

## Hislers participate in State of Oregon games

Shaun, 11 and Annie Hisler, 9, Heppner participated in the State Games of Oregon, Track and Field, July 8 at Mt. Hood Community College in Gresham.

In order to participate in these games, they had to qualify at LaGrande June 17 in Eastern Oregon Competition. The first three places qualified for the state games.

In LaGrande, Annie took three thirds, long jump, 50 m. and 100 m races. Shaun won the shot put, 100m. with a new meet record of 14.0, and tied for second in the 200 m with 30.9.

At Mt. Hood, Annie placed third in the long jump with 10'2 1/4" and was awarded a bronze medal. She also placed fourth in the 50m run in 8.6 and ran the 100m.

Shaun placed fourth in the shot put with 23'. He also participated in the 100m and 200m runs.



Annie Hisler

## W.C.C.C Ladies

June 27

Flight A-Low gross: Harriet Pierson; low net-a tie between Martha Peterson and Lucile Peck; least putts-Lois Hunt and Vern Batty.

Flight B-Low gross: Doll Campbell; low net-a tie between Harriet Evans and Lucile Massey; least putts-Bernice Lott.

Flight C-Low gross-Edie Munkers; low net-Lynnea Sargent. Chip In: Bebe Munkers #12 and Neoma Bailey #17.

Birdie: Verna Brinda No. 13. Mystery number: Mary Beamer. Ladies played with the three clubs of their choice for the first 9 holes.

Coffee house for July and August will be at 8 a.m. Tee off time 8:30 a.m.

### Ladies Flag Tournament June 29th

First-Naoma Bailey; second-Lois Hunt; third-Barbara Gilbert.

Long drive first flight-Barbara Gilbert; second flight-Bernice Lott; third flight-Edie Munkers.

Flag in the ninth hole-Doll Campbell and Harriet Pierson.

First flag planted-Verna Brinda. Chip in-Edie Munkers and Luvilla Sonstegard.

Door prizes: Verna Brinda and Naoma Bailey.

The string tournament will be on July 13.

### Sun Protection Tips

If you spend any time in the sun, the following tips from the sun specialists at Piz Buin® (Peets Bween) Sun Protectants may help brighten your day.

- **Before going into the sun:** Apply a quality sunscreen at least 30 minutes before sun exposure and allow it to dry thoroughly.

- **While in the sun:** Drink at least eight glasses of water a day. This will help replace the essential moisture lost through perspiration. Select a sunscreen that contains moisturizers, such as Piz Buin® Sun Protectants with multiple Swiss moisture complexes to help keep skin soft and smooth. Be aware of reflected sunlight and remember that water magnifies and intensifies the sun's effect.

July 11

Flight A-low gross: Pat Edmundson; low net-Vern Batty; least putts-Harriet Pierson.

Flight B-low gross: Lucille Massey; low net-Bebe Munkers; least putts-a tie between Harriet Evans and Luvilla Sonstegard.

Flight C-low gross: Lil Boyce. Chip in: Betty Rietman #13.

Closest to object on fairway-Luvilla Sonstegard.

Club Championship will be held July 27 with tee off time at 8:30 a.m.

### WCCC Golf

Sunday Men's Play, July 2

Men: first-Larry Pettyjohn; second-Bob Jepson; third-Earl Fishburn.

Women: first-Linda Shaw; second-Pat Edmundson; third-Kristi Smalley.

Putting contest: Men-first-Bob Jepson; second-Les Paustian; third-Frank Bailey; fourth-Les Paustian.

Women-first-Jan Paustian; second-Muriel Palmer; third-Pat Edmundson; fourth-Vern Batty, Muriel Palmer and Bernice Lott.

Forty six people attended Flag Day Tournament.

K.P. Men-Randy Lott. Long drive Men-Howard Gilliam; women-Linda Shaw.

Gross: first-Don Lott; second-John Edmundson; third-Randy Lott. Net: first-Russ Rollis; second-Roy Martin; third-Larry Pettyjohn.

Frank Pearson-Putts; Barry Munkers-long drive; John Edmundson-K.P.

- **After being in the sun:** Cleanse your skin frequently but gently. Moisturize your face and body every day immediately after showering... before completely dry... while pores are still open.

Remember these tips to help keep your skin beautifully protected.



Be sure to apply sunscreens where reflected light can reach.

## St. Patrick's Senior Center Bulletin Board



Dr. Wolff's sudden death has cast a shadow of sadness over us all. He was so much a part of us, a member of our Senior Center Board of Directors, always present for our meals, active in all our events, his calm good judgement and helpful suggestions, his generosity, and always his inimitable wit which would crack us up in laughter, even at terse moments. Some remember on the day of our grand opening he explained why we had decided not to serve alcohol in our center by comparing people to cucumbers and pointing out that "once a cucumber is pickled, it will never be a cucumber again." The ways in which we will be missing him are immeasurable. We are thankful that he came by our way.

**This week:** Thursday at 9 a.m. - "Morning Meditations" in the sitting room with Rev. Grace Drake. At 7:30 p.m. in the sitting room, Women of Hope group with Jane Rawlins hostess.

Friday at 9-11 a.m. Coffee time in the rec/sitting room. Come and chat.

**Next week:** Wednesday, July 19-regular noon luncheon. Menu: tuna-macaroni casserole with cheese topping, coleslaw, French bread, green beans and raw apple cake. At 1:30 p.m. the joint meeting of the Board of Directors and the Nutrition Site Committee in the office. This was changed from last week so the Area Director, Charlie Briggs could be present. Important meeting.

Thursday: 9 a.m. - "Morning Meditations" with Reverend Grace Drake in Rec. room.

Friday: 9-11 a.m. regular coffee hour in the Sitting room.

The Senior Center Board announces the election of John Wood as the new treasurer. Have you seen the new microwave oven in the kitchen? This was chosen by Gladys Connor from memorial contributions in honor of her husband Frank. The Nutrition Site Committee is placing metal memorial plaques on items purchased from memorial funds.

Do you agree with the following idea: "Age is a state of mind over matter. If you don't mind, it doesn't matter?"

## Nifty, Nifty



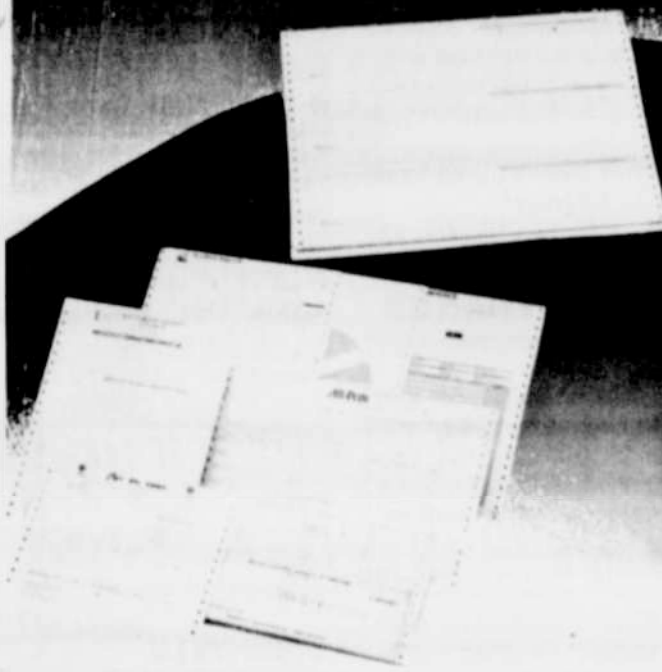
LOOK WHO'S 50

# Do YOU need

Custom Designed & Printed Computer Forms?

Well...

# ...We've Got them!



Whether for single or multiple part checks, Invoices, Sales Analysis, General Ledger Reports, Purchase Orders, Payroll Registers or any number of other applications, we can meet your special needs!

Call Us Today!

Heppner Gazette-Times  
147 W. Willow  
Heppner, Oregon 97836  
676-9228

# BEAT THE HEAT

• WITH A COOL DEAL •

**BONUS BUYS** **MENNEN AFTA**

- 3 ounces
- Regular or fresh scent

**\$1.99**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **COLGATE TOOTHPASTE**

- 4.5 oz. pump
- Original flavor

**\$1.69**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **BANANA BOAT TANNING Lotion**

- 3 ounces

**BABY SUNBLOCK no.29** **\$3.59**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **HOYLE PLAYING CARDS**

- Poker or Pinochle
- Plastic coated

**\$1.69**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **ECOTRIN**

- 60 maximum strength tablets
- 75 regular strength caplets
- 50 maximum strength caplets

**\$4.99**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **THE FIRST YEARS TEETHERS**

- Cooling teether
- Soft bear teether

**99¢**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **ANACIN-3**

- 60 tablets
- Maximum strength

**\$3.89**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**BONUS BUYS** **EXCEDRIN**

- 100 tablets
- Safety sealed

**\$5.19**

Coupon expires 7-31-89. Cash value 1/20 of 1\*

**Murray's Drug** INC.

217 North Main Heppner 676-9158