren Woodside, Mike Adams, Pat Lovgren, Rob Ashbeck, Steve Ball and Curtis Cutsforth all shot 24 out of 25. Second place finishers with 23 out of 25 were Sherron Woodside, Jeff

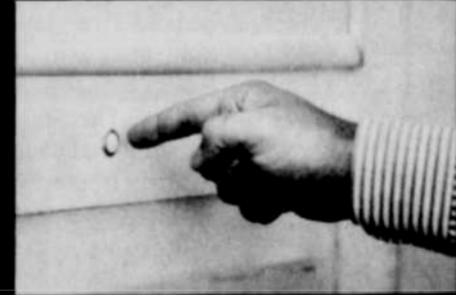
Cutsforth, Mike Gorman, Curt Day and Jay Coil. Handicap winners were Jeff Cutsforth and Loren Woodside, shooting 22 of 25. Kelwayne Hagewood, Adams, Coil and Curtis Cutsforth tied for second with 21 of 25.

The gun club will open at noon this Sunday, Feb. 6.

The tax laws are rarely black and white. When mixed, black and white turn to gray, much as the tax laws have become in recent years. When you find yourself in the gray, consult a certified public accountant. A CPA can prepare your tax return and formulate a tax strategy that will minimize the tax impact on your income, investments and estate.

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