

Basketball player returns from Australia



Lori, Aftan and Howard Long

Howard Long, his wife Lori, and their 7½ month-old daughter Aftan were visiting relatives in the Heppner area last week.

Long, a 6'9" basketball player is recently returned with his family from a two-year stay in Australia where he held the position of junior

coaching director for the Burdekin, North Queensland district.

He explains that in Australia athletic competition for children is not part of the school system, but is promoted by a club system. The association which Long was in charge of included about four clubs for an area of 11 schools. He says that his job was to promote the game and get third through seventh graders involved with the sport.

About 500 children were involved in the program with approximately four coaches for each age group, which Long explains meant that, for the most part, only about 20 kids worked with a coach at a given time.

Long says that basketball has become very popular in Australia during the last year. He was only the second junior coaching director in the Burdekin district, and other districts have not yet been involved as long. A large percentage of the national team-an honor similar to selection to an all-star team here-were 17 of the players from the clubs which he directed.

Since the program is relatively new, Long says that his emphasis was to improve the standard of basketball by teaching fundamentals. He explains that the longer the program continues, the more skilled the players should become. Along with basic skills, Long emphasizes the pyramid of success which begins with ambition, concentration, friendship, loyalty, co-operation, self-confidence, team spirit, skills, poise, and confidence.

While working to promote basketball among the youngsters in the Burdekin clubs, he also participated in the Australian Amateur Basketball Association which allows two Americans on each of its National League teams. Long says that although he has had offers to play in the Australian National League, he has not made any decisions yet. He says that he and his wife found Australians "very friendly and open to Americans." They were helpful, we made some good friendships and it was tough leaving, but "two years in one community is enough. It is time to move on."

Returning to eastern Oregon in the winter has been somewhat difficult, Long concludes because when they left Australia, the temperature was 100 degrees and the climate was humid. "Primary kids don't need to wear shoes to school, but are continually warned to wear a hat because of the threat from cancer caused by constant exposure to the sun."

News from the Neighborhood Center

By NEOLA MACKEY

Steve Hickman, the Job Training Techniques Counselor will not be at the Heppner Neighborhood Center Dec. 26. His next visit here for counseling will be Wednesday, Jan. 9, 1985.

There will be a Cheese giveaway Friday, Jan. 4, 9 a.m.-3 p.m. It will be on a first come first serve basis. One five-pound brick of cheese is allowed per family regardless of family size. This is some left over cheese that needs to be given away so supply is short.

There will be Fuel Assistance Friday, Dec. 21. Those having appointments must keep their appointments in order to receive assistance.

Tops will meet at the Center Thursday Dec. 27 at 7 p.m.

The Blood Pressure Clinic will be held Wednesday, Jan. 2 from 2 p.m.

to 4 p.m. Please note the change from the usual time.

The Center will be closed Dec. 25 and Jan 1. Happy Holidays from the volunteers and staff at the Center.



Noel NOEL!

'Tis the season of carols and good wishes. Many thanks for allowing us to serve you!

From all of Us at
PETTYJOHN OIL

Ione Cardinals improve to 3-1

By ASHLEY CONKLIN

Ione's boys basketball improved to 3-1 with a 42 to 27 victory over the Heppner Mustangs on Tuesday, Dec. 11.

In the first quarter, Wayne Wilgers sparked Heppner with six points as Heppner took a 14-12 lead. Randy McCabe tossed in ten for Ione.

McCabe got six second stanza points as Ione outscored Heppner eight to four. At intermission the Cardinals led the Mustangs 20-18.

Neither team could score very much in the third period. Heppner came within 24 to 23 by outscoring Ione five to four.

However, the Cards blew the game wide open in the fourth quarter. Mike Rietmann scored six in the quarter, as Ione won 42 to 27.

McCabe led all scorers with 20 points. Rietmann added eight for the Cardinals. Wilgers had eight for the Mustangs.

Ione shot 50 percent from the field, making 18 of 36. Heppner was nine of 32 for 28 percent. At the free throw line, Ione was six for 15, which was 40 percent. Meanwhile, Heppner got nine of 21 shots made, for 43 percent.

Ione controlled the boards 38 to 17. McCabe gathered 12, Rietmann had

10, and Donnie Doherty got seven. Heppner had only one defensive rebound in the entire second half.

Mark Meyers passed for eight assists, one more than the entire Heppner team. The Cardinals committed 27 turnovers, while the Mustangs had 21.

Ione will play at Spray on Friday Dec. 21.

Statistics

Ione	FG	FT	TR	A	R	O
McCabe	9-13	2-6	20	4	3	12
Rietmann	4-7	0-3	8	3	5	10
Doherty	0-0	0-0	0	4	1	7
Meyers	3-11	0-1	6	1	8	3
Ball	0-0	2-3	2	5	3	1
Pointer	0-0	0-0	0	0	0	0
Douglas	2-3	0-0	4	2	4	5
Rea	0-0	0-0	0	0	0	0
Taylor	0-0	0-0	0	0	2	0
Snider	0-2	2-2	2	0	1	0
Totals	18-36	6-15	42	19	27	38

Heppner-Doherty 1, 0-0, 2; Wilgers 4, 0-1, 8; Curran 2, 0-1, 4; Kennison 2, 2-7, 6; Hyatt 0, 0-0, 0; Green 0, 2-2, 2; McConnell 0, 0-0, 0; Storm 0, 2-4, 2; Limanen 0, 0-0, 0; Graves 0, 3-7, 3.

	1	2	3	4	F
Ione	12	8	4	18	42
Heppner	14	4	5	4	27
Fouled out-Graves, Ball, Total fouls-Ione 19, Heppner 19.					

PEACE ON EARTH THIS CHRISTMAS

HOP'S BODY SHOP

Mark Hopkins

Let's Talk



Lynn Zirkle has worked at PNB for 15 years, the past five in services for disabled customers and in the Let's Talk Bureau.

As complexities brought about by the Bell System breakup occur, we at PNB's Let's Talk Bureau will let you know what's going on.

service is partially paid for by higher long distance rates.

Basic local service is priced at about \$15 per month in Oregon. It costs PNB about \$30 to deliver it. Similarly, other services such as Directory Assistance and Time of Day

As they do, other previously subsidized rates will have to begin paying their own way.

This was the driving force behind the breakup of the old monopoly, to make phone services compete like other goods and services. Competition does, after all, bring about market-based pricing.

I think this is fair. Most people seem to agree. It means you will pay for services you actually use and not be charged for services you don't use. Like most things in the free marketplace, phone services will be priced according to cost. As a result, some prices will go down and some will go up.

As in the past, these matters come under review by the public, government agencies and judges. They receive a good airing.

We'll be talking about these changes as they occur. And we're always here at *Let's Talk* to speak with you.

Call 1 800-555-5000 any time.

“Competition does, after all, bring about market-based pricing.”

by Lynn Zirkle

It's our job to keep you informed.

The most obvious changes are in the pricing of your phone services.

Under the old Bell System pricing scheme some phone services were subsidized, and some of these practices continue. For example, local phone

have been underwritten by high charges for some PNB long distance services. (PNB long distance service areas are shown in your local directory.)

Now that several companies are competing for long distance customers, long distance rates will have to come down.

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We Will Be Closed Dec. 25 & 26.

BOUQUET DRAWING FRIDAY, DEC. 22!

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