

Obituaries

Arthur Wendell Bergstrom
A memorial service for Arthur Wendell Bergstrom was held Wednesday, August 11, 1993 in

Pharmacy & Your Health
Boardman Pharmacy & Hardware
202 1st. N. W. P.O. Box 170
Boardman, Oregon 97818
481-9474 481-7351

Arthritis Medicines Applied to Skin

Over 30 million persons in the United States have one or more of the 100 or so known types of arthritis. The nonprescription pain relievers taken by mouth can provide as much freedom from discomfort as do more expensive prescription medicines. Although a variety of over-the-counter products are available, most contain aspirin, acetaminophen, or ibuprofen.

An extra measure of relief sometimes can be obtained by applying medicines to the skin. An advantage of using such medicines is that they do not tend to cause systemic side effects, and they can add to the pain relief afforded by oral medicines. The ingredients present in arthritis medicines that are applied to the skin include methyl salicylate and triethanolamine salicylate (in the aspirin family), camphor, menthol, and capsaicin (a material extracted from cayenne peppers). Some products contain more than one ingredient.

There is much current interest in products containing capsaicin. However, no product has been shown to be best for all persons with arthritis. Therefore, try products having different ingredients to see which seems to be most effective. Never use a heating pad or hot water bottle with any of these medicines because skin burning could occur.

Resurrection Lutheran Church in Portland. Private interment was at the Willamette National Cemetery.

Mr. Bergstrom, a retired pacific northwest lumber trader in Portland, died of cancer Sunday August 8 at a hospital in Portland at the age of 74.

He was born November 18, 1918 in Portland, the son of the late Carl F. and Esther Bergstrom, Ione.

He attended eight years at Gooseberry Grade School and because of the lack of transportation to the Ione schools, went to live with his aunt Agnes Janin in Portland to attend school there and graduated from Grant High School. He attended Reed College before joining the Navy. A veteran of World War II and the Korean ar, Mr. Bergstrom spent 12 years in active duty and went on to serve in the U.S. Naval Reserve for 20 years until his retirement as a captain. He married Bette M. Ryding on Nov. 8, 1947 in Portland.

Mr. Bergstrom worked as a lumber trader for many years and had lived in Seattle, WA. and Eugene before moving back to the Portland area in the late 1950's. He was employed by Continental Forest Products until his retirement in the early 1980's. Mr. Bergstrom was an active member of the Resurrection Lutheran Church.

Survivors in addition to his wife include his daughters, Beverly Richardson of Puyallup, WA., Patty Hottmann and Andrea, both of Portland; son, Jeffrey, of Seattle, WA.; sister, Dorothy Stefani of Ione; brothers, Norman of Roseburg, Roland of Ione and Walter of Woodbridge, CA.; and five grandchildren.

Memorial contributions may be made to the Resurrection Lutheran Church or to the Oregon division of the American

Cancer Society.

Jessie M. Baker
A memorial service for Jessie M. Baker was held August 11 at the First United Church in Darrington, WA.

Jessie M. Baker died August 7, 1993 in Arlington WA. She was born August 26, 1916 in Ione.

Survivors include her husband Carl of Darrington; sons Charles Estes of Darrington and Wilson Estes, of Bothell, WA.; daughter Shirley Adams, Seattle, WA.; stepson Carl Baker, Portland; stepdaughter Susan Watt, John Day; sister Florence Green and brother Bill French, both of Heppner; 13 grandchildren and 14 great-grandchildren.

Memorial contributions may be made to the Fred Hutchison Cancer Center in Seattle, or to Regency Care Center in Arlington, WA.

Weller Funeral Home, Arlington, was in charge of arrangements.

Betty J. Bunch

A private graveside service for Betty J. Bunch was held at the Heppner Masonic Cemetery on Monday, Aug. 16.

Mrs. Bunch, 70, of Heppner, died Wednesday, August 11, 1993 at Pioneer Memorial Hospital in Heppner.

She was born Aug. 15, 1922 at Ione to Fred and Beulah Misner Mankin. She attended Ione elementary school and graduated from St. Paul's Episcopal Church for Girls at Walla Walla, WA. in 1941. While completing high school she also took two years of art classes at Whitman College. She attended the art school at Oklahoma State College for Women at Chickasaw, Okla., until World War II began. She then attended school at Spokane, WA. at the Railroad Telegraph School.

On April 28, 1942, she married Alvin Bunch at Coeur d'Alene, Idaho.

She was an accomplished artist and had showings throughout Oregon in the 1960's.

Survivors include sons, Gerald of Irrigon and Michael of Heppner; daughter Sherron Woodside, Lexington; brother Fred W. Mankin of St. Petersburg, Fla.; four grandchildren and two great-grandchildren. Mr. Bunch died in 1987.

Memorial contributions may be made to a charity of choice.

Sweeney Mortuary, Heppner, was in charge of arrangements.

Heideman makes top 12 in Miss Teen Oregon pageant



Suzanna Heideman

Suzanna Heideman, daughter of Mr. and Mrs. Loren Heideman of Ione, was recognized as a merit finalist in the 1993 Miss Teen of Oregon Pageant held Sunday, August 15 in Corvallis. Julie Smith of West Linn, the state title holder for 1992 presented Heideman with a plaque recognizing her standing among the top 12 competitors.

The 60 candidates competed in six categories including scholastic record; achievement and service to school and community; personal development of hobbies, talents and skills; general awareness written test; personality projection in formal wear; and a judge's interview. National director Warren Alexander, stated, "This pageant truly reflects the young woman of the '90's." Sixty percent of the judging involves written resumes and testing with the strongest single category being the judge's interview.

Other weekend activities included learning a production song and dance number for the pageant finals, practicing for an optional talent competition, and meeting lots of new friends.

Suzu was sponsored in the Miss Teen of Oregon competition by Herb and Nancy Ekstrom, Bristow's Market, Ione Lion's Club and Wheatland Insurance, all of Ione; Hermiston Medical Center and John Page DMD, in Hermiston; Farm Credit Services, Morrison, Fife and Jenson and Cyrus Haskett of Pendleton; Coast to Coast in Arlington; and James J. Bickler, Orthodontist of The Dalles.

Band members needed to participate in fair and rodeo parade

Musicians interested in participating in the community band for the Fair and Rodeo parade Saturday, Aug 21 are invited to "tune up their instruments and get ready to have fun," says director Geneva Mathews. Rehearsal is Thursday, Aug.

19 from 6-7 p.m. at the Heppner Middle School band room. People interested in playing an instrument should have at least two years playing experience. The group will meet Saturday morning at 9 a.m. at the band room. For more information call Mathews at 676-5550.

Jr-Sr. High Drug & Alcohol Free Dance

Friday, Aug. 20 9 p.m.-midnight
HHS cafeteria \$1 admission
Music by 3-D Productions of Pendleton
Sponsored by Oregon Together



She looked so pretty in her Butterfly glasses

Who'd a guessed she'd make it to **40** Love, your family

BMCC still has vocational education programs open

In the wake of what could be one of the biggest enrollments in years, Blue Mountain Community College officials still have registration appointment openings for students in several vocational programs, said a news release from BMCC. Agriculture, Auto Body Repair Technology, Automotive Technology, Electronic Engineering Technology, Diesel and Heavy Equipment, Civil Engineering Technology and Drafting Technology are among the programs with appointment slots left to fill.

Registration for classes starts Wednesday, Sept. 22 for students returning to BMCC. Students

new to BMCC begin registration Thursday, Sept. 23. Classes will start Monday, Sept. 27.

Returning or transferring students may make a registration appointment by calling the Counseling Center 276-1260 ext. 205.

Students entering college for the first time must take placement tests. The test, which assesses English and mathematical ability, is offered Monday or Thursday, 11 a.m. at Pioneer Hall Counseling Center. There is a \$10 testing fee. Following the test, students will make an appointment with an academic advisor.

Market Report

Compliments of the Morrow County Grain Growers

Tuesday, August 17, 1993

Soft	White
Aug. \$3.50	\$3.51
Sept. \$3.53	\$3.55
Oct. \$3.56	\$3.57
Nov. \$3.56	\$3.57
Dec. \$3.58	\$3.58

Barley	\$92
Aug. \$92	\$93
Sept. \$92	\$93
Oct. \$92	\$93

Arts club to meet

A meeting of the Morrow County Creative Arts club will be held Monday, Aug. 23 at 1 p.m. at RJ's Steak House in Lexington.

Topics for discussion will include the Morrow County Fair results.

The Morrow County Transfer Station will be closed Saturday, August 21 for the Morrow County Fair and Rodeo

Court Street Market
111 N. Court Heppner 676-9643
GROCERIES - MEATS - PRODUCE
Prices good August 18th - 24th

Fresh Broccoli or Cauliflower 49¢ lb.	Western Family 39 oz Coffee \$3.39
Mini Carrots 1 lb. pkg. 89¢	C & H 25 lb. bag Sugar \$7.99
10 lb. bag northwest Potatoes \$1.45 ea.	Noodle Roni 4 1/2 oz. .99 ea.
Black Plums 59¢ lb.	Boneless Beef Ribs \$1.89 lb.
Dutch Girl 1/2 gallon Ice Cream \$1.99 ea.	Ribeye Steak \$4.39 lb.
Western Family Season Packets 4 for \$1.00	T-Bone Steak \$3.99 lb.
Kellogg 20 oz. Sugar Frosted Flakes \$3.99	Pepsi Family 6 pk cans - Pop \$1.79 \$ dep.

RODEO

PERFORMANCE RADIALS

32.95

GRAND AM PERFORMANCE RADIALS
OUTLINED WHITE LETTERS

TO SERIES	40 SERIES
SIZE	PRICE
P185-60HR14	80.39
P195-60HR14	84.76
P205-60HR14	94.79
P215-60HR14	96.52
P225-60HR14	105.21
P195-60HR15	89.13
P205-60HR15	100.50
P215-60HR15	104.17
P225-60HR15	105.69
P185-65HR15	90.50
P195-65HR15	96.15
P205-65HR15	100.16
P215-65HR15	104.33

Tires LES SCHWAB

Heppner 676-9481

Staff: Jon (Manager), Jeff (Asst. Manager), Marcy (Bookkeeper), Don (Shocks, Brakes, Alignment), Jason (Sales & Service)