

Quality care received at Nursing home

To the Editor:
As readers of the Gazette-Times you are, without doubt, aware that this is National Nursing Home Week, and that special events are taking place every day to bring attention to the work and service of the nursing home in our community. We may think of a nursing home as a place to receive basic physical care only. I would like to point out that it is a community within a community whose commitment goes far beyond physical care alone, to create an environment which seeks to fill mental, psychological and spiritual needs, as well. The surrounding community can assist in the challenge to keep the nursing home community from being isolated from, and almost unrelated to the locality where it is. You may begin by attending one or more of the planned events, and becoming more informed about the overall program carried out by all levels of staff. It is OUR nursing home. Many of us will - and any of us is likely to - spend time there, not because we choose to, but because our mental or physical condition may indicate that we need the level of care which only a nursing home is able to provide.

Why do we suggest that the nursing home is its own community and that it may be a place of isolation? For some one who becomes sensitively aware of the environment of the nursing home, it is a place where time seems to stand still. So conditioned are many of us to the busyness of everyday living and the converging of many schedules, that we let ourselves be frustrated by the change of pace. To visit some one in the nursing home may mean that you shift gears, to become aware of their place in time and relate to it. You may be able to bring them "up to your date" or you may not.

The gift a visitor brings to someone in the nursing home is primarily the gift of his or her presence - the reassuring sound of their voice - a hug - touch - a kiss

- or holding hands for a while. Voice and touch are primary avenues of communication.

Most of us expect a particular response from others to know we are heard or appreciated. For some who are residents in nursing homes, a usual response is beyond their capability to give. The only gift they have may be their very helplessness. Few of us have been psychologically prepared to feel that another's helplessness may be a gift, but it is.

A young man in my last parish spoke to me, self consciously, about the attention he was giving his mother, who was nearing the completion of her life. Did it do any good? Did it really help? Was it useful? Was he just in the way? "Larry," I said to him, "you now have the opportunity to do for your mother some of the things she has not let you do in the past. She has not received favors easily, even though she has been doing favors for others all her life, often at her own expense." His face lit up with relief and understanding as he replied. "You are right; I haven't thought of it that way; you've helped." His mother died in a few hours. He accompanied her transition in a beautiful way.

I have been a frequent visitor at nursing homes in a number of communities over the last dozen years - LaGrande, Twin Falls, Idaho Falls and others. I would like to say, unequivocally, that the teams who create the community and environment of care at Pioneer Memorial Nursing Home are TOPS. I commend them - the maintenance people, housekeepers, food service, medical, nursing-care staff, clerical and administrative personnel, the activity planners and directors of the volunteers, all have contributed to making our nursing home a high quality place. Many thanks to them all - they are a source of pride for our community.

Sincerely,
The Rev. Grace E. Drake
Volunteer Chaplain, PMNH
United Methodist Pastor, retired

HHS boys relay triumphs over Wahtonka

By Jason Dougherty
The Heppner Track team attended the CBC track meet in The Dalles last Saturday, May 7.

Duane Ball took first place in the high jump and was also part of the second place 400 meter relay team and third in javelin.

Jason Dougherty took first place in both the 110 meter high hurdles and the 300 meter hurdles. Bryan Padberg also took first in the 800 meter run while Gene Lancaster placed first in the shot-put. The boys

long relay took first place with a time of 3:35, shocking the number 1 ranked Wahtonka boys relay team.

Jennifer Currin captured first place in the girls 400 meter dash and was part of both the long and short relays.

This coming Friday and Saturday the Heppner track teams will be attending the district meet in Umatilla to decide on who will go to the state track meet on May 20 and 21.

The meet Friday begins at 3:30 p.m.

Heppner teams fare well at tourney

Heppner fared well in the BMCC three on three volleyball tournament held May 7 at the Mac Center in Pendleton. Heppner's number one team, Nance Wright, Sandi Turner and Tami Lindsay captured second place out of the seven participating teams in the tourney. Heppner won

nine out of the twelve games played during the long day. Benton City, Wash. was the repeat champion in the tournament. Also playing for Heppner was a younger team consisting of Nikki Brisbois, Michelle Wallis and Amy Greenup.

HHS golf team



Will Martin putts at a recent golf match in Heppner. Photo by Joyce Hughes

South Morrow County Ministerial Association

by Father Tony Bullman

When someone becomes a Christian, wrote Paul, he became a brand new person inside. He is not the same anymore, a new life has begun (2 Cor. 5:17). In fact, Paul was so excited about this that what he really was saying was this "If anyone is in Christ - NEW CREATION!". Here is something to shout about. Some feel this newness immediately.

"It's like starting all over again."
"I never realized what a difference it would make."
"I was a new person altogether."
"I feel like a complete beginner with a new outlook."
"I have just woken up to life."
"I have felt a completely different person."
"My whole world has changed."

These are some of the expressions people use when they have come to know Jesus Christ in their own personal life. For others the experience of this newness is much more gradual, though nonetheless real. Never worry if your experience is not quite the same as someone else's. God deals with each of us as individuals, and different personalities are bound to react in different ways.

What then happens when a person commits his life wholeheartedly to Christ? I'll talk about that next month.

Father Tony Bullman,
All Saint's Episcopal Church

Frohnmayr asks for continued support

To the Editor:
Once again I ask for the support of Oregon voters to continue my service as Attorney General. In the last four years my office helped bring a successful conclusion to the Raneesh episode in central Oregon. We secured guilty pleas to serious felonies and obtained restitution to hundreds of poisoning victims in the largest criminal investigation in Oregon's history.

I have worked to recover child support for mothers and children, helped protect thousands of consumers against fraud perpetrators, and recovered hundreds of millions of dollars owed to the state or to the Oregon public.

My vow has been to give Oregon the finest department of justice in the nation. With the help of talented career professionals, this promise is now a reality.

The fights against illegal narcotics trafficking and the tragedy of child abuse are at the top of my agenda of unfinished business. I seek your sup-

port at the polls and genuinely welcome communications to me by Oregon citizens about their ideas and concerns.

Sincerely,
(s) Dave Frohnmayr
Attorney General



Mark Moeller catches a throw to second base as he attempts to make an out for the rookie Dodgers team. Photo by Joyce Hughes

DOCTORS ON CALL AT PIONEER MEMORIAL HOSPITAL

May 14 & 15 Dr. Thiessen
May 21 & 22 Dr. Koznek
May 28 & 29 Dr. Diehl
June 4 & 5 Dr. Thiessen
June 11 & 12 Dr. Thiessen
June 18 & 19 Dr. Diehl
June 25 & 26 Dr. Williams

Appointments to see the doctor on weekends may be arranged in advance by calling 876-9133
Appointments will be charged as office visits.

May Tanning Special

10 Sessions for \$30
15 Sessions for \$40
(To Be Used by June 15)
For appointments weekdays or weekends call...
Jill Struckmeier - 676-9441

Willow Creek Little League

Saturday, May 7

	W	L
Giants	1	0
Braves	1	0
Dodgers	1	0
Rangers	0	0
Indians	0	1
Cubs	0	1
Angels	0	1
Giants 8	Angels 7 (7 innings)	
Dodgers 21	Cubs 15	
Braves 10	Indians 6	

Tee Time

Tuesday Ladies Day
May 3
Low gross, A flight: Ann Cutsforth, flight B-Jo Pettyjohn.
Low net, flight A: Eileen Padberg; flight B-Verna Brinda.
Long drive, flight A: Jan Paustain; flight B-Jo Pettyjohn.
Other awards: Team best ball: Susan Johnston, Ann Cutsforth, Lucille Peck.
Chip ins-Cam Wishart No. 9; Verna Brinda No. 5.
Least putts, flight A: Lois Hunt; flight B-Luvilla Sonstgard.

Wednesday Ladies
Low gross-Vern Batty.
Low net-Harriet Batty.
Least putts-Mary Beamer.
Chip in-2-Mary Beamer.

You Read It In:

The OREGONIAN, ARGUS OBSERVER, TIMES-HERALD, BLUE MOUNTAIN EAGLE, The OREGON CATTLEMAN.....

✓ "MODERN DAY PAUL REVERE"..... "DREWSEY RANCHER BOB CARPENTER".....
(Argus Observer, June 18, 1986)

✓ "BURNS RANCHER BOB CARPENTER HAS ALMOST BEEN A ONE-MAN FORCE BATTLING THE CLASSIFIED DRIVERS LICENSE LAW IN OREGON. HE HAS DRIVEN, FLOWN, TESTIFIED, AND SPOKEN ACROSS THE STATE... ALL THIS HAS BEEN AT HIS OWN EXPENSE"
(Argus Observer, June 9, 1986)

✓ "A SALUTE TO BOB CARPENTER... WHOSE DRIVE, PERSISTANCE AND FINANCE GOT THE EFFORT OFF THE GROUND AND FOCUSED PUBLIC ATTENTION ON THIS COSTLY LAW"
(Ray Markgraf, Pres. Oregon CowBelles, Oregon Cattleman, July-August, 1986)

✓ "IT WAS BOB CARPENTER AND SONS LANE AND STORM... WHO RESPONDED TO THE CALL FOR HELP WITH 3 BELLY-DUMP TRUCKS... AT THEIR OWN EXPENSE THEY HAULED 37 LOADS OF ROCK TO THE (SENECA) AIRSTRIP SITE"
(Blue Mountain Eagle, John Day, November 12, 1987)

✓ "HARNEY COUNTY RANCHER DECLARES WAR ON WHAT HE CALLS, "GOVERNMENT BY BUREAUCRATIC EDICT."
..... "OREGON REP. DENNY JONES (R-ONTARIO) SUPPORTS CARPENTERS VIEW"
ARGUS OBSERVER, MAY 2, 1986)

✓ "NO SENATOR SHOULD BE AFRAID TO VOTE "NO". IT IS FAR MORE IMPORTANT TO STOP BAD LEGISLATION THAN TO PASS ANY LEGISLATION BECAUSE NO BILL CREATES HARDSHIP ON PEOPLE UNTIL IT BECOMES LAW"
(Bob Carpenter, Argus Observer, Feb. 11, 1987)

✓ "FINALLY, AND VERY LARGELY DUE TO ONE MAN'S SUPER HUMAN EFFORT, PETITIONS ARE BEING PREPARED TO BRING SB 213 BEFORE THE PEOPLE OF OREGON... "WE SALUTE BOB CARPENTER FOR HIS EFFORTS."
(Argus Observer, June 19, 1986)

✓ "OREGON MAN GOING SKY HIGH TO BATTLE NEW RULES FOR ROAD"
(Headlines) The Oregonian, June 18, 1986)

Who Else Do You Know Who Works For You Like This?

Bob Carpenter

He'd Make A Great Senator!

Paid For By Bob Carpenter For Senator Committee, Broken Hubble Ranch, Drewsey, 97904

