

Sign up for 4-H

By BIRDINE TULLIS
Morrow County
OSU Extension Service

It's National 4-H Week - the perfect time to join 4-H!

Whether you want to be an adult volunteer leader, teen leader, or 4-H member, now is the time to contact the OSU Extension office for information.

Four-H is a unique program...still based on the proven concept of "learning by doing", 4-H teaches young people skills to use throughout their lives.

It's an opportunity to explore new ideas, and learn about possible careers in every imaginable field. And even more, 4-H teaches young people the responsibilities and privileges of good citizenship. It makes them leaders, developing self confidence and poise in everything from cooking to mechanics to public speaking and using computers.

If your family includes young people 4th thru 12th grades, we invite you to learn more about opportunities in 4-H here in Morrow County.

Adult and teen leaders interested in working with kids are needed in every community.

Whatever your skill or interest, we have kids waiting to be a part of your 4-H club. Extension staff are here and ready to help you with your club, too!

Call Stephen Campbell or Birdine Tullis at 676-9742. Get your kids involved in the most successful youth development program in the world, and get yourself involved, too! Four-H is a family affair.

Volunteers essential for successful 4-H

By STEPHEN J. CAMPBELL
Morrow County
OSU Extension Agent

The Oregon 4-H program has the largest number of volunteers of any youth program in the state. Volunteers are essential for the successful experience and the delivery of 4-H education to youth. In 1983, there were 5,979 adult volunteers working with the program. In addition, there were 1,036 junior and teen leaders. The junior leaders were in grades 7 through 9 and the teen leaders, 10 through 12. Junior leaders work with adults in a leadership role, while teen leaders are 4-H members who work with a group of young people themselves. Teen leaders have adult advisors to help them.

Volunteer leaders assist youth in 4-H educational projects and activities. In addition, many have served on county 4-H advisory committees, and state planning groups.

The average 4-H volunteer donates 220 hours per year in preparing for and teaching youth. Thus, for each hour the salaried staff member spends in 4-H an average volunteer spends 12 hours. Volunteers drive an average of 300-400 miles for 4-H in personally-owned cars and spend \$50-\$60 on teaching materials. The estimated value of the time volunteers devote to 4-H plus the annual out-of-pocket expenses is about \$6,000,000 annually.

There is also substantial involvement and assistance to the 4-H program by resource people, by business and industry, agricultural and civic groups, most of which are not included in the volunteer leadership roles above.

New wild game book available

By BIRDINE TULLIS
Morrow County
OSU Extension Service

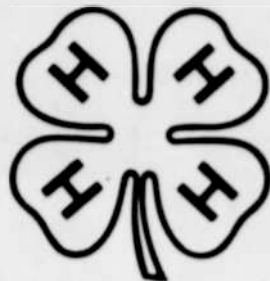
Just in time to offer help to both hunters and homemakers, a new publication "You and Your Wild Game" (EC 1176), is hot off the press at Oregon State University.

Somewhat different in appearance to most bulletins, this publication is a 74 page spiral-bound book. Contents provide guidance on handling procedures for deer, antelope, elk, moose, sheep, and goats, as well as recipes. The complete recipe section includes making jerky, sausage, and even other foods that are good to accompany the wild game.

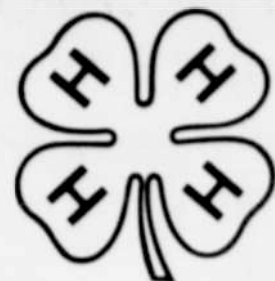
The book was authored by Ray A. Field, Prof. of Animal Science, University of Wyoming and Carolyn Raab, OSU Extension Foods-Nutrition specialist.

Copy of the new book is available at Morrow Extension office for reviewing.

Those desiring to purchase may order through any Extension office. Cost is \$2.50.



National 4-H Week OCTOBER 7-13



Leadership for Tomorrow

"Building on Experience"



Extension's 4-H /Youth program

assists young people, their families, and adult volunteers to become productive and self-directing by developing their practical skills and knowledge. Professionals and volunteers together provide educational projects and activities in animal science, plant science, home economics, mechanical science, natural science, and expressive arts.

Join America's most successful youth development program.

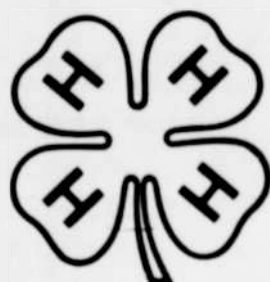
For info. on 4-H membership or leader opportunities -- see the 4-H Recruiting Booth on Main Street, Heppner -

October 13, 9 - 5

or

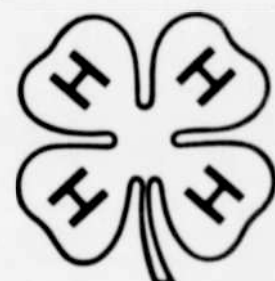
Call Extension Office at 676-9642

4-H is a family affair



National 4-H Week Salutes All 4-H Leaders and Members

THE FOLLOWING MERCHANTS & INDIVIDUALS SAY, "HATS OFF"
& JOIN IN THEIR SUPPORT:



Abrams, Kuhn, & Spicer, Attys.

Country Rose

Kinzua Corporation

All Saints Episcopal Church

Country Shears

Lott's Electric

B & C Repair

Court Street Market

Ron McDonald Chevrolet

Bank of Eastern Oregon

D & L Repair

Morrow County Abstract

Beecher's Cafe & Lounge

Dobyn's Pest Control

Murray's Drug

Rudy & Jackie Bergstrom

Ekstrom Farm Chemicals

Mycal's

Ray Boyce Insurance

Farley Motors

Northwestern Motel

Case Furniture

Gardner's Mens Wear

Peterson's Jewelers

Central Market

Green Feed

Pettyjohn Oil

Coast to Coast

Heppner Gazette Times

R & W Drive-In

Church of the Nazarene

Howard's Chevron

Rietmann's Hardware

Columbia Basin Electric Co-Op

Ione United Church of Christ

Turner, Van Marter & Bryant

Morrow County Grain Growers

Pettyjohn's Farm & Builders Supply

Sears Authorized Catalog Sales Merchant

Western Heritage Savings and Loan