

Christmas Kitchen — A gift of recipes



"Christmas Kitchen - A Gift of Recipes" will be featured in the Gazette-Times each week until New Year's, beginning with this issue and continuing until December 29. School cooks at Heppner Elementary, Heppner High and the Ione School are submitting some of their favorite holiday recipes. Next week low calorie recipes for holiday food ideas from a home ec class taught by Linda Panter at HHS will also begin to be given. So whether you want high calorie or low calorie recipes or a mixture of both for the holiday season, a good variety of goodies is on its way to you.

Here are two recipes submitted by cooks at Heppner Elementary School:

Easy French Bread (One bowl method)

3 cups flour
4 tps. sugar
1 1/2 tps. salt
1 pkg. dry yeast
2 Tbsp. margarine
1 1/4 cups very hot tap water

Mix together one cup flour, sugar, salt and undissolved yeast. Add margarine. Gradually add water. Beat on medium speed for two minutes. Stir in rest of flour to make a soft dough. Cover bowl with plastic wrap and let rise for 45 minutes. Stir down and shape on greased cookie sheet sprinkled with corn meal. Cover, let rise until double. Bake in 400 degree oven for 25 minutes.

Makes one large loaf.

Meat Balls

1 lb. hamburger
two-thirds cup milk
1 cup rolled oats or wheat
1 1/2 Tbsp. Worcestershire sauce
1 1/2 Tbsp. vinegar

1 tsp. salt
1/4 tsp. pepper
2 Tbsp. chopped onion
two-thirds cup catsup
4 Tbsp. chopped onion
one-third cup water

Mix all above ingredients together and form into balls. Bake at 350 degrees for about one hour.

These two recipes are from Bobbie Angell, a cook at Heppner High School:

Peanut Butter Bars

3 cups peanut butter
3/4 cups powdered sugar
3/4 cup melted butter
1 Tbsp. vanilla
1/4 cup light brown sugar

Mix all ingredients well. Pat and spread into jelly roll pan. Topping

12 oz. real chocolate chips (not imitation)
4 Tbsp. butter
1 1/2 tsp. water

Melt ingredients and pour over bar mixture. Place in refrigerator for one hour to set. Keep refrigerated.

Bean Dip

1 can refried beans
1 small onion (grated)
1 4 oz. can diced green chilies
1 cup grated cheese
12 oz. Mexican cooking sauce

Heat beans, chilies, cooking sauce and onion. Place cheese over dip mixture and let melt. Serve with flour tortilla chips.

NOTICE TO SWIMMERS.....
Students may pick up their Red Cross Beginners to Jr. Lifesaving Cards at Heppner City Hall. Sr. Lifesaving Cards have not arrived, but are expected soon.

Margaret Kincaid, Instructor

Health Dept.

Friday, Dec. 2 - free blood pressure clinic and immunizations, Morrow County Health Department office, Lexington, 8 a.m. to 12 noon and 1 to 4 p.m.

Tuesday, Dec. 6 - free blood pressure clinic and immunizations, Boardman City Hall, 1:30 to 4 p.m.

Wednesday, Dec. 7 - free blood pressure clinic, Heppner Neighborhood Center, 2:30 to 4:30 p.m.

Friday, Dec. 9 - free blood pressure clinic and immunizations, Morrow County Health Department office, Lexington, 8 a.m. to 12 noon and 1 to 4 p.m.

Tuesday, Dec. 13 - free blood pressure clinic and immunizations, Irrigon county offices, 1 to 4 p.m.

Friday, Dec. 16 - free blood pressure clinic and immunizations, Morrow County Health Department office, Lexington, 8 a.m. to 12 noon and 1 to 4 p.m.

Tuesday, Dec. 20 - free blood pressure clinic, Heppner Neighborhood Center, 2:30 to 4:30 p.m.

Wednesday, Dec. 21 - free blood pressure clinic, Ione Bank of Eastern Oregon, 3 to 4 p.m.

Friday, Dec. 23 - free blood pressure clinic and immunizations, Morrow County Health Department office, Lexington, 8 a.m. to 12 noon and 1 to 4 p.m.

Tuesday, Dec. 27, through Friday, Dec. 30 - office closed for Christmas vacation.

Hospital Notes

The following patients were admitted and released from Pioneer Memorial Hospital during the past week:

Steven Beesley, Weiser, Idaho - admitted November 21, released November 25; and Elmer Steers, Heppner - admitted November 25, released November 27.

These patients were still receiving care at the hospital as of Monday, Nov. 28: Paul Hisler, Heppner - admitted November 27; and Edwin Brandenburg, Heppner - admitted November 21.

Some say sneezing before a journey is a bad sign.

Justice Court Report

Morrow County Justice Court at the Morrow county Courthouse in Heppner handled the following cases during the past week:

Vernon Thomas Anderson, The Dalles - Hunting With a Center Fire Rifle in an Elk Inhabited Area, \$46 fine.

Curtis Heimar Doyal, Portland - Being Transported by Motor Vehicle in Road Closure. To wit: Heppner Regulated Hunt, \$37 fine.

James Duane Fowler, Lexington - Violation of Regulated Hunt Regulation. To wit: Motor Vehicle in a Road Closure (passenger), \$46 fine.

Alvin C. Fowler, Portland - Violation of a Regulated Hunt Regulation. To wit: Motor Vehicle on a Road Closure, \$46 fine.

Alvin Dillard Fowler, Salem - Violation of a Regulated Hunt Regulation. To wit: Motor Vehicle on a Road Closure, \$46 fine.

Peter G. McElligott, Ione - Expired Vehicle License, \$9 fine.

Dennis Peter Rowland, Hermiston - Exceeding the Maximum Speed (75 mph in a 55 mph zone), \$30 fine.

Robert McEwen, Heppner - Careless Driving, \$67 fine.

Tracey Clark Wilson, Redmond - Operation of a Motor Vehicle on a Closed Road, \$37 fine.

Steven Lucky Rollins, Sisters - Violation of a Regulated Hunt Regulation. To wit: Motor Vehicle in a Road Closure (driver), \$46 fine.

Kenneth John Demoran, Redmond - Violation of a Regulated Hunt Regulation. To wit: Motor Vehicle in a Regulated Road Closure (passenger) \$46 fine.

Don G. Richardson, Portland - Violation of a Regulated Hunt Regulation. To wit: Motor Vehicle in a Road Closure (passenger), \$46 fine.

William J. Rowell, Christmas Valley - Violation of a Regulated Hunt Regulation. To wit: Motor Vehicle in a Road Closure (driver), \$46 fine.

Kenneth Dale Cross, Marysville, Calif. Illegal Possession of Grouse in a Closed Season, \$75 bail forfeited.

Christine Ann Harding, Hermiston - Careless Driving, \$57 fine.

Patrick Neil Diemert, Hamel, Minn. - Exposed Fabric on Tires, \$57 bail forfeited.

Jack Edward Crum, Ione - Expired Vehicle License, \$10 fine.

Nancy Montgomery Fernandez, Lexington - Exceeding the Maximum Speed (71 mph in a 55 mph zone), \$57 fine.

Reed Young Wallrich, Corvallis - Open Container of Liquor in a Motor Vehicle, \$57 bail forfeited.

Ervin Remick Epping, Lexington - Exceeding the Maximum Speed (74 mph in a 53 mph zone), \$30 fine.

Terry Lee Riddle, Heppner - Excessive Motor Noise, \$15 fine.

Terry Ray Thompson, 29, Heppner - Possession of Open Container of Alcoholic Liquor (beer), \$30 fine; Failure to Transfer Title, \$13 fine; and Furnishing Alcohol to a Person under 21 Years of Age, \$230 fine.

Former Lexington pastor forms new non-denominational church

The Rev. Stuart Dick, former pastor of the Lexington Christian Church, has announced the formation of a new church in Lexington called Christ's Church.

Christ's Church is a non-denominational church loosely affiliated with the Interfaith Christian Center in Hermiston. "They don't help us financially, but they do offer outreach and support," explained Dick.

Dick said he founded the church Nov. 20 after being "terminated" by the Lexington Christian Church over doctrinal differences.

"Christ's Church maintains no denominational barriers, upholds the authority of scripture, and encourages the free expression of the Holy Spirit to minister all biblical gifts," he said.

The church is presently meeting at 160 B street in Lexington, with Sunday school at 9:45 a.m., and worship at 11 a.m. Sunday. Also, Wednesdays, a youth group meets at 7 p.m., and on Thursdays a children's program meets at 4:15 p.m.

Dick's wife, Julie, also runs a Christian pre-school two days a week which was started in March of 1983.

Stuart Dick was born in Pendleton and raised in Heppner. He is the son of Ed and Rachel Dick of Heppner, and his education includes a Bachelor of Science degree in education and one in history from Eastern Oregon State College, one year anthropology Masters study at Oregon State University, and Master



Stuart Dick and his wife, Julie, and their children Alyssa (right), Benjamin (center) and Taryn.

of Divinity degree from Western Evangelical Seminary in Portland in 1982.

He taught for five years at schools in Oregon and Australia, and coached for 10 years at schools in Sweet Home, Lake Oswego and Oregon City.

His church experience includes five years as youth pastor and asst. pastor of Evangelical Churches, and one year as pastor of the Lexington Christian Church.

He is presently ministering and teaching at Interfaith Christian Center in Hermiston.

"I came from a life of heavy drug and alcohol dependence to a new life in Jesus Christ and Julie and I have a strong

passion to share this new life and hope of eternal life with my native Morrow County citizens. We do not fit in the existing denominations and we are starting a new church with freedom to grow according to the Bible," Dick stated.

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NAPA Heppner Auto Parts

Local students interested in receiving more information about the cultural and educational advantages of living in Scandinavia, Germany or Great Britain can contact Rodney and Edith Thompson, Route 1 Box 49, Pendleton, Oregon 97801, phone 276-8622.

Two students from Northeastern Oregon are currently experiencing a year in Northern Europe, and three students from Northern Europe, are now active members of Northeastern Oregon, the Thompsons said.



Woodrow Wilson's face adorns the front of the U.S. Treasury's \$100,000 note.

Students given chance to study in Europe

"Qualified high school students are offered a unique opportunity to spend an academic year or six week summer holiday in Sweden, Denmark, Norway, Finland, Germany or Great Britain as part of the American Scandinavian Student Exchange (ASSE) program," announced Susan Hayes, Western Director of ASSE.

"Until a few years ago, only a fortunate few could afford to spend a school year or summer in Scandinavia, Germany or Great Britain. Now, A.S.S.E. has changed all that," continued Hayes.

Students 15 to 18 years old are selected on the basis of a good academic record, excellent character references, and a genuine desire to experience life abroad with a volunteer European host family.

"At least one member of the carefully screened host family will be fluent in English," added Hayes, "so that communication will not be a problem." Year students are provided language-culture instruction as part of the A.S.S.E. program.

The non-profit A.S.S.E. is affiliated with the Swedish and Finnish Departments of Education and has been officially designated by the U.S. Information Agency as an Exchange Visitor Program. The A.S.S.E. exchange program enables qualified teenagers to live and study in European countries in order to learn from cultures other than their own.

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Saturday, Dec. 3
10 a.m. to 4 p.m.

Morrow Co. Fairgrounds

Hosted by the Heppner-Ione AAUW

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