

Officers elected



The Soroptimist club is now back in full swing after taking their summer break. Newly elected officers for the 1990-91 year are back l-r: Margo Sherer, treasurer; Jackie Allstott, board member; Judy Wright, recording secretary; front row l-r: Gail Burkenbine, first

vice-president; Marlene Gray, president; LoRayne Bowman, delegate; Joyce Hughes, second vice-president. The club has many activities planned for the fiscal year including the annual Artfactory in December.

Heppner Soroptimists attend District Three meeting

The District Three meeting of Soroptimists was held in Ellensburg, WA, October 5, 6 and 7. Heppner Soroptimist members attending were LoRayne Bowman, Pat Hyatt, Clista Venard and Mary Goheen. LoRayne was the elected delegate for the Heppner club.

The meetings and meals were all held in the Central Washington University complex and Gail Jones, District Three director and the Ellensburg Club had arranged a very professional and educational meeting calling on CWU faculty for the "superb program."

The keynote speaker was Dr. Karen J. Blair, associate professor of history, CWU, her subject being "The Impact of Women's Organiza-

tions on Society and on Women--A Historical Perspective." Sally Thelen of the CWU Health Center gave three programs on handling stress in today's stressful world.

Other faculty personnel on the program were Dr. Joan Mosebar, assistant dean of the School of Business and Economics, and Dr. Kathy Easter, associate dean of graduate studies and professor of art.

Entertainment following the banquet Saturday evening was a one-woman show portrayed by Marion Marx based on the life of Kittitas Valley Pioneer, Narcissus Stonebraker, who lived 1875-1978. "Marx's performance held her audience in almost breathless attention," said a spokesperson.

Seniors assist students in reading

Local members of RSVP (Retired Senior Volunteer Program) are providing a much-needed and much-appreciated service to students at Heppner Junior High School. In response to a request from Linda Shaw, reading specialist at the school, several ladies volunteered to read and record on tape material that students might have difficulty reading.

Textbooks are often difficult for students who read below grade level, and stories and novels studied in literature are often difficult for many students because of advanced vocabulary and complicated syntax. It is very helpful for a student to listen to someone read the material while reading along. The student can

Valby Lutheran to hold special service

Sunday October 21, friends and members of Valby Lutheran Church are invited to attend a special service of Holy Communion at 6 p.m. Immediately following the service will be a potluck dinner in the fellowship hall with a special program on the work of Lutheran World Relief. Pastor Hoobing's sermon will be entitled, "Treat Him Right." It will be based on a scripture reading from St. Matthew 21:33-43.

Those who attended the Harvest Festival at Valby are to bring handwritten letters to be sent to U.S. servicemen stationed in Saudi Arabia. These will be addressed at the dinner hour and mailed the next day.

There will not be any morning Sunday School or worship service at Valby on October 21.

Sunday School at Hope in Heppner will be at 9:45 a.m. and children will have opportunity to visit with the pastor. Communion Service at Hope will be at 11 a.m.

Pastor Hoobing will also be going to Condon for a service of Holy Communion at the home of Jeanette Bisek.

Seniors assist students in reading

then concentrate on the important concepts and can also benefit from practicing accurate reading.

Four members of RSVP who live at St. Patrick's Center responded with energy and enthusiasm. Shirley Haugen, Florence Holt, Irene Schroder and Mirna Toll have been involved in reading short stories (including selections such as "Rip Van Winkle") units in life science, history, and whole novels. In just a few weeks, this group has recorded several hundred pages.

"Because of these ladies' willingness to donate time to help students for whom reading is difficult, many students will have a better opportunity to learn," said a school spokesperson.

Heppner-Florida come together in Cycle III

When friends told Wavel Wilkinson of Heppner to "lock her doors and windows" when the bicyclists from Cycle III came through town, she did what any cautious person would do--right?

Wrong. Wavel promptly volunteered to house two of the cyclists.

What she didn't bargain on, however, was that the couple assigned to her had a nine-week old baby.

The couple, Julie and Lee Mark, and their baby, Hunter, were all the way from Miami, Fla. They had flown to Oregon, rented a van and drove first to Umatilla and then to Pendleton to begin the bike tour. From Pendleton, Julie drove the van with the baby and Lee traveled on bicycle. And when they got to Heppner Wavel and the Marks just sort of fell for each other.

Wavel has since received two notes from the Marks. Following is

an excerpt from their letter to her:

Dear Wavel,
We made it. We could not have had such a great trip if it hadn't been for your wonderful hospitality. Heppner was without a doubt the warmest welcome for all of the riders. Our second favorite was Corvallis.

Hunter loved Oregon and so did we. As a matter of fact we are seriously looking at a parcel of land directly on the Pacific Ocean. Oregon is a real place with real people and we really enjoyed our trip.

My mom and dad met us in Sisters. We had so much fun golfing with Hunter. We also went on to Gold Beach after the ride. Cycle Oregon ended. We took Hunter Salmon fishing. We caught a 20 lb. salmon and we flew it home to Miami. We all enjoyed it. Wavel we will be in touch.

Thanks again for your warm hospitality.

Julie, Lee and Hunter

Locals attend Pendleton training workshop

Betty Carlson, Kathy Clark, Liz Curtis, George Izzett, Kathleen Lowe, Merilee McDowell and Carol Bennett, Morrow County Extension agent, participated in a Parents and Adolescents Can Talk (PACT) training workshop in Pendleton, October 10-11. The workshop was designed to train facilitators for a seven-week program involving parents and children in grades 7, 8 and 9. PACT is a community based family communication program which stresses positive family relationships, respect for others and responsibility for one's own behavior.

PACT is sponsored in Oregon by the Department of 4-H/Youth Development, Oregon State University Extension Service. In Morrow County, the extension office offers PACT in cooperation with community health professionals, educators, ministers and concerned parents.

The goals of the PACT program are to improve communication between parents and children, increase self esteem, improve ability to make decisions, and learn how to resist peer pressure.

The seven-week series will begin Wednesday, January 16. The workshops will be held in Heppner; child care will be available.

For more information contact Carol Bennett, Morrow County Extension Service, 676-9642.

OFF THE WALL

Garbage plague of modern day society

By Merlyn Robinson

Garbage, anything worthless or unnecessary is the plague of our modern-day universe. Now it's even floating around in outer space. What some people won't do to escape increasing garbage disposal rates.

I never used to think in terms of life being one long struggle against being buried by one's own collectable junk. But after a recent stab at being a professional garbage column peddler I look at things a bit different.

For instance, do I really need a dozen pairs of shoes that are trying to jump out of the closet or the strays that are parked where I'm sure to stumble over them during a late night safari?

Maybe its because of such a long dry fall season; everywhere you look something needs to be disposed of including dirt, newspapers and wishful thinking.

My office-bedroom needs a new carpet. But it would take Hercules to remove a large desk, files and stacks of "valuable stuff" not to mention conventional bedroom furniture.

When you buy new articles of clothing, you should throw away an old shirt or two--right? But my miserly thinking deems that cast-offs are too good for the rag bag. And the only way I'd offer them to Goodwill would be to stash them in a black garbage bag and cast that bag at their back door during a very dark night.

Who am I kidding by saving all those mayonnaise jars? I don't really intend to do lots of canning anymore. And it's fortunate that we seldom eat TV dinners or I'd have a stack of aluminum trays equal to my hoard of margarine cartons. It's even a sacrilege in this house to throw away a crust of bread unless it's soaked in grease to be fed to the cats.

Unmovable objects (by me)--such as old vehicles, appliances and other rustables that add a homey touch to the landscape--are a scourge to the countryside. Too bad there isn't a handy machine monster that smashes and grinds them to bits; then one could use that material to fill in the potholes in our road.

Now a days it's necessary to think if materials are biodegradable, a pollutant or just plain hazardous waste. All our garbage becomes a hazard that pollutes our lives and seldom degrades.

I donate paint cans to a bottomless hole that has proven to be a hazard to livestock health. But these cans haven't contained paint with a lead additive as I wouldn't want to poison the badger that started this underground cavern.

It's easy to become a can smasher for recycling purposes. They take less space and its also a good way to take out your frustrations when you can't stomp on the real source of your anger. And around here newspapers get saved and saved--in case I missed something. At least in the days of the shanty way out back, expired catalogs became a recycled necessity.

When I don't find what I forgot I was looking for in the bottom of a well-stuffed closet. I review the tossed-out loot and try to determine if they fall in the PCB category, which to me is "perfectly good cohesive bounty."

Never complain, I'm told, unless one can offer a solution. So I'm promoting a house-cleaning exchange; you come and throw away the stuff I can't seem to part with and I'll ravage your valuable collections.

Grange dinner bazaar Oct. 21

The Willows Grange turkey dinner and bazaar will be held Sunday, October 21 from 12:30 to 2 p.m.

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