

## DIVISION 4 — 4-H RECORD & MEMORY BOOK CONTEST

PREMIUMS Blue - \$4.00, Red - \$3.00, White - \$2.00

— OPEN TO ALL 4-H MEMBERS

— County Contest Only. Members may enter one or both contests.

### CLASS A: Record Book Contest

Record book must include project records for current year, permanent record and 4-H notes up to date of fair time.

### CLASS B: Scrap Book Contest

Scrap book should consist of pictures, newspaper clippings and correspondence that relate the project carried for current year, or for a number of years. Materials should be organized by year, or project area. Include index and-or sheet listing projects carried for current year. Club scrapbooks may be entered in special category.

### LOT

1. Junior
2. Intermediate
3. Senior
4. Club Scrapbook

## DIVISION 5 — OWGL MULT-USE 4-H BAKING CONTEST

— OPEN TO ALL 4-H MEMBERS

PREMIUMS \$5.00 award to champion each division

Exhibit a baked product (bread, cake, cookies, or any food product) using a wheat product such as ala, bulgar, whole wheat flour, wheat germ, cracked wheat, rolled wheat or whole wheat berry. Product may be prepared at home. Include recipe.

### LOT

1. Junior
2. Intermediate
3. Senior

This contest is for 4-H members who use wheat products such as Ala or bulgur, whole wheat flour, wheat germ, cracked wheat, rolled wheat or wholewheat berry in baked goods. These ingredients can be used in any good product which is baked.

The contest is divided into three divisions in each county and they consist of a Senior, Intermediate and Junior awards. Prizes are \$5 to the first place winner in each division. The recipe must accompany each entry. There will be one ribbon (blue) to the winner of each division.

The \$5 award will be mailed to the winner upon receipt of their name and address in the OWGL Office.

The blue ribbons will be sent to the county Consumer Programs chairman in each county to be placed on the products at the fair.

## DIVISION 6 — BEEF BROWN BAG CONTEST

3:30 Tues.

PREMIUMS: 1st place - \$12.00, 2nd place - \$10.00, 3rd place - \$8.00  
(by Morrow County CowBelles)

OPEN TO ALL 4-H MEMBERS

— Serving portion of roast beef, brown bag, and sandwich bag will be furnished by CowBelles.

— Participant will:

1. Prepare roast beef sandwich for sack lunch.
2. Decorate brown bag to promote beef, i.e. picture, slogan, etc.
3. Be able to tell judge why sandwich is nutritious.

— Contestant brings choice of bread, seasonings, toppings, . . . ingredients to add to basic meat to make a tasty, creative, nutritious sandwich. (Opt. may include two other items to make lunch nutritionally balanced.) Also bring choice of supplies for decorating bag . . . marking pen, picture, etc. . . your choice . . . keep it simple.

— Contest will be judged on: taste, appearance, beef statement, nutrition, and creativity.

— Contest length . . . 30 minutes.

## DIVISION 7 — SOMETHING FOR NOTHING EXHIBIT

PREMIUMS Blue - \$4.00, Red - \$3.00, White - \$2.00

— OPEN TO ALL 4-H MEMBERS

— Exhibit any usable item made from materials that would normally be thrown away. All entries will be judged and displayed. Attach story telling purpose of item and listing throw away ingredients or articles used to make item.

— Judges will consider originality, creativeness, and usefulness.

### LOT

1. Junior
2. Intermediate
3. Senior

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