

## Overflow crowd entertained at Bible school program Fri.



Vacation Bible School students entertain overflow crowd at All Saint's Episcopal Church in Heppner Friday night. The evening program concluded the annual week-long Bible school.

## Nutrition letters still offered

Getting basic nutrition information into the hands of pregnant women can mean improved eating habits which are good for both baby and mother, reports Margaret Bakke, Oregon State University Extension nutritionist.

"That's the finding of a study done of the first 2,400 persons to receive a series of six letters called "Nutrition and Pregnancy" from the OSU Extension Service. The letters were first sent in July, 1980.

Since then, nearly 5,000 have been mailed from Extension county offices, said an Extension spokesperson.

"Pregnancy, a time when women are thinking of themselves and another person, is a good time to present women with basic nutrition information," Bakke notes, "because there is real motivation to take positive action.

The "Nutrition and Pregnancy" letters cover such topics as the growth and de-

velopment of the baby, foods needed by both mother and child for proper development and health and weight gain.

The letters, which Bakke feels are particularly good for women who are pregnant for the first time, are sent on a regular basis from nearly all county offices of the OSU Extension Service. Persons interested in receiving the letters should contact their nearest Extension office, the spokesperson said.

## Local women to be honored at OSU mini-college Thurs.

There was to be a golden reflection around many activities scheduled during the ninth annual Extension Mini-College at Oregon State University June 21 through 25, said a mini-college spokesperson.

The Oregon Extension Homemakers Council will formally observe its 50th anniversary during the week and three Morrow Co. residents will be honored. The mini-col-

lege is sponsored by the council and the OSU Extension Service. The council represents people who participate in the Extension study group program throughout Oregon.

Special recognition will be given to 50-year members of Extension homemakers at the mini-college banquet Thursday night. Dorris Graves and Mildred Wright of Heppner will be honored for 50 years of

participation as will Edna Mulkins of Irrigon, said the spokesperson.

In addition to working with the Extension Service to strengthen educational programs, the council is concerned also with strengthened leadership development and community service activities among Extension homemakers, the spokesperson said.

## Heppner Hotel nominated to Nat. Register of Historic Places

The Heppner Hotel building, owned by Arnie and Rita Hedman of Heppner, has been nominated to the National Register of Historic Places by the Oregon State Advisory Committee on Historic Preservation, announced Elizabeth Potter, state preservation specialist.

Potter said the hotel was reviewed and approved for nomination as an example of

hotel architecture during the early years of the automobile age. The hotel, she said, is an example of a series of hotels in Heppner that were destroyed by either fire or flood.

Designed by John Bennes, and built during 1919 and 1920, the hotel was significant in Heppner history because it was a social hub of the community and a focal point of an intensive effort to not and

keep a first rate hotel for tourists, Potter said.

In about two months, the production work on the hotel's nomination will be finished and sent to Washington D.C. for review. The final decision on whether the hotel will be listed on the Register will be made by the keeper of the Register, within 45 days of receipt, Potter said.

## 1982-83 BMCC catalogs now available

Catalogs for the 1982-83 school year are now available from Blue Mountain Community College, announced a college spokesperson.

The catalogs are a handy reference for general informa-

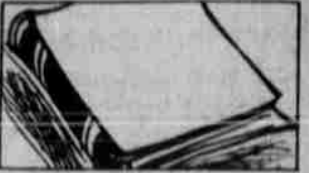
tion about the college and for specifics on programs and classes offered at BMCC, she said.

There is no cost for the catalog and they are available from local BMCC area coordi-

nators as well as from the Counseling Center and Admissions Office on the Pendleton campus.

In the Heppner, Lexington, and Ione areas, contact area coordinator Nancy Brownfield, 676-5039 for a catalog.

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