

First health fair held at senior center

The first Health Fair in Heppner was a "smashing success" according to Focus on Health convener the Rev. Stan Hoobing. Hoobing said that the success of the fair was largely due to the efforts of the Focus Group on Health and the exhibitors.

The health fair was held Thursday, April 29 at the senior center.

Exhibitors included: Irene Schroeder, who presented an exhibit on the "Art of Bird Watching"; Jane Rawlins, who brought the new Dollar Ride van and had exhibits on the Dollar Ride program, Heppner Intergenerational Theater and Hot Lunch Express; and Grace Drake who had an exhibit on the summer youth project. The fair also featured displays on work and the programs of the Neighborhood Center of South Morrow County and Heppner's Oregon Together Project. Nella Britt had promotional material on Vange John Memorial Hospice, Inc.; Molly Rhea, director of Pioneer Memorial Home Health gave free blood pressure checks and blood sugar analysis; and John and Ann Murray had healthful pharmacy information from Murray's Drug store. Bonna Rae Miller and Kathy Ashley gave out tips on danger signals from the American Cancer Society on this disease; and Florence Holt and Robanai Disque had a display on the work of "Air Life of Oregon". Morrow County Public Health had a table of assorted pamphlets on various subjects for the health conscious person. Information on health foods and diet was provided by representatives of the Seventh Day Adventist church.



Winners in the CAPECO drawing held at the health fair were l-r: Florence Holt, two halibut dinners; Irene Schroeder, two salad bars, Bonna Rae Miller, an exercise video and Corol Mitchell.

Lois Grasser and Sharla Erich.

Not all exhibitors were local. Shirley McDonald of Condon brought information about Summit Springs Village, a retirement center soon to break ground in Condon. Carol MacInnes of Fossil promoted the work of Haven House Retirement Center and Annetta Strixrud of Portland shared the ministry of Northwest Parish Nurses.

Morrow County Extension office had a video film fest in the lounge area.

CAPECO Senior Services was not only an exhibitor but footed the bill for all the expenses. Many seniors worked hard behind the scenes.



Molly Rhea takes Janet McDowell's blood pressure at the health fair.

First Christian Church plans Mother's day breakfast

The men of the First Christian Church in Heppner are preparing breakfast for the ladies in honor of Mother's Day on Sunday, May 9. All mothers and wives of members and friends are invited to attend.

Breakfast will include bacon,

hashbrowns, eggs, pancakes, coffee and juice. The regular men's breakfast which is scheduled for the third Sunday of the month will be postponed until June 20. Harley Sager will be guest speaker on that Sunday.

Boardman school plans reunion

A reunion for the students, staff and friends of the old Boardman School will be held Saturday and Sunday, June 26 and 27 at the Boardman Marina Park.

Registration is 9 a.m. both days. A potluck will be held on Saturday at 6 p.m. and a chicken barbecue will be Sunday at 1 p.m. Cost for the barbecue is \$6.50.

For more information or reservations for the barbecue call or write LaVern Partlow, P.O. Box 613, Boardman, 97818, 481-4385.

Chairman for the event is Dallas Wilson.

Pringle Power Vac, Inc. will be performing air duct, furnace, and chimney cleaning services in your area May 25 through June 11. If you would like to be put on our schedule for cleaning this year, please call us at 503-276-2297.

Ione boys score 116 points, win three-way track meet

By Anne Morter

The Ione boys scored 116 points on their way to winning a three-way meet in Heppner last Tuesday, April 27, while the girls

scored 79 points to finish behind Pilot Rock.

For the boys, Deacon Heideman and Mac Lovett were double winners. Heideman took the discus with a throw of 139'5" and the 110 high hurdles in 16.9. Lovett took the 100 meters in 11.9 and the 200 in 25.1. Other first-place finishers were David Wagenblast in the 400 in 56.6 and Rob Crum in the 3000 meters in 11:24.1. The 400 relay team was victorious in 48.5 as was the 1600 team in 3:57.3.

On the girls' side of the meet, Melissa McElligott was a triple winner, taking first in the long jump at 14'8", the triple jump at 32'1" and the 100 meters in 13.5. Becky Wagenblast had two wins, taking the high jump in 4'4" and the 800 meters in 2:45.0. Jamie Lovett won the discus with a throw of 87'2" and Kim Bedor-tha won the 3000 in 14:19.8.

Chamber Chatter

By Claudia Hughes, Chamber Manager

This community needs a large dose of sunshine, as it's a busy week with many visitors. Friday offers the opportunity to take your wife, mother, a teacher and your family to All Saints for a great Italian dinner. Call for reservations for either the 5:30 or 7:15 seating to enjoy a candlelight dinner.

Saturday, be ready to greet 500 to 1000 motorcyclists as they come through Heppner during the Rose City Oregon 500. chamber will be on hand to greet them with brochures; the Masons will be holding a hamburger feed in the city park and the Senior Center will be having hot turkey sandwiches. Both meals are open to the public. Join them and meet the Portland visitors.

Next week's chamber program promises to be interesting. Dave Sykes will be bringing a guest speaker who will address the topic: "Does the media influence our lives?" The Heppner High School choir will also perform.

Thought for the week honoring teachers for national teachers week and mothers for Mother's Day: "In a hundred years from now, it will not matter what my bank account was, the type of house I lived in, or the kinds of clothes I wore, but the world may be much different because I was important in the life of a child."...author unknown.

The Cattlemen's Association is offering a **\$1,500** reward for information leading to the arrest and conviction of the persons responsible for the shooting and butchering of a calf on Buttercreek recently.

Anyone with information should contact the Oregon State Police or the Morrow County Sheriff's Office.

The 3-Day Diet
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For Free Information Call
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676-5824 Jan Stroeber
676-9429 Lana Orr
676-9662 Dana Reid

Melanie Lea Gates and Kevin Lee Troxell will pledge their love as one on Saturday, the fifteenth of May Nineteen hundred and ninety-three at one-thirty in the afternoon at the home of the Groom's parents Fossil, Oregon. Our joy will be more complete if you can share this celebration with us Mr. and Mrs. Kenneth Gates Mr. and Mrs. Thomas Troxell

Reception immediately following at the Isobel Edwards Hall - Potluck

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Look for this bag in your newspaper and fill it with non-perishable foods, especially high protein foods like canned meat, tuna and beef stew. Then take it to any First Interstate Bank of Oregon branch through May 21st. Your contribution will help hungry people in your own community.

Please join the nearly 600 independent, non-profit agencies of Oregon Food Bank's statewide network and show you care.

COUNT ME IN FOR A CASH DONATION.
Please use my cash donation to buy emergency food for hungry people in Oregon.

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