Lexington News

By Delpha Jones 989-8189

-:-Joseph Papineau, small son of Mr. and Mrs. Jay Papineau spent several days last week as a patient in Pioneer Memorial Hospital.

-:-Cecil and Delpha Jones were Portland visitors last week. They were attending business at the Grange Insurance office and State Grange offices.

-:-Dick Rice recently underwent major surgery in Eugene, but is reported improving.

-:-One of the older homes, the John Edwards house has been torn down, the lot cleared and foundation ready for a new mobile home.

-:-Jean Nelson recently returned home from a visit in Palm Springs, with Mrs. Erling Thompson. While there the former Lexington Dinner Club held a reunion and dinner at the home of Mr. and Mrs. Don Hatfield. Others present were:Harold and Marjorie Beech,SunCity, Ariz; Jack and Martha Barak of Hermiston who are visiting there; Kenneth and Lucile Peck of Lexington; and Roy and Juanita Martin of Lexington.

-:-Etta Millet has been visiting in Lexington and Heppner. She has spent some time with her sister Emma Peck at Pioneer Memorial Hospital Nursing Home. Mrs. Millet makes her home Garden Grove retirement Center in Roseburg.

-:-Mr. and Mrs. Clay Papineau are the parents of a daughter Chrystal June-born at Community Good Shepherd Hospital in Hermiston. The young lady weighed 8 lbs. Grandparents are Mr. and Mrs. Ray Papineau of Lexington.

-:-Word has been received by friends that former residents Mr. and Mrs. Ernest Christopherson are now in business in Mid Columbia Supply Comp in The Dalles. They resided in Union before moving to The Dalles.

-:-Let's not forget the Rebekah card party on Saturday. This is the last of the series of six held during the winter.

-:-Lexington residents were saddened to hear of the death of a former resident Alice Palmer Harrison. She was the daughter of Nellie Eskelson Palmer and Lawerence Palmer. She received her early education locally graduating from high school in Lexington and going on to a teachers profession. Most of her married life was spent in the Cascade Locks area before returning to her home in Boardman. She was preceeded in death by her husband. A son and family, Mr. and Mrs. Bob Harrison live in Lexington.

-:-Stephen Klinger visited in Lexington on Sunday from his home in Colorado.

-:-Gerry and Sue Messenger from Portland, and Franklin and Gloria Messenger from Aloha were Lexington callers at the home of their parents Mr. and Mrs. T.E. Messenger.

-:-Cecil and Delpha Jones visited the officers training session and GWA meeting at State Line Grange Sunday afternoon. Plans were discussed for the dinner to be served at the state session in Hermsiton.

-:-Mr. and Mrs. Jess Cox from Seattle visited on Friday at the Truman E. Messenger home. Mr. Cox is a nephew of the Messengers.

-:-Holly Rebekah Lodge met on Thursday evening for a regular meeting. Plans for initiation were discussed, which will be Thursday, March 5. It was announced that Leila Palmer will entertain the PNG Club on March 4. Refreshments were served by the host committee Luella Taylor and Kathy Tellechea.

-:-Mr. and Mrs. Glen Hayner of The Dalles visited Wednesday at the home of Truman Messenger.

-:-Dixie Kay Ruckman and Daughter Juanita of Hermiston and Mrs. Ray Eckles of Pendleton were Lexington callers Sun. They visited with Mrs. Ruckman's grandmother Emma Peck at Pioneer Memorial Nursing home.

Heppner places four on all star teams

Four members of Heppner's basketball teams earned placement on this season s Columbia Basin Conference all-star teams that were announced at the conclusion of the District 7-A tournament last Saturday.

Heppner's boys team placed Wayne Wilgers on the first team and Duane Ball and Bryan Padberg received honorable mention.

For the girls team, Missy Eubanks, a first-team pick was the only Heppner selection.

Wilgers, a senior, and Eubanks, a senior, were first team all-stars a year ago while Ball, a junior, and Padberg, a sophomore, were first time picks.

Wilgers was the only second time first team boys selection on a team that included Mike Blevins and Russell Richards of district champions Umatilla; Bill Martin of district runner-up Sherman County, and Randy Iverson of Wasco County.

Joining Eubanks as second time first team selections were Karen Doherty of Pilot Rock and Lindy Porfily of district champion Stanfield.

Others receiving first team recognition were Heather Hummell, another member of Stanfield's district championship team and Anji Jorstad.

Wilgers finished second in the CBC in scoring, fourth in rebounding and eighth in free throw percentage.

Padberg and Ball were fourth and sixth resepctively in the league in assists. Padberg also tied for second in free throw accuracy and is among the top 15 in scoring.

Eubanks led the league is scoring, rebounding, and steals. She was also second in both field goal and free throw shooting and was the top girls voter getter for the all-star teams.

Below is a look at the three all-star teams for both the boys and girls.

Boys

First Team

Wayne Wilgers, 6' 1" sr., Heppner; Mike Blevins, sr, Umatilla; Russell Richards 6' 1" sr, Umatilla; Randy Iverson, 5' 10" sr. Wasco County; Bill Martin, 6' 3" jr. Sherman County.

Second Team

Tracy Fields, 5' 11" sr., Sherman County; Mike Griffin, 5' 9," sr, Riverside; Dusty Grogan, 6' 1" jr., Stanfield; Jamie McCall, 6' 1" jr. Pilot Rock; Jeff Kiesien, 6' 3" jr. Wahtonka.

Honorable Mention

Duane Ball, 6' 1" jr, Heppner; Bryan Padberg 5' 8" so., Heppner; Bing Gaston, 5' 10" sr., Riverside; Mark Erickson, 6' 1" sr., Weston-McEwen.

Girls

First Team

Missy Eubanks, 5' 9", sr., Heppner; Heather Hummell, 6' 0" sr., Stanfield; Lindy Porfily 5'8" jr., Stanfield; Anji Jorstad 5' 8" so., Umatilla; Karen Doherty, 5' 9" sr., Pilot Rock.

Second Team

Kim Kiser, 5' 4" sr., Wahtonka; Liz Bothwell, 5' 7" jr., Sherman County; Kelli Long, 5' 8" jr, Weston-McEwen; Janelle Cappe, 5' 7" jr. Wasco County; Lisa Mack, 5' 9" jr., Riverside; Penny Coulforth, 5' 5" so., Umatilla.

Honorable Mention

Debby Blais, 5' 3" sr., Stanfield; Lelanola Pope, 5' 11" so.; Robin Baldwin, 5' 9" sr., Pilot Rock.

Nutrition is individual's responsibility

"Teach the mother good nutrition and the whole family will eat well" used to be the rule. In the past, it was enough to teach the person who was responsible for preparing the family meals. Now the food selection responsibility belongs to every individual not to any one member of the household.

March is National Nutrition Month and this year's theme is good nutrition: A Personal Choice. Before one can be responsible for making choices that lead to good nutrition, there must be a knowledge of what the body needs and where those nutrients are found.

While new information is being uncovered, the basics of good nutrition remain the same. Eat a variety of food. Maintain a reasonable weight. Rely on food for the necessary nutrients. Over consumption or elimination of any food group or nutrient may lead to poor health.

Because nutrition has become very profitable, individuals must learn to discern truth from half truth. Remember that anyone who has a product or service to sell may tell only part of the story. You must be able to learn the rest of the information on your own.

When you hear about new products or ideas that promise good health, ask for a second opinion from an individual who is professionally trained and will not profit from the sale of the product or idea. Gather as much information as you can from several different sources. To make a good choice you need to list the alternatives, evaluate them in terms of standard information, your lifestyles and goals and then select the best alternative for you. Good nutrition is indeed your personal choice.

Bowling

Koffee Kup Kaglers

	Won	Lost
The Pyts	27	13
Beecher's	25	15
The Gutter Dusters	22½	17½
M.C.G.G.	22½	17½
The No Pin Hitters	18½	21½
The Hi Ho's	15	22
The Hopefuls	15	26
The Dings	13½	26½

High game: Cindi Doherty 232.

High series: Cindi Doherty 545.

High team game: The Hi Ho's 589

High team series: The Pyts 1625.

Splits converted: Jan Pinkerton 5-10, Janet Beamer 5-6, Cindi Doherty 5-10, Ellen Rollin 5-5-10, and Iris Campbell 5-10.

Sportsmen

February 24

	Won	Lost
Central Market	27	13
TJ's Cutters	26	14
Peterson's	25	15
Les Schwab	20	20
Lee's Proofreaing	19	21
Gardner's	18	24
Bud's Pub	14	26
Black Mt. Elect.	13	27

Splits converted: Marcia Anderson 5-10, Jackie Allstott 5-6-7-10, and Kerry Pettyjohn 4-5-7.

High game: Babe Mankers 198.

High series: Inga Curtis 547.

Thursday Night Ladies

February 26

	Won	Lost
Depot Nursery	17½	10½
Kinzua	17	11
Bark n Chips	16	12
B.P.O.E.	14	14
J&J Ceramics	13	15
B&C Repair	12	16
Ray Brown, Inc.	11½	16½
Country Row	11	17

Splits converted: Sandy Bennett 5-6, Sandra Halvorsen 5-8-10, Della Henderson 2-7, Marie Rudisill 5-10 and 4-10.

High game: Marie Rudisill 200.

High series: Doll Campbell 568.

Dime a Dozen

February 22

	Won	Lost
No. Six	26	10
No. Eight	21	15
No. Seven	19	17
No. Two	18	18
No. Five	17½	18½
No. Three	17	19
No. One	16	20
No. Four	9½	26½

Splits converted: K. McRoberts 5-10.

High game: P. Pinkerton 202 and A. Padberg 191.

High series: P. Pinkerton and R. Smith 543, and A. Padberg 519.

High team game: No. Two 788.

High team series: No. Two 2212.

Dime a Dozen

February 15

	Won	Lost
No. Six	22	10
No. Eight	19	13
No. Seven	18	14
No. Three	17	15
No. Five	15½	16½
No. Two	15	17
No. One	14	18
No. Four	7½	24½

Splits converted: J. Tasers 4-5, R. McRoberts 5-10, 5-7, and 9-7, R. McRoberts 5-10, T. Wilson 5-6, T. Greenup 4-7-10.

High game: R. McRoberts 209 and Billie Doherty 200.

High series: R. McRoberts 563 and B. Doherty 538.

High team game: No. Two 753.

High team series: No. Six 2180.

FENCING-LUMBER SPECIAL

1X10 #3 Pine .20¢ L.F.
1X12 #3 Pine .25¢ L.F.
Pressure Treated
8 ft. 4X4 $3.95 ea.

LEXINGTON LUMBER
989-8586

HAPPY 17th. BIRTHDAY "AUNT GROBYN"
Love
Adam & Kiel

HAPPY BIRTHDAY B.J.

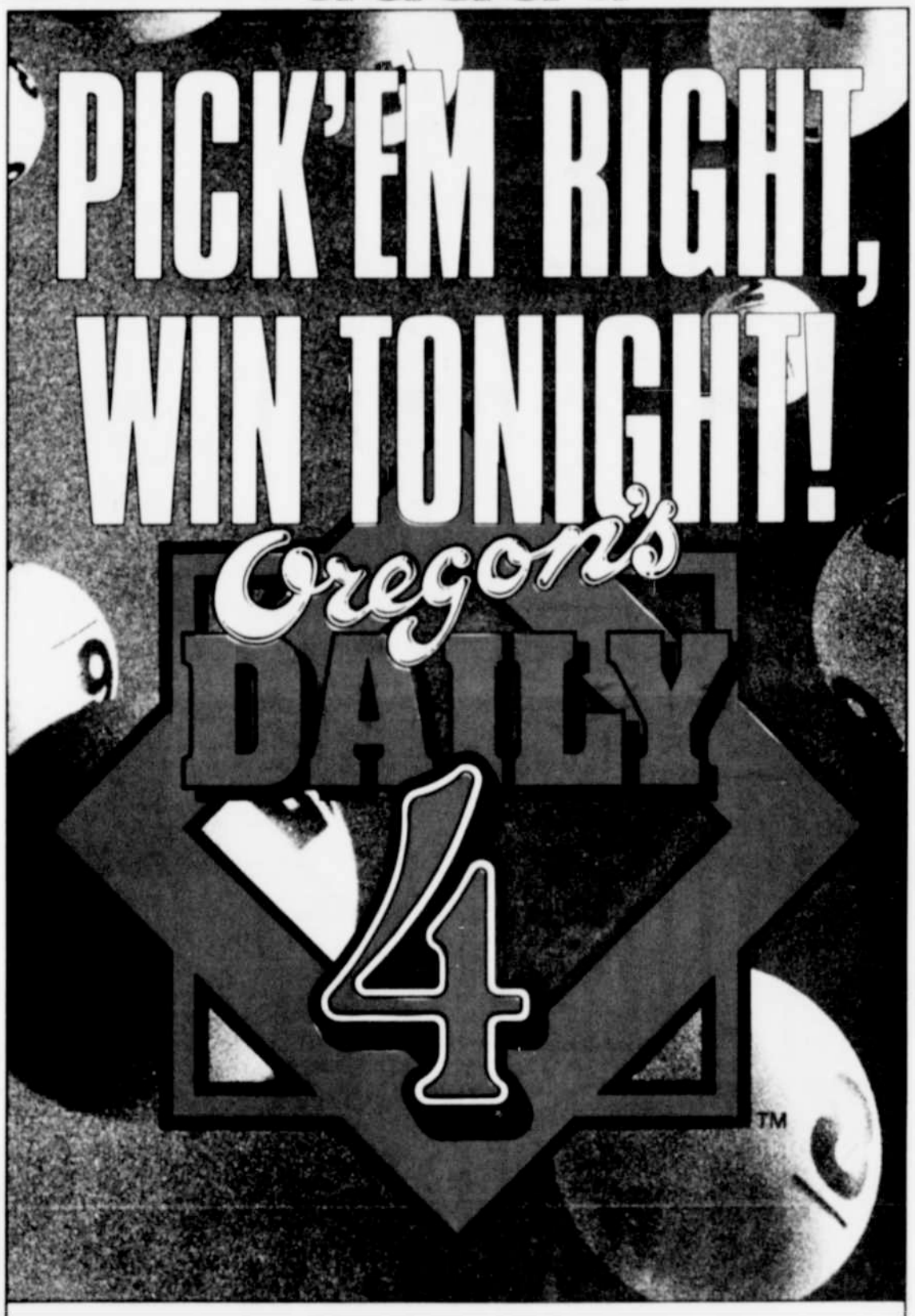
From The Gang

Robert D. Rolen, Optometrist
ANNOUNCES
The Relocation of His Office to...
128 W. Willow, Heppner
as of February 17, 1987
676-9465
Vision Exams
Contact Lenses
Every Tuesday & 1st & 3rd Fridays 9 a.m. to 5 p.m.

4th. Annual Machinery & Vehicle AUCTION
April 4th. 1987
Triad Auctioneers
Bettencourt Auction Service
Frank Bettencourt & Associates
consign right away!
Star Rt., Arlington, Oregon 97812, (503) 454-2541
OAA Insured Bonded
call (503) 454-2541

Dr. Floyd A. Turnbull, D.C.
Chiropractic Physician
ANNOUNCES
The Opening of His Heppner Office at...
128 W. Willow, Heppner
as of March 3, 1987
676-5141
Chiropractic Health Clinic
Tues. & Thurs. 2 to 7 p.m.

Check Out Our New Spring Shoes!!
Bright colored canvas sport shoes (high tops too!) for girls by La Cross.
New leather sport shoes from "Cherokee", "Soft Spots",and "Asics" for women.
SHOE BOX
676-5241



The Oregon Lottery has a new 4-number game you can play for money. Oregon's Daily 4.

You can play it every day on the same machine that you play Megabucks-Lotto. And you can win thousands of dollars playing it.

To play, just pick four numbers from 0-9 in any combination — 1492 or 2001, for example. If they match, in exact order, the four numbers drawn that evening by the Lottery, you win (see chart).

It's that simple.

You can play up to six days of Oregon Daily 4 on the same ticket. And how much you win depends on how much money you play, and how many numbers you match.

For each amount played:	Match all 4 in order. You win:	Match first 3 or last 3 in order. You win:	Match first 2, middle 2, or last 2 in order. You win:
$1	$1,500	$100	$5
$2	$3,000	$200	$10
$3	$4,500	$300	$15
$4	$6,000	$400	$20
$5	$7,500	$500	$25

Odds of winning Oregon's Daily 4 are 1 in 36 for each dollar played.

Go for the money. Play Oregon's Daily 4 today. If you don't, you could be out thousands.

OREGON LOTTERY TM

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