

## Smiths to celebrate 50th wedding anniversary



Lenna and Glenn Smith, Oct. 3, 1942

Glenn and Lenna Smith of Heppner will celebrate their 50th wedding anniversary with a family get-together on Saturday, Oct. 10.

The Smiths were married on Oct. 3, 1942 at Baker. Glenn worked at the mill in Pondosa until they moved to Heppner in

1955. He then worked for Kinzua until he retired in 1986. Lenna worked for the OSU Extension office for 30 years until she retired in 1987.

The couple has two children, Mike Smith and Judy Wright, both of Heppner and three grandchildren.



Glenn and Lenna Smith, 1992

## Lexington Grange meets

By Delpha Jones

Lexington Grange met on Monday evening for the regular meeting with the Master Joe Yocom in the chair.

A potluck dinner was enjoyed after which the charter was draped for sister Hilda Yocom. Louis Carlson, Morrow County Judge, gave a talk on the county's plans for the coming year and gave an update of the past year's activities. Introduced was Joan Griffith, Grange Insurance agent, from Spray who urged insurance members to check their policies, and be sure that they are up to date.

A ballot was cast with Chirella

and Eugene Wallace, and Nella Britt elected to membership. Upcoming activities at the hall in the near future include the Morrow County Historical Society's annual meeting on Oct. 4; Blue Mountain Fiddlers and a spaghetti dinner on Oct. 17 and a Pomona Grange meeting Oct. 24.

It was announced that Kathy (Mrs. Ned) Clark will soon be taking the exams to be the local GMC insurance agent. Special music was provided by Betty Marquardt.

Several people from the area attended the Buchanan-McCabe wedding in Hermiston on Saturday.

## Waterland takes Cross-Country title

A full field of 45 golfers competed in this year's cross country golf tournament held recently at Willow Creek Country Club.

George Waterland shot 76 on the par 68 course to defend his title for the fourth year in a row.

Pete Pearson netted a 71 for his second consecutive low net title. Trophies were also awarded to the first three places in each flight. Results are as follows:

Gross: first-George Waterland 76; second-Dave Gunderson 85; third-Mike Doherty 86; fourth-

tie between Ray Reid and Ron Bowman 87; sixth-a tie between Frank Pearson and John McCabe 88.

Net: first Pete Pearson 71; second-Mark Pointer and Dan Mathews 72; third-Russ Rollis and Tom Sturgeon 74.

Special awards: long drive-Ron Bowman; least putts-George Waterland; KP #1 Steve Rollis; KP second shot #17 Jay Straley #12 Frank Pearson; KP #4 or 10, Ray Reid; high score Gary Ball 127.

## Topic club hears Air Life info

Robanai Disque, team captain for zone 14 of AirLife of Oregon, gave an informative talk to the Ione Topic club at their meeting Sept. 23 at the Catholic church social rooms in Ione. Rose Baker and Eunice McElligott were hostesses.

Robanai explained that because of reciprocal agreements with other services such as Life Flight of Portland and Boise they are able to transport in the area of western Oregon to Boise and Yakima to Alturas, CA.

AirLife now has 10,000 members and has flown over 3,000 patients since it was

established in 1985. At present it has a helicopter and a fixed wing plane. AirLife has been able to pay its own way where some lines have not, said Disque. There are 177 members in Morrow County and individual memberships cost \$45. A newer service has been added whereby ranchers may register with their family and workers' families covered for \$40 each.

The fall money maker for the Topic Club will be a food sale on Oct. 17 which will be held in conjunction with the flea market which will be held in the Ione Legion Hall.

## Retain Fawbush

To the Editor:

Wayne Fawbush's respect and understanding for Eastern Oregon constituents and for the natural resources they manage are valuable attributes at the state capitol.

He is one of several Eastern and rural Oregon legislators who use their knowledge with reason

in an urban dominated legislature. A single vote is not enough. It takes 16 votes in the senate and 31 votes in the house to either pass or prevent legislation. We should retain Wayne Fawbush for both his sound legislative influence and his vote.

Sincerely,  
(s) David Childs  
The Dalles



## Hunters Save Your Hides

Donate your Deer and Elk Hides for the Veterans' Rehabilitation Program

Look for Hide Barrels Around Town

**Heppner Elks 358**  
676-9181 "Where Friends Meet" 142 N. Main

## Lutherans hold Holy Communion

"October 4 is a big Sunday in the life of the Hope-Valby Lutheran parish," says pastor Stan Hoobing. Lutherans will join Christians of other faiths around the world in celebration of Holy Communion. Pastor Hoobings' sermon entitled "God's Grace Transforms Our Bitterness," based on scripture reading of I Timothy 1:12-17 will begin at Valby Lutheran church at 9 a.m. The adult Bible class will begin at 8:15 a.m. The class is studying Sunday morning scripture readings.

Hope Lutheran Church, located near the dam in Heppner will hold its Sunday school and communion service at 11 a.m. Special guests will be John, Penni, Matt and Jessica

Keerseemaker, former Heppner residents who have moved to Pendleton. During the worship service there will be a special farewell and Godspeed service for them. A potluck dinner will be held following the worship service in the fellowship hall in their honor.

The Outreach Committee is busy getting ready for the coming of "The Hallelujah Kids Chorus" from the inner core of Portland. They will be here Oct. 23-25 and share the good news in word and song and tour South Morrow County.

"Members, friends and visitors are always welcome," says Hoobing, "and the coffee pot and tea are readily available."

## BMCC sweatshirt class to be held

Serge or Sew Creative Sweatshirts is a sewing class being offered through Blue Mountain Community College this fall. The class is open to students who have either a serger or conventional sewing machine. Classes will be held Thursday, Oct. 8 from 7 to 9 p.m. and Saturday, Oct. 17 from 8 a.m. until noon at the Heppner High School home ec room.

Students will be making the sweatshirt of their choice for fall or holiday wear, according to instructor Nancy Jepsen. Special

emphasis will be given on using decorative thread for flatlocking and rolled edges on the serger, as well as colorblocking and applique techniques which can be done on a sewing machine.

Cost of the class is \$15 and pre-registration is required. Contact BMCC coordinator Sue Warren 422-7040 to register or call Jepsen at 676-5244 for more information. A class list of supplies and a 15 percent discount on fabrics is available at the Shoe Box in Heppner for those who register.

## Episcopal church plans ingathering

All Saints Episcopal Church will have an ingathering of the United Thanks Offering on Sunday, Oct. 4 at the 10:30 a.m. worship service.

The offering will be presented at the Diocesan convention in LaGrande in October.

## BMCC tie dying class offered

Blue Mountain Community College will offer a tie dying class in Heppner at the Junior High home economics room October 21 and 22 from 3:45 to 5:45 p.m. The class is open to children age 10 and older as well as adults. Younger children must be accompanied by an adult helper.

According to instructor Nancy Jepsen, the students will actually be "dye tying" instead of tie dying. The fabric dye is in different colored string ties that are used, so that no messy mixing of liquid dye is required and it takes just eight minutes in a microwave to complete some of the projects. Three different fabric dyeing techniques will be taught: starbursts, marbelizing and stonewashing.

Tuition for the class is \$10 to BMCC. Each student will also need to purchase a package of "dye ties" from the instructor which is included in an additional \$5 lab fee. This will enable students to dye four different garments that they are bringing. White T-shirts, sweatshirts, or light colored denim garments or fabric pieces are recommended. Students are also asked to bring rubber gloves, rubber bands and wooden spoons or dowels.

Contact BMCC coordinator Sue Warren to register, 422-7040. Registration forms will also be available at the elementary school office. Pre-registration is required.

## Pharmacy & Your Health

**BOARDMAN PHARMACY & HARDWARE**  
202 NW 1st, Boardman  
481-9474 or 481-7351

## Preventing and Relieving Angina Pain

During the mid-1700s the term "angina" was first used to describe chest pain that resulted from exertion and was relieved with rest. Today angina refers to pain which results from a lack of oxygen in the heart. The delivery of oxygen from the lungs to the heart can be interrupted by blockage in heart blood vessels or by vessel spasms. If oxygen demand is great, heart tissue can be destroyed, and might lead to a heart attack.

Risk factors that may contribute to angina include smoking, lack of exercise, obesity, excess stress, high blood pressure, and high blood cholesterol. Bypass surgery may be necessary if lifestyle changes and medicines are not effective in controlling or preventing angina pain. Angina medicines include:

**Nitrates:** Nitroglycerin prevents and relieves chest pain by relaxing the muscles that surround blood vessels in the heart. Nitroglycerin is available as a sublingual (for under the tongue) tablet, oral tablet, oral capsule, ointment, skin patch, and a spray.

**Calcium blockers:** Nifedipine, nicardipine, verapamil and other calcium blockers reduce the demand for oxygen and improve blood flow in the heart.

**Beta blockers:** Propranolol, timolol, and other beta blockers reduce the workload of the heart and thus decrease oxygen demands.

## Cattle Supplements



**Bovalyx**  
Molasses Supplement Tubs  
16% Natural Protein  
250 lb. Tub ONLY \$53<sup>95</sup>

**Rumanaid Mineral**  
All Purpose  
50 lb. \$16<sup>25</sup>



**GREEN FEED & SEED**  
HWY 207 676-9422  
HEPPNER, OR.

**Hardman Community Center's**  
Oyster Feed & Salmon Bake  
Ham Dinner - Homemade Pie  
Saturday, October 3

Dinner 5:30 to 8:30 p.m.  
Cook - Bob Allen  
Adults \$8<sup>50</sup> Children \$4<sup>50</sup>

Hardman Community Center  
Hardman, Oregon