

Central Market one percent program aids non-profit groups

Central Market Red Apple in Heppner is offering a 'cash back' program to the community's non-profit organizations. Red Apple will donate one percent of cash register receipt totals collected by the organizations. Participating in the one-percent program and locations where Red Apple receipts are being collected are as follows:

Senior Citizens, senior citizen hotel and mealsite; Heppner High School Booster Club, Susan Johnston and Martha Munkers; Class of '93, HHS, HHS library; People for the Pool, Heppner City Hall; Hope and Valby Lutheran Churches, either church; and the Neighborhood Center at the center.

Norene Veterinary Hospital

Phone: 676-9656

Office Hours

Mon.....9 a.m. to 5 p.m.
Tues....9 a.m. to 5 p.m. & 7 to 9 p.m.
Wed.....CLOSED
Thurs...9 a.m. to 5 p.m. & 7 to 9 p.m.
Fri.....9 a.m. to 5 p.m.

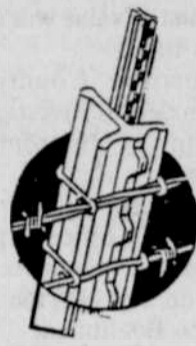
EMERGENCY Service
Saturday & Sunday



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PETTYJOHN'S Farm & Builders Supply
424 Linden Way, Heppner 676-9157 or 676-5001

Heppner Elk's Lodge #358

Hunters' Night

Social Hour 4 p.m. to 6 p.m.

Dinner 6 p.m.

2 Drawings **Mark Your Calendar**
Sept. 24th

- 1 - Tickets Pre-Sold Prior To Hunters Night
- 1 - Tickets Sold Hunters Night
- Drawing #1 - 30-06 Model '70' Same Drawing - Redfield 2x7 scope
- Tickets On Sale NOW: 1¢ to \$5.00
- Get On the "Board" While Tickets Last
- Drawing #2 (Tickets On Sale Hunters' Night)
- 1 - Winchester Model 1300, .12 gauge
- Plus Sleeping Bags-Knives-Ice Chests Etc. - Etc. - Etc.

MENU

'All You Can Eat' BBQ Beef Ribs And Salad Bar with Corn On The Cob

Tickets For 1st Drawing On Sale In Lounge 4 p.m. till closing Wednesday through Saturday

Heppner Elks 358
676-9181 "Where Friends Meet" 142 N. Main

Cards whip Wasco County 46-6



Ione's exchange student Rob Van't Ent handles punting for the Cardinals

The Ione Cardinals opened their 1992 football season with a convincing win over Wasco County, 46-6 Friday.

On offense it was the Cards quarterback David Wagenblast

that did the damage, rushing for three touchdowns. Jerad Ashbeck also scored on a five-yard run in the first quarter.

On the defensive side it was the big Ione linebackers, Deacon and

Aaron Heideman that squashed the Wasco offense. The Heidemans, along with Ryan Halvorsen racked up 10 unassisted tackles apiece.

Photo by Wayne Hams

M.C. Rodeo Court still busy

Even though the Morrow County Fair and Oregon Trail Pro Rodeo have come and gone, 10 very busy young people still have been representing the county.

On August 29, the court traveled to Boardman to participate in their Silver Jubilee parade. Then on September 5, the court and pennant bearers participated in the Southeastern Washington Frontier Days parade in Walla Walla, WA. The court placed first and brought home a beautiful ribbon for their efforts.

September 12 found Queen Jenni, her princesses and all six pennant bearers at the Dress-Up Parade in Pendleton. The court was presented beautiful orchid hat flowers from Mrs. Rosanna King of Pendleton. Mrs King is Princess Staci O'Brien's grandmother. Even though it was a cold, windy evening, the court brought home a trophy for first place, and had lots of fun along the parade route.

The court will wrap up their season at the Westward Ho Parade on Friday, September 18.

Cards split V-ball matches



Photo by Wayne Hams

The Ione Cardinals beat the Helix Grizzlies 15-3, 7-15, 15-1 in Big Sky Conference high school volleyball action last Friday, but then fell to the visiting Wasco County Redsides 15-10, 15-13.

Heppner schools holds open house



Dani McDowell shows her dad Bill a project she has been working on at school. The two were there for the open house held each year at the Heppner grade and middle school.

Parents can come and talk to the teachers and look over the students rooms during the annual event.

Sweek elected ot Oregon Museum board

Marsha Sweek, director of the Morrow County Museum, was elected to the board of directors of the Oregon Museum Association at the organization's annual meeting in Prineville on September 14.

Sweek joins eight other board

members representing the Oregon Historical Society, Bush House, Benton County Museum, the Oregon Museum of Natural History, Deshutes County Museum, the Southern Oregon Historical Society, the Clackamas County Historical Society and the Portland Art Museum on the governing body of the OMA.

Ministerial Assoc. elects president

The South Morrow County Ministerial Association (SMCMA) elected Rev. Lea Mathieu as their new president at a meeting on September 10. Rev. Mathieu is the minister at Ione United Church of Christ.

The SMCMA also welcomed its newest member, Rev. Robert Downey of the United Methodist Church in Heppner, who joined the community in July.

Other business included reports by members Rev. Grace Drake and Rev. Stan Hoobing on their recent community activities.

The SMCMA is a 12 member affiliation of Christian clergy in South Morrow County who work together on common worship and community projects.

Ione Garden Club meets

Ione Garden Club members met Sept. 9 for their first fall meeting at the home of Jean Nelson with Pat Pettyjohn assisting. Plans for the District #10 fall meeting to be held at the Willows Grange Hall in Ione on October 30 were discussed.

Theme for the day will be "Seeds and Pods for Promises and Memories".

Reports on the success of the Morrow County Fair Flower Show were presented. A group of members made plans to attend the Frazier Farmstead Fall Festival at Milton-Freewater Oct. 3.

Get \$300 of free clothing and accessories when you buy a new Polaris before September 30.



As we all know, opportunities move fast. This one is no exception. Take delivery, from dealer stock, of a new Polaris snowmobile before September 30 and you'll get \$300 worth of Polaris WinterWear and accessories,* free. If you go for a new Indy Sport, you'll get \$300 in free goodies, plus a free extra year's warranty. (Until November 30, you can add the same extended warranty to any new Polaris for just \$169.) But you'd better hit the gas—the '93 Indy Storm and Storm SKS sleds are already sold out. All our other hot new sleds, from the 500 and 650 EFIs, to the

Classics and new-drivetrain Indy Lites, are sure to move fast. Dealers have extra savings on remaining '92's, too, if you're quick enough.

Get the best machine, and the best gear, before the snow flies. But hurry. After September 30, this offer will be cut by \$100 a month until all we can offer is a friendly smile.

So see your Polaris dealer, fast. Pick out your favorite sled and free extras. Check out our special extended warranty. And ask about Polaris StarCard financing, the easy, zero-down way to close the best deal of the year.

Then get out there and blow off man winter's boots off.



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202 NW 1st, Boardman
481-9474 or 481-7351

Fever Blisters: Half of Adults Affected

Fever blisters or "cold sores" are fluid-filled blisters that occur on or around the lip or nose. Blisters result from contact with a contagious virus referred to as type 1 herpes simplex virus. The virus, which enters the body most often by way of the mouth or nose, typically infects children before the age of five.

Blisters may or may not occur for many years. The virus lives in nerve tissue and triggers infections (blister formations) during periods of stress or reduced resistance to infection. Typically, blisters become encrusted and heal within one to two weeks without leaving a scar. One reference indicates that about half of all Americans age 20 to 40 have experienced at least one fever blister infection.

While fever blisters cannot be cured or prevented, nonprescription medicines help relieve pain and protect the skin. Protectants such as allantoin, cocoa butter, glycerin, and shark liver oil in emollient creams may help soften blisters and prevent cracking of the skin or crust. Products containing local anesthetics such as benzocaine, lidocaine, camphor, and menthol may reduce lip and nose pain. The Handbook of Nonprescription Drugs suggests that those who "associate cold sores with sun exposure may benefit from the application of a sunscreen or ultraviolet ray blocker in the form of a lipstick."



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