

## FFA to raffle four cords of wood



The Heppner FFA Chapter will hold a wood raffle this weekend Jan. 15 and 16. Four cords of wood will be raffled during the Heppner High School boys varsity basketball games, two cords

on Friday and two on Saturday. Tickets are \$1 each, six for \$5, or 13 for \$10. The group's goal is \$1,000. Tickets may be purchased from any FFA member, at the games or by calling the high

school at 676-9138. Money raised by the chapter is used for activities such as the national and state conventions, the annual banquet, travel to contests and awards.

## Reserve officers sworn in



Reserve police officers l-r: Shanna Paullus, Randy Rayburn, Mike Sweek, Reese Shultz.

Heppner Reserve Police officers were sworn in at a ceremony at Heppner City Hall on Monday, Jan. 11.

Heppner assistant chief of police Merle Cowett conducted the ceremony and noted that the officers' training included 32 hours of classroom time, 16 hours of riding with a police officer which is required each

month, a written exam, a handgun qualifying course and self defense training.

Two of the reserve officers, Mike Sweek and Reese Schultz have had prior police experience.

Since the Heppner Police force has been decreased from three officers to two, because of Measure 5 cutbacks, Cowett said that the reserve officers will work as backups with the regular officers and

may eventually be able to work on their own. The reserve officers will serve on strictly a volunteer basis.

Cowett praised the reserve officers, commenting that they passed their firing range test the first time, all achieving at least the required 80 percent, and they passed their field training manual with scores ranging from 90 to 100 percent.

## City to provide incentive pay

The Heppner City Council, at their regular meeting Monday, Jan. 11 approved a personnel evaluation system for city employees.

The evaluation system includes salary incentives for top range employees. According to city administrator Gary Marks an employee will be eligible to qualify for an incentive adjustment only when he has reached the top of his salary range. The employee must achieve a rating of "above standard" or "outstanding". He will receive the merit pay for only one evaluation period and must qualify each

evaluation period to maintain the incentive pay.

The incentive pay will range between three and six percent.

Non-supervisory employees will be ranked unsatisfactory, needs improvement, satisfactory, above standard or outstanding and receive zero to six points, respectively. Supervisory employees will receive zero, five 10, 15 or 20 points for their ranking.

Employees will be evaluated at

least once a year. If an employee's ranking is unsatisfactory or needs improvement a six month review is mandated.

Merit raises are permanent for the evaluation period upon approval by the city administrators and are effective the month following completion of a review.

The next merit pay is in addition to cost of living increases.

## Lutheran churches' schedule changed

Due to the annual meeting of the Valby Lutheran Church of Ione, worship service schedules for Sunday, January 17 have been changed.

Celebration of Holy Communion and Sunday school classes at Hope Lutheran Church, located near the Willow Creek Dam in Heppner, will be held at 9:00 a.m. Pastor Stan Hoobing will preach on the theme of "A Man I Did Not Know", based on the scripture reading of St. John 1:29-41.

The Valby Lutheran Church, located on the Ione-Gooseberry Road, will hold service of Holy Communion at 11:00 a.m. Following the worship service there will be a church potluck dinner. The annual meeting of the congregation will follow the dinner.

There will not be any worship service held in Condon. The next worship service in Condon will be on Sunday, January 24 at 2:00 p.m. at the Condon United Church of Christ.

## St. Patrick's Senior Center Bulletin Board



While waiting for dinner to be served Wed. Jan. 6 Harriett Batty read two poems about aging. "If we can't laugh at ourselves once in a while, then someone else has to. We might as well beat them to it," said a senior center spokesperson.

There were 94 present for the dinner in spite of the bad weather, and four dinners were taken out. Members of the Methodist Church served. Ida Coleman won the meal ticket, W. McDaniel the door prize and the quest gift was given to Lea Mathieu of Ione. The meal site committee met following the dinner.

The menu for Jan. 20 is lasagna, meat, tossed salad with carrots, broccoli, French bread, pears and cookies. Members of the Lutheran Church will serve.

The Bank of Eastern Oregon will give a presentation on long term care Jan. 20. Please be in the dining room by 11:45 a.m. if you wish to attend. Dinner will follow.

The seniors were saddened by the death of Alta Cutsforth, a tenant of the St. Patrick Senior Center apartments. A reception was held in the dining room following the funeral. Dessert and coffee were served to family members and friends.

Don't forget: Monday, Bible study 10:30-11:30 a.m.; Quilting 1-4 p.m.; St. Patrick celebration quilt tickets on sale at Senior Center. Quilt is on display in sitting room. Tues. and Thursday 10-10:30 a.m.

## Farm financial workshop slated

A farm financial management workshop will be held for wheat growers from Morrow, Wheeler and Gilliam counties at the county fairgrounds in Condon on January 21, from 9:30 a.m. to 3:30 p.m. There is no charge for the workshop.

Topics to be covered include 'Filling Out a Cash Flow Statement', and 'Finpac for Farmers'.

Finpac is an award winning farm financial management program that has been used for nearly 10 years by extension personnel in many parts of the country, including Oregon. The computer software lets the grower or rancher see the affect that any change in operation will have on farm income, profitability, cash flow,

and so on. It will tell a wheat grower, for instance, the breakeven price of wheat that will allow him to pay off a new combine as well as meet other obligations.

The new "Finpac for Farmers" computer program will cost an estimated \$200 to \$300, according to Oregon State University farm financial management specialist Bart Eleveld. It will allow growers to input their own information.

Eleveld will be joined on the program by area farm management agent Clark Seavert from Hood River.

For more information contact the Gilliam County Extension office 384-2271.

## Weather Report

by City of Heppner

Jan. 5 - 11, 1992				
	High	Low	Prec	Snow
Tues.	25	13	.01	¼" new
Weds.	19	4	.05	1¼" new
Thurs.	15	4	.08	¾" new
Fri.	18	2	.03	½" new
Sat.	21	1	.04	¾" new
Sun.	15	2	Tr	Tr new
Mon.	21	4	0	

## Pharmacy & Your Health

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### Arthritis Caused by Acid Crystals

When someone says he or she has arthritis, most of us think of either osteoarthritis or rheumatoid arthritis. With both types of arthritis there is a wearing away of cartilage, the soft, cushioning material at the end of bones. With the destruction of cartilage, there is joint swelling, stiffness, and pain. There are several different types of arthritis. A type of arthritis caused by the build up of uric acid crystals in the joints and the bloodstream is known as gouty arthritis or simply "gout."

Uric acid (sodium urate) is one of the body's waste materials. It normally passes through the urine and is eliminated. When the body produces more than it can get rid of, this chemical accumulates. Tiny crystals of the chemical form in the blood as uric acid. The exact reason why some people get uric acid crystals in the blood and others do not is unclear. Heredity may play a role. Excess weight may be a factor, as is drinking too much alcohol. Eating certain foods, such as liver and sardines, can contribute to the problem.

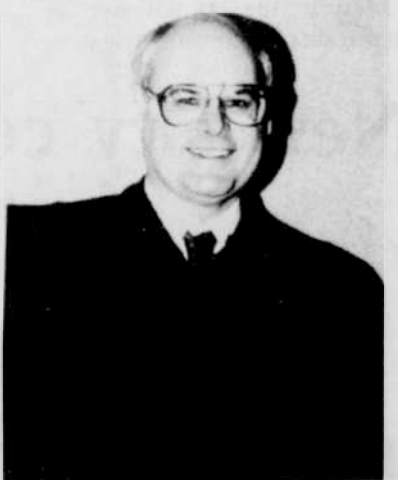
The first step in gout treatment is to provide relief from severe pain. Medicines routinely prescribed for this purpose include *colchicine*, *indomethacin*, and the *nonsteroidal antiinflammatory medicines*. The second step of treatment is to lower body uric acid levels. This is achieved with medicines such as *allopurinol*, *probenecid*, and *sulfinpyrazone*.

## Reception held for Judge Wallace

A reception was held for Judge Jeff Wallace at the Morrow County Courthouse in Heppner on Friday, Jan. 8, in honor of his investiture as district court judge.

Judge Wallace says that he intends to spend about a day and a half a week in Heppner to catch up on the backlog cases in the area, and will spend about three and a half days in Hermiston.

Judge Wallace said that for the first several months, however, cases in his district will be handled by another judge, perhaps Judge Rudy Murgo, because Wallace cannot try cases that he was involved in as Morrow County district attorney.



New Judge Jeff Wallace

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Good through Feb. 28

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