

'Walk for Swim' to raise money for Heppner pool

"Walk for a Swim" is the latest fund raising effort by People for the Pool, a local group dedicated to raising funds for a swimming pool in Heppner. The three mile walk planned for Saturday, March 13 will be from 10 a.m. to 2 p.m. It will begin and end at the Sears building in downtown Heppner. Maps of the route will be handed out at the registration tables. To raise funds, a \$3 entry fee is being charged. Many area students will be walking the route as a walk-a-thon and are collecting pledges. Students who participate in collecting pledges do not need to pay the entry fee and prizes will be awarded to the top pledge collectors.

The walk is not a timed event. Those who complete the walk will receive a coupon for a free

bag of popcorn from Heppner's Les Schwab Tire Center.

People for the Pool will also be taking Polaroid pictures of people in front of an Irish background, complete with a 3' wooden leprechaun made and donated by Marty Mitchell of Heppner. The photographs will be taken at Sears. Cost is \$3. Raffle tickets for the wooden leprechaun will be sold for \$1 each. The winner will be announced during the lamb barbecue at the fairgrounds, Sunday, March 14. There will also be two more leprechauns for sale.

Raffle tickets for the 100 ounces of silver donated by Bill and Patty Gentry will also be on sale along with information about laser printed bricks to be placed at the swimming pool site.

For more information call Kay Proctor 676-9422 or 676-9827.

Donkey basketball at HHS

It's time for donkey basketball. The Heppner High School class of '93 is sponsoring a donkey basketball game on Thursday, March 4 at 7:30 p.m. in the Heppner High School gym.

Tickets are on sale now at Murray's Drug. Advanced ticket prices are \$3.50 for adults, \$3 for students and \$2.50 for children. Prices at the door will be 50 cents more.

Four teams consisting of faculty, a town team, senior boys and senior girls will compete. On the senior boys team will be T.R.

Riehl, Kevin Kilkenny, Shane Eng, Brett McDowell, Jason Hanna, Josh Peck, Pete Pearson, Ryan Pence, Jeff McDaniel, Jeremy Maddern and Scott Coe.

The senior girls' team will consist of Autumn Nacarato, Jenni Ashbeck, Jeanine Michael, Sombah Zumwalt, Staci O'Brien, Madara Rill, Chrysy Schultz, Monaca Hall, Danie Sunday and Charity Brewer.

Proceeds go toward the senior class drugs and alcohol free graduation trip to San Francisco.

Hunter's safety course offered

A Hunters Safety course is scheduled to begin on March 8. Class size is limited to 12 students so students need to pre-register.

For registration and time and place of class contact Mycal Osmin 676-5582 or Randy Rayburn 676-5237.

Historical Society plans activities

By Delpha Jones

The board of directors of the Morrow County Historical Society met at the home of Jim and Barbara Bloodsworth on Monday evening for the regular meeting.

Old business included discussion of a plaque for the Sam Gazebo in Boardman. This was tabled indefinitely as the building will not be moved at the present time.

The essay contest which the society has sponsored in the middle schools of Morrow County will not be presented because of lack of interest by students and schools. It will be given to a senior citizen. There are three \$50 dollar prizes. Rules will soon be presented to both south and north Morrow County seniors.

Also discussed were the cyclists coming to the lone area Sept. 14.

The yearly trip will be May 6-9. The group will visit the Nez Perce National Historical Park, Beamers Landing and enjoy a jet boat trip up the Snake River. Sunshine Mine Disaster Memorial, Conrad Mansion Wallace, Idaho, a bison range and St. Ignatius Church will be other places of interest. The group needs to know soon from those who plan on going in order to make bus arrangements. Everyone is welcome to attend.

Under new business election of officers. New officers are as follows: Delpha Jones, president; Harold Peck, vice president and Ruth McCabe, secretary-treasurer.

Births

Jimmy Lee Clements-a son, Jimmy Lee was born to Linda Doreen Fetter Burgess of Irrigon on February 10, 1993 at Good Shepherd Community Hospital in Hermiston. The baby weighed 6 lbs. 4 oz.

John Tyler Breidenbach-a son John Tyler was born to Tonja and Howard Breidenbach of Heppner on February 10, 1993 at Good Shepherd Community Hospital in Hermiston. The baby weighed 10 lbs. 10 oz.

Cindy Jovanni Varela-a daughter Cindy Jovanni was born to Sandra and Jose Ruiz of Boardman on February 17, 1993 at Good Shepherd Community Hospital in Hermiston. The baby weighed 6 lbs. 3 oz.

Following a delicious dinner the group enjoyed a belated Christmas party with gift exchange. Those present were Ruth McCabe, Pat Wright, Jerry Peck, Harold and Edna Peck, Louis and Betty Carlson, Sue and Darrel Vinson, Cecil and Delpha Jones, and the host and hostess Jim and Barbara Bloodsworth.

Justice Court Report

The Morrow County Justice Court office at the courthouse annex building in Heppner reports handling the following business during the past week:

Tony Ray Jones, 40, Kelso, WA.-Driving Without Headlights, (blowing snow), \$31 fine;

Kenneth Paul Meadows, 51, Portland-Furnishing False Name to Police, \$164 fine; Driving Under the Influence of Intoxicants, \$747 fine, 180 days in jail, 160 days in jail credited for time served, complete alcohol education;

Charles Harold Shute, 50, Hermiston-Exceeding the Maximum Speed Limit, (truck speeding) 65 mph in a 55 mph zone, \$31 fine;

Raymond C. Smith, 41, Gladstone-Possession of a Falsely Applied for Disabled Hunter License, \$255 fine;

Thomas Owen Mechem, 44, Monument-Exceeding the Maximum Speed Limit, 70 mph in a 55 mph zone, \$55 fine, No Vehicle Registration, \$35 fine;

James Richard Sherwood, 49, Reno, NV-Failure to Wear Seat Belt, \$41 fine;

Jack Marsh, 48, Athena-Insufficient Number of Life Jackets, \$35 fine;

Robert DeeWayne Garrett, 21, Adams-Driving While Suspended, \$357 fine; Driving Uninsured, \$31 fine;

Cheryl McBride, Heppner-Maintaining a Dog as a Nuisance, \$35 fine.

Obituary

Sadie J. Parrish

Sadie J. Parrish, 89, of Lake Oswego, formerly of Morrow County, died Feb. 20, 1993 at Crestview Care Center.

Memorial services were held on Saturday, Feb. 27 at Christ Episcopal Church in Lake Oswego. Burial was at Willamette National Cemetery.

Mrs. Parrish was born May 20, 1903 in Adams City Washington. The family moved to Lone Rock when she was five and she attended schools at Condon.

After her marriage to Frederick Parrish, the couple moved to Heppner. She served as Morrow County Clerk for 18 years.

She was a member of All Saints Episcopal Church and Christ Episcopal Church in Lake Oswego. She was past president of the Oregon Clerks Association and a member of the Lake Oswego Adult Center.

Survivors include a son, Raymond of Culver; a sister, Elenor Debok of Pilot Rock; four grandsons and eight great-grandchildren. Her husband Frederick, and a son, Jack, died earlier.

Memorial contributions may be made to Lake Oswego Adult Community Center.

Letters to the Editor

Sharkey has time and energy

To the Editor:

Since my return to Boardman, some 11 years ago, I have seen the Port of Morrow grow and prosper. The activity has had a positive impact on the community, county and local businesses. Part of the reason for that growth has been qualified people involved on the commission.

As past chairman of the Port of Morrow budget committee, I have had the opportunity to watch and observe these commissioners in action. I have been impressed with Bill Sharkey. Bill asks tough questions about the day to day operations of the Port. He has, I believe a better understanding of the day to day operations of the

port than the other commissioners. This comes with Bill's trucking business working out of the port on a daily basis. Bill has been directly involved in the negotiation with Portland General Electric, on the Coyote Springs Co-Generation Plant. This project, if it continues on its current track, could be the best project that the port has had.

Bill puts in a lot of time and effort on this commission. I believe that his past performance warrants our continued support. I would like everyone to join me in voting to reelect Bill Sharkey for port commissioner.

Yours very truly,
(s) Don Russell

Take tough stance on drinking abuse

To the Editor:

The people of Morrow County should look to the action taken by Peter F. Sandrock, Jr., the Benton County district attorney. He has taken a tough stand on persons who drink while driving and on men who assault their wives. Drinking drivers and abusive spouses happen to be two of society's biggest problems. Anyone who goes after them to fullest extent of the law ought to be lauded with praise.

The city police in the Salem area, located in Marion County, have been pulling people over who have just come out of a local tavern after maybe only having one or two beers.

Sandrock is criticized by some people like Dean Bautz, founder of Benton County Citizens for Justice, that he follows a zero-tolerance policy on prosecuting suspected drunk drivers. Meanwhile the tavern owners in Salem complained that the city police were deliberately staking out drinking establishments in their campaign against drinking drivers.

While these two cases appear to be extreme examples of law enforcement, it bears remembering that more than half of the 49 males between the ages of 15 and 20 who were killed in traffic accidents last year in Oregon had been drinking. Nationwide, almost half of the 44,529 traffic deaths in 1990 were alcohol related. That is one death every 24 minutes in a drinking-driver traffic accident.

As for domestic violence, the tougher the law gets, the better. Is there any excuse for a man beating up his wife or vice-versa? Not in our book, and not in the view of 99 percent of the public. Domestic violence, however, is often the sign of other problems, including alcohol, drugs and unemployment; arrest and prosecution must not be the only official attention paid to the crime. But first comes arrest and prosecution, and then appropriate treatment or punishment.

I hope that you take some time and think about drinking and

driving or domestic violence and about actions of Peter Sandrock and Salem City Police.

The actions of Peter Sandrock and Salem city police are worth noting and encouraging if we want a drug/alcohol free community to raise our children. So give it some serious thought.

Sincerely,
(s) Rev. Stan Hoobing
Convener of the Heppner/Lexington Oregon Together

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Allergic Reactions to Insulin

Allergic reactions to insulin, an injectable hormone used by many diabetics, can involve the site of injection or, much less commonly, the bloodstream. Reactions at the injection site may occur as burning, redness, and itching for up to 12 hours after an injection. A single oral dose of an antihistamine may help reduce redness and itching. If local reactions continue, it may become necessary to switch to a different source or type of insulin.

An allergic reaction to insulin can occur from insulin derived from animals (pork and beef) or from insulin produced in laboratories. However, according to the *American Hospital Formulary Service*, studies have shown fewer allergy problems associated with the human-type insulin produced in the lab than with purified pork insulin. According to Dr. Leslie Grammer, Professor of Medicine at Northwestern University, writing in *Pharmacy Times*, the potential for allergies to various insulin types varies from person to person. An additional source for allergies is the contaminants or impurities found in insulin products.

In diabetics who must take insulin and yet have had local or systemic reactions, a desensitization procedure is recommended by some physicians. Insulin is injected into and/or under the skin over several days, starting with very low doses and ending with doses in the therapeutic range.

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Free Admission Everyone Welcome

Made possible by the Oregon Council for the Humanities an affiliate
of the National Endowment for the Humanities

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