

Lexington News

By Delpha Jones 989-8189

Booster Day was held at the Lexington Grange on Sunday, Dec. 2 with a good crowd in attendance. A potluck dinner started the day and was served from tables beautifully decorated in fall colors. The meeting was called to order by the Master, who opened the grange, and introduced the following honored guests: Martha Baker-Greenfield Grange Master, Perry Ried-Umatilla County Deputy and Master of Columbia Grange, Dorris Ried-District No. 6 CWA Chairman, Joe DuPuis-Master of Umatilla County Pomona, Karen Wheeler-Oregon State Grange, Ceres and Marvin Wheeler-member of the Oregon State Grange Youth Committee and Master of Multnomah Pomona Grange. The band, Major Motion, entertained with several numbers followed by several violin solos by Frances Smouse, and a fine, interesting and entertaining talk by the speaker Marvin Wheeler on the various activities of the Grange, touching on the blind project, the hearing dogs and the deaf machine, the Legislative work and projects for the women. Mr. and Mrs. Wheeler attended the National session in Texas where he was chosen second place winner in the national talent contest as his work as a gospel singer. He also entertained with a couple of fine numbers. The lucky name of Dot Halvorsen was chosen to win the afghan made by Josie Peck for the Grange. The Kitchen Band from Stateline was also scheduled on the program but because of weather conditions, a heavy fog, they were unable to attend. The program was under the direction of the Lecturer, Virginia Peck.

The Rebekah card party held on Saturday Dec. 3 was well attended. Winning high prizes were Bob Taylor, and Erma Keithly; Low-Edith Mathews and Charles Buchanan, and door prize-Cleta Walters. Refreshments were served by the committee of Kathy Tellechea and Luella Taylor.

PNG Club met at the home of Delpha Jones for a Christmas luncheon and meeting. A lunch was served at 1 p.m. after which a short business meeting was held. The Secret Sisters for 1984 were revealed and names were drawn for 1985. An election of officers was held with Joyce Buchanan-chairman, Hilda Yocom-vice chairman and Virginia Peck-secretary-treasure. It was voted to purchase one or two trees for the Lexington cemetery, and plans will be made at the March meeting on planting them. Hilda Yocom was appointed to contact the cemetery board on the planting plans. Those present were: Leila Palmer, Hilda Yocom, Donna Papineau, Ruth Robinson, Virginia Peck

4-H teens form group

By BIRDINE TULLIS
OSU Extension Service
Program Assistant for Morrow Co.
Older 4-H members have recently formed a club and invite other teens to come join the fun. Meeting place has been changed to the Dorm building at the fairgrounds, Heppner, for the Thursday, Dec. 13, 7 p.m. meeting.

and the hostess.
Ralph Burcham is a patient in Pioneer Memorial Hospital nursing home.

Mrs. Burcham, from Enterprise spent several days last week at the home of Dorothy Burcham.

Kenneth and Linda Jones and sons were recent visitors with relatives in Salem, and in Portland where they were overnight visitors with his sister and family Charlene Whitney. They all attended the Ice Capades on Sunday.

Mr. and Mrs. C.C. Jones were callers at Priest River, Idaho a couple of days last week with the James Bowman family.

Earl Miller, who underwent major surgery at the Veterans Hospital in Walla Walla returned home on Friday afternoon.

Marion Robinson received word this week of the death of her father, John Poorman. Burial services were Tuesday at 10 a.m. in Hermiston.

Mr. and Mrs. Bill Padberg had as their guests over the weekend Mike, Padberg and his son Shane, of Woodburn, and Bill Klinger and his son Lance of La Centre, Washington.

Mr. and Mrs. Charles Buchanan returned home Wednesday evening from several days in Portland.

Lexington Grange will meet Monday, Dec. 17 for the regular meeting. There is planned an exchange of gifts with each person making the gift exchange, a Christmas program and potluck dinner.

Mr. and Mrs. Joe Yocom entertained on Saturday with a farewell dinner in honor of Bill and Millie West. They left on Sunday for California where he is stationed with the U.S. Army. Dinner was enjoyed and an afternoon of visiting and card playing. Present were Leland and Marie Jones, of Pendleton; Debbie Jones and daughters of Echo; Jack and Renee Yocom of Ione, Marion and Kenneth Howard and Stormy Jo; Mr. and Mrs. Eddie Gunderson, and the host and hostess Joe and Hilda Yocom.

The Lexington Christian and Friendship Baptist combined churches held a turkey dinner on Wednesday at the Rebekah Hall in Lexington with about 50 in attendance. The speaker was from Halfway, Oregon. An enjoyable evening was had by all.

Mr. and Mrs. Bill Marquardt were Portland visitors over the week end.

News from the Neighborhood Center

By NEOLA MACKEY
Adult and Family Service counselors Janet Phillips will be at the Heppner Neighborhood Center, Wednesday, Dec. 19 from 9 a.m. to 12 noon for those needing assistance. The center also has Food Stamp applications.
The Blood Pressure Clinic will be held at the Center from 2:30 p.m. to 4:30 p.m. Tuesday, Dec. 18. Starting in January the Blood Pressure Clinic will be held from 2 to 4 p.m. for the

convenience of clients.
There will be no Thursday Social and Craft meeting Thursday, Dec. 20 because of the Christmas rush.
There will be no TOPs club meeting at the Center Monday, Dec. 24. The meeting has been changed to Thursday, Dec. 27 at 7 p.m.
The Low Income Energy Assistant Program (Fuel assistance) will have appointments Friday, Dec. 14 and Friday Dec. 21. Clients must have appointments to receive Fuel Assistance.

Grange installs officers

By DELPHA JONES
Willows Grange, of Ione, was hostess to the installation of the Morrow County Grange officers, on Saturday afternoon, Dec. 8. Te installing Master was Dot Halvorsen, Marshall-Delpha Jones, LAS-Louise Keene, and AS-Berl Akers. Those installed were, Masters: Martha Baker-Greenfield, Delpha Jones-Lexington, Bryce Kenne-Willows.
Overseers: Carl Martin-Lexington, Willard French-Willows, and Bill Alford-Greenfield.
Lecturer: Helen Crawford-Willows.
Steward: Charles Buchanan-Lexington, Otis Dean-Greenfield, and Lewis Halvorsen-Willows.
Assistant Steward: Don Baker-

Greenfield.
LAS-Marianne Palmer.
Treasurer: Betty Snow-Willows and Cecil Jones-Lexington.
Secretary: Jean Nelson-Lexington, and Dot Halvorsen-Willows.
Ceres: Geneva Palmer-Willows and Geri Martin-Lexington.
Pomona: Edna Melby-Greenfield.
Flora: Joyce Buchanan-Greenfield and
Gatekeeper: Bill Snow-Willows and Glover Peck-Lexington.
Following the installation a bountiful dinner was enjoyed, after which there were several tables of card player. Surprise guests for the afternoon were Mr. and Mrs. Gil Lujan of the tri-cities a former Ione teacher and wife.

Medical Topics

By Dr. Sam Pobanz

More One-Liners

Does it impress you that the intestinal tract is one continuous tube 20 feet long? If not, maybe you should think of what all it does from one end to the other.

You don't believe "psychosomatic"? Have you ever said, "You make me sick," or "He's a pain in the neck"?

The spread of cancer to the liver and the lung and the lymph nodes is common, but those cancers that spread most frequently to bone are the prostate, breast, kidney, bladder, and thyroid.

Did you know that curable hypertension occurs with over-active thyroid, anemia, one-sided kidney disease, narrowing of the big blood vessel in the chest, or with the poisoning that accompanies childbirth?

If you are running a chronic fever, you will find your doctor thinking about infections, inflammations, tumors, some of the blood disorders, reactions to medicines, and involvement of what we call connective tissues.

The reasons that normal people don't behave in their customary manners include being overtired, worried, sleepless, frightened, or in love.

One of the very basic basics in emotional health is that each of us needs someone to listen.

I think it is very helpful the way one dentist advised that we brush the gums, scrub the mouth, and incidentally, clean the teeth.

Don't we want two Advanced First Aid people in every home?

Did you realize that a physician must never, never, never get tired? That's one thing he cannot afford to do.

About medical predictions, I just read that monitors and computers will soon be checking everything but pelvis and rectals. Thank goodness.

I'm distressed to read that most collisions of cars and slow-moving vehicles take place in good light, good weather, and on good highways.

When we talk about personality change, we often think of a kind person suddenly becoming grouchy; it would be just as important if a chronically grouchy person suddenly became kind, wouldn't it?



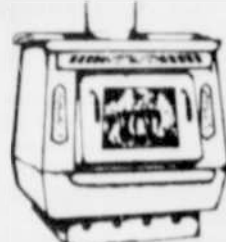
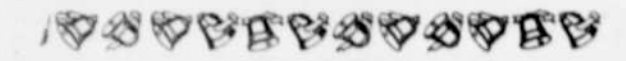
What's Your Opinion?

For the month of December the Gazette-Times will feature the Christmas wishes of its staff members in our regular "What's Your Opinion?" column. Question: "If Santa could grant one wish for you this Christmas, what would that wish be?"



"I would ask for a two-week vacation in Tahiti, because afterwards the world would look a lot brighter-even problems would be back in perspective," says Sandy Holtz, editor.

"That everyone will appreciate our greatest gift—Christ's birth," says Marcy Bacon, dark room and circulation.



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