

Nazarene pastor & wife feted



Pastor Floyd and Sharon Wilks

Sunday, November 11 was proclaimed "Pastor Floyd and Sharon Wilks Day" at the Heppner Nazarene Church. The Rev. and Mrs. Wilks have just completed their fourth year of ministry in Heppner and were presented with a plant during Sunday school services.

Special guests included Brad Tildt and Kathy Schumaber of Spokane. Brad and Kathy "sign" for deaf mutes and "signed" several of the songs for the congregation.

Paul Barber Jr., a senior at Lewiston High School and a former member of the youth group in Spokane where the Wilks were former youth ministers presented the message.

Following the morning service, the annual Thanksgiving dinner was served and members of the young peoples' group participated in sev-

eral games. "The Price is Right," "Body Language," "Wheel of Fortune" and "Password" led up to the grand finale, an all expense paid trip for the Wilks to General Assembly in Los Angeles in 1985.

Future events planned by the church include a trip to E.W.U. in Cheney, Friday, Nov. 16 said a spokesperson for the church. The youth groups from the Nazarene churches in the Northwest District will listen to a concert, play games and watch the film "The Cross and the Switchblade."

The Heppner Nazarene Church will also be hosting a Good News Club on Wednesdays at 3:30 p.m. This will be open to children from kindergarten through sixth grade and will last one hour each Wednesday.

Order history books before Dec. 1

Those who wish to order Morrow County History Books need to mail their orders before December 1 reminds Delpha Jones of the historical society.

Requests for books may be mailed to Delpha Jones, Lexington or to Ruth McCabe, Ione. Those who have already called to order books must make their request in writing, so that there is a record of the order. Books will cost \$42.50, but "we don't need the money now," says Jones. "If we don't get enough orders to pay for printing 200 books, we won't be able to order any."

VA asks return of questionnaires

The U.S. Veterans Administration recently sent annual income questionnaires to Oregon veterans and widows of veterans who receive federal pensions. The Oregon Department of Veterans' Affairs reminds these veterans that it is extremely important that the cards be returned to the Veterans Administration no later than January 1, 1985. Those pensioners not returning income cards will risk termination of their pension warns a news release from the Oregon DVA.

Questionnaire cards should have been received by veterans, surviving spouses, and children receiving benefits under New Law, Old Law, and Section 306 Pension Laws. Parents in receipt of dependency indemnity compensation also should have received income cards. All pensioners should have received the cards by this time.

Any pensioner needing assistance in filling out the questionnaire should contact the Morrow County Veterans' Affairs offices in Salem and Portland also offer assistance.

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New, harsher warnings to appear on cigarette packages and ads

New disease-specific warning labels will appear on cigarette packages and advertisements within the year, according to a law recently signed into effect by the president reports a news release from the American Heart Association.

The previous warning was ominous: "Warning: The Surgeon General has determined that cigarette smoking is hazardous to your health." Yet the caution printed on cigarette advertisements and packages has not deterred the 54 million people who continue to smoke in this country.

The set of four warnings elaborates on the specific damages from smoking, including heart disease, lung cancer and emphysema. Cautions on carbon monoxide and danger to pregnant women and the fetus are also listed.

The American Heart Association is part of a coalition that helped advance the Comprehensive Smoking Education Act through Congress. The intent of the graphic warning labels is to more forcefully warn and educate the public about the hazards of smoking.

The four new warnings are: "Smoking causes lung cancer, heart disease, emphysema, and may complicate pregnancy."

Quitting smoking now greatly reduces serious risks to your health. Smoking by pregnant women may result in fetal injury, premature birth and low birth weight.

Cigarette smoke contains carbon monoxide.

The new law will increase the effectiveness of the labels, according to AHA, Oregon Affiliate president, Beatrice Kartus Rose, M.D., M.P.H.

"The old warning has been used for so long that people no longer really read it," said Rose. "One warning isn't strong or specific enough to emphasize the total dangers of smoking. We want smokers to be aware of the specific health hazards of their habit and we want

non-smokers to know the consequences of smoking so they won't be tempted to start."

The Coalition on Smoking or Health, comprised of AHA, the American Cancer Society and the American Lung Association, was formed in 1982 to combine efforts on legislative issues relating to smoking. Legislative action to change the longstanding cigarette message has been the coalition's primary pursuit.

In Oregon, representatives of these three groups have banded together to form the Oregon Health Groups on Smoking or Health to impact smoking issues at state and local levels.

The Comprehensive Smoking Education Act, signed into law October 12, will require cigarette manufacturers to rotate the four new messages on cigarette packages and ads.

Cigarette manufacturers were first required by law to include a health warning on cigarette packages and advertisements in 1965. The message then read, "Caution: Cigarette smoking may be hazardous to your health." Congress strengthened the mandatory warning in 1970 to "Warning: The Surgeon General Has Determined Smoking to be Dangerous to Your Health."

Much of the impetus for the changes came from a 1981 Federal Trade Commission Staff Report on cigarette smoking. This report concluded that a substantial proportion of the population does not know how dangerous smoking is or whether the dangers apply to them. The survey also indicated that 58 percent of smokers do not know or believe that smoking is a major risk factor for heart disease. The need for more education and awareness is clear, according to Rose.

"The label change is a way to effectively counter the tobacco industry's billion dollar budget," she said. "It is one more avenue for us to inform the public about the hazards of smoking."

Computer workshop offered to farmers

An Eastern Oregon computer workshop will be presented for farmers by the Oregon State University Extension Service in Umatilla County December 5 and 6 at Milton-Freewater. The workshop is designed to help farmers who are thinking

about buying computers, or farmers with computers who want to learn spreadsheet and database programs. Registration fee is \$30.

Further information may be obtained from the Umatilla County Extension Service, P.O. Box 105, Hermiston, OR 97838.



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