

## Off the Wall By Merlyn Robinson

Like gossip that abounds, Morrow County's air force is a figment of the imagination. And the county's helicopter has a broken rotor-rotor or whatever that thing is that goes round and round on top.

Unlike John Sununu in that higher-up plane, local politicians don't have the clout to recruit the use of a military plane to go to a dentist. Therefore they may have to revert to hot air balloons for long distance travels.

Luckily there seems to be a never-ending supply of hot air in Morrow County that could keep anyone aloft from here to eternity.

Later this month, our elected judge and his wife plan to spend their three-week vacation in Europe. And their combined paychecks, they say, aren't enough to cover the cost of a private jet plane equipped with devices that prevent telephone conversations from being overheard.

These two south Morrow County drylanders don't think that they could manage a canoe across that big pond so they hope to rely on a commercial plane flight. And for some reason Betty Carlson said that for a couple of weeks they could do without that red phone linked to Morrow County's lifeline.

It's been rumored that this county official is going abroad for economic development. And it's true that they plan to look for basic root development there in exchange for tourist dollars. (Just don't tell that Swede he's looking for ancestry in the wrong country.) However, there is a good chance of Betty finding some "Grave-ly" important background in England and Scotland.

While Louie has had a hand at fixing combines I don't think his expertise lies in tinkering with those big birds. But if anything should go wrong he would doubtless be commended to take charge of an emergency situation. He has flown off to various locations in the states to receive mandated emergency management training at federal expense.

And we all know that the government is better at spending dollars towards making plans rather than implementing them—such as a chemical weapons disposal method. And it's only pocket change we're talking about if they decide to change a proposed \$660 million incineration project at the Ordinance Depot.

Barring a tornado caused by a combination of hot and cold internal forces Morrow County should still be here when the Carlsons return. Bon Voyage. And don't forget to bring back a souvenir with those shekles you've been hoarding for years.



Photo by Joyce Hughes

Prom 91 was held at Heppner High School Saturday, April 27 in the high school gym. Court members included Queen Melanie Gates (seated) and King Scott Johnston (center). Princess and Prince left to right were Amy Greenup, Danny Sharp, Bob Krein and Tricia Coe. Prom is a formal dance sponsored by the junior class highlighting the end of the year. It is usually the last big event for the seniors before graduating.

Before prom seven couples enjoyed a full course candle lit meal at the Penland Bed and Breakfast hosted by Larry and Darlene Scroggins. Couples were transported from the fairgrounds to the Penland House via horse and buggy with Joe and Hilda Yocom at the reins. As couples arrived they enjoyed visiting in the parlor and were served a non-alcoholic strawberry daiquiri while waiting for other members of their party to arrive. They were then served a full course meal with spinach salad, chicken dijon, twice baked potatoes, asparagus spears, and flaming cherries jubilee for dessert. While waiting for their return trip to the fairgrounds they enjoyed more visiting in the parlor. And then it was off to dance the night away....

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## Nutri-Kids teach youth about nutrition

If Oregon State University Extension Service has its way, Oregon grade school children will be as familiar with Nutri-Kids as they are with Teenage Mutant Ninja Turtles. OSU Extension specialists and agents are betting that youngsters and their teachers will enjoy letting Nutri-Kids teach them about the importance of eating a balanced diet while also learning something about where food comes from and possible careers in agricultural-related business and industry.

The Nutri-Kids gang of Skybird, Ya'acov, Quinn, Joleen, Marc and Sarena are already leading hundreds of Oregon kindergarten and first grade students on food-related adventures.

"Nutri-Kids Visit Goodeater Farm," for kindergartners, and "Nutri-Kids Visit the Zoo," for first graders, were introduced this year after extensive development and testing in classrooms by students and teachers.

Mike Holroyd, OSU youth specialist, plans to have Nutri-Kids workbooks and teacher guides ready for the second grade this fall. Call "Nutri-Kids Turn Flours Into Flowers," it will introduce youngsters to the world of food processing. Activities include such things as trips to bakeries.

The third grade unit, "Nutri-Kids Go Around the World," which will focus on international foods, is expected to be ready for testing and evaluation this fall.

Extension staff hopes Oregon students can follow Nutri-Kids through the fifth grade. Cutbacks in the OSU Extension Service budget caused by Ballot Measure 5's impact on the state's general fund budget, have cast a shadow on the plan.

Nutri-Kids have already made their debuts in some schools in Coos, Klamath, Lane, Marion, Multnomah and Tillamook counties. The use is slowly spreading. The new nutrition educational materials will be explained to educators attending the Seaside Health Conference in June.

Nutri-Kids teachers guides include a continuing story as well as suggested activities for students to try. Student workbooks are full of games, puzzles and sample recipes which reinforce the nutrition lessons.

For instance, during the pretend trip to the zoo, first graders learn that animals, like people, need a variety of foods to grow and to stay healthy. Students learn that animals eat many of the same foods as humans. "Zippy," the zoo keeper, points out that giraffes eat lots of fruits and vegetables, the same foods that help humans "fight off sore throats and colds."

Specialist Holroyd points out that new nutrition lessons incorporate the Oregon Department of Education health education comprehensive curriculum goals as they relate to nutrition. In fact, Holroyd was a member of the Oregon School Health Education Coalition that helped establish the goals.

## Lexington News

By Delpha Jones

--Leila Palmer entertained recently with a dinner honoring her brother, Bud Marshall and wife, Ramona, of Heppner, who are moving to the Vancouver area. Present besides the honorees were Vilas and Debbie Ropp and Ashley and Lindsey; Alice and Gene Majeske; Mike and Barbara Palmer and Barbie from Ukiah; Danny Marshall and Shane Palmer; and Kenneth and Beulah Marshall, former Lexington residents now living in Washington.

--Charlie Peck has returned to his work in Bend after spending a few days with his parents Fran and Richard Peck.

--Leila Palmer and Joyce Buchanan attended a Past Noble Grand meeting of the Rebekah Lodges in Milton-Freewater.

--Dewie and Carolyn Lovelace from Ontario spent Sunday night with his aunt and uncle, Cecil and

Delpha Jones. They were enroute to Monroe to attend a reception for their daughter, Peggy, who has been named "Teacher of the Year."

--Holly Rebekah Lodge met on Thursday evening for the regular meeting. A cleanup day was set for May 9. The food sale at Del's Market and a card party for May 11 at the hall were discussed. The party will start at 7:30 p.m. with prizes and refreshments. The state presidents visit for June 20 was also discussed. Following the meeting refreshments were served by Joyce Buchanan.

--Recent visitors at the home of Faye Ruhl were her granddaughter and husband, Mr. and Mrs. Scott Epperley and son, Britt, Rick Ruhl, Liz Capone and son, Brian of Roseburg and Steve Stiller of Portland. They were here to attend the wedding of Fay's granddaughter Traci Ruhl of Hermiston to Sam Pollack.

## Plan health choices ahead of catastrophic illness

"You can control what kind of medical care you want when faced with a terminal condition, but only if you act in advance," points out Jan Hare, Oregon State University Extension family life specialist.

Recent court decisions concerning the discontinuance of medical treatment have stressed the importance of making plans in advance and sharing those plans with family and doctors. Hare notes.

New federal regulations, effective Nov. 1, 1991, require hospitals, nursing homes and other health care facilities receiving Medicare or Medicaid funds to give written information to individuals at the time of admission about their rights under state law to accept or refuse medical treatment and the right to formulate advance care directives.

Health care facilities are also required to conduct public education programs about this topic.

"The decision to terminate medical treatment is a difficult one to make," Hare points out. "People do need to think through their decisions carefully and then put them in writing to make sure their wishes

## Ruth Locust to meet

Ruth Locust Chapter No. 32, Order of the Eastern Star, will hold their regular meeting Monday, May 13, at the Heppner Masonic Hall.

All members are encouraged to attend as there will be a draping of the altar ceremony and the election of the 1991-1992 officers. Reports will also be given of visitations made by the members to the neighboring chapters.

The Grand Chapter O.E.S. annual session is scheduled for June 16, 17, 18 and 19 at the Chiles Center in Portland. Invitations and planning information have been received and will be available and ready to give to members planning to attend the session.

have a lesson series reflecting the schools' culturally and ethnically mixed audiences prompted the development of Nutri-Kids. The "kids" reflect the cultural diversity found in today's classrooms. One goal is to have the series translated into Spanish.

Nutri-Kids materials are available for a nominal fee to educators and may be ordered by contacting Carol Bennett, OSU Extension agent in Morrow County, 676-9642.

New information plus a desire to

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Retirement Dinner

Saturday, June 8th, 1991

The Heppner Elks Lodge

6-7 pm - No host cocktail hour

7 p.m. - No host Baron of Beef Dinner

(\$12/person)

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Master of Ceremonies: Mick Tolar

Please RSVP by May 31st

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"Jerry Healy moved and Scott Bauska seconded to approve the levy amount of \$9,086,618 for 1991-92.

Vote: All in favor. Motion passed."

Voting "yes" by name:

Scott Bauska	Clint Krebs
Jim Brewer	Jerry Healy
Dwayne Carroll	Alan Holmes
Bill Doherty	Marcia Kemp
John Edwards	John Prag
Molly Rill	

Voting "no" - none.

Absent members of the budget committee: Mark Lovgren, Jerry McElligott, Dick Nuttbrock.

The above is from the minutes of the February 25, 1991 Morrow County Schools Budget Committee meeting.

Join us by joining the Budget Committee members in supporting the Morrow County Schools Tax Base.

**VOTE "YES" ON THE MORROW COUNTY SCHOOLS TAX BASE.**