

## Students paint Oregon Trail mural



L-R back: Teacher Vickie Broden, Tony Greenup, Julie Watkins, Jill Barber, Christi Kenny, Jeff Betzold, Paul Lauritsen. Front: Bobbie Rankin, Jaclynn Hughes, Mike White, Brooke Boyer, Kristi Worden.

Heppner Middle School students studying the Oregon Trail in an elective class undraped a mural they painted in a ceremony held at their school lunch room.

The children, students of sixth-grade teacher Vickie Broden, studied Mexican art and Mexican painters to help them with their mural. They also studied and kept a journal on the Oregon Trail in a class taught by Jannie Allen,

another sixth grade teacher. The students funded their project, which cost around \$50 for supplies through a no-bake sale. Each student of the class of 1999 donated money to the project.

## One senator per county picks up steam

The "One Senator Per County" movement is picking up steam. On the heels of three overwhelming voter approvals of the "One Senator Per County" ballot

measure in Morrow, Malheur and Gilliam counties, voters in Jefferson, Grant, Lake and Sherman counties will be voting on the same ballot measure at the June 29 election.

The Sagebrush Coalition's "One Senator Per County" project director Gary Marks of Heppner said he was pleased to see the project develop so rapidly. "The project is only five months old and already we've seen voters in three counties give overwhelming stamps of approval and four other counties prepared to do the same in June," Marks said. "I think this should be a wake up call to the legislature that rural Oregonians are dissatisfied with Oregon's system of representation. It's time the legislature refer a measure to the entire state and let the people decide," Marks said.

In March, Morrow County voters turned in an impressive 77 percent approval rate for the "One Senator Per County" ballot measure, while voters in Malheur and Gilliam County gave a resounding 85 percent and 84 percent approval rate.

In April, state Senators Wes Cooley, Gordon Smith and Rod Johnson introduced legislation, SJR41, which would allow a statewide vote on a constitutional amendment to establish a "One Senator Per County" system.

Currently, state senators are elected to districts which are determined by population only. As a result, only four of Oregon's 30 senators represent citizens who live in counties east of the Cascades. Giving each county one senator would result in Oregon's east and west sides having 18 senators each. The idea is patterned after similar systems used in the U.S. Senate and the Wyoming House of Representatives.

## Four Cub Scouts receive award

Miff Devin, Matthew Jepsen, Justin Nelson and Matthew VanLiew received the Arrow of Light award at a ceremony during the May meeting of Heppner Cub Scout Pack 661.

The Arrow of Light is the highest achievement award a Cub Scout can earn. This award is a stepping stone to entering the Boy Scout program and allows the youth to enter Boy Scouts with the rank of Tenderfoot. Re-

## Library plans reading program for kids

This summer Oregon Trail Library will offer a summer reading program for children in kindergarten through sixth grade. The theme will be "Wild About Books" and participants will be encouraged to go wild in exploring reading on topics they may not have had the opportunity to discover before, said a press release.

The reading program will begin June 15 in Heppner and will run all summer. Every second Tuesday there will be an afternoon program in the library. Each program will include a time for stories, a time for participants to share their latest reading with

the group and a craft project or other activity. Themes for the individual programs will include "Wild About Animals", "Wild About History", and "Wild About Mythology".

This year's goal device is deliberately designed to nudge readers into broadening their reading habits. Readers who chose to participate in the incentive program will be encouraged to choose at least one book from each of about 16 broad categories such as animals, mythology, award-winning books or sports. Within each category choices can be very broad, with something or nearly everyone's taste.

Plans are coming together to

allow summer readers to participate in the Young Readers Choice Award program. The library will have copies of this year's nominees for the award. Readers who read several of them will have the opportunity to cast their ballots for the books they believe should receive the award. Their votes will be counted along with those from other young readers from around the Pacific Northwest and western Canada.

The friends of the Heppner library will host a party and awards ceremony at the end of the summer, probably an ice-cream social with parents and families of summer readers invited.

"I'm excited about the Wild About Books program. The new books we've been adding to the library collection will bring a special sparkle to this year's summer reading, and the activities we have planned look like a lot of fun," says district librarian Wendell Buck. "No one needs to be bored this summer in Heppner."

Readers interested in participating in the summer reading program should pre-register by calling the library at 676-9964. There is no charge to participate and no one has to attend every program to be a part of the 'Wild About Books'.

## IHS classes '42-43 hold reunion

The Ione High School classes of 1942 and 1943 enjoyed a class reunion on May 15. A German feast was enjoyed at the Rhineland in Portland.

Each member of the classes spoke briefly about his or her last 50 years. Rose and David Baker topped classmates with 15 grandchildren and Glenn Warfield was second with 13.

Deceased friends Paul Rietmann, Jim Ledbetter, Tom Huston and Barbara Ledbetter Bergstrom were remembered. Those attending were: Ernie

and Mary Jean McCabe, Heppner; Robert and Darlene Hoskins, Don and Martha Peterson, Roland and Donna Bergstrom and Dave and Rose Baker, all from Ione; Eulenna Vaughn, Irrigon; Margaret Smith, Baker City; Bill and Frances Eubanks, Oregon City; Glenn Warfield, Toledo; Jim and Doloris Barnett, Pendleton; Marge and John Skuzeski, Jean and Pete Crawford, Doris Stract, Betty Lou and Roy Pettyjohn and Louis Rood-Delphine Larson, all of Portland.

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### What to Do About Intestinal Gas

Of the several causes of intestinal gas (flatulence), swallowing air is reported to be the most common cause. We tend to swallow air when we open our mouths to eat, chew gum, talk, or smoke cigarettes. If we eat too fast and do not chew thoroughly or if we slurp or talk with our mouths full, the amount of air swallowed can increase significantly.

In addition, excess intestinal gas may be produced from high-fiber foods such as beans, broccoli, and cabbage. Persons who are not able to digest milk and dairy products due to an enzyme deficiency often produce gas when consuming dairy products. Medicines which may increase the amount of gas in the gastrointestinal tract include *ibuprofen* and other nonsteroidal antiinflammatory agents, certain antibiotics, and some medicines used to lower blood cholesterol levels.

A medicine available as a single ingredient product or in some over-the-counter antacids is *simethicone*. This medicine helps eliminate intestinal gas by causing gas bubbles to be broken down or pulled together in a form that is more easily passed as flatus or belching. The U.S. Food and Drug Administration (FDA) has determined that simethicone is safe and effective for this purpose. Another agent that may be helpful in relieving gas is charcoal.

## Topic Club plans projects

Ione Topic Club members met in Pendleton at the home of Margaret Troedson for their annual luncheon meeting. Helen Proudfoot was the co-hostess. Each member answered roll call by presenting new books to be used in the Ione Public Library.

Participation in coming activities in the Ione area was discussed. Club members will have a flea market table in the park during the Fourth of July celebration.

At the August 19 visit of the official wagon train at Cecil members will be responsible for

requirements for the Arrow of Light include earning eight activity badges, earning the Webelos badge, memorizing the Scout Oath and the 12 point Scout Law, as well as learning other aspects of becoming a Boy Scout. The boys also had to participate in campouts and Boy Scout activities with the Hermiston Boy Scouts.

Den leaders for the group were Bill Jepsen and Dan VanLiew.

the bread at the barbecue open to the public. Members will also sell popcorn, caramel corn and party mix at the concessions.

During the evening meal of Cycle Oregon VI on September 14 when the bicyclers come through Ione, the club will serve beverages.

These projects will be sources of making money for the Ione Public Library as well as cooperating in the community activities.

Christy Crowell, club librarian, announced that a reading program and story hour will be held again this summer.

## Irene Swanson honored at party

A surprise birthday party for Irene Swanson was held at the home of Jean Ann and Kenny Turner Saturday, May 24.

Surprise guests were Denny and Joan Swanson of Auburn, WA, and John and Kathy Swanson from Redding, CA.

The following day Jim and Monica Swanson entertained the family. Attending were Norman and Dena Swanson from Portland, Dennis and Joann Swanson, John and Kathy Swanson, Todd and Missy Lindsey, Portland, Sandra Turner, Monmouth, Wayne and Lori Seitz and

children Brandon and Reggie, Gregg and Shelly Rietmann and Jean Ann and Kenny Turner.

## Congratulations to the Class of '93 Best of Luck!



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P205/75R-14	73.81	P205/70R-15 B/W	78.50
P215/75R-14	78.55	P205/70R-14	78.57
P195/75R-15	71.67	P215/70R-14	83.61
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