Dr. Floyd Turnbull

Chiropractor opens Heppner office

Dr Floyd A. Turnbull, a Hermiston chiropractor, has opened an office in Heppner and will see patients Tuesday and Thursday afternoons, from 2 p.m. to 7 p.m. For appointment, call 676-5141. Dr. Turnbull's Heppner office is located at 128 W. Willow at the same location as optometrist Dr. Robert Rolen.

Dr. Turnbull has made arrangements with Pioneer Memorial Hospital for x-raying patients. He decided to bring his practice to Heppner two afternoons each week, he said, because 10-15% of his practice was from this area already and he thought it was important to bring care to the people needing it.

Defiant

Portland rock band slates concert

Defiant, a Portland rock band, has slated a concert March 17 at 6:45 p.m. at the Heppner Junior High School Gym. Band Members, from left, include: Clay Harms, drums and vocals; Jim Matneared, keyboard and guitar vocals; Larry Thunderer, bass guitar and vocals; and T.J. Tibbits, lead guitar and vocals. Tickets for the concert are available for $4 at Heppner Bowl and Charlie's Pizza, and at the door for $5. Proceeds from the concert will benefit the Heppner Junior Bowlers.

An autograph party will be held from 4 - 6:15 p.m. upstairs at Charlie's Pizza the day of the concert.

Grade schoolers to raise money for heart association

Nearly 100 Heppner Elementary students will hop, skip and jump their way to healthier hearts on March 19, while raising money for the American Heart Association's reasearch and community education programs.

Teacher Lea Calvert will coordinate the event, which will be held in the school gymnasium.

Besides helping to generate money for AHA's hearth-health programs, students preparing for this eighth national Jump Rope for Heart event are also learning to keep their own hearts fit through aerobic exercise. If done regularly, rope jumping can improve circulation, relieve stress, enhance self esteem and control weight.

Last school year, 108 elementary and middle schools raised more than $183,000 during Jump Rope for Heart events throughout Oregon. More than 145 Oregon schools are expected to participate in Jump Rope for Heart this year.

Each jump rope participant collects pledges from sponsors who contribute to local AHA programs based on the amount of time each team jumps rope.

Co-sponsored by Oregon Alliance for Health, Physical Education and Dance in Oregon, the event demonstrates the advantages of lifelong regular physical exercise and helps students and teachers work together toward a common goal.

50 years is not so old,
Lady you're not ready to mold,
So there's a bit of gray to see,
You're still the heart of our family

We love you,
Faith, Wayne, Shawna, & Mel

Lots of fun at pancake supper

Trevor and Macy Rhea enjoy some dancing at the Shrove Tuesday Pancake Supper held last week at All Saints Church in Heppner.

Rodeo dates set

An organizational meeting was held by the Morrow County Rodeo Committee to elect new members and to get plans made for the 1987 Morrow County local and NRA shows.

The dates set for 1987 performances are August 21-23. The Morrow County local rodeo will be Aug. 21. The slack at 4 p.m.-show will begin at the traditional 7 p.m. The open shows will be on Saturday and Sunday with each performance starting at 1:30 p.m.

New members were voted in by the existing committee. They are: Gate Director-Wayne Evans; Grounds Director-John Moyer; Awards Chairman-Mike Proctor. Existing members are: Chairman-Dick Turrell; Court Director-Mickie Madison; Publicity-Gail Papineau; Stock Director-Donnie Papineau; Barn Director-Arnie McClure; Concessions Director-Chris Marston; and Race Director-Dave Reikkola.

The Committee still is in need of a secretary and a dance chairman. Anyone interested in joining the committee may contact Dick Turrell. There's a lot of work and planning involved in putting on a good rodeo, but the satisfaction is worth it, says a Rodeo spokesperson.

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Saturday, March 14th.
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$3.25
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Charlie's Pizza & Video World
Gardner's Men's Wear
R&W Drive-In

NUMBERS WILL BE POSTED ON SATURDAY, MARCH 14 ONLY