

Parent quest is for Jr. High parents

by Mindy Nix
The first of a series of "Parent Quest" meetings was held October 6 at Columbia Junior High in Irrigon at 7 p.m.
Parent Quest is an opportunity for parents to share their experiences and learn how to better understand their junior high age children.
Self confidence was the topic at meeting one. Parents looked over the nine-week course outline for the O.V. class at Columbia, which is taught by Renee Bowling and discussed the challenges of raising their 10-14 year old children.
The nine-week course includes

topics such as building self-confidence, through communication, how to accept their changing emotions, improving peer relationships, strengthening family relationships, decision making skills, and setting goals for the future.
Students obtain a better understanding of their emotions and learn better communication skills, with an emphasis on skills. The class does not teach values and everything is discussed in general terms, it doesn't get personal.
There is a lot of literature available about the program and parents are welcome to check out the student handbook or look through the

A date has not yet been decided upon for the next meeting, but flyers will be sent home with the junior high students and notices will be put in the papers.
All parents are urged to attend these meetings, it will help you better understand what exactly it is that growing children deal with these days and maybe bring back old memories of when you grew up.
Topics to be discussed at future meetings include: improving communication skills, solving family conflicts, with love and limits, and how to talk to your child about drugs.

Boardman • Irrigon News

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AC Houghton receives nutrition award



By Joyce Hensley

(L to R) Judy Smythe, and Joyce Gordanier, assistant cooks; Cheryl Hobbs, head cook; Lynda Perkins, and Delores Pummel, assistant cooks and Rachelle A. Bagley, program

manager for Child Nutrition Programs for the Oregon Department of Education. Members of the award winning cooking team not shown, Marie Partlow and Samie Griffin.

Colvett wins written contest

By Mindy Nix
Columbia Junior High now boasts an award winning English department. Mr. John Colvett, who teaches the seventh and eighth grade Language Arts classes, was one of the four \$50 winners in the Teachers as Writers Contest this year.
Any Oregon teacher was eligible to enter the contest, and with the increased interest this year, winning was an even greater honor for Mr. Colvett.

He will now have to read his story to the writers at the Beach Conference this month.

The short story titled "Ashes" was about this potter who was asked by a woman to glaze a plate with the ashes of her dead brother, who was killed rescuing his wife and child from a burning house. The potter is hesitant about doing the job, but when it's completed, the plate comes out beautifully, but to his dismay, his wife unknowingly sells the plate before the woman can pick it up.

Mr. Colvett grew up in Paris, Arkansas, where he first started his writing career, writing for a small town newspaper.

He attended college at Arkansas

Tech, where he received a degree in Journalism and wrote for the college newspaper. He continued his education at the University of Montana, where he studied to become a teacher.
He has entered various writing contests, and is currently writing book reviews for the Montana newspaper, The Missoulian.
Writing is "more than a hobby" to Mr. Colvett. He would like to spend more time writing, but his teaching and coaching takes up much of his time.

Mr. Colvett has taught at Columbia for only two years, where he is not only teaches, but also coaches the seventh grade football team. His classes are now organizing a school newspaper, so he will have the opportunity to share his talent with his students.

He is looking forward to entering next year's Teachers as Writers Contest. Contestants that win twice are then eligible to enter the Masters Competition, which is something he hopes to someday accomplish.

Mr. Colvett, and his wife, Phyllis, reside in Umatilla. They have no children, but Colvett replied, "we have a cat named Daisy."



By Mindy Nix

John Colvett

RHS holds open house

By Mindy Nix
On Monday, October 3, Riverside held their annual Open House.

The turnout was great this year, with many parents attending to observe their students activities.

Many students were involved in the Open House this year. National Honor Society members acted as "tour guides" to lead parents around

the building, and show them where certain displays were.

Entertainment was provided by the Riverside Band and Choir.

Such events occurred as a bronze por for sculpting, a demonstration of the layout process the Riverside Review goes through each issue, and a Spanish demonstration.

Refreshments were served by the cheerleaders, and provided by the Riverside cooks.

Willow Run golf winners listed

Following are the results of the 1988 Little Breeze golf tournament held at Willow Run Executive Golf Course September 17.

First place Rose Kegler-Nancy Brown; second-tie Eva Wilkins-Sally Dyer and Carol McQuilkin-Casey Frederickson; fourth Emma Docken-Maureen Redenbough and fifth Lorrie Phillips-Nancy Fellows.

Champions for 1988 are Rose Kegler and Nancy Brown. KP's no. 7 Casey Frederickson, no. 14 Carol Campbell, no. 18 Verrae Taylor.

Results of the 1988 West Wind Invitational held in Boardman September 10 and 11 are as follows: 1st, Ron Gray-Darin Nelson; 2nd Paul Donovan-Doug Nelson; 3rd (T) Gordon Lienau-Nels Nelson and Phil Rabb-Gary Graham for gross and net was 1st Ron Daniels-Carroll Donovan; 2nd Oscar Shoemaker-Gary Alexanian; 3rd Chet Phillips-Terry Phillips; 4th (T) Wayne Kuhn-Rod Flug and Jerry Donovan-Dave Boltz.

KP's Wib Akers Award No. 7 Paul Donovan; Roy Ball Award No. 16 Dick Lowry; Lois Peterson Award No. 9 Dan Empens; Phoebe Hayes Award No. 18 Ray Barrett. Pay balls for the first time this year; No. 1 birdie, Jim Swenson-Ralph Noe; No. 2 eagle, Jim Stanton-Kenny Stanton; No. 10 birdie, Bill Dyer-Bob Alford; No. 11 eagle, Tony Foote-Howard Good; No. 12 birdie, Gene Allen-Clayton Allen; and Sunday No. 5 eagle, Lee Docken-Pat Shannon.

Club co-champions for the men are Gordon Lienau and Jason Michael; low net, John Sallee.

Ladies co-champs are Sally Dyer and Casey Frederickson; low net, Carol Campbell.

First Night Tournament held Friday, September 23 had 35 players. The winners are as follows: first, Jim Harper, 2nd Clara Harper, third, Dave Pedro; fourth John Sallee and fifth, Don Benson.

VOTR endorses Timms and French

Voters for Oregon Timber Resources (VOTR) has endorsed Senator Eugene Timms and Rep. Ray French for re-election to the State Legislature.

Sen. Timms and Rep. French received the endorsement because of their 95% and 100% cumulative voting records on forest related issues during the past two legislative sessions.

VOTR is a non-profit statewide organization of people who depend upon the forest products industry for their livelihood, according to VOTR president Vicki Shaylor. Prior to every election, VOTR members and supporters review incumbent voting records and research candidates in state legislative races. "Our endorsements represent our selection of candidates who will work for a healthy forest products industry and a healthy Oregon economy," Shaylor said.

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