

National aviation essay contest offers students \$1,500 top prize

By BIRDINE TULLIS
Program Assistant
OSU Extension Service

Opportunities are numerous for those involved in Extension 4-H programs to add an international dimension to their lives, right here in Morrow County.

4-Hers may make friends in another land by becoming involved as a 4-H Ambassador. As such, members 15-19 years of age travel with other teens and a group leader, live with host families, and learn a way of life by living it.

One of the better known programs is the International 4-H Youth Exchange (IFYE), that sends our young people abroad to live in many lands with host families. In return, the IFYE shares his/her experiences by visiting counties and sharing their many experiences, and observations of other cultures.

IFYE also offers the opportunity for any family to share an international experience at home as they host IFYE's from other countries for a period of 3 to 4 weeks.

Other exchanges where families share their daily lives and homes

are the Labo-Lex exchange. Morrow County has frequently welcomed and enjoyed students from Japan. Many local 4-Hers have traveled to Japan under the same exchange and spent a month with Japanese families.

The PRYLE programs (professional youth staff), from many countries too, have been welcomed in Morrow County to learn how the 4-H program is carried out in Eastern Oregon. The most recent PRYLE who called Morrow County home for awhile was Shu-ling Yen, an Extension specialist from Taiwan.

Each exchange offers unique ways for sharing our way of life, and learning others.

International programs offered through Extension 4-H youth provide ideas for thinking globally and acting locally.

To apply as a host family for an IFYE this summer, call Birdine Tullis 676-9642. You'll receive a simple application form which should be returned by March 15th.

It's a small world after all with an international opportunity that fits any special interest.

4-H Home Ec. Projects Updated

By BIRDINE TULLIS

Two popular 4-H home economics projects are currently being updated to better fit interests and needs of kids today, as well as providing more useful information and help to the volunteer leaders.

"Fit It All Together," the newly adopted first year foods materials, focuses on good food habits and physical fitness programs. This is the first time foods projects have incorporated physical fitness as it relates to health and nutrition. The emphasis ties in with national Extension focus on "Food and Fitness."

The new member materials are very colorful and attractive, and provide the updated information. Leader guides are excellent and provide games and fun for better teaching about nutrition, fitness, food preparation skills, safety, consumerism and foods of other cultures.

Clothing projects are also being reviewed and updated. 4-H clothing projects offer members opportunities to develop decision-making ability, express creativity, and gain knowledge and skills about personal appearances.

New this year are clothing "advancement" programs with step-by-step guidelines for members, parents, and leaders. A workbook-type manual lists various skills in clothing construction, personal grooming, purchasing, care, and more which are checked off by leaders as each individual accomplishes the goal.

Extension study group demonstrates candy-making techniques

By BIRDINE TULLIS
Program Assistant
Morrow County Extension

Marnie Anderson, lone, member of the Homemaker's Advisory Committee with assistance from study group members from lone, planned and carried out a candy making workshop in lone, February 4.

Demonstrations included dipping chocolates by Charlotte Carpenter, Irrigon; making old-fashioned creamed fudge which is kneaded on a marble slab, by Birdine Tullis; chocolate lollipops and hard candies by Lucy Ann Tworek and Julie Greison; old-fashioned peanut brittle by Pat Pettyjohn; and specially decorated valentine cookies by Tonya Heideman and Cindy Osterlund.

Jan. unemployment rate declines

In a report released recently, the Oregon Employment Division announced that the state's seasonally adjusted unemployment rate for January declined to 8.1 percent from 8.8 percent in December. Although the actual number of unemployed workers in Oregon moved up 8,900 to 137,000 in January, this was well below the expected rise and was 12,900 less than January 1984.

The national unemployment rate rose slightly to 7.4 percent in January from December's rate of 7.2 percent. There were over 104 million Americans employed in January.

Oregon's nonfarm wage and salary employment dropped 11,000 in January, 9,500 less than seasonal employment expected. The wage and salary employment index gained one full percentage point to reach 109.5, the highest level since May 1981.

Manufacturing employment posted a 2,600 seasonally adjusted gain in January. Declines which were "less than normal" were once again the primary reason. Lumber and wood products registered a season-

ally adjusted 500 employee gain in January in response to dry weather and improved interest rates while food and kindred products gained 800 assessed the Employment Division.

In nonmanufacturing, trade's seasonally adjusted gain of 5,600 was by far the greatest change in January but was more a result of December's weak trade performance than an outstanding January. "Normal" losses between December and January did not materialize primarily because December employment levels were below the "usual" seasonal levels. Real estate employment responded to falling interest rates by adding additional employees in January and prompting a seasonally adjusted gain of 1,200.

"For the second consecutive month Oregon's economic indicators were positive," concluded Ray Thorne, Employment Division Administrator. "The report leads me to believe that this is the best January performance in four years."

CowBelles sponsor chili feed



Kathy Carlson (left) chairman of the Morrow Co. CowBelles Chili Feed and Tami Rietmann prepare to serve Les Schwab customer Bill Kenny a steaming bowl of chili during last Friday's promotion of the free beef certificates given away by Les Schwab Tire Centers during the month of February.

Livestock Report

All cattle and calves in Oregon on January 1, 1985 totaled 1.65 million head, four percent fewer than a year earlier and the same number as January 1, 1983 says the Oregon Crop and Livestock Reporting Service. Beef cows accounted for 639,000 head of the total, down 10 percent from last year and five percent below two years ago. Milk cows, at 96,000 head, were down 5,000 head from last year. Beef replacement heifers were down 23 percent to 115,000 head. However, steers over 500 pounds and heifers over 500 pounds, not held for breeding purposes, were up 21 and 47 percent, respectively, to their highest level in recent years. All calves under 500 pounds, at 390 head,

decreased 6 percent from last year.

The Oregon 1984 calf crop was estimated at 700,000 head, 10,000 less than during 1983 and the smallest since 1979. Cattle on feed in Oregon feedlots on January 1, 1985 totaled 100,000 head, up 10,000 from a year earlier. The average value per head for Oregon's cattle and calves was \$410.00, up \$10.00 from a year ago, for a total herd value of \$676.5 million.

Coast to Coast for SPORTING GOODS Mitchell
We can help you

Loans. Nobody does it better.



At First Interstate Bank, we've been saying "NOBODY DOES IT BETTER" in every area of banking. But what does that mean to you when it comes to loans?

It means that we offer competitive rates and our terms on loans are excellent and varied.

Plus, we have a wide range of loans

including automobile, recreational vehicle, boat and personal loans. Some have extended terms available depending on the loan amount.

And with the right credit information, we'll process your loan application the very same day you apply. We want to make this as easy as possible. In fact, our automatic

payment system even takes the hassle out of remembering to put the check in the mail.

So, if you're looking for a loan of any kind, visit a First Interstate loan officer today, and see for yourself that nobody does it better.

With our rates and terms, we know you'll feel better when you do.

First Interstate Bank

Coast to Coast for
AUTO MOTIVE
Dowgard
We can help you

There is
TRUTH
to the Rumor

The
**GAZETTE
TIMES**

IS
FOR SALE

inch by inch
week by week

The best buy
for your
advertising
dollar.

Call Our
Ad Dept.

676-9228 or
676-9492

