

## Community Calendar

### Flea market planned July 25

President Betty Tanner and members of the Degree of Honor Association wish to remind everyone

of the flea market and baked food sale at the Degree of Honor hall Friday morning, July 25.

### Fair workday scheduled

A fair workday will be held on Sunday, August 3, beginning at 10 a.m. Following the workday, there will be a potluck dinner at 2:30

ap.m. The Fair Board will provide plates, silverware, and drinks. Those attending are asked to bring main dish and salad or dessert.

### Use current food preservation guides

Be sure to use up-to-date instructions for food preservation. If resources are three years old, chances are they are outdated. Some food preservation bulletins available at Morrow County Extension office include:

(25 cents)  
-PNW214-Freezing Fruits and Vegetables (25 cents)  
-H & G-93-Making Pickles & Relishes at Home (Free)  
-EC 889-Drying Fruits & Vegetables (25 cents)  
Commercial food preservation guides include Keer (1986), and Ball (1984). These should be available wherever canning supplies are sold.

### Painting demonstration planned

Artist Susan Schulz will be giving a show and painting demonstration Thursday, July 24 from 6:30-9:00 at Kate's Pizza. Public invited.

exhibit at the Gallery of Fine Arts in Richland and at the Art Merchant in Sisters.

Schulz has worked in Washington, Idaho, Oregon, and Arkansas for six years in the schools' Artist in Residence program and has experience with oils, water colors, and pen and ink drawing. Her work is on

She has a Bachelor of fine Arts degree from the Rhode Island School of Design, Providence, RI.

A small fee will be charged to cover costs. For more information call Betty Mills 676-5546 or Cork Norene 676-9656, of the Morrow Co. Creative Arts and Crafts Assoc.

### Cheerleaders to hold bake sale

The Heppner cheerleaders will have a baked food sale during the Sidewalk Sale Friday, July 25. A

stuffed horse now on display at the Shoe Box will be raffled at the end of the day.

### County picnic planned

A Morrow County Potluck picnic will be held Sunday, August 3 from 12 noon - 5 p.m. at Laurelhurst Park in Portland. Each family is asked to bring a potluck dish and their own table service, and a wrapped white elephant for a raffle. A horseshoe

contest and pie baking contest will highlight the afternoon.

Bring old photos of Morrow County, organizers say. For additional information, contact Bethal Heinrichs, 676-9415, or Arleta White 234-2346 (Portland), or Ella Blake, 287-3824 (Portland.)

### DMV to change schedule in Sept.

The Dept. of Motor Vehicles Heppner office will have a schedule change during September, examiner Bob Carter has announced.

The office will be closed on September 23 while Carter attends a class. The office will, however, be open September 24 from 9 a.m. - noon and 1 - 4:30 p.m., and September 25 from 8 a.m. - noon, and 1-3 p.m.

### Arts and crafts club to meet

Morrow County Creative Arts and Crafts Assoc. will meet Monday, July 28 at Kate's Pizza. A no host dinner will begin at 6:30 p.m., business

meeting will follow at 7 p.m. Cindy of the Country Rose will demonstrate basic flower arranging.

### Watermaster reduces hours

Recent Umatilla County budget cuts have reduced staffing in the Watermaster's office in Pendleton. As a result of this action, the office will have new hours. Effective July 25, the office will be open to the

public from 8 a.m. to 10 a.m., Tuesday and Thursday, until the outcome of the August 12 Umatilla County levy is known. Messages can be left at the Umatilla County Courthouse switchboard.

### Tags and premium sheets available

Premium sheets and tags are available at the Fair office. Exhibitors who wish to pick them up and obtain an exhibitor's number prior to fair entry day, will save

themselves time and hassle on that day, said a Fair spokesperson. Entries must be in by 11 a.m. Thursday, Aug. 14.

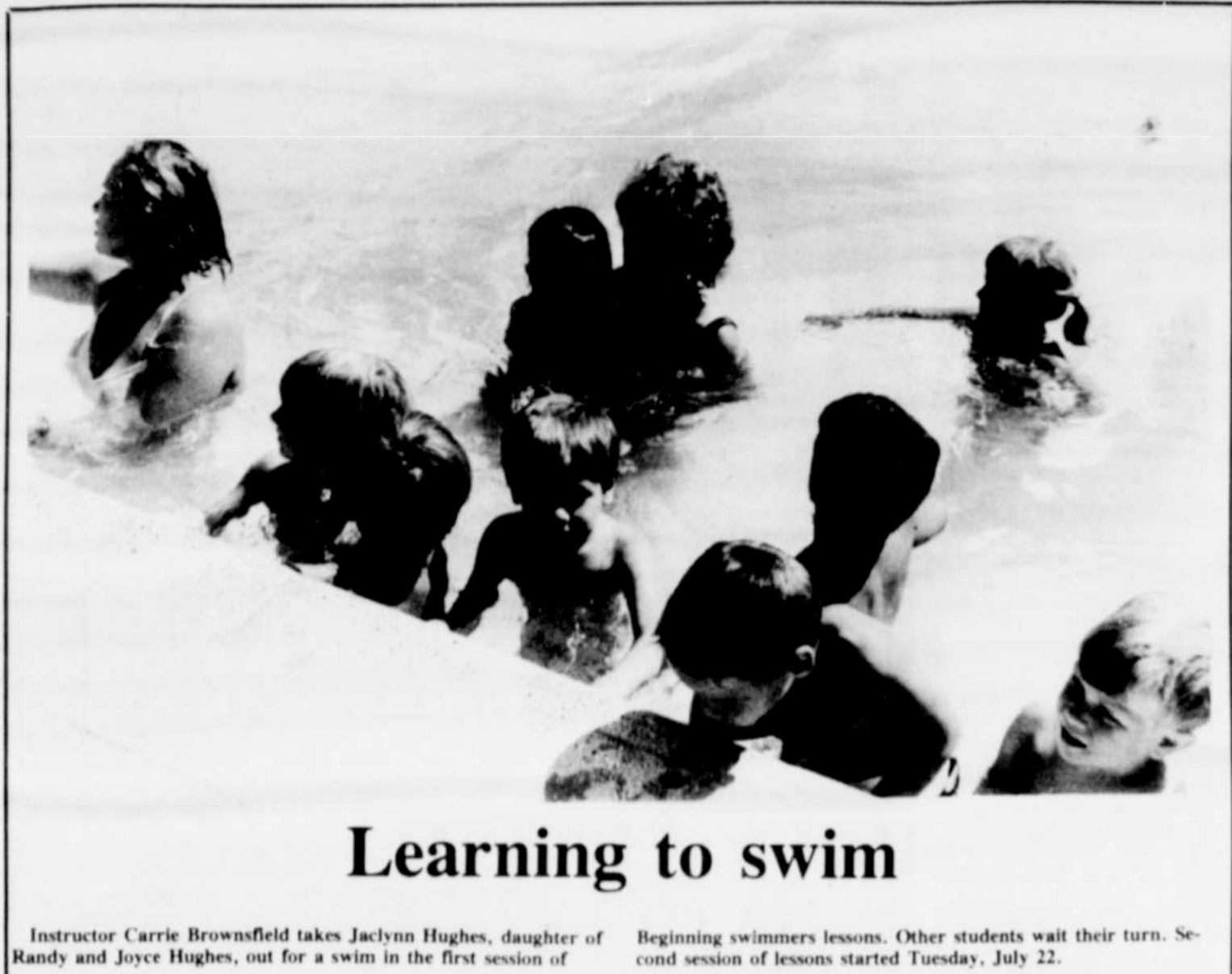
### Wins congeniality title second time

Returning from Bozeman, Montana and the College Nationals Final Rodeo, Sylvia Ladd, Oregon State University's rodeo queen brought with her the titles of Miss Congeniality, Personality, and fifth runner-up to Miss College Rodeo.

Sylvia Ladd, lone, daughter of Elmer and Lorraine Ladd was the 1984 Morrow County Fair and Rodeo queen.

Last year, the 20-year-old senior also won the Congeniality award. This is the first time in the history

of the National Intercollegiate Rodeo Association and the C.N.F.R. for a girl to win the same title two years in a row. "I've learned a lot about people, college rodeo, and just how important it is to keep the spirit of our western heritage going through rodeo. I was honored to represent O.S.U., and the state of Oregon. As a gift to all the girls, I gave them Morrow Co. Fair and Rodeo buttons and county brochures. They all promised to come visit," said Ladd.



## Learning to swim

Instructor Carrie Brownsfield takes Jaclynn Hughes, daughter of Randy and Joyce Hughes, out for a swim in the first session of

Beginning swimmers lessons. Other students wait their turn. Second session of lessons started Tuesday, July 22.

## Avoid becoming walking crime statistic

"With milder weather comes a dramatic increase in outdoor activities," Morrow County Sheriff Roy Drago said. "A major portion of this notable increase in outdoor activity is persons walking and jogging."

"Exercising is certainly good for everyone's health, but," the Sheriff added, "it can also be dangerous to your health if it causes you to become a crime victim."

Sheriff Drago offered some tips which will help persons from becoming a walking crime statistic:

-avoid walking or jogging alone at night. The old adage that there is "safety in numbers" is particularly true on the streets of our community at night.

-avoid running or walking on dimly lit streets and stay out of alleys. Don't use remote or little-traveled shortcuts.

-stay in the part of the sidewalk close to the street and away from shrubbery, trees and doorways. Sometimes, it is even safer to walk in the street--always facing oncoming traffic--rather than on the sidewalk.

-if someone drops you off near your home, have them wait until you are in the house before they drive away at night.

-always wear reflective clothing at night, and it is advisable for women to carry whistles or other noise makers to sound loudly if accosted.

"Lastly, we always advise anyone out walking, jogging, or bicycling to carry proper identification," Sheriff Drago added. "It's advisable to carry identification with your current address, phone number, and person to notify in case of an emergency anytime you are away from your home," the Sheriff concluded.

## Extension leader trainings offered

The Extension home economics program for Umatilla and Morrow counties has been finalized for the 1986-87 year, announced Dawn C. Hawkins, Extension home economist.

Six leader trainings will be offered. Two each in September, October, and February. Topics include:

-Aging Parents-Helping When Health Fails-An overview of communications among generations and a look at possible community resources to assist families in this stage of life.

-Quality Meals in a Hurry-A fresh look at one-dish meals that are fast, economical, and follow the dietary guidelines.

-Vitamins and Food Supplements-Explores the need for supplements and guidelines for selecting supplements are included. Research indicates 67 percent of adults take supplements. Because excessive amounts are harmful, knowledge is important.

-Family Communications: Everyone a Winner-Lack of communication skills is blamed for just about everything that goes wrong in family relationships. This lesson focuses on thought and action processes by which constructive or destructive communication responses are chosen. Included are

suggestions to avoid needless misunderstanding and hurts.

-Family Vacations-This lesson features planning vacations including financing, choosing destinations, utilizing travel agents and tours, how to pack, and ensuring safety at home while you are gone.

-"American Indians"-A look at the culture of our native American neighbors. Sharing of crafts, foods, and heritage.

Lessons are selected following OSU guidelines and the perceived needs of the community at large represented by the members of the planning committee, said Hawkins. Members included Cathy Eagleheart, John Brenne, Vicki Rodriguez, Caroline Angotti, and Janet Wickham, Pendleton; Birdine Tullis and Marlene Currin, Heppner; Cindy Osterlund, Condon; Georgia Linn and Thelma Marcum, Stanfield; La Vonne Mader, Echo; and Charlotte Carpenter, Irrigon.

Additionally, special program emphasis was identified and will include a workshop on furniture refinishing, a series for single parents, and continued support to the "stress" programs developed this year.

For further information on attending trainings or scheduling these topics call the Pendleton or Heppner Extension offices.

## Burcham's yard honored



Dorothy Burcham

The Lexington Garden Bugs have chosen Dorothy Burcham's yard as the July Yard of the Month. She has lived at 170 West St. for about 20 years. For the past several years she has done all the work by herself. She has a miniature rose garden, flowers bloom profusely along both sides of the path way. There are old stumps

with flowers, sedums, and forest animals nestled here and there throughout the yard.

She also has a small garden area and several fruit trees. The addition of a new mobile home, deck and patio cover in the past year has really added to the area says a garden club spokesperson.

## Flower show entry encouraged

By Justine Weatherford

The Flower Show, Department VII, at the Morrow County Fair begins in just four weeks. Members of three South Morrow garden clubs have been working hard on the planning and will be very busy with the supervision of this outstanding annual show. They are offering several new, helpful arrangements this year and are hopeful everyone will be bringing at least a few entries for the four divisions and will take part in the special Scarecrow and Flower Arrangement contests.

Lois Allyn of the Lexington Club is this year's general chairman. She and the various flower show committees urge folks to carefully study pages 28 through 31 of the 1986 Fair and Rodeo Premium Book.

Everyone is encouraged to bring the best of their blooms and house plants even if they are uncertain of the proper name and classification. A new committee on classification will be ready to advise them which class to place each entry. Widely experienced Helen Martin of the Lone Garden Club in chairman of this new classification group.

This year both the Flower Show and Department VI, Fruits and Vegetables, are stressing new varieties which may be unfamiliar to many gardeners. New or first-time

exhibitors may find it helpful to get tags and premium summary sheets at the fair office well in advance of the scheduled entry time. The office is open from 8 a.m. to 5 p.m. five days each week until the end of the fair, and Robin Jones, the fair secretary, and her assistant, Shannon McLaughlin are very helpful.

Some entry tags and premium summary sheets will be available at the Boardman Enterprise between 9 a.m. and 5 p.m. on weekdays beginning Thursday, July 24 and until exhibit entry time ends on Wednesday, August 13. The Enterprise office is closed during noon hours (12 until 1 p.m.).

Flower show committee members hope that exhibitors who live in and near Heppner will bring some of their entries on Tuesday evening between 6 p.m. and 8 p.m. to help cut down on the entry rush on Wednesday evening between 6 p.m. and 8 p.m. This will make it easier for the classification and placement committees to handle entries from those who must travel further to the fairgrounds and who may need help during the final hours for entering plants and flowers.

Worthwhile premiums and several special prizes will be announced after the judging is done by qualified, professional judges.

YARD SALE-YARD SALE

If the Shoe Fits,  
Wear it Home From  
All Saints Episcopal Church  
**YARD SALE**  
Saturday, July 26  
8 a.m. to 2 p.m.  
Tacos, Watermelon, Punch & Iced Tea  
from 11:00 to 1:00

Rumor: We'll provide Live Music during Luncheon

YARD SALE-YARD SALE

Steamer Clams  
Thursday night, July 24  
\$6.00 per Bucket  
Come In and Clam Up!

Attitude Adjustment  
6-7 p.m.

LIVE MUSIC  
Fri. & Sat.  
July 25 & 26  
Your Host  
Chuck Marquardt

WAGON Restaurant & Lounge  
Main Street Heppner 676-9332

**LUBE OIL PRICE REDUCTIONS**  
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15/40 Hydraulic Oils  
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