



Cow Belle Corner

By MARLENE CURRIN
Publicity Chairman
Morrow Co. CowBelles

The CowBelles are interested in many areas of the cattle industry. Our goals are in many areas; one of the largest lies in education. We wish to help the general public become aware of many facets of the cattle industry, from birth to locker.

In that respect, an interesting article by Dr. Roger Brownson, extension beef cattle specialist at Montana State University contains important information. He states that cattle producers can control, to some extent, the prices they get for feeder cattle. The cow-calf producer can control some of the discounts and premiums commonly used in feeder sales.

From breeding to marketing, management is important to control health and other factors that affect prices. It may not pay to try to avoid all discounts, but most of the causes can be controlled.

Buyers generally favor large-framed crossbred cattle, especially if they are available in large, uniform lots. However, many other factors affect prices, it was shown by a Kansas State University study of 86,000 feeders vary from myth to legitimate bias, and buyers often have legitimate reasons for shunning certain cattle. However, what buyers say they want isn't always what they will pay for.

To summarize the factors that can be managed to obtain

better prices, Dr. Brownson lists these:

Health - Less-than-thriftly calves were discounted \$2.75 to \$25 per hundredweight, and yearlings up to \$7.50, the Kansas study showed. Unless sold directly upon weaning, keeping calves until they are eating and recover bloom may pay for sellers.

Lot size - Large lots, bred and managed for uniformity, consistently bring higher prices p almost \$2.50 more for larger lots of steer calves and \$4 more than for yearlings as singles. However, larger lots of heavier heifers were discounted slightly.

Uniform weight - Uniformity was significant only for larger lots, which tend to include a greater spread in size. This indicated that feeders should be sorted by uniform weight only if sold in larger lots.

Condition - Buyers claim to prefer yearling feeders on the thin side, but sellers usually benefit from a little fat on their feeders. Calves in average flesh sold for almost as much as thin ones, and fleshy yearlings outsold those in average condition. The highest discounts, \$5 to \$9 per cwt., were made for extremely thin or fat calves, according to the Kansas study.

Fill - Feeder buyers did not pay for less-than-average fill when buying healthy calves. Gaunt yearlings and steer and heifer calves actually were discounted, although gaunt yearlings brought about the same as those with average fill. This indicated that full - not visually tanked - calves may bring more, despite a price-per-pound discount.

Horns - Discounts for horns of up to \$2.50 per cwt. were considered significant. The discount, however, was slight for mixed groups of horned and dehorned cattle.

Frame - Buyers like large-framed cattle, but only 10 percent of the Kansas feeders qualified. The tallest and longest steer calves and yearling heifers brought premiums of 47 cents to 92 cents per cwt., but medium-framed yearling steers actually brought 32 cents more than large-framed ones. Discounts for small-framed steer calves indicated the importance of avoiding "dumpy" feeders that mature early and reach Choice grade at low weights.

Muscling - Feedlot buyers want thick, meaty cattle, especially in yearlings. Premiums for thick muscling ranged from 32 cents to \$1.40 per cwt., for calves to \$2.33 for yearling steers.

Breed - No breed or cross-breed monopolizes top prices, but crossbred calves get preference. Hereford-Angus feeders of all classes consistently outsold either parent breed, with premiums almost equal to those paid for Charolais, Simmental and Continental crosses.

Sex and weight - Steers brought the top prices for all weight categories. Although the steer-heifer price spread narrowed at higher weights in the Kansas study, current spreads of up to 10 to 12 cents indicate that sex ranks close to health and condition as a price factor. At heavier weights, intact bulls were discounted up to \$10 per hundredweight.

Requirements
Airport Matching & Right-of-Way Acquisition \$50,000.00
Reserved for Future Expenditure \$10,000.00
Total Requirements \$60,000.00

LoRayne Bowman
Budget Officer

Published: February 23, 1984.

NOTICE OF SUPPLEMENTAL BUDGET HEARING

A public hearing on a proposed supplemental budget for Morrow County of the fiscal year 1983-84 will be held in the County Court chambers of the Courthouse, Heppner, OR at 8:00 a.m. on March 14, 1984. The budget document may be inspected or copies obtained by interested persons at the office of the County Court, Room 101 located in the County Courthouse, 100 Court Street, Heppner, OR between the hours of 8:00 a.m. to 12:00 noon and 1:00 p.m. to 5:00 p.m. Any person may appear at the public hearing on the supplemental budget and discuss the budget or any part of it.

Morrow County Supplemental Budget Financial Summary for the Fiscal Year 1983-84

County School Fund Resources
Interest \$1,020.00
Forest Rentals 12,126.00
Utilities in Lieu of Taxes 39,933.00
Flood Control Leases 288.00
Total Resources \$53,367.00

Requirements
Transferred to Other Funds \$53,367.00
Total Requirements \$53,367.00

LoRayne M. Bowman
Budget Officer

Published: February 23, 1984.

NOTICE OF SHERIFF'S SALE

On the 30th day of March, 1984, at the hour of 10:00 o'clock, a.m. Standard Time in accordance with ORS 187.110, at the front entrance of the Morrow County Courthouse in Heppner, Oregon, I will sell at Public Auction to the highest bidder for cash the following described real property located in Morrow County, Oregon, to wit:

Township 4 North, Range 24, E.W.M., Morrow County, Oregon; Section 23; Southeast Quarter of the Northwest Quarter.

Said sale is made under a Writ of Execution in Foreclosure issued out of the Circuit Court of the State of Oregon for the County of Morrow to me directed in the case of Columbia Community Bank, Plaintiff, vs. James Stephen Brooks, defendant.

Writ of Execution dated February 3, 1984.

ROY L. DRAGO, Sheriff Morrow County, Oregon
By: Pauline Winter
Civil Deputy

Published: February 23; March 1, 8, 15, 1984.

Heritage Land Co
For Sale REALTOR
MULTIPLE LISTING SERVICE

\$40,000 - Income property 6 one bedroom apts in Heppner
\$7,500 - 3 bedroom, 2 bath, family room, fireplace insert, assumable VA in Heppner.

\$9,500 - 2 bedroom, 2 bath mobile home, electric and wood heat located on app. 2 acres, terms available.

\$4,000 - fully weatherized, two bedroom, neat clean, terms available.

Also available 3 miles from Heppner, Bare land \$600 an acre and 1.73 acre mobile home site in Heppner city limits with water and sewer.

N.W. 20th and Emigrant Pendleton, OR 276-7321 Sharon Lewis, Broker Keith Lewis 676-5233

Pellyjohn's
Come In & See Our Selection of CONCRETE LAWN & GARDEN ORNAMENTS
More Arriving Soon

TRUST WORTHY
"The problem solvers"

Pellyjohn's
676-9157 Heppner

PUBLIC NOTICES

The following precincts will be combined for the March 27, 1984 election:
No. 1 North Boardman & No. 2 South Boardman will be Combined Boardman;
No. 5 North Irrigon & No. 6 South Irrigon will be Combined Irrigon
No. 3 Hardman, No. 8 NE Heppner, No. 9 NW Heppner, No. 10 SE Heppner and No. 11 SW Heppner will be Hardman-Heppner Combined.
Morrow County Clerk Barbara Bloodworth
Published: February 23, 1984.

Cards of Thanks 1

Thanks to my children, grandchildren, family and friends for my wonderful 66th potluck birthday party at the Elks. It was the best ever and what a surprise.
Love and God bless you all,
Ilene Laughlin 2-23-1c

Wanted 6

WANTED: Person to drive dialysis patient to Richland on Mondays, Wednesdays and Fridays. Ph. 676-9235 after 1 p.m. 2-23-1c

Rentals 7

FURNISHED BACHELOR Apt. for rent. Water and garbage included. 676-9157 days 676-9284 eve. and weekends. 2-23-1fc

APARTMENTS for rent: 1 & 2 bdrm. in town: \$110 - \$145 month plus utilities. 422-7579. 1-12-1fs

Two bedroom apartment. Equal opportunity housing. 515 N. Elder, Heppner. 473-2859 2-24p-1fc

FOR RENT close to downtown Heppner: 1 bdrm. furnished and unfurnished apts. Heat, water, garbage, range and refrigerator. Rent starts at \$140. 422-7579. 1-12-1fs

Services 8

Carpets and upholstery cleaned professionally. John Shaw. 676-5283. 9-12-1fc

GUNS: Bought, sold or traded. Will order for 10 percent above cost.

SPECIAL: Lube, oil, and filter change plus car wash, \$18. 4x4s \$1 extra. Up to five quarts. Union 10-40.

BRING BACK THE SHINE to your vehicle and protect the paint on newer ones. Simonize Wax \$19.95 and up.
Vern's 76 Station 676-5184.

COMPUTER FORMS
Gazette-Times
676-9228

Notices 2

WHAT'S YOUR STORY? If you know of interesting or unusual people or places in your area, K.A.T.U.'s evening television magazine, FACES & PLACES, wants to know about them. Send your story suggestions to FACES & PLACES - EO, P.O. Box 2, Portland, OR 97207. We'll be waiting to hear from you. 1-19-8c

Lost & Found 3

Kitty found - large black cat near Green St. 676-9939. 1-19-1fs

Help Wanted 4

Jobs Overseas - Big money fast. \$20,000 to \$50,000 plus per year. Call 1-716-842-6000, Ext. 21883. 2-16-2p

EARN UP TO \$6 to \$8 per hr. Set your own hours. Car and phone necessary. Phone 1-509-787-1984 2-9-1c

Qualified, with references, live-in bookkeeper and housekeeper. Call for appointment, 938-7206. 2-23-2p

GOVERNMENT JOBS - Thousands of vacancies must be filled immediately. \$17,634 to \$50,112. Call 716-842-6000, Ext. 34029. 2-23-2p

WANTED: Woman to do house cleaning. Phone 422-7589 2-23-3p

MAINTENANCE MAN, full time. Requires some knowledge of water system maintenance. Will need to be self motivated and able to work without supervision. For more information, contact Ed Baker, 989-8116 or send resume to Town of Lexington, P.O. Box 587, Lexington, OR 97839. 2-23-2c

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BRING BACK THE SHINE to your vehicle and protect the paint on newer ones. Simonize Wax \$19.95 and up.
Vern's 76 Station 676-5184.

LOTS OF USED CARS
PRICED TO GO...

82 Chevy 1/2 Ton, 4 sp., V8, 2 Wh. Dr., Low mileage

1982 GMC Diesel 6.2, Auto, Air, Sierra Classic, 1 owner, Low miles

80 Chevy 1 Ton, Dual wheel, Auto power, Tilt wheel, AM-FM Stereo tape, 40,000 actual miles.

We're goin' to move 'em out!
We Do Front End Alignments
Farley Motor Co.
Heppner 676-9116

Livestock & Poultry 10

FOR SALE: Three 2-yr.-old Simmental bulls and 15 crossbred Simmental pairs. Phil Murphy, Monument. 934-2421. 2-16-4c

Farm Equipment 11

Qualified, with references, live-in bookkeeper and housekeeper. Call for appointment, 938-7206. 2-23-2p

FENCING SUPPLIES
Steel & Pressure Treated Posts, Barbwire, Fencers 110V 12V - 6VoH
M.C.G.G.
989-8221

Miscellaneous 14

FOR SALE: Oil fired with trough heater, \$50; Powder River calf table \$475. 989-8442. 676-9228 days, Mon. - Wed. or 676-9635, eves. 2-9-1fs

STIEFF TEDDY Bear Headquarters. Patti's Hand-Me-Down-Dolls and Bears 365 S. Main, Pendleton, OR 503 278-0277. Visa, MasterCard, Lay aways Welcome. 2-23-1c

REPRINTS - Have a special photo from the Gazette-Times? Reprints made: 5x7 - \$4. 8x10 - \$5. Black and white only, add 75 cents for mail orders. The Gazette-Times, 147 Willow, P.O. Box 337, Heppner, OR 97836. 10-13-1fx

TOOLS SKILL POWER TOOLS, CIRCULAR SAWS, DRILLS, GRINDERS, SANDERS
M.C.G.G.
989-8221

Musical 15

FOR SALE: Wurliitzer organ, needs work. Make offer, or will donate to any Church. Ph. 676-5417. 2-23-1c

PIANO, Spinnet Console in this area. Bargain for quick sale. Cash or terms. Phone 1-364-2066 or write Capital Pianos-Organs, PO Box 13165, Salem, OR 97309. 2-16-2c

Fuel 17

CHAIN SAW OILS
Quarts, 2 1/2 Gal., 30 Gal. & 55 Gal. Drums.
M.C.G.G.
989-8221

Mobile Homes 20

FOR SALE: In town 14x70 3 bdrm. mobile home. Large dbl lot with storage. Asking \$17,000. Days call 676-9426 or eves. 676-9425. 2-23-2c

Cars & Trucks 22

AUTO LUBE OIL
5W-30, 10W-40, 15W-40, Quarts, 2 1/2 Gal., 30 Gal. & 55 Gal.
M.C.G.G.
989-8221

ONE PAIR TIRE CHAINS FOR SALE \$90 Never Been Used! Fits F78-15 Tires. 676-9228 days, Mon. - Wed. or 676-9635, eves. 2-9-1fs

TIRES - AUTOMOTIVE - PICKUP - TRAILER - RV - IMPLEMENT - TRACTOR
M.C.G.G.
989-8221

Real Estate 23

FOR SALE: three bedroom house with fenced yard \$36,000 340 Green St., Heppner 976-7184 2-9-4c

COZY TWO BEDROOM house on extra large lot for \$16,000. Ph. 676-5503. 12-8-1fc

Farm Land 24

Lone Rock Ranch - Ideal for hunting or vacation retreat. Immaculate mobile home on 70.22 scenic acres of pasture, forest, springs, wheatland. \$75,000. Call Ronnie Belmsa 636-7604. The Lutz Snyder Co. 2-16-2p

Pets 25

City dog needs more room to run. Will give away friendly white Samoyed to someone who wants good family dog. Good with kids. Call 676-9939. 10-20-1fx

Home & Garden 26

FENCING SUPPLIES
Hi-Tension, Permanent & Temporary Fence Supplies
M.C.G.G.
989-8221

'Econo-Eating'

By MONINE STEBBINS
OSU Extension Service

A lot of people are talking about sugar these days. In the same conversation they may talk about how they are cutting down on refined sugar and share their favorite dessert recipe with you. There are words like "sugar free" blazing boldly from the package or a great pride shown in honey being used instead of sugar.

It's very confusing. On the one hand, the nutritionists and our common sense tell us that we shouldn't eat too many foods that are high in calories, especially if they don't have any nutrients that we need. On the other hand all those sweets look and taste good. How many times have you served a luscious dessert that has had the "calories removed," when you protest that you're watching your weight?

From 1960 to 1977, annual per capita consumption of caloric sweeteners increased about 22 pounds. Most of this increase, in fact, two-thirds of the sugar supply is used by industry. Various sugars are found in processed foods where you'd expect to see them, such as in desserts, jams, ice cream and beverages. But they are also in things such as cream substitutes, salad dressing, ketchup and meat coatings.

Manufacturers use different sugars because of their specific roles as ingredients. When we use the word sugar, we usually refer to sucrose which comes chiefly from sugar cane and sugar beets. There are other types of sugars, including lactose (found in milk), fructose (found in fruit) and glucose (found in fruits and certain vegetables).

Mix brown sugar, flour, spices and salt together in a small bowl. Beat egg whites until stiff, but not dry, and set aside. Beat egg yolks, add dry ingredients and pumpkin. Stir in milk and butter or margarine. Then fold in beaten egg whites. Pour into a greased 1 1/2 quart baking dish, place in a pan of hot water and bake in a 375 degree oven for 45 minutes, or until custard is set. Let cool slightly and serve. Refrigerate if not to be served soon.

When sugars and sweeteners make up a substantial share of your calories, they may replace other foods which offer vitamins and minerals. Sugars found in fruits and

vegetables are basically the same as refined sugar. The difference is that fruit juices, for example, provide nutrients as well as calories whereas a soft drink gives only calories.

Apart from sugar's role in tooth decay and its potential contribution to obesity, there is little evidence that directly links sugar with other disorders.

If you're feeling like you need to curb your sweet tooth, you might try some of these suggestions:

Keep track of all the foods you eat and when you eat them. Could you choose to have a smaller amount or substitute something that is lower in calories or higher in nutritional value?

Read labels on foods. Ingredients are listed in order of decreasing amounts in the product. If sugar is first or second, or is listed with several different names, you know it's a major percentage of the product. There's also other information there. It may read "no sugar added," which doesn't mean that there's no sugar at all but may mean that there is less than other choices, such as "heavy syrup." If the label brags about using honey, that's basically the same as sugar, so is no great advantage.

Pumpkin Pudding
Two-thirds cup brown sugar
1 Tbls. flour
2 tsps. cinnamon
1 tsp. ginger
1/4 tsp. cloves
1 tsp. salt
3 eggs separated
1 cup pureed pumpkin
1 1/2 cups milk
1 Tbls. melted butter or margarine
Mix brown sugar, flour, spices and salt together in a small bowl. Beat egg whites until stiff, but not dry, and set aside. Beat egg yolks, add dry ingredients and pumpkin. Stir in milk and butter or margarine. Then fold in beaten egg whites. Pour into a greased 1 1/2 quart baking dish, place in a pan of hot water and bake in a 375 degree oven for 45 minutes, or until custard is set. Let cool slightly and serve. Refrigerate if not to be served soon.

Pear Apple Sauce

1 pint canned pears
2 Tbls. tapioca
2 apples, peeled and chopped
2 Tbls. sugar
1/2 tsp. pumpkin pie spice
1/2 tsp. lemon juice

Combine pears, including juice, and tapioca in a medium saucepan. Add apples and bring to a boil. Turn to medium low and simmer for about 10 minutes or until apple chunks are softened. Add the remaining ingredients and stir. Serve plain or over crepes or ice cream.

PUBLIC NOTICES

PUBLIC NOTICE

There is a vacancy on the City Council and the City Planning Commission. Anyone interested in serving in either capacity may notify the Mayor or any of the Councilmembers, or call Heppner City Hall 676-9618. Marshall Lovgren, Administrator City of Heppner, Oregon
Published: February 16, 23, 1984

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Morrow County Supplemental Budget Financial Summary for the Fiscal Year 1983-84

Land Acquisition and Right-of-Way Fund

Resources
Transferred from Revenue Sharing \$60,000.00
Total Resources \$60,000.00