

The Heppner GAZETTE-TIMES

Morrow County's Home-Owned Weekly Newspaper



Weather
by the City of Heppner

	Hi	Lo	Pre	Snow
Tues., Dec. 6	30	22	.19	3"
Wed., Dec. 7	43	24	.17	2 1/2"
Thurs., Dec. 8	47	32	.06	0
Fri., Dec. 9	51	32	0	0
Sat., Dec. 10	53	33	Trace	0
Sun., Dec. 11	41	22	.21	Trace
Mon., Dec. 12	45	35	.07	0

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8 PAGES

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HEPPNER, OREGON

EOSC Dr. speaks at banquet

Farmers & ranchers need to manage stress

Farmers and ranchers need to "manage" the stress they feel on the job, especially during difficult times, says Dr. Lee Insko, a farm stress expert from Eastern Oregon State College at La Grande.

Speaking at the annual Farm City Banquet held in Heppner last Friday night, Insko said that stress is not necessarily a bad thing, but it can be if people do not learn to deal with it properly.

"Get your priorities straight," Insko urged the crowd. "Spend time with your family, hug your kids, kiss them sometimes. They need it and so do you."

He said during hard times ranchers and farmers can work very hard and not seem to get anywhere. "You can lie awake at night and worry yourself literally to death about it."

He said taking time away from the job can help us better manage stress, which in the end, will make us more productive.

"Stress is not necessarily bad. Top executives of some of the biggest corporations in the country are under tremendous stress, but they live to be very old because they learn how to handle, how to manage stress."

Insko, whose father went broke in the farming business during the depression, says if people cannot learn to manage their stress, perhaps they should consider making a change.

"Take care of your body. Eat right and get enough sleep," he urged.

Business of the Year certificates were presented to T.J.'s Camera, the Shoe Box and Kate's Pizza and Pastry.

Livestock carcass awards were presented by Morrow Co. 4-H Extension Agent Steve Campbell to: Mike Van Schoonack, first place, \$100; Cathy Lindsay, second place, \$70; Roger Henry, third place, \$40; and Theresa Lindsay, fourth place, \$30. Tricia Coe received a trophy for having the champion all-around hog at the county fair.

The awards are sponsored by the Morrow County Livestock Growers.

A plaque was presented to Clista Venard of Heppner by the Livestock Growers, 4-H Clubs and FFA Chapters for her 19 years of work at the livestock sales at county fair.

Doug Smith of Heppner won a pink tourmaline gem stone, donated by Peterson's Jewelers.

The Morrow County CowBelles and the Morrow County Livestock Growers held their annual meetings during the afternoon, preceding the banquet.

Dr. Insko addressed the CowBelles on stress in the farm family and the value of communication.

State CowBelle President Sue McNeley of Lakeview was present and she discussed activities on the state level, and

membership.

During a business meeting, Judy Wright was elected president of the county organization for 1984. Marlene Curran was voted in as first vice-president, Yvonne Daly is the new second vice-president, Sandy Bennett will take office as secretary and Judy Barber was elected as treasurer.

Several door prizes, donated by local merchants, were presented during the luncheon meeting.

The Livestock Growers were addressed by Tom Whitson, Oregon State University Extension Service weed specialist. Whitson discussed weeds that need to be eradicated in the county. Dick

McElligott of Ione, chairman of the Morrow County Soil and Water Conservation District explained about the district's weed control program. Jack Craig, a sales representative of I.M.C. for Ralgr discussed backgrounding steers with implants. Two Heppner High School students, Kevin Hughes and Chris McLaughlin, gave a slide presentation and told about their trip to a summer range camp. The boys were sponsored at the camp by the Livestock Growers. Dean Frischknecht, OSU Extension Service animal science specialist led a discussion on reproductive management.

Wayne Evans of Heppner, second vice-president of Dis-

trict Three for the Oregon Cattlemen's Association, gave the Oregon Cattlemen's Report. Raymond French, Heppner, past president of the O.C.A. discussed legislation sponsored by the association and legislation that could affect cattlemen.

Door prizes donated by local merchants were also presented at this meeting.

During a business meeting, Ned Clark, Raymond French, Dwight Bailey and Merlin Hughes were re-elected to three-year terms as directors. Also, the group passed a resolution to support the Weed Control District.

The meetings and the banquet were held at the Heppner Elks Lodge.

Hermiston Sanitary Disposal to begin service in Ione

The Ione City Council voted to enter into a franchise agreement with Sanitary Disposal, Inc. of Hermiston at a council meeting Tuesday night, Dec. 6, reports Dianna Starr, city recorder. Previously, the city ran the garbage collection service with a city-owned garbage truck; however, Starr said, it was not cost effective and had to be subsidized. Letters explaining the changeover have been sent to all city residents, Starr said.

The Hermiston company will take over collection services on Friday, Jan. 6. Residential customers will be billed on a three-month basis in advance of service. Those requesting service prior to or

during the first month of the Hermiston company's takeover will be required to pay for one month's service in advance, plus a security fee equal to the charge of one month's service. Customers who establish a good paying record for 12 months may have the security fee applied to their bill, the company said.

Industrial and commercial customers will be billed monthly in advance of service and will also be required to pay a security fee equal to the charge of one month's service before service can be started. After a good paying record has been established for six months, the security fee may be applied to the customer's bill.

Residential and commercial customers that are emptied manually will be charged \$5.75 for one container served weekly and \$2.50 per month for each additional container. Customers with mechanically

emptied containers will be charged \$25.75 per month for one cubic yard for weekly service. Rates are also figured for other cubic yard containers.

Presently, Ione residential customers are charged \$6 per month as a flat rate unless other arrangements have been made. Some commercial customers, those with two pickups per week, are charged \$12 per month, Starr said.

One of the Hermiston company's regulations states that containers must be placed at the curb or roadside on ground level.

In other business Monday night, a majority of the council members voted against sending a proposed sales tax measure to the voters on a March or May 1984 ballot. A majority of the taxing districts must vote in favor of placing the measure on the ballot before it can be done.

Sager elected as '84 chamber of C. president



Harley Sager

Harley Sager was elected president of the Heppner-Morrow Chamber of Commerce

for 1984 at a luncheon December 6. Sager, who lives in Lexington, is manager of First Interstate Bank of Oregon, Heppner branch.

Doug Smith was elected as first vice-president and Gerald Pierson is second vice-president. Smith owns and operates Heppner Bowl and Pierson is manager of the Bank of Eastern Oregon in Heppner.

Members elected to the Chamber of Commerce Board of Directors for 1984 were Justine Weatherford, Bob Costa and Gerald Pierson, all of Heppner, and Birdine Tullis of Ione.

School board to meet

The Morrow County School Board will hold a regular meeting on December 19 at 7:30 p.m. in the district office in Lexington. The board is expected to review existing policies in the area of attendance and transfer for students and evaluation of employees in order to determine if these policies need to be modified or clarified, said a district spokesperson.

The board will also consider a report from a special committee which will recommend a policy governing school closures.

In other matters, the board will consider several personnel matters and will hold a preliminary discussion on the amount of money to include in the tax base proposal which will go to the voters in May.

Deputy D.A. to handle new child support cases

By MARY ANN CERULLO

The Morrow County District Attorney will be handing over all new child support cases to Deputy District Attorney Mike Oths. Morrow County Court learned last Wednesday in a letter of request, District Attorney Richard McNeerney asked that an additional telephone be installed in his office to handle the incoming calls.

According to LoRayne Bowman, budget officer, the district attorney's office would like to screen the calls that come in regarding unpaid child support payments and then hand them over to Oths. This would also require an

intercom system between the D.A.'s office and Oths' office.

It was suggested by Judge Don McElligott that the court have a representative from the phone company come and discuss the courthouse's entire phone system, especially now with the breakup of A.T. & T.

The court approved the extra phone system and agreed to look into alternatives beginning in January 1984. The total cost of \$432.00 for the installation of the phone and intercom system will come out of the deputy district attorney's existing budget.

In other business the court learned from Oths that Don Dale, former building inspec-

tor for the county, has filed a formal complaint against the county regarding the building inspection contract.

Oths told the court that the county was given 30 days to respond and that he has replied, requesting that Dale specify his complaint. The court then went into executive session.

Business continued with Morrow County Court conducting the following: — reappointed LaVerne VanMarter, III, of Heppner to the Pioneer Memorial Hospital board. His appointment was to be up in December.

— discussed the writing of an independent contract for Dr. Sam Pobanz of the North Morrow Medical Clinic in Boardman with Oths.

Many Heppner merchants sponsor drawings

Many Heppner merchants are sponsoring drawings in their stores for a wide variety of prizes. Some stores have a single prize, while others have several.

The winners' names will be drawn Friday, Dec. 23.

So while you're doing your holiday shopping, take a minute and sign up, you could be one of the lucky winners.

Mental health board to review applicants

The Morrow County Mental Health Services Administrative Board will begin reviewing applicants for the position of program director at a meeting Tuesday, Dec. 20, 7:30 p.m., at the School District Office in Lexington. The Board will also review the mental health budget and discuss options for continuing

mental health services in south Morrow County until a new director is hired, said a service spokesperson.

The public is invited to attend. Anyone interested in serving on the administrative board is asked to contact Morrow County Court at 676-9233.

Lions Club to sell fruit

The Heppner Lions Club will be selling oranges and grapefruit again this year. The Lions will be selling door to door in Heppner on Saturday, December 17, between 9 a.m. and 3 p.m. For those who are out of town or who are missed, phone orders will be taken at 676-5049 and 676-9439. Fruit is expected to be available through December 23.

Proceeds will go to help pay the outstanding balance of the

Heppner Swimming Pool's solar heater and to other Lions' projects such as the vocational scholarship fund. Cost of the fruit will be: oranges - \$12.50 per box of 72 (approximately 40 lbs.), grapefruit - \$12.50 per box of 48 (approximately 40 lbs.) or 1/2 one-half box for \$7 or one quarter box for \$4. The fruit can be mixed, said a club spokesperson.

P.O. plans submitted to planning commission

Plans for a new Heppner Post Office were submitted to the Heppner Planning Commission for review at a meeting Monday night. The post office is to be rebuilt where the

previous building stood on Main Street. That building, along with several others, burned to the ground in a May 4 fire.

Santa to return Saturday

Santa Claus will make a return visit to Heppner this Saturday, Dec. 17. He will be in downtown Heppner stores

between 1 and 3 p.m., handing out candy canes and listening to children's Christmas wishes.

Lexington woman seriously injured in Tuesday crash

Debbie Sharp of Lexington was seriously injured in an early morning wreck Tuesday three miles south of Heppner. The accident occurred about 1:50 a.m., and the cause is not known but is under investiga-

tion, said Morrow County Sheriff Roy Drago. Sharp, 26, was driving a 1978 Chevrolet car, and was by herself, the sheriff said.

She was transported from Heppner to St. Mary Com-

munity Hospital in Walla Walla, Wash. A hospital spokesperson said Tuesday evening that her condition was critical but would not release the extent of her injuries.

Chamber of C. banquet set, search on for 1st Citizens

By JUSTINE WEATHERFORD

At the annual Chamber of Commerce Banquet, scheduled for Tuesday evening, January 3, two of Morrow County's civic-minded persons will be named as First Citizens for 1983. Anyone who wishes to make recommendations to the Chamber's Honors and Awards Committee should contact Dr. Wallace Wolff, its chairman, or committee members Judge Don McElligott or the Rev. John Maas well before the end of this year.

Dr. Wolff states that the person chosen should not be a public employee but should

be involved in good works that benefit many others in the county and should be contributing their skills and helpfulness to an assortment of causes.

Those whose First Man and First Lady might, for example, be helping with youth groups, with senior citizens, with the county fair or rodeo or in organizing activities in their own communities. They could be volunteers helping with the school programs. They could be active in the Morrow County Historical Society or assisting with the libraries or working with the County Museum. They might be leaders in the Grange, in the various lodges or clubs or

agricultural or extension organizations. They might be working with the Neighborhood Center, with the hospital board or the Hospital Auxiliary. They might be active in church work and helpful to refugees or to other persons new to Morrow County or could help humanity in many other various ways.

At the Chamber of Commerce Banquet the new officers chosen to lead that organization for 1984 will be installed (See related story). Retiring officers and board members will be honored. The naming of the county's two First Citizens will be the climax of the evening's program.

Heppner students included in 17th edition of 'Who's Who'

Five students from Heppner have been included in the 17th annual edition of "Who's Who Among American High School Students, 1982-83."

The five Heppner students named are Sherry Clement, Carolyn Hughes, Anne Murray, Greg Connor and Wesley Marlatt, Jr.

"Who's Who," published by Educational Communications, Inc., Lake Forest, Illinois, is the largest high school recognition publication in the country. Students are selected by high school principals and guidance counselors, national youth groups, churches or by

the publishing company based upon students' performance in scholarship award contests or extracurricular activities.

Final selection is determined on the basis of criteria which include high achievement in academics and leadership in school activities, athletics or community service. Traditionally, 99 percent of "Who's Who" students have a grade point average of "B" or better and 97 percent are college bound.

The 17th edition of "Who's Who," published in nine regional volumes, features

375,000 students, or five percent of the nation's 6,500,000 high school juniors and seniors. They represent 18,000 of the 22,000 public, private and parochial high schools in the country.

"Who's Who" students also compete for over \$50,000 in scholarship awards and participate in the publication's annual opinion poll of teen attitudes. The book is distributed on a complimentary basis to over 15,000 high schools, colleges, universities and public libraries throughout the country.