

## Weddings Terjeson - Peterson



Jan A. Peterson and Matthew J. Terjeson, Pendleton, were united in marriage June 29 at Peace Lutheran Church in Pendleton.

The bride is the daughter of Herbert L. Peterson, Ione and Barbara Peterson, Pendleton. Terjeson's parents are James and Marilyn Terjeson of Pendleton.

The Rev. Arthur Baehmann, Pendleton officiated at the double ring ceremony.

Vocal soloist was Marcia Brown, Pendleton. Nancy Niska, sorority sister from Portland was the pianist. Rosemary schuening, Pendleton, was the organist for the processional and recessional.

Given in marriage by her parents, the bride was attired in an ivory gown with victorian lace and high stand up collar. Each tier of her gown was trimmed with lace and satin ribbon that flowed into a sweep length train. She wore a wreath of silk flowers and pearls in her hair with an attached fingertip veil. The bridal bouquet was red roses and baby breath.

Grace McElligott, Choteau, Montana, was maid of honor. Bridesmaids were Runinda McCormack, Prineville, and Christy Lineweaver of Portland.

Best man was cousin of the groom, Jerry Terjeson, Helix. Groomsmen were brother-in-law of the groom, Ray DeBuhr, Vancouver, Washington, and Tom Kergil, Salem. Brother of the bride, Todd and Treve Peterson, Ione, served as ushers.

A reception was held following the wedding at the Masonic Hall with a Buffet-Dance. Following a honeymoon on the island of St. Croix in the Caribbean, the couple will live in Pendleton.

### News from the

## Neighborhood Center

By NEOLA MACKEY  
The Heppner Neighborhood Center has begun opening one-half hour later, at 8:30 a.m. New hours are Monday through Friday, 8:30 a.m. - noon and 1-5 p.m.

Adult and Family Services counselor Janet Phillips will be at the Neighborhood Center Wednesday, August 7 from 9 a.m. - noon. Those needing food stamp applications may pick them up at the Center anytime during regular Center hours.

The free blood pressure clinic will be at the Center Wednesday, August 7 from 2-4 p.m.

Women, Infant and Children clinic dates have been changed to the third Friday of each month. The clinic will be held from 10 a.m. to noon and

from 1-3 p.m. Clients must keep their appointed times or they will be penalized on their vouchers. Applications for WIC are still available at the Center. More time has been allotted for the clients on the same day as no one will be served on any other day.

## Wheat Country Classic set

Members of the Condon Kiwanis Club are making plans for the ninth annual Wheat Country Classic, the all-comers track and field meet that has become a popular twilight event for athletes young and old from around the northwest. The meet will be staged at the Condon High School track facility at Condon, Sunday, August 18, beginning at 4 p.m.

The meet will feature age group competition for both youngsters and adults in a full schedule (except javelin) of track and field events. Meet records have been compiled throughout the event's history and will be kept during the ninth annual meet. Ribbons will be awarded to all competitors and trophies will be presented to the outstanding male and female performers and the Grant Weatherford Memorial Trophy will be awarded to the best all-around performer.

A 10K run, in its fourth year, will be included for distance runners and the meet will be capped by the now-famous watermelon relay extravaganza.

Running shoes and short spikes only will be allowed on the rubber asphalt track. Organizers ask that participants sign up for events beginning at 3 p.m. on the field.



**Nifty, Nifty  
Look who's fifty -  
Happy Birthday —  
Your friends**

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**\$3.09**

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# Murray's Drug

## Heppner Happenings

By Mary Bryant 676-9493

Mrs. Snoda Blake has received word that her daughter-in-law, Mrs. Shirley Blake, recently underwent open heart surgery at Providence Hospital in Portland. It was a five and a half hour operation with five by-passes. She would appreciate cards and notes from her friends. Word was received today that she was returning to her home. Her address is 9400 S.W. 25th Avenue, Portland, Oregon 97219.

U.S. Army Major Chris Brown and his wife, Kathy, left July 29 for their home in Alexandria, Virginia. They have been here visiting his parents, Paul and Betty Brown, and helping with the harvest. His brother, Mark and his wife and two children, Chris and Robbie, are here from their home in Winslow, Washington, and he also has been helping with the harvest. It has become a family tradition for the brothers to come home to help with the harvest each year. Chris is Assignment Officer at the U.S. Army Military Personnel Office in Alexandria, Virginia and Mark is a Washington State Trooper. They went to school in Heppner and graduated from Heppner High.

The Steagall-Shoun family reunion was held at Bull Prairie July 19, 20, and 21 with approximately 75 present. They came from California, Washington, the Portland and Medford areas of Oregon and various other places. While there, Channel KOIN TV was videoing the park volunteers at the Forest Service Parks. Mr. and Mrs. Don Bowers are the hosts at Bull Prairie. She has a ventriloquist "dummy" that she uses when entertaining the children in camp. Some of the grandchildren were included in the filming, including Tommy Steagall. Some of the people who could be in the video are George and Annamae Steagall of Heppner, the Holbert Taffey's of Fossil and the Jack Sittons of Fossil. The children of Mr. and Mrs. Rick Kandle of Ione, grandchildren of June Steagall Crowell and her husband, Howard Crowell, of Ione and Tommy Steagall of Heppner were used in a special segment with Mrs. Bowers

and her dummy. She is the former Ethel Bailey, sister of Maude Hughes of Heppner, among others. The video will be shown in about two weeks on the five o'clock news.

A "Roast and Toast" sort of evening was held at the Elks last weekend honoring LaVerne Van Marter, Jr. He was the coach of the town team from 1944-1960. Harlan McCurdy was the Master of Ceremonies. Bill Scott and Beverly Gunderson were instrumental in finalizing arrangements. Some of the players from out of town were Tom Sumner, Jack Sumner, Jim Sumner, Jack Parrish, Clarence Greenup, Clint Agee, Don Harfield, and Bob Bennett. Most of them were accompanied by their wives. Mr. Van Marter was presented with a trophy with his name inscribed as coach and the names of all of the players also inscribed. Mr. and Mrs. Jim Sumner were guests of her folks, Paul and Kathleen Hisler.

My thanks to those who called me with news this week. Since I have been writing, I have heard from Alice Soward in Idaho, Charlotte Doherty in Ontario, and Florence Swanson in Portland among others.



Jamie Schultz, 18-month-old daughter of Lisa Collins Schultz, was named "Miss Fourth of July" from among 60 contestants at an American Legion sponsored baby contest in Kodiak, Alaska. Lisa Collins Schultz was born in Heppner and graduated from Heppner High School.

Bill and Floy Privett have returned to Heppner from Salome, Arizona, where they spent the winter. They are now staying at Skow's RV Park.

### Ione News

Anna Ball has returned to her home in Ione following knee surgery at Good Shepherd Community Hospital in Hermiston.

Judy Mason, Los Angeles, Alice Rea, San Francisco, Darcee Rea, Nampa, Idaho, Mr. and Mrs. Collin Caseburg, Wasco, were visitors at Louis and Dot Halvorsens to attend the funeral for Paula Lindstrom. Jerry Mason, Santa Fe, New Mexico, John Mason, Portland, Alva Schoutins, Portland, visited Lewis Halverson's home.

## Protect yourself against summer heat wave

Many people are surprised to learn that on the average heat kills more Americans each year than lightning, hurricanes, tornadoes, floods, or earthquakes. In a normal year about 175 people succumb to the demands of summer heat. Only the cold of winter kills more, says a news release from the Federal Emergency Management Agency.

In the 40-year period from 1936 through 1975, nearly 20,000 people were killed in the U.S. by the effects of heat and solar radiation. In the disastrous heat wave of 1980, more than 1,250 people died.

And these are the direct casualties. No one can know how many more deaths are advanced by heat wave weather - how many diseased or aging hearts surrender that under better conditions would have continued functioning.

Elderly persons, small children, chronic invalids, those on certain medications or drugs (especially tranquilizers and anticholinergics), and persons with weight and alcohol problems are particularly susceptible to heat reactions, especially during heat waves in areas where a moderate climate usually prevails.

A Heat Wave brochure, distributed by the National Weather Service, the Federal Emergency Management Agency and the American Red Cross, covers a num-

ber of topics, including "National Weather Service Alert Procedures," "How Heat Affects the Body," "Heat Disorder Symptoms and First Aid," and the special hazards posed by cities. It also offers "Heat Wave Safety Tips" including:

- Slow down: reduce, eliminate, or reschedule strenuous activity
- Dress for summer: wear lightweight, light-colored clothing
- Watch what you eat: foods (like proteins) that increase metabolic heat production also increase water loss
- Drink plenty of water or other non-alcohol fluids
- Do not drink alcoholic beverages.
- Do not take salt tablets unless specified by a physician.
- Spend more time in air conditioned places. If you cannot afford an air conditioner, spending some time each day (during hot weather) in an air-conditioned environment affords some protection.
- Don't get too much sun. Sunburn makes the job of heat dissipation that much more difficult.

To learn more about how to safely cope with this summer's hot weather write "Heat Wave," Bothwell, Washington 98021 and ask for a copy of the brochure.

### New recipe offered

**Lamb Kofte Sandwiches**  
2 lbs. ground lamb  
1 1/2 cups finely chopped onion  
1 cup chopped parsley  
2 tsp. salt  
1 tsp. each: cinnamon, paprika  
1/2 tsp. cayenne pepper

Knead until well blended  
Shape into patties - grill.  
Serve with pita bread  
Condiments include: sour cream dip with chives, Yogurt, Green onion - sliced lengthwise, tomato slices, sprouts or lettuce.

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