

# Food poisoning and pregnancy may be deadly

Heppner Gazette-Times, Heppner, Oregon Wednesday, July 12, 1989 - SEVEN

Food poisoning can be deadly during pregnancy, says Carol Bennett, Oregon State University Extension agent in Morrow County.

Although young and middle-aged women may be able to eat unsafe food without severe consequences, food poisoning during pregnancy can result in death of the fetus. Like other high risk groups including the elderly and persons with cancer, pregnant women should take special precautions to make sure that their food is safe to eat.

Careful handling of raw animal products is important for prevention of food poisoning. Salmonella, Listeria, and other harmful bacteria

live in the intestinal tracts of animals. These bacteria can be present on the raw meat, poultry, seafood and eggs that we buy. Eradication of all harmful bacteria is simply not possible.

Education of consumers is the key to prevent spread of dangerous bacteria. It's important to wash hands and utensils with soap and hot water for 20 seconds after handling raw animal products. Work surfaces should be washed with soap & hot water followed by disinfection with a dilute chlorine and water rinse, (3 Tbs. bleach in 1 quart of water).

Thorough heating of raw animal products destroys bacteria that may be present. Pregnant women should

avoid raw or rare meat, undercooked poultry and seafood, and runny eggs. Cold smoked fish (such as lox) should also be avoided because bacteria that are especially harmful during pregnancy may not have been destroyed during processing.

When purchasing milk products, pregnant women should look for pasteurized milk, cream and cheese. The heat of pasteurization destroys Listeria bacteria which have caused deaths of fetuses in food poisoning outbreaks.

In general, heating foods before eating is a good safeguard during pregnancy, says Carolyn Raab, OSU Extension foods and nutrition specialist. This includes vegetables such as carrots and potatoes as well as precooked foods such as deli meats and shellfish.

If using a microwave oven, make sure that heating is adequate to kill harmful bacteria. Microwave cookery leaves cold spots that could be havens for bacteria. Use oven cooking bags to ensure even heating of meat and poultry. Check manufacturer's directions for power level and both cooking and standing time. Rotate foods during cooking and check for doneness before eating.

Foods must be handled with care after cooking as well. Temperature control is a safeguard to prevent food poisoning. Perishables foods should not be held at room temperature

longer than two hours. Refrigerate leftovers promptly. This includes foods such as cream pie, sliced turkey, baked potatoes and pasta salad.

"There's no substitute for proper temperature control. The toxin formed by Staphylococcus bacteria isn't destroyed during normal cooking procedures. That means you can't always rely on reheating to make mishandled foods safe to eat," Bennett explains.

Remember temperature control when bringing home any take-out food or "doggy bags," too.

By cleaning, cooking and cooling food safely, pregnant women can lower their risk of getting food poisoning from home-prepared meals.

You can learn more about preventing food poisoning by requesting the free booklet "Prevent Food Poisoning" PNW250 from the Morrow County Extension Service 430 Heppner Lexington Hwy., (Petty-john office building), Heppner, 676-9642.

## PUBLIC NOTICE

Notice of Public Auction Sale  
Under the authority in Internal Revenue Code section 6331, the property described below has been seized for nonpayment of internal revenue taxes due from Wesley Renzema, 6980 SW Dale, Beaverton, OR 97005. The property will be sold at public auction as provided by Internal Revenue Code section 6335 and related regulations.

Date of Sale: July 20, 1989.  
Time of Sale: 9:00 a.m.

Place of Sale: On the Wesley Renzema property on Highway 207 approximately 1 mile south of the Umatilla National Forest southern boundary in Wheeler County, Oregon, and approximately 5 miles north of Spray, Oregon. Watch for signs.

Title Offered: Only the right, title, and interest of Wesley Renzema in and to the property will be offered for sale. If requested, the Internal Revenue Service will furnish information about possible encumbrances, which may be useful in determining the value of the interest being sold (See the back of this form for further details.)

Description of Property:

- 1) Calkins CFC hydraulic field cultivator with 4 sections of 30" drag behind tire tooth harrows;
- 2) Caterpillar D4, Serial #7U22270, with tool bar #4, Serial #74C213, and with Balderson blade (less hydraulic rams) model BA4K, serial #57417;
- 3) 6 sections of spring tooth and hitch;
- 4) International Harvester hydraulic 6 bottom plow, model 70;
- 5) 20" hydraulic disk;
- 6) 36" Doepker power take-off rod weeder;
- 7) John Deere hydraulic 4 bottom plow;
- 8) Allis Chalmers tricycle wheel tractor, serial #4560767-G, with home made trailer;
- 9) Caterpillar D9G dozer with ripper, serial #50G108, and with hydraulic lift and angle blade, model #D9G 64 2694;
- 10) 2 new 18.4x30 6-ply tube type rear tractor tires with tubes;
- 11) 1979 Honda 50 cc trail bike, serial #AB02-5015671;
- 12) Honda 75 cc trail bike;
- 13) Yellowstone Cavalier travel trailer, 15 foot serial #0001829 Oregon license #R519934;
- 14) Graham Hoeme plow, model K, serial #34277;
- 15) antique buck rake;
- 16) International Harvester drill;
- 17) electric Devilbiss air compressor, type UDNT5024, serial #D3937;
- 18) 1983 Honda Fox 250 RXL dirt bike, serial #MD0304DM102232, CA license #6X6471.
- 19) odd lot of equipment including, a) John Deere model 95H, serial #10745, with detached header, b) 4 wheel drive Oliver dual wheel tractor, model #5043-5221, serial #4D-12004,
- c) Chevrolet 6500 truck, OR license #F47-146,
- d) John Deere 55 w/ht detached header.

Property may be inspected during Open House July 19, 1989 between 12:00 noon and 2:00 p.m. at the Place of Sale described above.

Payment Terms: Full payment required on acceptance of highest bid. Successful bidders should be prepared to remove their property at the conclusion of the sale.

Form of Payment: All payments must be by cash, certified check, cashier's or treasurer's check or by a United States postal bank, express, or telegraph money order. Make check or money order payable to the Internal Revenue Service. Cynthia M Protheroe Revenue Officer  
Date June 30, 1989

Address for information About the Sale P.O. Box 110, Pendleton, OR 97801. Phone 503-276-3811 X262.  
Published: July 12, 1989



# FILTERS

★ Tractor ★ Truck  
★ Oil ★ Air ★ Fuel  
Cab Filters

HYDRAULIC HOSES made to order

**Heppner Auto Parts** 

676-9123 148 E Center Heppner  
Make it NAPA BRAND new!

## PUBLIC NOTICE

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR MORROW COUNTY

In the Matter of the Estate of MABEL VEY, Deceased, PR 89-16

NOTICE TO INTERESTED PERSONS

Notice is hereby given that the undersigned has been appointed and has qualified as the Personal Representative of this estate. All persons having claims against the estate are hereby required to present the same, with proper vouchers, within four months after the date of first publication of this Notice as stated below, to the Personal Representative at: Kottkamp & O'Rourke, P.O. Box 490, Pendleton, Oregon 97801 or the claims may be barred.

All Persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the Court, the Personal Representative or the attorneys for the Personal Representative.

Dated and first published July 12, 1989

Robert Schiller  
Personal Representative  
Star Route  
Echo, Oregon 97826  
Robert E. O'Rourke  
Attorney at Law  
331 S.E. 2nd  
P.O. Box 490  
Pendleton, Oregon 97801  
(503) 276-2141  
OSB No. 61062  
Published: July 12, 19 and 26, 1989

## PUBLIC NOTICE

There will be a regular Port of Morrow meeting on July 12, Wednesday, at 3 p.m. at the Port of Morrow office.

Published: July 12, 1989

## PUBLIC NOTICE

OREGON CIRCUIT COURT FOR MORROW COUNTY

Probate Department

In the Matter of the Estate of

Staci L. Wise Deceased.

No. 89-PR-11

NOTICE TO INTERESTED PERSONS

Notice is given that the undersigned has been appointed and has qualified as the personal representative of the estate. All persons having claims against the estate are required to present it, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the personal representative at the offices of Kuhn and Spicer, 269A N. Main Street, P.O. Box 428, Heppner, Oregon 97836, or they may be barred.

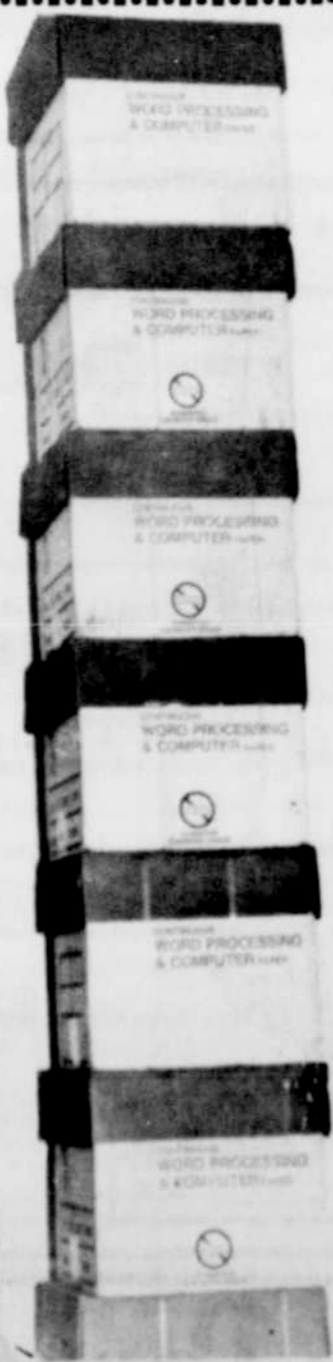
All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative or the attorney for the personal representative.

DATED and first published July 5, 1989.

Wesley V. Wise and Linda D. Wise  
Personal Representatives  
Rt. 2 Box 154  
Irrigon, OR 97844  
Published: July 5, 12 & 19, 1989

We Have Computer Paper

\$29.82



Gazette Times  
676-9228

Roy Drago, Sheriff  
Morrow County, Oregon  
By: Pauline Winter  
Chief Civil Deputy  
Published: July 5, 12, 19 and 26, 1989

## PUBLIC NOTICE

The Morrow County Court will hold a public hearing on Wednesday, July 19, 1989, at 10:00 a.m. at the Morrow County Courthouse Annex Building in Irrigon, Oregon. A public hearing will be held on the following:

A public hearing to consider a change of zone from Small Farm 40 to Rural Service Center in Township 4 North, Range 25 East, Section 10, tax lots 3000, 3302, 3300, 3205, 3201, 3100, 3204, 3202, and 3206, all within the Urban Growth Boundary of the City of Boardman adjacent to the Port of Morrow Interchange.

Interested persons are invited to the hearing to express their views. Written, signed statements will be considered. Reasons for approval or disapproval should be included in written or oral statements.

Louis Carlson  
Judge  
Morrow County  
Published: July 12, 1989

## PUBLIC NOTICE

The Morrow County Planning Commission will hold a public hearing on Monday, July 31, 1989, at 7:30 p.m. at the Courthouse Annex Building in Irrigon, Oregon. A public hearing will be held on the following:

Application by Virginia Sannar, Irrigon, for a hardship variance to place an additional dwelling in a Suburban Residential Zone located in Township 5 North, Range 26 East, Section 24, tax lot 2504.

Interested persons are invited to attend the hearing to express their views. Written, signed statements will be considered. Reasons for approval or disapproval should be included in written or oral statements.

Kent Goodyear  
Chairman  
Morrow County Planning Commission  
Published: July 12, 1989

## 2 NOTICES

Pregnancy Crisis?  
Free pregnancy test and confidential counseling at 240 S.E. 2nd St., Hermiston, Mon. Wed. Fri. 10 a.m.-4 p.m. 24 hour telephone, 567-0888. 3-1-tfc

**NEW MOVIE RELEASES**  
New Supplier!  
Bigger Selections!  
Del's In Lexington

## 4 HELP WANTED

ATTENTION - HIRING! Government jobs - your area. \$17,840 - \$69,485. Call 1-602-838-8885. Ext. R 12315 7-5-4p

Part time weekend waitress. Could work into full time in the fall. Apply in person at Beechers Restaurant in Lone. 6-28-tfn

HELP WANTED: Full time waitress wanted. Please apply at Beechers. 7-12-tfc

Medical transcriptionist needed for clinic full or part time. Send resume or apply in person to Pioneer Memorial Hospital 564 E. Pioneer Drive, Heppner, OR 97836. EOE/AA. 7-12-1c

HELP WANTED: Grain accountant with some grain merchandising. Must have accounting experience or training and be able to work well with the public. Good salary and fringe program. Morrow County Grain Growers 989-8221. 7-12-2c

Needed: volunteer for Pioneer Humane Society in Heppner. If three of you would form a committee, one to give out your personal phone number, one to hold animals and one to do errands, we could establish a branch in Heppner and serve you better. Call Rose Hoosier, president, PHS, 449-3256. 7-12-1c

HOME WORK - SPARE TIME  
Paint lovely miniature toys, earn \$20 set. No experience necessary. Amazing recorded message reveals details. Call anytime 1-900-456-4567, Ext. 7302 (cost \$1 minute). 7-5-2p

## 6 WANTED

WANTED: Two good ranch horses for pleasure use. We'll board free year round, possible purchase, 676-9818. 7-12-2c

WANTED: Balloon tire bicycles. Schwinn, Elgin, Huffman, etc. I'll pay top dollar. 989-8100. 7-5-2c

Wanted: 4 dark-wood captain's chairs to match Queen Anne table. 422-7402 8 a.m. - 3 p.m. (Sheila) 7-5-4c

Buying antique motorcycles, jukeboxes, slot machines, store fixtures, backbars, showcases, coke machines. Please call 1-286-3597. 7-12-8p

## 7 RENTALS

FOR RENT: 3 bdrm mobile large shop, 595 S. Court 475-2814. 6-14-tfc

FOR RENT: 1 & 2 bdrm apartment 515 N. Elder. Equal opportunity housing - call 676-9421 or 473-2959. 4-12-tfc

FOR RENT: large 3 bdrm house, electric/wood heat, large yard, good location, needs references. Available August 15, 676-5233, \$350/mo. plus deposit. 6-28-4c

FOR RENT: 2 bdrm, 1 bath apt. in Lone. Nice, clean and modern. With garage. \$290/mo. 422-7404 or 283-6065. 6-28-tfc

**EVERGREEN TERRACE APARTMENTS**  
Scenic View Directly Above Pioneer Memorial Hospital  
676-5120

Nestle into a cozy 2 or 3 bedroom apt. with patio and storage shed, energy efficient heating, carpeting, drapes and blinds, appliances, laundry and telephone facilities. Water, garbage and sewer paid. Rent based upon income.

Rent Starting at \$226.00

E.H.O.

## 1 CARD OF THANKS

Special thanks to Joyce Hughes, Shawna Wilson and Paul Sumner for being the Heppner T-Ball coaches. You gave our children lots of fun and good memories this season. You were great!  
(s) Happy T-Ballers

I would like to thank all my family and friends for their cards, flowers and help during my recovery from open heart surgery. Special thanks to Sid & Cindy Kennedy and sons Jim and Coleman. Thanks to Doctor Ed, for I probably would not have known anything was wrong with me until too late. We are really a lucky community to have Dr. Ed and Dr. Jean. Thank you.  
Jim Bloodsworth  
7-12-1p

I would like to thank all my good neighbors, friends and family for making my 60th birthday a special time in my life. Special thanks to my children who make having children a special reward in life. Thank you.  
Bob Kilkenny  
7-12-1p

Thanks for the trip to Hawaii. You are great step kids. Good speech Russ.  
Mary Kilkenny

P.S. Thanks for the new road Judge and crew, it needed it. 7-12-1p

Many thanks from Faye Ruhl and family to the many people who were there to help during our grass fire. Especially John Boyer with plane and Leonard Munkers and equipment. We appreciate our friends and neighbors especially at times like these.

Faye Ruhl  
7-12-1c