

## Mustangs keep perfect record with 21-8 win over Riverside Pirates

The Heppner Mustangs kept their season record perfect with a 21-8 victory over the Riverside Pirates Friday night, Sept. 11 in Boardman. A quick start and a swarming defense helped the Mustangs get their second victory without a defeat on the young season.

After an exchange of punts, the Mustangs took over on Riverside's 48-yard line. Heppner got a first down and then Chris Dickenson scrambled over right tackle, popped outside and outraced the Pirate secondary to the end zone for a 38 yard touchdown. Dickenson, a 5'11" 150 lb sophomore, gained 82 yards on 14 carries on the evening. Len Brittner added his first of three punts and Heppner led 7-0 with 2:30 left in the first period.

The teams exchanged punts again with Rick Koffler hitting a 50 yarder, pinning the Pirates back to their 15 yard line. Koffler punted for a 39.5 yard average on the windy night. On the third play from scrimmage, defensive end Tony Burt forced quarterback Mark Andreason to fumble and the other defensive end Dwayne Dunaway fell on the ball at the Riverside 26 yard line. Seven plays later junior Kevin Payne ran four yards around the

right end and scored on a diving effort to the goal line. Payne injured his right shoulder and didn't play for the remainder of the game. Brittner added the pat and with 6:26 left in the half Heppner led, 14-0.

The active Heppner defense stuffed the Riverside offense for the remainder of the half. Senior linebackers Shane Munkers and T.R. Riehl led the defensive charge with safety Leonard Brittner shinning in the defensive backfield. The entire defensive front line of Kevin Kilkenny, back from an early injury, Ryan Pence, Ryan Munkers, Dunaway and Burt, worked well as a unit holding the Pirates to only 81 yards rushing in the half, 43 of that on one play.

Most fans thought the half was over and headed for the concession stand when Heppner took over on their own 38 yard line with 28 seconds left in the half. Coach Greg Grant had other ideas. Koffler hit Brittner with a 40 yard pass to wake the crowd up. Halfback Jim Tellechea caught another pass for a 10 yard gain to move the chains with four seconds left in the half. Koffler scrambled right and found Brittner in the end zone as time expired for a touchdown. Brittner

added the pat for a 21-0 halftime lead.

The only offensive fireworks of the second half happened with 3:45 left in the third quarter. Senior Jason Sheadel, 6'1" 222 lbs., The Riverside fullback popped through the line and ran 50 yards for the Pirates' only score of the night. Andreason hit his receiver in the end zone for a two point pat for a final score of 21-8. Riverside threatened once more inside the final minute of play but the Mustangs held on for the well earned victory.

Heppner has this week off before opening CBC play against the Sherman County Huskies September 26 at the Morrow County fairgrounds.

The Mustangs were ranked seventh in the latest coaches 2A football poll and their victory over the 3A Riverside Pirates should solidify their position or move them up.

Senior running back Scott Coe remained on the sidelines with a badly sprained ankle. There is hope that Coe will return in two weeks for the conference opener.

Next week the G-T will have a preview of the CBC race.



Heppner running back Jim Tellechea gains yardage against Riverside. Blocking is Ryan Pence (50 and Shane Munkers (65).

Photo by Joyce Hughes

## Local schools participate in program

Local citizens can pledge to "Turn Down Their Fat-O-Stats" for one day-or a lifetime, Sept. 19-25. During that week local American Heart Association volunteers will coordinate programs at local grocery stores, schools and hospitals aimed at helping consumers find simple ways to lower their fat intake to 30 percent of total calories. Activities culminate on Friday, Sept. 25, when shoppers will be asked to pledge to lower their fat intake by using a self-evaluating quiz.

Grocery stores will be the focus of nutrition education on Sept. 25. American Heart Association volunteers will be in Hermiston stores from 3-7 p.m. to help consumers take the pledge and to distribute posters and stickers to show them how to lower their fat intake.

On Tuesday, Sept. 29, volunteer dietitians from the Oregon Dietetic Association will be on hand to answer consumers' questions through a toll-free Nutrition Hotline, 3-7 p.m. Oregonians can call 1-800-242-8721 for free nutrition information.

Twenty-two Oregon hospitals

and 473 elementary, junior and high schools, including Heppner schools, will also participate in Food Festival by serving heart healthy meals on Sept. 25 and distribute simple ways to lower fat intake. Statewide 59 grocery stores, including 39 Safeways, will feature Food Festival kiosks, pledge forms and educational information.

"People often feel that cooking and eating heart-healthy foods is tasteless, time-consuming and just plain difficult," said an American Heart Association spokesperson. "During Food Festival, our message is that healthy eating can be simple and tasty. Healthy eating can be accomplished by making gradual changes in your lifestyle."

"Statistics show that eating more than 30 percent of your total calories in fat may not work in your favor when it comes to a healthy heart," they said. American Heart Association guidelines for heart-healthy eating recommend that total fat intake be less than 30 percent of calories eaten each day, and that saturated

fat be less than 10 percent of this number. Lowering intake of fats and cholesterol may reduce blood cholesterol—one of the risk factors that, if elevated, can lead to a heart attack.

For a free Food Festival educational packet, call 1-800-242-8721.

## Off the Wall By Marilyn Robinson

Stock dogs are a valuable asset on a cattle ranch. Our dog, Newt, with his motley gray hair, lean frame, sad eyes and long nose, isn't a dog show winner. But he's a natural heeler. And when he is working with our son's border collie, who is a header, they make a formidable pair.

Perhaps these dogs could be listed as "unmarried domestic partners." However they don't ask for a lot of fringe benefits. There are no costly premiums or a deductible for a veterinarian health care plan.

But Newt doesn't have a worry about health care expenses. Since he doesn't own anything and he is not steadily employed, he should be eligible for free care under the welfare system. In a worse-case scenario, he should be treated as royally as any high-bred, well-heeled pooch or the able-bodied, over-qualified welfare taker.

Newt only begs for a few fringe benefits. He's content with a little dog food, a choice morsel or bone, a soft place to sleep and a pat on the head. Some people might consider him homeless since he has an aversion to a doghouse. But he's not defensive about his territory. Quite innocently he's kind to insurance agents and he even likes tax assessors.

He's not the type to wear a rhinestone-studded collar; it's just a stringy old cowhide strap. He wouldn't know what to do with a silky doggy bed made in Korea. And he really doesn't care if the television set is a domestic model or if the pickup radio was made in Japan. Sometimes Newt is on the job by watching for deer that can trample fragile riparian zones or ravish apple trees. The coyotes' howls seem to tell him is those critters have dined on a pheasant entree or a choice bite of calf round steak.

He's a loyal worker that doesn't receive a cost of living pay increase since he isn't a public employee. He doesn't belong to a union that can bargain since his teaching skills are limited to cows and cats. Like the private business sector, I doubt that he understands a system that supports a public employment retirement fund while same taxpayers are not able to do likewise.

With lots of room to ramble, Newt isn't concerned about overcrowding, the growing population of man and dogs or the struggles of young working families. But his family values—today's buzz words—do seem rather narrow. He doesn't seem to care who is living with whom or whether any visiting canines are gay or sad.

As long as his dog pan holds a few choice morsels, he doesn't care if increasing food growing production costs put a higher tab on his chow. Only the wind ruffles his hair, not paying bills and staying in business.

Newt is a very modern dog, however. He is environmentally conscious and he is fully aware of which areas need natural fertilizer. A true protector of endangered species, not once did he molest a cottontail bunny family that shared my garden this summer. And while flopped on his back, like a cast-out worn-out rug, a large ugly toad hopped right over his long nose.

This dog's lifestyle is somewhat lax. But to me, he isn't anymore asleep at the switch than our "do-gooder" law and rule makers—those that spend more efforts on moral issues rather than getting a handle on things that are causing an economic disaster.

## Holy communion "Herstory" to be presented set at All Saints

The Rev. Bob Crum will celebrate Holy Communion at All Saints Episcopal Church on Sunday, Sept. 20 at 10:30 a.m.

Father Crum will be available for appointments on Thursday, Friday and Saturday, Sept. 17 through 19.

Anyone wishing to make an appointment with him may call the church office from 9 a.m. to noon, 676-9970 or 676-5376.



Sheila O'Connell-Roussell portrays Mary

"Herstory," a musical play, will be presented in St. Patrick's Parish Hall, Heppner, Saturday, September 26, at 7:30 p.m. Herstory tells the life of Jesus, through the memories and emotions of Mary near the end of her life. She recounts her firsthand witness to Luke, who writes the events she recalls. Mary's memories are interwoven with personal accounts of other women, such as Anne, Elizabeth, Salome, Mary Magdalen, and others. "Herstory" considers the transformations in the lives of these women as they encounter

Jesus.

This one-woman-show will feature Sheila O'Connell-Roussell, who is a gifted singer, songwriter and playwright. She and Terrie Nichols were co-authors of the script and lyrics. Roger Nichols (Terrie's husband) composed 16 original melodies for this play.

Pie, cake, and coffee will be served at 6:30 p.m. There is a suggested donation of \$5 for tickets, which are available from Murray's Rexall Drugs and the R & W Drive-In.

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