

## YCC crew repairs hiking trails



Jessica Deel and Sara Greenup work on hiking trail.

A new section of hiking trail has recently been completed around the south shore of the Willow Creek lake by an Oregon Youth Conservation Corps crew of local youths, Leonard Brittner, Jessica Deel, Sara Greenup, Jessica Sumner and Char Coe. Funding for crew leader, Vern Keithley, was provided by Willow Creek Park District.

The Morrow Soil and Water Conservation District received the OYCC grant through the Morrow County Children and Youth Services Commission.

Beginning at the handicapped fishing area, the OYCC crew cleared the weeds from the area and picked up driftwood from the banks. After the area was cleared and the trail bed was excavated, the crew hauled gravel provided by the Corps of Engineers.

This cooperative effort between the Morrow SWCD, MCCYS, city of Heppner and Willow Creek Park District adds over one

half mile to the hiking trail network already in place.

Trail locations in Heppner begin at the west end of the Willow Creek Dam overlooking Heppner down along Willow Creek at Hager Park and continue behind the Morrow County Museum and Oregon Trail Library and Heppner City Park.

The crew also repaired major damage to the existing trails caused by high water this spring and also damage by littering and vandalism.

Jerry Anderson, SWCD manager, stated "The District appreciates the cooperation between landowners, Corps of Engineers, city of Heppner, Willow Creek Park District, OYCC, and others, that enable youth from the community to have summer employment and at the same time enhance and improve the Willow Creek Greenway." Anderson also encourages walkers to use the trails and keep them clean.

## Sarah Carlson completes APAST training course

Sarah Carlson, Heppner Middle School teacher, recently participated in a national summer training institute for middle level science teachers, sponsored by the Association of Presidential Awardees in Science Teaching (APAST) and the National Science Teachers Association (NSTA). Carlson was one of 30 teachers to participate in this year's APAST/NSTA Institute held July 11-30 at Southern Oregon State College at Ashland.

The participants were chosen from almost 300 applications nationwide based on their teaching and leadership abilities. During the three-week program, teachers learned about science content and instructional strategies from teachers who have won the Presidential Award for Ex-

cellence in Science Teaching.

Using grant money provided by the National Science Foundation participants will spread the knowledge they gained in the institutes by conducting inservice workshops in their districts and by giving presentation at local and national science education conventions.

Founded in 1944, the National Science Teachers Association is the world's largest organization committed to improving science education at all levels, preschool through college. NSTA's current membership of approximately 50,000 includes science teachers, science supervisors, administrators, scientists, business and industry representatives, and others involved in science education.

## Last chance to order HHS state champ shirts

The last order for Heppner High School state championship T-shirts and sweatshirts will be sent in Friday, Sept. 10.

Order forms are available at HHS or the R & W Drive In. Cost is \$12 for a T-shirt or \$26 for a sweatshirt.

## Reunion planned for HHS classes 1940-46

Heppner High graduates of the classes of 1940 to 1946 inclusive will meet at the Heppner Elks Club on Saturday and Sunday, Sept. 4 and 5. The turnout of alumni and their spouses is expected to reach about 120. Co-chairmen Jim Barratt of Corvallis and Jim Kenny of Lake Oswego are pleased with the turnout.

Only three faculty will be on hand, Jean McElhinny Nelson, Lexington; Rena Wilson Jones, Heppner and Ken McKenzie, Crescent.

The graduate coming the longest distance to the reunion is Don Jones of Scottsdale, Arizona, class of 1940. He attained national fame as a magazine

photographer.

The class of 1943 will be celebrating their 50th anniversary with 20 of the living 24 graduates planning to attend. Seven have died since graduation.

Fifteen of the 26 members of the Heppner High football team of 1942, runner-up for the State Class B championships will be in attendance. Coach Lyle Swenson and four members of the team are deceased.

Festivities commence on Saturday afternoon at 4 p.m. and conclude with a golf tournament on Sunday with the HHS alumni competing against the Willow Creek Golf Club.

## BMCC to offer evening placement test

To better serve potential students who work during the day, Blue Mountain Community College Counseling Center staff is offering an evening placement test on Thursday, September 2, at 6:30 p.m.

The ASSET placement test is given to help counselors and advisors assess student ability in reading, writing and math, ensuring that students take the ap-

propriate classes for their skill level.

Appointments for the test are not necessary, however, testers are asked to meet in the Pioneer Hall Counseling Center by 6:15 p.m. to fill out forms and pay the \$10 testing fee. Immediately following the test, results will be assessed by a counselor, and registration appointments for fall term will be made.

## Oregon kids learn about beef

Oregon kids are learning the basics about beef, thanks to a recently revised booklet that includes challenging puzzles and graphics designed to make learning fun, said an Oregon Beef Council press release.

Funded with beef checkoff dollars invested by cattle producers in Morrow County and throughout the nation, "Basics About Beef" is a teaching tool for use with high school and middle school home economics and nutrition education students. First produced approximately 15 years ago, the recently revised edition of "Basics About Beef" demonstrates how beef fits into a healthy diet and also reflects the newest recommended daily allowances for Americans.

To date, more than 21,000 copies of the newly revised

booklet have been distributed to teachers and other professionals throughout the United States. "Basics About Beef contains important nutrition information and explores all aspects of buying, storing, preparing and serving beef," says Mick Scott, executive director of the Oregon Beef Council.

"Students learn how to make the best beef buy and how to prepare beef to enhance

tenderness and flavor. A crossword puzzle and other games and activities help to increase classroom interest and to reinforce the information learned."

"Our booklet is designed to help the younger generation enjoy beef as a source of nutrients needed by the body and as a great-tasting food that fits into a healthy low-fat meal," adds Scott. Kids learn that a typical three ounce serving of cooked 80 percent lean ground beef has only 228 calories and contains 21 grams of protein, .18 milligrams of riboflavin, 4.4 milligrams of niacin, two micrograms of vitamin B12, 1.8 milligrams of iron and 4.6 milligrams of zinc. The booklet also teaches that beef is much leaner than it was 25 years ago.

Explains Scott, "Basics About Beef" encourages young shoppers to consider wholesomeness, quality, appearance and cost-per-serving when buying beef and also provides basic kitchen skills that fewer children seem to be picking up at home." In some schools, "Basics About Beef" is used in conjunction with the video kit, "Cooking Today's Beef," another beef checkoff funded education program. "As our children grow up, it will become increasingly important for them to understand the relationship between cookery method, cooking time, grade and tenderness," says Scott.

Cattle producers in Morrow County and throughout the nation invest through the beef checkoff to fund production of numerous teaching tools, such as "Basics About Beef". "When it comes to the nutritional benefit, taste and value of beef, cattle producers have a great message to share with people of all ages," concludes Scott.

For more information about the beef checkoff program and "Basics About Beef" call the Oregon Beef Council 503 731-3200.

## Cotton candy and sno cone machines donated to community



L-R: Hilda Williams, Walt Foster's mother; Jim Foster, his brother and Millie Breeding

A sno-cone machine and cotton candy machine have been donated to the community in the memory of Walt Foster from the Foster family.

Walt Foster, former manager

of Heppner Bowl, recently passed away.

Groups that would like to use the machines should make arrangements through Theo Greenup or Millie Breeding.



Casey Childers (left) and Adam McCabe watch Tonya Heideman paint the lone Cycle Oregon logo "Yikes Bikes" on a downtown building.

One will be welcoming over 2,000 bikers to town Sept. 14 during the annual Cycle Oregon event.

## Boardman residents ask for increase in services from BMCC

Requests for Blue Mountain Community College services and programs are on the rise, according to a report presented to the BMCC Board of Directors at the ed services in their area. President Daniels explained that historically classes in north Morrow County have been scheduled through the Hermiston Center, but Boardman area residents don't feel that Morrow County is considered a priority.

The board authorized the administration to conduct a survey in the Boardman/Irrigon area to determine needs and interests of the residents. The survey will be followed by a meeting with community members and Chuck Starr, the Morrow County School Superintendent.

In the meantime, the board will review information regarding the options available on the Milton-Freewater bank building and the requests for more services in the Boardman area. A special board meeting will be held at 5 p.m. Thursday, Sept. 2, to discuss the direction the board plans to take in each area.

Pat Loughary, dean of college and student services, predicts that fall term enrollment to be stable and possibly growing. He noted that the total number of registration appointments is up 38 over last year, however, the shortage of housing may cost the college a few students.

regular August meeting. The meeting was held in Milton-Freewater to tour several potential sites for the movement and consolidation of continuing education programs there.

Following the tour the board met at the former U.S. Bank building, one of the possible sites for a Milton-Freewater Center. Gordon Weitz, owner of the building presented information on a possible lease or purchase arrangement with the college.

The Milton-Freewater programs are currently operated from two separate locations—personal enrichment classes are coordinated at the community building, where space is shared with the chamber of commerce; basic education classes are held in the armory, where space is shared with the National Guard.

However, BMCC president Ron Daniels cautioned the board that before they make a decision regarding moves in Milton-Freewater, Boardman and Irrigon residents are requesting increas-

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