

Weddings Kannard — Dougherty



Cynthia Marie Dougherty and Forest Kannard were married March 1 at St. Patrick's Catholic Church in Heppner. Monsignor Raymond Beard officiating. Lisa Nix and Jerry Raulk of Pendleton provided music for the ceremony.

The bride wore a white Victorian style dress with a high lace collar and long sleeves with pearl accents. Her hat had simulated pearls, sequins, and streamers attached in the back. Pearl earrings given to her by her late grandmother, Roberta Dougherty Garrison, completed the ensemble.

The bride is the daughter of Mr. and Mrs. Jerry Dougherty of Heppner. The bridegroom is the son of Mr. and Mrs. Wes Kannard of Pendleton. Melinda Rhodes, a cousin of the bride from Pasco, Washington, was maid of honor. Bill Kannard, brother of the bridegroom was best man. John Steagall and Tom Kenny were altar boys. The bride's brothers, Cliff, Scott, and Jason Dougherty were ushers.

A reception at St. Patrick's parish hall followed the ceremony. Mrs. Bob Lovgren and Mrs. Howard Crowell, aunts of the bride cut and served the cake. Other aunts of the bride, Mrs. Roger Brandhagen of Pendleton, served coffee, and Mrs. Greg Leyva of Wilbur, Washington, and Mrs. Bob Steagall of Lexington, served punch. Lauri Post, Pendleton, a friend of the bride was at the guest book. Crystal Patton of La Grande was at the gift table and Staci Leyva of Wilbur, Washington, a cousin of the bride, handed out rice bags.

A graduate of Heppner High School, the bride also attended Walla Walla Community College and Blue Mt. Community College. She is employed as a hairdresser at Headquarters. The bridegroom is a graduate of Pendleton High School employed by Pioneer Construction.

Sifting through the Times

10 Years Ago

John Meadows, Deniz White, Guy Van Arsdale and Don Hardwick were honored with awards from the Forestry Division.

Last Friday night's town hall meeting with the Corps of Engineers came to an abrupt halt when Heppner's mayor Jerry Sweeney told the audience, "I personally feel we have been led down the primrose path; the Corps has used the city over and over and I will not be led down that path again." Mayor Sweeney continued, "This is nothing but a political football. The Corps has spent \$660,000 on surveys and studies; this dam you have proposed has no irrigation facilities, in fact, it is smaller than the ones vetoed by President Ford in 1974."

25 Years Ago

Morrow County Fair and Rodeo boards received the cooperation of many in building a bridge across Hinton creek at the fair grounds recently.

Mr. and Mrs. Dorr Mason announced the official grand opening of

their new general merchandise store in Ione Friday and Saturday, March 17 and 18.

To improve the flow for spring runoff and remove obstacles which might cause flooding, Willow and Hinton creek beds are being cleared by Heppner city crews.

James H. Hayes, son of Mr. and Mrs. J.J. Hayes of Heppner was commissioned a Navy Ensign in ceremonies held February 3 at the Naval Air Station, Pensacola, Florida. He was commissioned after

completing six weeks of preflight training and has been assigned to the sauley Field Auxiliary Air station in Pensacola for primary flight training.

50 Years Ago

J.A. Sharp of Grass Valley has purchased the Sanitary Bakery from Cecil Wise and will take possession Monday. In taking over the local bakery, Sharp says it will be his endeavor to produce high quality products that will compete with any on the market.



Service Report Master Sgt. Pelsky

Master Sgt. William T. Pelsky, son of William P. and Barbara J. Pelsky of Westport, Washington, has re-

His wife, Mona, is the daughter of Bernard E. and Ramona Marshall of Heppner.

He is a 1966 graduate of Fife High School, Tacoma, Washington.

Lance Cpl. Moyer

John Moyer who is stationed at Cherry Point Marine Corps Air Station was recently promoted to Lance Corporal. He is a Marksman on the Marine Corps Pistol and Rifle Team. Friends may write him and his wife, Audrey at: 115 Miller Blvd., Havelock, N.C. 28532.

Extension group learns about salt, fat, and sugar in diet

Rhea Creed Extension Group met at the home of Mildred Wright on March 5 with 12 members present.

Program leaders were Mildred Wright and Freda Slocum. They instructed members that:

-Americans consumed an average of 125 pounds of sugar in 1982.

-A 12 ounce cola drink contains over nine teaspoons of sugar.

-It's healthier to substitute orange or grapefruit juice or plain water for soft drinks, buy unsweetened cereals, and avoid sugars as much as possible.

-To cut down on salt avoid foods prepared in a brine, such as pickles and olives. Skip snacks such as potato chips, salted nuts and crackers.

-Eating less fats can help control weight and cholesterol problems. Choose lean meats, fish, dry beans and peas as protein sources. Use eggs and organ meats such as liver in moderation. Broil, bake or boil rather than fry.

The next meeting will be on Home Decorating at the home of Donna Hack April 2.

Plan ahead for spring fundraisers

It might be wise to mark your calendars for a series of big spring sales coming on Saturdays beginning on May 3 with the annual Methodist Church yard sale, luncheon and baked food sale. On Saturday, May 10, the Senior Cit-

izens of south Morrow County will have a rummage sale, auction and luncheon at the fairgrounds. On Saturday, June 7, the annual Ione Church sale, auction, and dinner will be a big event. More details about these sales will be forthcoming soon.

Cattle population down five percent

All cattle and calves in Oregon on January, 1986 totaled 1,375,000 head, five percent fewer than last January and eight percent fewer than January 1, 1984. Beef cows, accounting for 598,000 head of the total, were down six percent from last year and down 16 percent from January 1984. However, milk cows increased 6 percent, over last January, to 102,000 head. Beef replacement heifers were down 13 percent to 100,000 head while milk replacement heifers increased 2,000 head to 57,000 total head. Heifers over 500 pounds, not held for breeding purposes, and

steers over 500 pounds, were up six percent and down seven percent, respectively. All calves under 500 pounds were down 4 percent from last year to a level of 375,000 head.

The Oregon 1985 calf crop was estimated at 650,000 head, 50,000 less than during 1984 and the smallest since 1979. Cattle on feed in Oregon feedlots on January 1, 1986 totaled 85,000 head, down 15,000 from a year earlier. The average value per head for Oregon's cattle and calves was \$390.00, down \$20.00 from a year ago, for a total herd value of \$614 million.

Symbols help consumers care for clothing

"If you've purchased new clothing recently, you may have noticed line drawings of wash tubs, irons, dryers, and other symbols related to how to care for the garment," reports Ardis Koester, Oregon State University Extension textiles and clothing specialist.

The drawings are the International Clothing Care Symbols developed to help consumers care for the garments they purchase, she explains. The development of the "sign language" reflects the international trade in clothing and the need to overcome language differences among consumers.

To help Oregonians understand the symbols and to take proper care of their clothing purchases, the OSU Extension Service has a full-color wall chart of the symbols with explanations of their meanings.

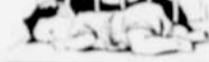
Designed to be used as a wall chart in the laundry room, the one-sheet publication includes information about the symbols used for washing, bleaching, drying, ironing and drycleaning.

A single copy of the symbols chart is available for 25 cents from Extension offices in Oregon, Washington and Idaho. Copies may be obtained through the Morrow County office of the OSU Extension Service or ordered by mail from the OSU Bulletin Clerk, OSU, Corvallis 97331. When ordering by mail, include 25 cents to cover postage and handling for each copy ordered.

Truth to proverb

Any truth to the proverb, "Going to rain if a horse rolls over?" You bet there is, says a national wildlife magazine. Animals often get edgy long before a storm hits because they're able to hear the low frequency sound waves given off by approaching storms.

Births



Kiel Robert Nairns - a son, Kiel Robert, was born March 23 to Virginia and Robert Nairns of Heppner at Pendleton Community Memorial Hospital. He weighed 7 lbs. 15 1/2 oz.

Grandparents are Mr. and Mrs. Ken Nairns, Jr. of Heppner, Jane Fifer, Spokane, Wa., and Jim Estes, Richland, Oregon.

Great grandparents are Mr. and Mrs. Les Sannar, Irrigon.

School Lunch Menus

Heppner Elementary
Friday, April 4-burrito with meat, carrot sticks, pears, cinnamon rolls, and milk.

Monday, April 7-hot dogs with bun, baked beans, vegetable sticks, fruit and milk, or salad bar and milk.

Tuesday, April 8-fried chicken, VanWinkle rice, carrot coins, fruit and milk.

Wednesday, April 9-taco with trimmings, corn, fruit, dessert and milk, or salad bar and milk.

Thursday, April 10-hamburgers with bun, pickles, tater tots, applesauce and milk.

Friday, April 11-tomato soup, grilled cheese sand., vegetable sticks, fruit and milk.

Heppner High School
Monday, April 7 - corn dogs, French fries, vegetable sticks, gelatin and milk.

Tuesday, April 8 - macaroni and cheese, choice of vegetable, rolls, fruit and milk, or salad bar and milk.

Wednesday, April 9 - pizza, corn, salad, dessert and milk, or salad bar and milk.

Thursday, April 10 - barbecued beef on a bun, peas, vegetable salad, dessert, and milk.

Friday, April 11 - cooks choice.

Dear Marlene Gray,

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Len's Processing

SLAUGHTER SERVICE AVAILABLE **676-5150** CUSTOM CUTTING FREE DELIVERY

Start canning now for this year's fair

It's not too early to start getting ready for this year's Morrow County Fair. Berries or juice put up last summer can be re-canned now as tasty jams or jellies.

"We have come a long way from the old boiler and wood stove to the convenience of modern canning methods," says Canning division superintendent.

The following recipe for Strawberry Jelly was taken from a late 1800's cookbook.

Select berries that are rather under than over ripe. Put berries into a stone jar, stand it in a kettle of cold water, cover the top of the jar and boil slowly for 1 hour, or until the berries are quite soft, but not broken to any extent. Run through a jelly bag without pressing. If juice is not perfectly clear, strain again through muslin. Measure, and to each pint of juice allow 1 pint of granulated sugar. Turn the juice into a porcelain-lined kettle over a brisk fire. Put the sugar in earthen dishes and stand them in the oven to heat. Boil gently 15 minutes, skim, then add the hot sugar and boil 10 minutes. Pour in glasses and seal when cold. To seal, cover jelly with

waxed paper, branded paper, or more readily and efficiently, by pouring over top of jelly when quite cold enough melted paraffin to exclude the air.

Today we add berry juice, sugar, and pectin. Boil for one minute, skim off foam and pour immediately into sterilized jars and seal.

Over the past years many new items have been added to the canning division, such as canned walnuts and things made from zucchini. Many attractive gift baskets consist of canned goods, dried vegetables and fruits also have a place in the division.

The Ball Canning Co. is awarding jar coupons, and canning and freezer books to the two best exhibits canned in Ball Jars and sealed with Ball Dome Lids from the fruits, vegetables, pickles and relishes, jams and jellies classes. Winners are selected by the judge. Additional awards will be given this year.

The Superintendents in the canning division would like to thank all the exhibitors who have made such a great display in the past years and invite everyone to enter in 1986.

UNDER NEW MANAGEMENT

Stop by
Friday and
say Hi to
Betty & Flo

Betty Bergstrom and Flo Connor
are planning something New!

Expanded Hours
Starting next week

LUNCHES
Tues - Fri.
11 a.m. - 2 p.m.

Expanded Dinner Menu
Starting next week

★ Child's Plate
★ Homemade Pies

DINNERS SERVED
5 - 10 p.m.

We Welcome BANQUETS
2 to 200

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NAPA 10-W40 motor oil
69¢ qt.*

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Limit (Two — \$3.00 rebates per customer or household)

Special

NAPA'S BEST OIL FILTERS ON SALE \$2.49

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