

## Cardinal JV boys taken by Condon

By MICHELLE LARUE

The Cardinal JV boys were defeated by the Condon Blue Devils 49 - 57 despite a 19-point effort by the Cardinals in the fourth quarter.

Devils opened up an 18 point lead in the second quarter as they went to the locker room with an 18 - 36 half-time lead. The Cardinals were only outscored by two points in the third quarter as they stayed with the Blue Devils. Condon went into the final quarter with a 30 - 50 lead.

The Cardinals rallied in the final quarter as they scored 19 points, but that wasn't enough as the Cards were defeated.

Howard Leavitt was high scorer for the Cardinals with 16 points.

McElligott 4 0-4 8, McCabe 4 0-2 8, Douglas, Love 1 0-0 2, Childers 2 0-0 4, Doherty 0 1-2 1, Ball, Colvard

Condon (57) Brehaut 6 8-9 20, Burns 3 0-0 6, Aamodt 3 4-7 10, Dyer 1 0-0 2, Boughton 4 0-0 8, Durham 4 0-0 8, Anderson 1 0-0 2, Aamodt 0 1-1 1

## Lone varsity girls lose to Arlington, 38-50

By MICHELLE LARUE

The Cardinal varsity girls traveled to Arlington on Friday, January 15 and returned home empty-handed, 38 - 50. The Cardinals were outscored by two points in the first quarter, 5-7. In the second

quarter the Honkers racked up some extra points as they took a 16 - 23 lead at the half.

The Cardinals couldn't get it together in the third quarter as they were held to six points. The Honkers took a demanding 22 - 39 lead into the final quarter.

The Cardinals outscored the Honkers in the final quarter but the effort wasn't enough as the Cardinals were handed defeat.

Cindy Hill led the Cardinals with 14 points.

Lone (38) Doherty, Fetsch, Hill 6 2-5 14, Holtz 3 2-3 8, LaRue 3 3-5 9, McElligott 2 2-2 6,

Palmer 0 1-3 1, Taylor, Morter 0 0-2 0.

Arlington (50) Bailey 3 6-8 12, Griffith 8 5-6 21, Hughes 2 0-0 4, Jordan 1 0-0 2, Pemberton 1 0-5 2, Pettyjohn 1 1-4 3, Burdick 0 2-4 2, McCauley 1 0-0 2, Mizer, Mitchell 0 2-4 2, Borghese, S. Mitchell.

## Bowling news

Spartan  
January 12

Won - Lost
Coast to Coast 11 - 1
M.C.G.G. 8 - 4
Peterson's 7 - 5
Gardner's 6 1/2 - 5 1/2
Central Market 5 - 7
Sears 4 - 8
S & J 3 1/2 - 8 1/2
Les Schwab 3 - 9

Splits converted: LoRayne Bowman and Andrea Mortimore 3-7-10; Cathy Hansen 2-7-8; Linda Shaw 5-8-10; and Millie Hanna picked up 1-3-5-10 and 4-6.

High game: Betty Christman - 202.

High series: Millie Hanna - 552.

Koffee Kup Keglers  
January 14

Won - Lost
Weary Wives 4 - 0
Gutter-Dusters 4 - 0
Three Holers 4 - 0
The Pytts 3 - 1
Newcomers 1 - 3
The Dregs 0 - 4
Hi Ho's 0 - 4
Three L's 0 - 4

High game: Martha Doherty - 210.

High series: Iris Campbell - 523.

High team game: Weary Wives - 607.

High team series: Weary Wives - 1673.

Splits: Zoe Watts 7-9; and Neoma Bailey 5-7.

Dime A Dozen  
January 17

Won - Lost
No. Seven 9 - 3
No. Six 9 - 3
No. Two 8 - 4
No. Four 6 1/2 - 5 1/2
No. One 5 - 7
No. Eight 4 - 8
No. Five 3 1/2 - 8 1/2
No. Three 3 - 9

High game: Mick Kindle - 236 and Lucille Massey - 204, and Mary Wilson - 204.

High series: Mick Kindle - 606 and Alvina Padberg - 556.

High team game: No. Seven - 817.

High team series: No. Seven - 2271.

## Heppner girl wins district div. in Elk's Hoop Shoot

Lana Reid, a Heppner eighth grade student, won the 12-13 year-old girls division in the District Elk's Hoop Shoot contest held in Hermiston, Jan. 9. Reid won the Heppner-lone contest in her division December 12.

She competed against nine

other girls and tied one contestant by sinking 18 of 25 shots. She and her competitor had a shoot-off to break the tie and Reid was successful.

Reid will compete in the state contest in Corvallis on Jan. 23 against five girls in her division. If she wins the state title she will compete in the regional contest in Portland on Feb. 13.

Lana, the daughter of Raymond and Deena Reid of Heppner, plays guard and point for the Heppner Jr. High girls team.

When asked if she was nervous about the upcoming competition, she replied, "No, not really."

## Local pastor to travel abroad to make special memorial contribution



The Rev. Floyd Wilks

Many people make donations and contributions in memory of loved ones, but few are able to do so in the special

manner that one Heppner man soon will.

The Rev. Floyd Wilks, pastor of the Heppner Nazarene Church, will leave January 31 for Costa Rica to contribute his time to help build a missionary house with funds donated by his late grandfather.

Wilks' late grandfather, John L. Wilks, left one-half of his estate to the Crestline Church of the Nazarene, Spokane, Wash. to be used toward missionary work. Crestline Church decided to use the funds to purchase building materials for a needed missionary house near the Nazarene Seminary at San Jose, Costa Rica. Members of Crestline invited the Heppner pastor to join the 35 member Work and Witness Team to help fulfill his grandfather's wishes.

Some members of the group are carpenters, electricians and contractors. Others are farmers and ministers. Several senior citizens will also be a part of the group, including Wilks' grandmother, Olive Wilks, 73, of Spokane. Wilks' parents, Mr. and Mrs. Ray Wilks of Chattaroy, Wash. will also make the trip.

Wilks will be gone about three weeks. His family, however, will remain in Heppner. He is scheduled to return February 19.

Gideons International will sponsor a replacement for the Heppner Nazarene January 31 service and the Rev. Earl McCool of Kennewick, Wash. will conduct the services on Feb. 7. On the last of three Sundays that Wilks will be away, Feb. 14, the Rev. George Nichols of Caldwell, Idaho will carry out services, Wilks said.

## Heppner boys back on winning track

The Heppner junior varsity boys basketball team got back on the winning track by beating Weston-McEwen 33 - 29 at Athena Friday night.

The Mustang JV's got off to a slow start in the slow-paced game, falling behind 4 - 3 after one quarter and 16 - 9 at halftime. Heppner was behind by as much as nine points in the second half, but battled back to tie the game at 25 - 25 after three quarters.

Heppner's press began to wear on the Tiger-Scots in the fourth quarter, giving the Mustangs some fast break baskets. Their tight defense shut down Weston-McEwen, allowing them only four points in the quarter.

Sid Kennedy, Jay Hayes, and Marty Britt led Heppner's balanced scoring attack with seven points apiece, and Shane Laughlin chipped in six.

The Mustangs shot an icy .204 shooting percentage from the field, hitting 11 of 54 shots, and wasn't much better at the foul line, converting 11 of 30 charity tosses for a .366 clip, said Coach Brent Eggers. The host Tiger-Scots weren't much better, hitting 10 of 46 shots for

a .217 mark from the field. Kennedy and Laughlin led the rebounding charts with nine caroms apiece, while Hayes grabbed eight.

In Coach Brent Eggers special rating system, Mark Way led with a +4 rating. According to Eggers, the Heppner team played a much smarter game than it had in the last two outings. The Mustangs cut their foul total to 16, compared to Weston-McEwen's 25, and committed 20 turnovers, down from two consecutive games of 30 or more.

"We controlled the tempo of the game much better than we had in the last couple of games," said Eggers. "We played great defense and even ran our offense well, despite missing several easy shots again. Marty Britt did an excellent defensive job on Weston's best scorer, Rick Toney, holding him to six points, and Mark Way gave us a big lift off the bench for the second game in a row."

The Heppner JV's, now 4 - 3 on the season, host the Echo JV's Thursday, January 21 at 7:30 p.m.



Lana Reid



A squirrel may scrounge as much as twenty bushels of nuts and roots and seeds and put them in a number of caches scattered around his territory. However, squirrels have terrible memories and are often unable to find even a tenth of these caches later on.

## Fillies win over Vikings 53-44

The Heppner Fillies played Umatilla last Saturday on the Fillies' home court. The Fillies were victorious, 53 - 44.

Top scorer for the game was Mary Kincaid with 22 points. Ann Murray and Sandra Ward followed with 10 and 7 points respectively.

Sandra Ward was also on top in the rebound department with 17. Lorri Day grabbed seven for the Fillies and Cindi Bergstrom had six.

Heppner made 63 percent of their free throws, while Umatilla was 40 percent from the line.

## Rockets defeat Heppner

The Pilot Rock Rockets defeated the Heppner freshman team on January 14, 63 - 35. The Rockets had the home court advantage.

Todd Miller was top scorer for a lost cause with thirteen points. David Green was second highest with 12, followed by Ron Doherty with six and Kevin Kennison and Cam George each had two points.

Miller was once again on top with 14 rebounds, followed by Kennison who had six. Steve Currie and Ron Doherty each grabbed four rebounds while Travis Hyatt and Cam George had two apiece. David Green added one rebound for the effort.

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### MEAL ONE. THE BASIC ROAST.

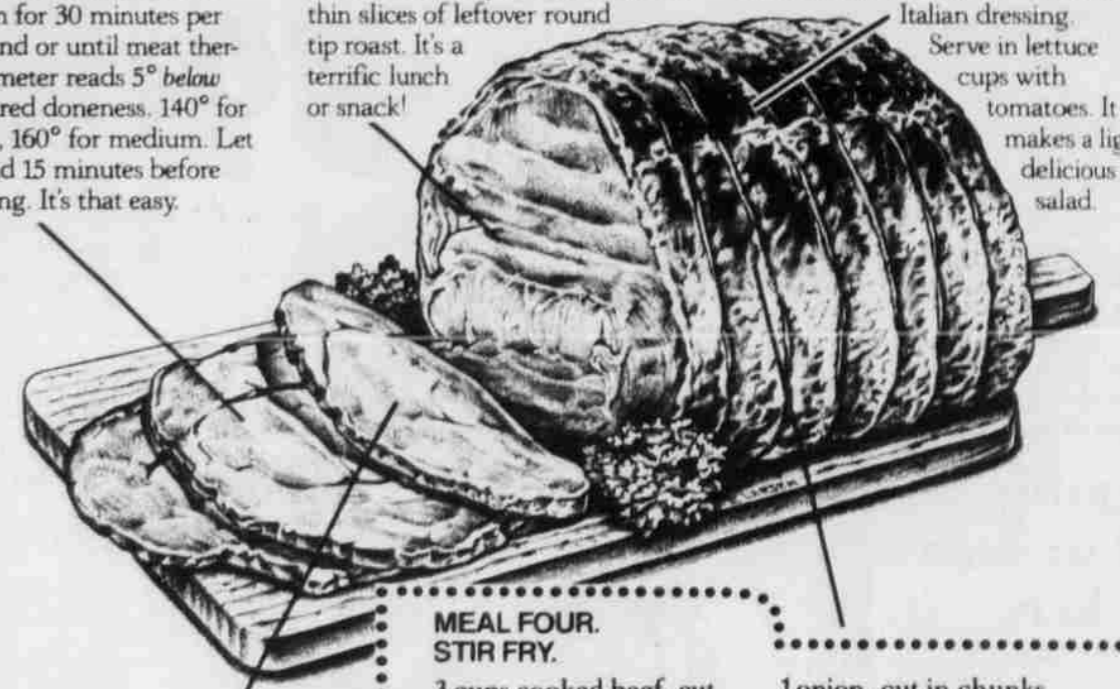
Place roast, round side up, in a shallow baking pan; insert meat thermometer. Roast uncovered in 325° oven for 30 minutes per pound or until meat thermometer reads 5° below desired doneness. 140° for rare, 160° for medium. Let stand 15 minutes before slicing. It's that easy.

### MEAL TWO. POCKET SANDWICHES.

Stuff pocket bread with your choice of sliced tomatoes, lettuce, sprouts, chopped olives, avocado, onion... and top it off with lots of thin slices of leftover round tip roast. It's a terrific lunch or snack!

### MEAL THREE. MARINATED WITH VEGGIES.

Marinate julienne strips of cooked round tip with slices of onion, green pepper, cucumber, carrots, and fresh mushrooms, in French or low-calorie Italian dressing. Serve in lettuce cups with tomatoes. It makes a light, delicious salad.



### MEAL FOUR. STIR FRY.

3 cups cooked beef, cut into strips  
2 tablespoons salad oil  
1 clove garlic, chopped  
2 stalks celery, cut diagonally in thin slices  
2 carrots, cut diagonally

1 onion, cut in chunks  
1/4 pound mushrooms, halved  
1/4 cup water  
1/4 cup soy sauce  
2 tablespoons cornstarch  
1/4 teaspoon ginger

Heat oil in large frying pan over medium heat. Add garlic and saute one minute. Add beef, celery, carrots and onion. Cook and stir 3 minutes or just until vegetables are tender, yet crisp. Add mushrooms and cook 2 minutes longer. Mix together water, soy sauce, cornstarch and ginger. Add to stir fry and cook until mixture boils and thickens. Serve immediately. Makes 4 to 6 servings.

WRITE FOR COMPLETE RECIPES.

**Round Tip Roast Recipes**  
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This is a part of a statewide campaign funded by Oregon Beef producers and leaders to inform consumers on the nutrition and value of beef.



Alfalfa roots sometimes grow to a depth of 30 feet.

## P.M.H. Foundation to hold 1st membership meeting

Pioneer Memorial Hospital Foundation, Morrow County Inc. will hold its first annual general membership meeting Tuesday, January 26, 8 p.m., at the Columbia Basin Electric meeting room in Heppner.

The meeting is called, in accordance with the by-laws and articles of incorporation, to conduct the business of the foundation and to elect a new seven member board of directors.

Immediately following the general membership meeting the new board will call a meeting to draw lots for term of office and organize itself, stated a spokesperson from the foundation. The founding

directors invite the general public to attend and urge the membership to participate. Any individual eighteen years old or older, or any corporation, wishing to take a membership in the foundation corporation may do so by calling the hospital office or sending a check to the foundation.

A minimum fee of \$5 will gain a lifetime, non-transferable, voting membership. Memberships may be purchased at the annual meeting.

All membership fees, gifts, donations, or bequests are cleared with the Internal Revenue Service for income tax exemption, the spokesperson concluded.

The family of Ida Grabill cordially invites all friends and relatives to a 100th birthday party given in her honor on Sunday, January 31, 1982. 1:00 to 3:00 P.M. at the Ione Grange Hall.

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