

Around About By Justine Weatherford

Don't we all hope that President Reagan is right and that this country is on the mend—staying his course was getting a bit tiring.

Has your mailbox been overloaded lately? I don't refer to Christmas mailings or to early Valentines, but to the flood of junk mailings that many of us find day after day. Seems like every publication and every mail-order sales organization in the western world has my name on their mailing lists—and then they also send along duplicate mailings to Mr. W.W. Weatherford who has been gone for over six years, too.

Did you read about a fellow in California who saved all his junk mail for one year? He had 1,017 pieces, which filled three two-cubic-foot cardboard cartons. "I put the boxes on a scale and found that in one year I had been sent close to 100 pounds of junk mail," the 26-year-old engineer reported. Maybe if he lives 40 or so more years many more lists will pick up his name and address. Some of his mail could have come at discount prices, but at the current 20 cents per letter, 1,017 letters would have brought the Post Office Department \$203.60.

Because I think I write more letters than many folks, I usually spend at least \$5 for stamps during all the ordinary months and spend more than \$20 in December, for a big \$75 plus during a year. No wonder the old P.O. Department is finally out of the red ink.

Last week a telephone call from Irene Samples (Mrs. Jerry) in Wenatchee, Wash. surprised and pleased me. She seems to read all of the G-T each week. Recently the Samples meet a Mr. Leroy Jones who heard them mention Heppner. He said that his grandparents, Janet Crawford and Leroy Jones, were from here and that his grandmother had written a history of her family which included information about this newspaper which so many Crawfords were involved with through the years.

Irene Samples reported that all her family is doing nicely in Wenatchee, but "We still miss Heppner." I appreciated her phone visit and have now written to Mr. Jones and enclosed a self-addressed envelope—40 cents more for the P.O.

When I told Frances P. Mitchell about this phone call, Frances caught me up on more facts about the Crawford family. She recalled that Janet Crawford had married Leroy Jones, whose family lived near Heppner, on Christmas Day, 1913, in Heppner. Frances said that their son born in 1914, the first of their 11 children, was named Leroy Crawford Jones and was called "Crawford." The man I have written to is Leroy Arthur Jones, she thinks, who was born about 1937. For some months, two Heppner ladies, Eleanor Gonty and Adelle LaTrace, have been giving a great deal of volunteer time to the Heppner Neighborhood Center. They have used donated materials to put together many quilts (over 150) in various sizes, such as, for double beds, for single beds, for use as lap robes, some crib size and even little ones for doll quilts for little girls. Adelle says that this year quilts have been in great demand and "Any contributions of filling or backing materials are greatly appreciated." These ladies, and the other volunteers who work under center Director Pat Brindle, are surely showing a wonderful community spirit that is to be commended during this economically-depressed period.

Valentine's Day will soon be here. Special Sunday, Feb. 13, events will include the annual breakfast which the men of St. Patrick's Catholic Church prepare and serve to their sweethearts. Also that Sunday at the United Methodist Church, younger members are arranging a Valentine dinner and program in honor of the older members of the church. On Valentine's Night, Monday, Feb. 14, everyone in the area is invited to the Heppner-Morrow Chamber of Commerce First Citizen Dinner. Do plan to come to this event which will honor the top two valentines in the county who are being selected under Dr. Wolff's expert guidance.

Shrove Tuesday's Pancake Supper will help make next week special, too. This annual family gathering will be held from 5 to 7:30 p.m. on Feb. 15 in the Parish Hall of All Saints Episcopal Church—everyone is invited by co-chairmen Harriet Hall and Karen Thompson.

Some of us need to re-understand the significance of Shrove Tuesday. It is the day before Ash Wednesday which is the first day of Lent, the 40 days before Easter, excluding Sundays. Its name came from the old custom of confessing (being shriven) on that day. Shrove Tuesday is a time of rejoicing in many countries and communities. It is the last day of the carnival season of southern Europe and corresponds to the Mardi Gras of the French and the Pancake Tuesday of the English. So bring your family to rejoice with other families at All Saints Episcopal Church next Tuesday.

With Easter Sunday (April 3) approaching fast, it would be so splendid if some community-minded group or individuals would repaint the old rugged cross up on Heppner's east hill. Now that the Willow Creek Road has been relocated, that cross is more visible than ever. Some of us who try to climb up to touch the cross each spring have known it really needs paint. About ten years ago Del Piper and his son Mark painted it as part of Mark's service qualification for Eagle Scout rank. Del can tell anyone about driving up to the top of the hill.

On Sunday, January 31, the Catholic community of Heppner and Ione reluctantly said farewell to Father David Hazen, who left for Wasco the next day, as Monsignor Raymond Beard was reassigned to the churches in this county which he had done so much to build during his fine earlier service here. Father Hazen was an exceptional clergyman who was very well trained as a counselor and was known all over the U.S. for the Marriage Encounter seminars he had been conducting for sometime. He only served here between Nov. 1, 1982 and Feb. 1, 1983, yet he surely made a great impression on all who came in contact with him and were charmed by his fine, remarkably-developed mind and his most understanding heart. How sad that his fine work has been terminated by his sudden death; however, his good works will live on in the many communities where he served.



Cow Belle Corner

(Editor's note: "Beef Tidbits," by Marlene Currin, Morrow County CowBelle Publicity chairman, will be a periodic feature in the Gazette-Times. The articles will feature a variety of topics on beef in an effort to make the general public more aware of the many uses of beef.)

BEEF TIDBITS By MARLENE CURRIN Morrow County CowBelle Publicity Chairman

The Morrow County CowBelles wish to advise the general public of certain facts about beef. With the help of The Beef Industry Council of the National Livestock and Meat Board, we hope to share some interesting tidbits about beef with you.

Let's talk about "beef on the hoof." "Beef on the hoof" as a popular term for cattle is not quite accurate and it badly low-rates the full value of the contributions that the cattle industry makes to the quality of life in the United States.

For example, a 1,000 lb. market steer yields approximately 432 lbs. of beef. Nearly all of the remaining weight is recovered as by-products, edible and inedible, from which are made a wide variety of foods, pharmaceuticals, cosmetics and clothing.

Every year approximately 35 to 40 million cattle are turned into a staggering amount of by-products and beef. The importance of the tremendous quantity of high quality protein that beef contributes to the American diet is well known. But the contributions that the beef industry

makes to the quality of American life before the dinner table are both noteworthy and vital. Let's look at some of those items.

Variety meats: liver, brains, tongue, ox joints, kidneys, tripe and sweetbreads. Retail beef: steaks, roasts and ground beef.

Pharmaceuticals: rennet, epinephrine, thrombin, insulin, heparin, TSH, ACTH, cholesterol, estrogen and thyroid extract.

Edible by-products: oleo stock, oleo oil, gelatin, marshmallows, canned meat, candies and natural sausage casings.

Inedible by-products: leather, sports equipment, surgical sutures, soap, cosmetics, buttons, china, photographic film, sandpaper, violin strings, "Camel hair" brushes and explosives.

Each gram of protein you consume has about four calories. Each gram of carbohydrate, four calories; each gram of fat, approximately nine.

Heppner man enlists in the Army

Terry Lee Gray of Heppner has enlisted in the Army under the provisions of the Delayed Entry Program (DEP) and is scheduled to leave for Basic Training at Fort McClellan, Ala., in March, announced the U.S. Army Portland District Recruiting Command. DEP allows an individual to enlist up to 12 months prior to leaving for active duty while earning time-in-service credit for pay purposes.

Following basic, the son of Charlotte and David Gray will receive Advanced Individual Training in the skills of a military policeman, and will then be assigned to a duty station in Korea.

Skill training, travel and education are among the many opportunities available to young men and women who meet the aptitude and physical standards for an Army enlistment.

By midnight, four out of five Americans are asleep.

Rainbow Balloons
Bouquets and Individual Helium Filled Balloons
For Your Valentine
676-5444
eves & weekends
Cara Costa

JUST OPENED
Jim's Hair Center
145 West Main Stanfield, Or 449-3716
Featuring our two new operators:
Kaedine Holloman Bailey & Darcy Rea
Complete hair care for men, women & children.

Central Market

QUALITY VALUE SAVINGS

PRICES EFFECTIVE FEBRUARY 10 THRU FEBRUARY 13

FRESH PRODUCE

LETTUCE
CALIFORNIA
ICEBERG HEADS
EA. **49¢**

ORANGES
SEEDLESS
NAVEL **5 \$1**
LBS.

DRY ONIONS
10 LBS. **\$1**
FOR

BROCCOLI
LB. **49¢**

GREEN CABBAGE
SOLID HEAD
EA. **39¢**

QUALITY FRESH MEAT

BEEF TOP SIRLOIN STEAK
BONELESS USDA CHOICE
\$2.69
LB.

TURKEY BREAST
JENNIE-O FROZEN SELF-BASTING
LB. **\$1.19**

SAUSAGE ROLLS
HILLS
LB. **\$1.09**

BONELESS HAMS
WESTERN FAMILY WATER ADDED
5-7 LB. UNSLICED
\$1.79
LB.

DOG or CAT FOOD
BLUE MT. 15-OZ. SUPER MT. LOAF, HOME-STYLE STEW, CHICK LIVER, EGG, 14.75-OZ. BEEF, CHICK & TUNA, CHICK KIDNEY & CHICK LIVER
3/\$1

PORK & BEANS
VAN CAMP, 21-OZ. CAN
49¢

WESSON OIL
15° OFF, 24-OZ. BOTTLE
99¢

COCA-COLA
26-OZ.
3/\$1
PLUS DEF.

FROZEN FOODS

TOTINO'S PARTY PIZZA
ASSORTED VARIETIES 9-10.85-OZ.
99¢

MORE GREAT VALUES

FOLGER'S 3 LB. GROUND COFFEE **\$7.49**

WESTERN FAMILY FRUIT COCKTAIL 16-OZ. **59¢**

REDBACHER 30-OZ. GOURMET POPCORN **\$1.89**

NUCOA MARGARINE 1 LB. **65¢**

KRUSTEAZ, 2 VARIETIES PANCAKE MIX 56-OZ. **\$1.69**

BLUE MT. 40 LB. DOG FOOD INSTANT MIX OR BR. CHUNK. **\$10.19**

DAIRY DELITES

GOLDEN GRIDDLE PANCAKE SYRUP 36-OZ. **\$2.49**

KRAFT AMERICAN 8-OZ. CHEESE SINGLES **\$1.25**

NALLEY'S 48-OZ. MAYONNAISE **\$2.39**

HUNTS 8-OZ. TOMATO SAUCE **4/\$1**

WELCH'S GRAPE JELLY 32-OZ. **\$1.59**

ERA HEAVY DUTY LIQUID DETERGENT 64-OZ. **\$3.89**

VARIETY BUYS

NASAL SPRAY
AFRIN REG. OR MENTHOL 15 ML
\$2.69

MOUTHWASH
LISTERINE REG. & CINNAMON 6-OZ.
\$1.29

RIGHT GUARD
ANTI-PERSPIRANT 4-OZ. REG. SCENT
\$2.79

SHAMPOO
STYLE 16-OZ.
\$2.79

BAKERY ITEMS

BUTTERMILK BREAD
BAVARIAN FARMS **89¢**

FRANZ POULSBO BREAD **99¢**

Valentines Special

Roll Top Desk **\$269**
Alder Reg 419

Secretary Roll Top **\$199**
Oak Reg 279

White Canopy Bed **\$119⁹⁵**
w/ frame & rails Reg 219⁹⁵

Prices effective til Feb. 16.
Maben Furniture
Located in Kate's Kake Shop

WE RESERVE THE RIGHT TO LIMIT

SERVE-U FOOD STORES

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