Fund raisers planned to help Boardman boy with leukemia

A Boardman boy, Javier Hernandez, 14, has undergone more in his young life than many have had to endure over a lifetime. Javier, who is a student at Columbia Junior High School has been striken with leukemia for the third time.

Javier is undergoing treatment in order to bring the disease into remission so that he may undergo a bone marrow transplant. But the family is without medical insurance and they need money not only for the skyrocketing medical costs, and the bone marrow transplant, but for family expenses as well.

Javier's father, Chico, said that the last time Javier had leukemia medical bills amounted to over $100,000. Javier was first diagnosed with leukemia when he was just three years old.

Chico says Javier's illness has taken a toll on the family mentally, physically and financially. And now Chico, who is employed by Riekkola Farms, has suffered a serious injury to his leg and will be unable to work for months. Javier's mother, Ramona, who is employed at the Boardman Health Care Clinic, has had to take time away from her job to take Javier, and now Chico to medical appointments at Portland, Walla Walla and The Dalles. The family also includes daughter Betsy, who attends Riverside High School.

The Boardman community has banded together to organize fund raisers to help the Hernandez family. On Saturday, August 7, a bake sale, car wash and yard sale will be held at various places around Boardman and a hamburger cookout will be held at Sentry Market. On Sunday, August 8, there will be a horse shoe tournament and organizers have tentatively scheduled a volleyball tournament and Bingo. An auction and barbecue will be held at the marina that day.

Organizer Chris Creason says that they are seeking cash donations as well as donations for the auction and yard sale. "They are a really nice family," added Creason. "They are highly thought of in the community and are hard working. Javier is a member of 4-H."

Anyone wishing to donate money or other items for the auction and yard sale should call Diana Copenhaver, 481-5235 or 481-5211 or Trina Lankford, formerly of Heppner, 481-2026.

Times of the weekend events will be announced at a later date.

Pre-school registration being taken

Registration for pre-school is underway for three and four year-olds for the 1993-94 school year at the Heppner Day Care. Space is limited on a first come first serve basis, so sign up as soon as possible, said a spokesperson for the Heppner Day Care pre-school.

Classes for the four year-olds will be held on Tuesdays and Thursdays from 8:30 a.m. to 11:30 a.m. Registration fee is $10 with a monthly fee of $50. School starts on Sept. 7.

Classes for the three year-olds will be held every Wednesday from 8:30 a.m. to 11:30 a.m. Registration fee is $7.50 with a $25 monthly fee. Their first day is Sept. 8.

Five full scholarships and five half scholarships are available based on need. Those interested should apply at the Day Care Center.

Pre-schoolers need to bring a paint shirt, scissors and a box of tissues. For more information call Sue at the Heppner Day Care, 676-5429.

Oregon Trail inspires bicyclist to take trip

Dave Cameron

The Oregon Trail. The path to the West. The 150-year anniversary of that famous trail that brought so many of our forefathers to the West, inspires many people in many ways.

For Dave Cameron, a 33 year-old engineer from McMinnville, it inspired him to pick up a bicycle.

"I've wanted to do this for a long time. I wanted to see the trip as the emigrants might have seen it," Cameron said while stopping in Heppner on a bicycle trip he's making along the entire Oregon Trail route.

Cameron says he had some vacation time coming from his job at Hewlett Packard, so he packed up his bike and headed for Independence, Missouri, the beginning of the Oregon Trail.

"Actually I started at Westport Landing, a little northwest of Independence," says Cameron. "That's where boats used to unload emigrants for the beginning of the trip."

Cameron started June 17, and by the time he reached Heppner Monday, had traveled 1900 miles of a 2300 mile trip.

Packing all his own gear, he stays in motels when he can, and camps out when he has to. Head wind is his biggest enemy along the way, and the toughest traveling came at south pass over the Rockies at Casper, Wyoming. "The highway is steep. I did a 4,800 foot climb in one day," he said.

Taking only back roads Cameron says that overall he has had a pretty good trip, encountering many friendly people along the way, and not having much bike trouble. "I've had one flat tire is all. I put on a set of new tires when I left, and those will probably be worn out by the time I'm done."

And that's probably better luck than most emigrants had.

Corrections made to fair book

The Morrow County Fair Committee announces a correction in the fair premium book in the floral department on page 57. The Artistic Arrangement Division schedule should be as follows:

Novice classes (limited to exhibitors who have not won a blue ribbon in a flower show): 1-'Along the Trail' on the fair theme 'Wagons Ho to Morrow County' dried material permitted; 2-Arranger's Choice.

Amateur classes (frames and back drapes may be used) 3-'Along the Trail' on the fair theme 'Wagons Ho to Morrow County' dried material permitted; 4-All Together, a mass design; 5-Tall and Strong, a line design; 6-Young'uns, under eight inches; 7-Green Valleys, all green; 8-Indian Friends, in warm colors; 9-Gold Rush, yellow and gold tones; 10-Dusty Days, all dried materials; 11-Prairie Moon, crescent shape design; 12-Through the Blue Mountains, using evergreen foliages; 13-My Faith Looks Up, a religious theme; 14-Looking Toward the Harvest, using grains, fruits and/or vegetables and flowers; 15-Imagination, a creative design; 16-Resourceful, anything goes.

Follow up 4th of July meeting slated

A follow-up meeting of the Ione Fourth of July committee will be held this Thursday night at Beechers Restaurant, co-chairman Jim Swanson has announced.

The meeting will begin at 8 p.m. and everyone is invited to attend with suggestions and thoughts about the Fourth of July celebration.

Chamber Chatter

By Claudia Hughes, Chamber Manager

More and more visitors are coming to Heppner and one of the 'perks' of this job is the opportunity to meet and visit with some of them. Yesterday it was a pleasure to visit with Dave Cameron, the cyclist following the Oregon Trail and to send him to the Gazette for an interview. While we were visiting, Marcy Bacon came to purchase "Voices From the Oregon Trail" tickets and said she had the horseback riders from Independence, Missouri as house guests. They had missed the trail by one county road. Still other adventurers were a group at the motel experiencing "Dan's Daring Drive". Seems some Heppner graduates, soon to return when they retire, bring a group of friends annually from the valley to experience eastern Oregon in all its splendor. Not a bad idea, and for these reasons and more our motel was full Monday night.

Heppner Cycle Oregon VI committee met with the pre-ride group at the city park. They will be here for lunch Tuesday, September 14, and we hope to keep them around for awhile. There will be a "By My Hand" exhibit at the museum, tours of the dam and the opportunity to swim, plus a variety of entertainment in the park. Please contact the chamber office or Cara Osmin if you know of people willing to entertain...fiddlers, singers, comedians, etc. We'd like to have ongoing activity for the cyclists and our community from 10 a.m. to 3 p.m. The cyclists will be handed sack lunches off a reefer truck this year, giving Heppner the opportunity to assist Ione, entertain, and work on creative hospitality ideas.

Cecil lamb barbecue tickets are now available on Tuesdays and Wednesdays at the Chamber of Commerce office (GEODC building across from the Bank of Eastern Oregon). Adult tickets are $10; children six and under are $5; and family tickets for two plus children are $30. The barbecue will be Thursday, August 19, in conjunction with the Oregon Trail Wagon Train. "Circle the wagons".

Welcome to new chamber members: Pat Sweeney of Sweeney Mortuary, Mike McGuire, postmaster, Willow Creek Park District and Verne Bell of Bell's Barber Shop. We look forward to having you 'on board'.

Thought for the week: "My interest is in the future because I'm going to spend the rest of my life there'...Charles Kettering.

New priest to serve All Saints

Alfred Miller

The Rev. Alfred F. Miller will join the congregations of All Saints' Episcopal Church in Heppner and St. Johns' Episcopal Church in Hermiston. He will serve both churches as their priest and pastor beginning July 15. He will be available on Thursday, July 15. Call or drop by the office in Heppner, 676-9970.

Father Miller is a native of Oregon and comes to eastern Oregon after having served as a priest in the Diocese of Western New York. He received his masters of divinity degree at Yale Divinity School in New Haven, Connecticut, in 1990. Formerly, Father Miller taught school in Pilot Rock from 1983 to 1987 and was a member of the Redeemer Church in Pendleton.

Father Miller is joined by his wife, Michelle and their two chilren, Andrew and Laura. Father Miller is the grandson of long time Hermiston resident and reitred teacher Mrs. Edith Cable. The Millers are eager to return to this area.

"Both churches welcome Father Miller and his family as they begin a new ministry in this area," said a church spokesperson.

Pharmacy & Your Health

Boardman Pharmacy & Hardware
202 1st N.W. P.O. Box 170
Boardman, Oregon 97818
481-9474 481-7351

What To Do About Dry Mouth

Dry mouth or *xerostoma* is a problem related to an inadequate production of saliva by the salivary glands. The condition can be caused by a number of medicines and radiation therapy, especially in the area of the head and neck. Dry mouth also can be caused by high blood pressure, cystic fibrosis, diabetes, malnutrition, and other disorders. With the loss of saliva, difficulties in eating, swallowing, or speaking may occur. Sleeping patterns may be affected. Chronic dry mouth may worsen dental caries or gum disease. Other potential problems resulting from the loss of saliva and dry mouth are constipation and bad breath.

Treatment of dry mouth involves the use of medicines that stimulate the flow of saliva or saliva substitutes that provide moisture to the mouth. If the salivary glands are still working, saliva stimulant medicines such as *pilocarpine* or *bethanechol* may be prescribed. According to a recent article in *Pharmacy Times*, *isoproterenol* has been shown to stimulate the flow of saliva in laboratory animals.

Commercial saliva substitutes are similar to saliva in thickness, taste, and mineral content. They do not contain enzymes found in saliva. These products are available as sprays, swabs, liquids, lozenges, gums, and gels. Saliva substitutes have been found to be more effective than simple mouth rinses or lozenges in relieving dry mouth.

"Thank You For Caring"

Morrow County Medical Services wishes to thank the following people for their commitment in providing quality health care to the residents of Morrow County:

SHERIDAN TARNASKY, DNS--Sheridan began her career as an RN at Pioneer Memorial Hospital over 23 years ago. She is ACLS certified and has served as Director of Tri-County Home Health Agency and is currently Director of Nursing Services at PMH. She finds her work rewarding due to the variety of health care that a small rural facility must provide and especially appreciates the caring environment in which she works. Sheridan and her husband Ed have two children, A.J. and Alecia, both in college.

MARJORIE KENNY, RN--ASCL certified, Marj has been associated with Pioneer Memorial Hospital/Nursing Home for 22 years. She is currently the Resident Care Manager for the nursing home. Marj finds it very satisfying to be part of a much needed service in the community and takes pride in the fact that doctors, administration and staff provide the best care possible. She and her husband William have seven children and 10 grandchildren.

SANDI HANNA, RN--Sandi has worked at Pioneer Memorial Hospital as a Registered Nurse for 19 ½ years and is currently a charge nurse. She is ACLS certified. She likes working in a community where she can experience the wide range of patient care from trauma to caring for the community's elderly in the nursing home. Sandi enjoys the family type atmosphere of the hospital and nursing home. She and her husband David have two children, Jason, 18 and Jon, 16.

RIKKA TEWS, RN--Rikka has worked at Pioneer Memorial Hospital since 1967 and has worked on and off parttime. Rikka, ACLS certified, enjoys the family atmosphere at the hospital. She works in a variety of in-patient care. Rikka enjoys working with her fellow staff members who all take care to look out for one another. Rikka and her husband Paul have three children, Rhondi, married and living in Pendleton; Natalie, living in Seattle, WA. and Bill who lives on the ranch.