

Community Calendar

Nutri Nibblers resume meetings

The Nutri Nibblers (nutrition club) will resume meetings on October 6 at 7 p.m., after disbanding for the summer. The meeting will be held in the general purpose room of the Seventh-day Adventist Church at 560 N. Minor in Heppner.

The subject will be Nutrition to Prevent Heart Disease, presented via videotape by Dr. U.D. Register, chairman of the Nutrition Department of the Loma Linda University

School of Health. Also, by way of videotape, there will be a Fun with Natural Foods demonstration, which the group will incorporate into practical use during the evening's refreshment time.

Anyone interested in practical ways to prevent heart attacks by a program of nutrition that actually helps the heart do its work better is welcome to attend.

Grand Master to visit local I.O.O.F.

Grand Master James Eddy of the Oddfellow Lodges of Oregon will pay his official visit to Willow Lodge No. 66 and Lexington Lodge No. 168 on Wednesday, Oct. 8.

All Oddfellows and Rebekahs are urged to attend the Heppner meeting. A 6:30 p.m. dinner provided by Sans Souci Rebekah Lodge No. 33 will precede the evening's program.

Seniors collect items for Oct. 18 sale

By Justine Weatherford

Paul Jones is the chairman of the committee of senior men who are collecting articles to be sold at the county fairgrounds on Saturday, Oct. 18, to bring funds needed by the Heppner Senior Mealsite for furnishings for a new location the seniors are hoping to acquire. Other committees are working diligently on the decisions needing to be arrived at pertaining to a future relocation of the mealsite.

Anyone who has furniture or other miscellaneous articles to donate for this annual Senior Sale should call one of the following men who will see that the donation is picked up and hauled to the fairground: Clayton Ayers - 676-9933; Ray Boyce - 676-5384 or 676-9625; Bill Cox - 676-9497; Paul Jones - 676-9972 or Everett Keithley - 676-5525.

School community potluck planned

The Ione School Cardinal Club is sponsoring a school community potluck and teacher reception on Monday, Oct. 6 at 6:30 p.m. in the school cafeteria.

All community members are encouraged to attend and are asked to bring a hot dish, salad or dessert. New families in the community are particularly welcome to come and meet community members and school staff.

Garden Bugs plan bulb sale

The Harvest Day Celebration sale was reported as a success.

Bertha Sager is the club's newest member.

A bulb sale will be October 10 and 11 from 10 a.m. to 4 p.m. each day. Over 1000 bulbs will be offered this year. Pie and coffee will be served.

Garden Club will meet at Margie Ball's home in October.

Ruth McCabe gave a very interesting talk on wild berries.

Guest Phyllis Henderson won the door prize.

The Lexington Garden Bugs met for a regular meeting at the home of Eula Bloodworth. Those present were Luella Taylor, Dorothy Burcham, Lois Allyn, Marie Steagall, Delta Huber, Delpha Jones and guests Phyllis Anderson and Ruth McCabe.

It was announced that the Garden Bugs won a blue ribbon for their booth at the Morrow County fair, receiving 92 out of a possible 100 points. The club also won three blue and two red ribbons for flowers from Friendship Park.

District garden club plan meeting

The Blue Mountain District of the Oregon Federation of Garden Clubs will meet on Thursday, Oct. 16, at the Senior Citizens Center in Irrigon. Cece Slocum, district chairman, will preside at the fall meeting.

Registration will begin at 9 a.m. Luncheon will be served after the morning session.

Neighborhood Center October Calendar

- | | | |
|----|----------------------|------------|
| 1 | Adult & Fam. Serv. | 9-30-12 |
| 2 | Thurs. Social Crafts | 1-4 |
| 6 | Adult Hi. Sch.-GED | 4-7 |
| 7 | Tops | 7-10 |
| 9 | Adult Hi. Sch.-GED | 4-7 |
| 9 | Sec. 8 housing | 10-12 |
| | Thurs. Soc. Crafts | 1-4 |
| 13 | Adult Hi. Sch.-GED | 1-4 |
| 14 | TOPS | 7-10 |
| | Cheese Dist. | 1-4 |
| | Adult Hi. Sch.-GED | 4-7 |
| 15 | Adult & Fam. Serv. | 9-30-12 |
| 16 | Thurs. Social Crafts | 1-4 |
| 17 | WIC | 10-12, 1-3 |
| 20 | Adult Hi. Sch.-GED | 4-7 |
| | TOPS | 7-10 |
| 21 | Adult Hi. Sch.-GED | 4-7 |
| 23 | Thurs. Soc. Crafts | 1-4 |
| | Sec. 8 Housing | 10-12 |
| 27 | Adult Hi. Sch.-GED | 4-7 |
| | TOPS | 7-10 |
| 28 | Adult Hi. Sch.-GED | 4-7 |
| | BMEDC Mtg. | Pendleton |
| 30 | Thurs. Soc. Crafts | 1-4 |

30

Lexington News

By Delpha Jones 989-8189

Holly Rebekah Lodge met for a regular meeting on Thursday evening with a potluck dinner for Oddfellows and Rebekahs at 6:30 p.m., followed by the birthday gift exchange. It was announced that the first card party of the season will be October 4 at 8 p.m. It was also announced that the Garden Bugs will have the fall bulb sale at the hall October 10 and 11. Pie and coffee will be served. Next meeting will be October 2 at 8 p.m.

Jean Nelson and Delpha Jones were The Dalles visitors on Monday.

Jean Nelson attended the flower school in Pendleton a couple of days this week.

Mr. and Mrs. Ed Hudson from LaGrande were visitors at the C. C. Jones home last week.

Dorothy Burcham spent several days last week at the home of her son and his wife, Mr. and Mrs. Mike Burcham in Pendleton.

Leila Palmer, Creth Harris, Birdine Tullis and Delpha Jones attended the Home Extension lessons on Indian Culture and aging parents at the Yellowhawk Clinic in Pendleton. These are training sessions for lessons to be given in the local communities. Extension is starting for the fall and visitors and new members are welcome.

Hear 'n Their

By Eva Hamlett 422-7557

By Eva Hamlett

Lewis Buschke flew to Orlando, Florida on Sept. 17 to attend a reunion of the 16th Battalion of the Seabees. Joining them were the Marines from the Second Airborne Battalion. Over 127 attended the banquet held on Saturday evening. For many it was the first time they had seen each other since their discharge in 1943. On the way home he spent a day at Disney World and at EPCOT. He reported he had a wonderful time. The 1987 reunion will be next year at Portland or Eugene.

Idella and Ray Mason of Modesto, California were weekend visitors at the Fred Martin home. Idella is Fred Martin's sister.

Helen Martin, Jean Nelson and Delta Huber were visitors at the District No. 10 Arrangers Guild last week at the home of Jane Rawlins in Heppner. Members came from Pendleton and Hermiston.

Attending the Course II of the Flower Show School of the National Federation of State Garden Clubs sponsored by Blue Mt. District No. 10 for two days in Pendleton this last week were Ione Garden Club Members, Jean Nelson, Pat Pettyjohn, Helen Martin, Jeanne Beeson and Delta Huber from Heppner.

Mr. and Mrs. Francis Circle of Roseburg are guests of their daughter, Monica Swanson and family.

Tom Hamlett of Portland spent the weekend at the home of parents, Adon and Eva Hamlett. On Sunday

Sharlene Arends and Dave Bolts of Irrigon joined the family for dinner.

On October 6 a community potluck dinner will be held at the school cafeteria at 6:30 p.m. Following the dinner will be a teacher's reception. All members of the community are invited to attend.

The Garden Club will meet at 1:30 Wednesday, Oct. 8 at the home of Norma Rea.

Service News

Sgt. Timothy D. Allison
Timothy D. Allison, son of Marilyn L. Allison of Heppner, and Ladell Allison of Las Cruces, N.M., has been promoted in the U.S. Army to the rank of sergeant.

Allison is a multiple-launch rocket system crew member in West Germany, with the 8th Infantry Division.

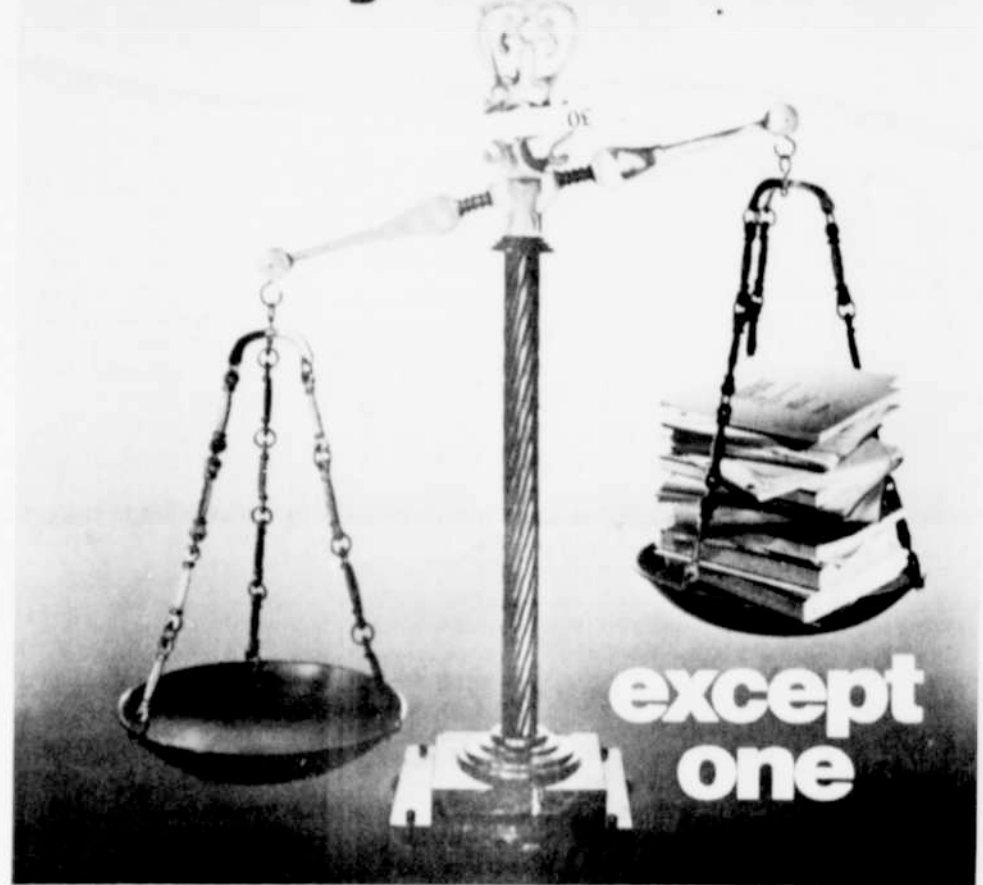
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The law of the land applies to everyone, right? Not with Ballot Measure 15. On misdirected emotion, backers of Ballot Measure 15 are asking Oregonians to pass a law that applies to **one single Oregon company**, Teledyne Wah Chang Albany. A law that responsible experts say is unnecessary.

Government agencies, independent researchers and worker safety advocates all agree: the wastes from producing zirconium, niobium and hafnium metals pose no danger to

Oregonians or to the environment. The sponsors of Ballot Measure 15 want you to make a complex scientific decision on unproven allegations, and ignore years of evidence by state and independent researchers.

Base your decision on facts. **Say no to 15.**

*Ballot Measure 15:
not fair to people,
not fair to business,
not fair to Oregon.*

Paid for and authorized by No on 15 Committee, Mark Nelson, Treasurer, 867 Liberty St. N.E., Salem, OR 97301 (503) 363-7084

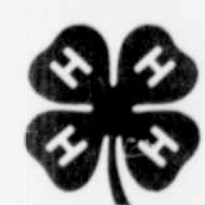
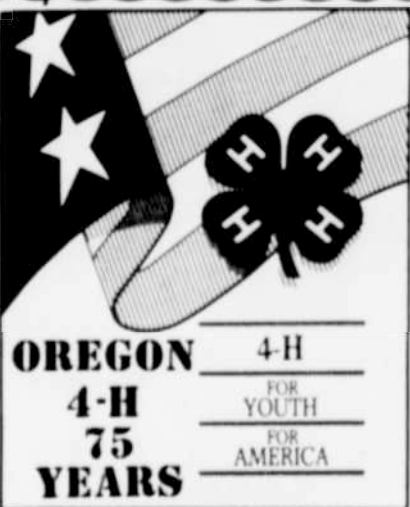
For more information, write "Get the Facts," P.O. Box 12945, Salem, OR 97309.

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By Owner: Evelyn Warren

National 4-H Week OCTOBER 5-11



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FOR INFORMATION ON 4-H CALL 676-9642

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