

Four local Scouts receive Arrow of Light Award



Scouts receiving the Arrow of Light Award at the Blue and Gold Banquet in Heppner Monday night were (left to right): Brian Brazell, John Kindle, Cory Weed and Ryan Miller.

The Arrow of Light is the highest award given in Cub Scouting for excellent achievement in Scouting.

The dinner was held at the Elk's Lodge in Heppner.



Velma Felt shows beautiful cakes she made for the Cub Scout Blue and Gold Dinner.

Local students to Jump Rope for Heart

Heppner Elementary School students will Jump Rope for Heart on March 9 during National Physical Education and Sport Week and Heppner Elementary School's Health Fair-Open House. Heppner coordinator Brenda Weyandt said over 60 students have signed up to participate in the activity.

Ione students from third grade and up will also Jump Rope for Heart. They will hold the activity at Ione on March 12, said Ione coordinator Bar-

bara Stefani. Stefani said about 45 students from Ione have signed up.

This year marks the seventh year of Jump Rope for Heart, a national special event sponsored by the American Alliance for Health, Physical Education, Recreation and Dance. Last year more than one million young people and teachers in thousands of schools representing all 50 states and Puerto Rico participated in this national exercise program, conducted for

the benefit of the American Heart Association. This was the largest special event that the American Heart Association has been associated with in its 32 year history.

Jump Rope for Heart is a special event conducted by school physical education teachers and students who organize the rope-jumping competition. The six-student teams jump rope for a maximum of three hours. Pledges collected from sponsors of their rope-jumping efforts contribute to local American Heart Association programs in research, education and community service.

By encouraging participation of young people, the project promotes the Alliance's message of the lifelong benefits of regular physical exercise. The project also demonstrates how teamwork can be used to reach a common goal as students and teachers work together.

The alliance is a 50,000-member voluntary educational organization of health and physical education teachers, coaches and athletic directors, and personnel in safety, recreation, leisure services and dance.

Schools from the elementary to the college level will be participating in the Jump Rope For Heart across the country.

Fast-cycle class offers HHS seniors an option

Seniors at Heppner High School have a unique opportunity for taking a required class. Designed under the Talented and Gifted Program, the fast-cycle personal finance program allows highly motivated students the opportunity to complete a full year's personal finance curriculum in a half year's time.

The fast-cycle class is designed to provide able and responsible students with greater flexibility in scheduling, the ability to take more courses, time to pursue activities not included in the regular curriculum, more control and responsibility for their education and greater academic challenge.

Since students electing to be enrolled in the personal finance fast-cycle program will not be attending regular classroom activities, they have to take it upon them-

selves to meet on a regular basis with the teachers responsible for the program.

Dale Conklin and Karen Howe are teaching the class, which covers employment and income money management, understanding and using credit, using installment credit, insurance protection, buying guides, and consumer protection; legal relations important to the consumer. Conklin teaches the consumer aspects of the course and Howe covers consumer math. The fast-cycle course began last fall and one student has completed it.

In the future, more classes at the school may be offered with the fast-cycle option.

A.C. Houghton plans Health Fair

A.C. Houghton Elementary School in Irrigon will hold its second annual health fair on Tuesday, Mar. 8, from 6 to 8:30 p.m., at the school.

From 9 a.m. to 4:30 p.m., the Seventh-day Adventist Health Van will offer free health exams, said a school

spokesperson.

Students in kindergarten through sixth grade will be involved in the fair, covering various aspects of health.

Also, about 20 health agencies and organizations will have booths set up at the fair with information available

and demonstrations will be given, the spokesperson said.

At 7 p.m., Dr. Milton Johnson of the Hermiston Medical Center will speak to the group on physical conditioning.

Everyone is invited to attend.

Seniors enjoy Sunday get-together in Heppner

A good time was had by all 32 people who attended the first monthly senior afternoon get-together at the Heppner Elks Lodge last Sunday, reported a spokesperson from Morrow County V.F.W. Post No. 4184. The local V.F.W. Post and Auxiliary sponsor the event on the last Sunday of each month from 2 to 4 p.m. at the Elks Lodge in Heppner.

Many of those attending Sunday were friends from the Hermiston and Pendleton I.U.C.C. to hold clothing drive

The Ione United Church of Christ will hold their annual clothing drive on Tuesday, March 15, at 9:30 a.m. Those who wish to donate are asked to please bring clothes to the church basement before March 15. Especially needed this year are children's clothing and bedding, said a church spokesperson.

areas, the spokesperson said. An impromptu live music trio of piano, fiddle and guitar players furnished music for

dancing that was enjoyed by all. The remainder of the afternoon was spent dancing to record music, the spokesperson said.

Refreshments were served and a door prize drawing was held. Visiting was enjoyed by everyone, the spokesperson said.

Senior News

Lloyd Luce of Portland, owner of West Coast Films, will be showing a scenic film taken on the Rogue River at the Heppner Senior Mealsite on Wednesday, Mar. 9, following the noon meal. Luce will also show a TV documentary on The Son of Sitting Bull.

Any senior citizen desiring a noon carry out meal on Wednesdays is asked to call Cherie Clark, 676-5222, or Bill Collins, 676-9947.

Heppner seniors needing a ride to the mealsite should call Mary Nikander, 676-5571, to make arrangements.

Ione and Lexington residents needing a ride to Heppner on Wednesdays are asked to call Dot Halvorsen, 422-7143, to make arrangements.

Seniors attending the noon meal at the mealsite are not charged for transportation. Those riding the bus from Ione, and who are over 60 and do not attend the meal at the mealsite are charged 75 cents round trip. Cost for commuters under 60 is \$1.50.

Heppner woman donates quilt for drawing

Phi Beta Lambda, business student club at Blue Mountain Community College, will be giving away an heirloom quilt in April as part of their club fund-raising activities.

The quilt blocks are the handwork of the late Marinda Allen, a former resident of the Hardman area. Her great-granddaughter, Jojean Stevens, of Heppner, who attends BMCC, has assembled the blocks and tied the quilt.

Jojean, an accounting major, enlisted the help of her own mother and grandmother to construct the quilt. She then donated the quilt to the busi-

ness club to which she belongs.

Tickets are being sold by the club members at three for \$1 or 50 cents each for the quilt drawing. The drawing will be held the first week in April.

Proceeds from the drawing will be used by club members to attend a state P.B.L. leadership conference in Eugene this spring.

Phi Beta Lambda is the collegiate equivalent of Future Business Leaders of America (FBLA), a high school organization for business students said a BMCC spokesperson.

Willows Grange to hold potluck supper Mar. 9

Willows Grange No. 672, Ione, will hold a potluck supper at 6:30 p.m. on March 9, announced a grange spokesperson. Following the supper,

Wayne Hams, Ione, will give a slide presentation of his trip to Alaska.

Everyone is welcome to attend, the spokesperson said.

Sticky Stitchers hem aprons

By KERRY BRUCH

The Sticky Stitchers 4-H Club met at the fairgrounds on Wednesday, Feb. 23.

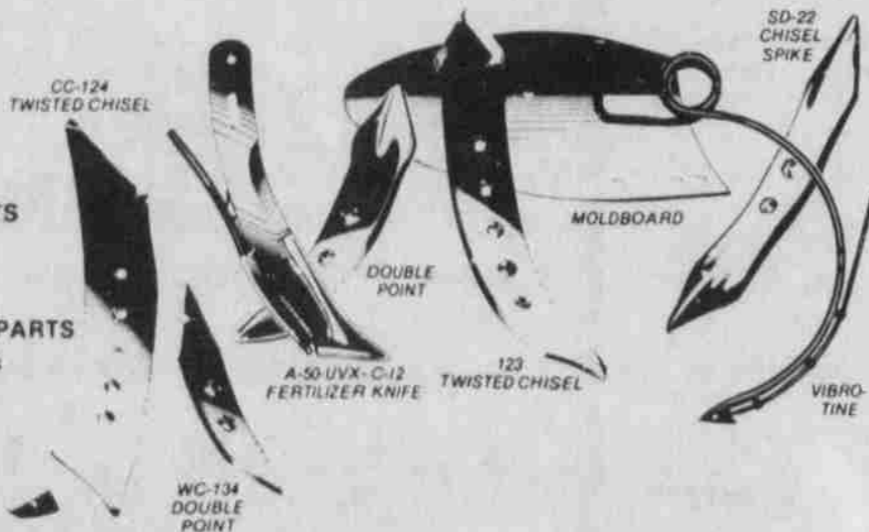
Members hemmed their aprons.

The next meeting will be at 3 p.m., Wednesday, Mar. 9.

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