'Bug Wan' visits Heppner

The "Bag Wan" was seen parked on Heppner's Main Street recently. In case you're wondering, the car is red.

Fire extinguished

The Heppner Fire Department responded with 21 firemen and three trucks to a fire at 215 Baltimore Monday afternoon. The house is owned by Adele LaTrace and rented by Bill Tripp.

The fire started when some paper caught fire during an attempt to thaw a water pipe said Heppner Fire Chief Forrie Burkenbine. Less than two gallons of water were required to put out the fire.

Boating rules adopted for lake

The Oregon State Marine Board reports that at its regular meeting on January 17, rules for the recently formed Willow Creek Lake near Heppner were officially adopted by unanimous vote.

The following rules were adopted: as proposed: (1) prohibit the use of all motor boats, except electrically powered craft of 30 pounds thrust or less, upstream of a point approximately 1000 feet downstream of the Balm Fork bridge in the Balm Fork Arm; (2) restrict to 5 mph or less the speed of motorboats: (a) upstream of a point approximately 1000 feet east of the south shore launching ramp, (b) within 200 feet of the launching ramp; (c) within 100 feet of the dam in the Willow Creek Arm; and, (3) requires all motorboats operating in excess of 5 mph in the main body to travel in a counter clockwise direction.

County officials, local individuals and citizens groups, the Army Corps of Engineers, as well as Oregon's Department of Fish and Wildlife and State Marine Board have worked together over the past year in this joint effort to provide safe and enjoyable multiple use of this small, locally popular lake concludes a State Marine Board spokesperson. The rules will be permanent unless a problem arises which necessitates their change.

HHS selects 2 scholarship program entrants

Stephanie Payne

Jodi Mattson

Stephanie Payne and Jodi Mattison, Heppner High students, have been selected as the school's entrants in the National Honor Society Scholarship Program.

Each high school honor society is allowed to send two applicants to this nation-wide competition; the students are selected on the basis of scholarship, leadership, character and service. Four hundred fifty scholarships of $1,000 each will be given to students in the United States.

Medical Topics

By Dr. Sam Pobanz

(Editor's note: Dr. Sam Pobanz, 65, has been entertaining north Morrow County readers with his bi-monthly "Medical Topics" column in The Enterprise since November 3, 1983. The Gazette-Times is pleased to share his entertaining, sometimes informative, but always interesting comments with its readers also.

Pobanz had a private practice in Ontario for 30 years before moving to Hood River.

In September, 1983, he began keeping office hours at the North Morrow Medical Clinic in Boardman. He has extended his practice to include an office at Irrigon City Hall and another in Hood River.

He and his wife, Aileen who works for the Oregon State Children's Services Division, live in Hood River.

How Are Virus Infections and Germ Infections Different?

We wonder about this each winter, when we might feel exactly the same with each one.

Bacteria are visible with an ordinary microscope, even though they measure only about 1-25000 inch. To see viruses, one has to use an electron microscope — much greater magnification.

Probably there is some difference in how they invade our tissues, and it is possible for any organ to be involved except hair, nails, and enamel. Beside that, "toxic" symptoms can add to our miseries (e.g., achy muscles, when the actual infection is elsewhere, as in the throat). The toxins are produced as "by-products" by both germs and viruses. With this combination, then, we feel different from normal in various ways; "I feel like I have the flu" describes many different infections. Blood poisoning from pus in a toe can make the body feel like it does during a viral sinusitis, for example.

Practical testing in "every-day" flu shows that the white blood cells decrease, and culturing body fluids or mucus does not uncover any important bacteria. The practical part of treatment is that antibiotics have no effect against viruses; that's why penicillin does not help a "real" (viral) flu, even though it improves a germ infection that feels like it's a flu.

We do have some antivirus medicines, and there'll be more in a few years. It does distress us to give an antibiotic (mistakenly) for a virus disease, find it doesn't help, but does produce a bad reaction of some sort. This is a good example of when "intelligent neglect" would have been better.

Party held at Pioneer Nursing Home for Coxes

Members from Dee and Getta Cox's family came from as far away as Provo, Utah, to have lunch with the Coxes at the Pioneer Memorial Nursing Home in Heppner on Sunday.

Marv and Jeanine Cox came by Amtrak to Pendleton and by car to Heppner for the visit. Marv and Jeanine's sons and daughters came along with their families for the lunch. The families included: Steve and his wife Kathy and daughter Casey; Peggy, her husband David, daughters Brooke and Ricki and son Chad; Debby and her husband Mike, son Matt and daughters Aimee and Hayley; Marva and her husband Rober and sons Ryan and Greg; and Dave.

Special guests who attended were Leonard and Edith Munkers, Archie and Gladys Munkers, Barry and MaryAnn Munkers, Alice McCabe, and Lyle Peck.

BMCC offers parenting skills class

Staying calm in the face of typical child behavior will be stressed in a parenting skills class to be offered by Blue Mountain Community College Feb. 14 and 21.

The two-session class will meet Thursday evenings from 7 to 10 p.m. in the Morrow Lecture Hall, room 130. Cost will be $10 per couple or $7.50 for a single parent, which will cover both sessions.

Instructors for the class will be Bruce Barnes and Dr. Terrel Templeman, former head of Morrow County Mental Health Services. Problems such as bedwetting, childhood fears, and obstinacy will be explored. The instructors emphasize procedures for staying calm when relating to children.

Persons interested in registering for the seminar should contact the continuing education secretary at the college. Students may also register at the door.

Port agrees to farmland lease

The Port of Morrow in a special meeting Tuesday, Jan. 22, agreed to lease about 1800 acres of farmland. The leases include two circles, approximately 250 acres each, to Joe Snarr, Boardman, Joe Cerrea, Hermiston, and John Martikn of Idaho for $175 per acre; two circles to Gary Pitch of Boardman for $325 per acre; and the balance of approximately 800 acres to Vernon Fredrickson of Irrigon for 18 percent or 25 percent of the gross revenues depending on the crop.

The property was leased to Miracle Potato Co. until January, 1984 when, according to Acting Port Manager Bob Miller they walked out on their 10 year lease, one year early. Their reason for abandoning the farming effort, says Miller, was lack of profits.

In other matters, the Port decided to contract with Inland Container Co. for a minor modification to the recently constructed crane at Terminal 3. The modification is expected to cost approximately $4,000 and would provide electricity to the hook on the spreader bar which picks up containers. The crane could then be operated by remote control from the cab by one person instead of two who are required now because one person is needed to manually "hook up" the containers.

Acting Port Manager Bob Miller said that other modifications for the crane were discussed which would be considered only if it were decided that they would be cost effective. The port dock was originally intended for 90 percent roll on roll off loading use and 10 percent crane loading and unloading. Inland Container Co., however, expects that the crane-loading will be used more.

Our original estimate of business was for two barges per week, said Miller. Last week we had three, this week four, and we are turning away trade. Evidentally the facility was put at the right place at the right time and will be fully utilized.

If this trend continues Miller explains, it may be justification for modifications to speed up the system. At that point, for one-man to operate the crane, it would mean raising the crane's cab 15' at a cost to the Port of about $6,500 which would bring the total cost of the crane to $400,000. The cab of the crane is currently about six feet above the ground level.

Grazing Board to plan 1986 range improvement

"Going into Business" is the topic of a six workshop series to be presented by Blue Mountain Community College's Small Business Development Center beginning Feb. 11.

The Workshops will be held from 7 to 10 p.m. on successive Monday nights through March 18. The class will meet at the Center's downtown office across from Pendleton City Hall.

The first session is titled "The Basic Steps and Paperwork." Topics to be covered include: legal structures and accounting systems; keeping records and making decisions; marketing, advertising, promotion; financing your business; and the business plan.

"This is a practical how-to series featuring lots of information, presentations by business professionals and plenty of discussion," according to Center Director Tom Hampson.

The session can be taken as a series or individually. Information presented, when taken as a package, will provide participants with the basics of a total business plan.

New businesses are especially encouraged to take the entire series, Hampson noted. Persons wishing more information should contact the Center at 276-6233.

FACTS & FIGURES

The common cold is pretty common indeed. It outnumbers all other diseases 25 to one. Almost everyone catches colds. About half the population gets two a year, and a quarter gets three or more.

Surveys suggest women are more susceptible to colds than are men, by a ratio of 55 to 43. Children under five are more susceptible than any other age group. Among older children, colds account for one out of every four absences from school.

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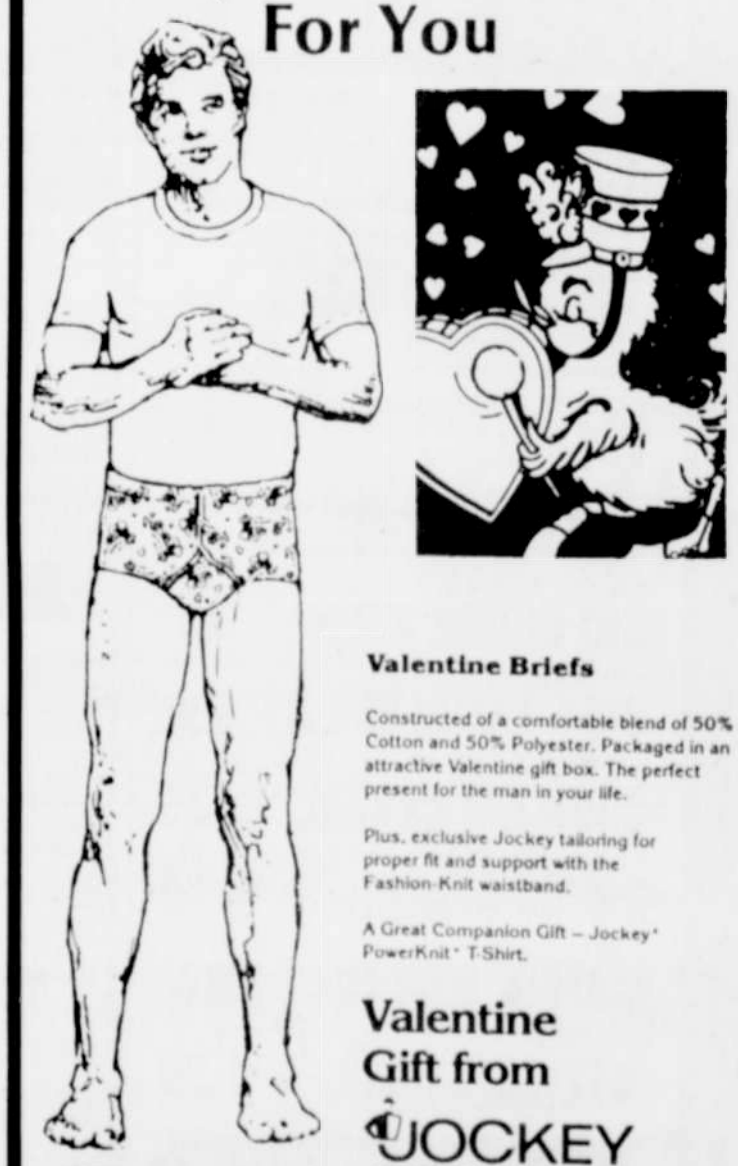

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