

## Heppner News

Helen and George Hinton really enjoyed having a visit from their nephew, Keith Entill, who spent four days here recently. His home is in Kono, Hawaii, and he had not visited with relatives here for over 20 years. Mrs. Mervin Nelson, his sister from Boise, joined him there. They enjoyed Heppner's Sidewalk Sale and liked visiting Morrow's mountains as they were getting re-acquainted with the Hinton and with their cousin Maxine (Mrs. Norman Patterson) and other family members.

The Winn Crist's daughter, Cheryl, her husband, Ray Berry, and their children, Jana, 12, Jay, 9, and D-Anne, 8, have spent several weeks with their grandmother Dee. Their grandfather Winn came home for several days from his current hospitalization and treatment routine at St. Vincent's hospital in Portland.

The Crist's son, Michael, and his wife, Chrystal, and her son, Kenneth, from Moses Lake, Wash., have also been visitors at the Crist home in recent days.

Natalie Brewster from Corvallis, who is the daughter of Carol Rawlins Brewster, is visiting her grandmother Jane and Grandfather Bill this week.

Justine Weatherford has been enjoying visiting with her two older grandsons, Scott Haberlach, 13 from Auburn, Wash., and Adam Haberlach, 6, from Medford. These cousins have really gotten better acquainted with one another this week in Heppner.

Laurie Oar, Nancy Nickerson, and Phyllis Weeks, all of Idaho Falls, Id, were guests at Mr. and Mrs. Herb Besseys last week.

Mary Abrams and her husband, Keith Collier, are visiting in Oregon after returning from serving over two years with the Peace Corps in Niger in Africa. Since they left Africa they have had the opportunity to tour about Europe.

Mary's mother, Marion, says that just recently they visited in the home of Jari Alasuvanto and his family in Imatra, Finland. Last year Jari became a member of the Abrams family during his year in Heppner as an AFS student.

The Abrams went to meet Mary and Keith in Portland last Friday. Marion said she did not know when the couple would come to Heppner as they will be visiting in Portland with Mary's sister, Beth, and her brother, Rob.

## Medical Meanderings

By GLENN W. MORGAN, M.D.,  
Philomath Family Medicine, P.C.

Every year in the U.S., about 900,000 teenage girls become pregnant. Of these, about a third have an abortion or miscarriage; resulting in about 600,000 babies born to teenage mothers. About 50,000 of these mothers are 15 or less. These are the cold, hard numbers. They don't tell anything of the sadness, disrupted lives, and human suffering which is the real tragedy of teenage pregnancy. Following are three fictional cases, based on fact, and comments about each.

Connie was 16 and in the ninth grade. She was rather plain, got barely passing grades in school, and had few friends. Her parents were divorced and, as she was the oldest daughter, she had to assume a lot of the responsibilities at home. She became pregnant by a 16-year-old boy she had dated a few times, but didn't know very well. She decided to go through with the pregnancy, which was difficult due to six months of morning sickness. She was comforted during labor by her teddy bear (the boy had long since dropped her) and delivered a baby boy three weeks early.

She decided to drop out of school and raise her baby at home, saying "Now I have a baby who loves me and needs me." She ran away three months later with several boys, leaving the baby for her mother to raise. She had pinned a note to the infant's crib saying she was mixed up and needed time to think.

Darlene was a 14-year-old girl, pretty, outgoing and a good student. She came to see me several years ago when I practiced back East, complaining of stomach cramps lasting all day. She said her period was "a month or two" late, but that wasn't unusual. On examination, she was obviously seven months pregnant. She admitted being sexually active for a year without using contraceptives. She didn't think she could get pregnant after the first few episodes of intercourse hadn't caused pregnancy. She delivered a 3½ pound boy who developed severe breathing problems and jaundice, but survived. She gave the baby up for adoption when she realized it would be impossible for her to raise it.

Judy was 17 and pregnant for the third time. Her first pregnancy at age 14 had ended in miscarriage, and her second at age 16 resulted in the birth of a baby girl. Her current boyfriend had been living with her for six months, but drank too much and she was afraid of physical abuse when he was drunk. She gained 60 pounds during her second pregnancy and hadn't lost it afterwards. She and her child were on welfare, she had no skills to get a job, and had been depressed for months. She had long since forgotten her childhood dream of someday being an airline stewardess. She saw little hope for the future, but planned to keep the child. She stated, "I know how those adopted children are mistreated, and I won't let that happen to my baby." She often spanked her 17-month-old daughter hard when she was naughty, and hoped her new child would act better.

The three cases above are typical of teenage pregnancy. A nurse who works in a newborn nursery said she feels so bad when she sends the babies home in situations like these, because she knows what will happen. Each case presents several aspects of the problem.

Connie felt bad about herself and unloved. She wasn't attractive, did poorly in school, and hadn't adjusted well to adolescence. This is a time to learn how to relate to others, but she was still in the world of teddy bears. For her, the only way to be successful at something was to have a baby. Then she would be needed and loved, she thought. It didn't work that way though. She had no concept of the difficulties of raising a child. She wasn't successful at being an adolescent.

## Teenage pregnancy

and there was even less chance of her succeeding at being a mother. Many children are being raised by grandma today because of similar situations.

Darlene was different. She was attractive, popular, and generally successful in her life as an adolescent growing into adulthood. She suffered because of a lack of information. Despite her intelligence, she was naive. Because she didn't want to be pregnant, she believed she couldn't get pregnant—right up until she had a baby. No one had spent time with her discussing in detail about adolescence and its physical and emotional changes regarding sexuality. No one had spent time with her boyfriend discussing sexuality. They were two teenagers who suddenly had to face a very adult situation. Darlene was unusual, though, because she was able to recognize that a 14-year-old girl is in no position to try to raise a baby. Despite excellent adoption agencies, only about 5 percent of babies from teenage pregnancies are adopted out.

Another point about Darlene's pregnancy is that teenagers often have poor prenatal care, or none at all; and there is much greater risk of serious problems for both baby and mother. Prematurity with all its problems is very common. These babies start out at a terrible disadvantage from both social and health standpoints.

Judy's case is perhaps the saddest and most common of all. In her years from 14 to 17, she had aged emotionally to middle age. She had missed all the excitement and joy of growing intellectually, emotionally and spiritually into a full, happy and productive adult. Her case also points up the high rate of repeat pregnancies among teenagers. Almost half will be pregnant again within a year, and 80 percent within two years. The pattern repeats itself over and over.

In addition, there is a very high rate of child abusers among fathers and mothers who are teenagers. The same people who feel badly about themselves are the ones likely to get pregnant. The abused children then grow up feeling badly about themselves, and have difficulty controlling their anger and become child abusers when they have children. The patterns of teenage pregnancy, child abuse, welfare dependence, alcoholism, poor self-image and poor impulse control often are found together in the same families for generations.

The problem of teenage pregnancy is part of the larger problems of society. There are no simple solutions. My next article will discuss some things that can be done to help the problem. If you have questions about the above, consult your family doctor.

## Elms suffer from beetle

ELM TREE CATERPILLARS

Elm trees in the Heppner area are suffering from the annual attack of the elm leaf beetle larvae. Yellow and black caterpillars eat the green layer from elm leaves and all that remains are leaves that are dead, brown and papery.

The caterpillars can be controlled with insecticides.

## U of O sets application deadlines

Students planning to attend the University of Oregon for the first time this fall will need to submit their applications soon, university officials announced.

Due to increasing enrollment pressures, the university has set a number of application deadlines. New freshmen, both resident and non-resident, must submit applications postmarked by Aug. 15 to be considered for fall term. Graduate students must meet

a Sept. 1 deadline. No deadline has been set for transfer students. All applications received after these dates will automatically be handled as winter term applications. Students who seek admission to an academic program which is available at Oregon but not at other state schools, or who have other extenuating circumstances, may submit a written request for exception to the Office of Admissions.

## Tomatoes crying, "Lettuce alone?"

Do your home-grown tomatoes look as if they'd like to be painlessly put out of their misery? Are you ready to forget your garden and buy produce from the local supermarket?

Try soil testing. It may be that all your garden needs is a little extra nitrogen.

Plants, like people, grow in response to their food intakes. Some food is obtained from air and water. Other nutrients, such as nitrogen, phosphorus and potassium (potash), are obtained through the soil.

As plants grow, they deplete the soil of these vital nutrients. When the supply is reduced below a certain level, the soil needs fertilizer. However, too much fertilizer can be harmful to your plants.

By pinpointing the exact nutritional needs of your garden or lawn, you can ensure that plants will reach maximum growth and

yield. To accurately determine the right quantities of fertilizer and lime, the soil must be tested for nitrogen, phosphorus, potash and pH.

Sudbury Laboratory, Inc. of Sudbury, Mass., makes it possible for your lawn or garden to achieve its fullest possible potential. They make nine types of soil test kits ranging in size from houseplant to farm soil testing.

The kits are economical and refillable, and provide instant results. Easy-to-follow instructions are included in each kit, along with valuable charts listing the ideal soil pH for hundreds of vegetables, flowering plants, grasses, trees and houseplants.

Also included are charts illustrating how to determine exactly how much of each ingredient to apply for best gardening results, how to raise and lower pH, and when and how to fertilize.

**Irrigon news**

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By FRANCES ROSE WILSON

Mrs. Lola Breeding has been a busy senior citizen this summer. She cared for the home and garden of her granddaughter and husband, Lola and Loyd Humphreys, while they were gone on vacation to Arkansas and other points. She attended a family reunion of her mother's and grandmother's families, the Shouns and Steagalls, held at Bull Prairie in mid-July. Nine of her brothers and sisters attended along with children and grandchildren.

Now Mrs. Breeding has joined a senior citizens tour to Canada and Alaska, leaving with six friends from this area on Monday, Aug. 3.

Major Keith Gronquist and his wife, Barbara, have returned to the United States from a two-year tour of duty with the Air Force at the R.A.F. Air Force Base in Avon, England. They were on an exchange program, stationed at the British A.F.B. Major Gronquist has received notice that he will be

promoted to Lt.-Col. They will be stationed at Scotts A.F.B. in Illinois.

The family, including a daughter, Mindi, 14, and a son, Brian, 12, visited at the home of Barbara's parents, Mr. and Mrs. Roy Davis in Irrigon. During the week they were here Barbara's sisters, Pat Buwalda and Wanda Shade, who live in nearby towns, also visited at the home.

The Gronquists visited members of his family in Arlington and Pendleton as well.

Mr. and Mrs. Chester Wilson have returned from a vacation trip to the Sierra Mountains and Yosemite Nat. Park in Calif. They met their daughter, Carmine Wilson of Santa Cruz, who accompanied them on their trip. They visited Tuolumne Meadows area for several days, then Wawona Hotel and the Historical Center, which dates back to 1875. Here there were several log cabins that had been reconstructed to their original pattern of living conditions, with the old spinning wheel in operation and women working at quilting. The Wells Fargo station was nearby where one could take a ride on a stage coach if desired. There were a number of different makes of stage coaches that had served the area in the early days.

The Chester Wilsons returned in time to welcome his brothers and sisters to a family reunion and potluck picnic at the Irrigon Park on Sat., Aug. 1. They are Charles Wilson, Irrigon; Lois Land, Portland; Marie Hinkley, Ontario; Joe Wilson, Yakima; Bessie Walker, Willows, Calif. They and their grandchildren, a few cousins and aunt Alice Goff of McMinnville, a very gracious lady of 83 years and the only living sister of their father Edwin Wilson, made up the gathering of close to 100 people. The next reunion will be in 1983.

## Road work

The Morrow County Public Works Department released the following work report for the week ending August 1.

Pot holes were patched with hot mix on Balm Fork Road, Wilson Road, Daizell - Ransom, Pointer Road, Ella Road, Juniper, Ione - Goseberry Road, Sandhollow, Keck Canyon Road and the Airport Road. Gravel was spread on Mea-

dowbrook Road and the Paul Brown Road.

Sand was spread on Base Line Road and the Rugg Jordan Road to prevent hot weather oil bleeding.

In the Boardman - Irrigon area potholes were patched with hot mix on Ella Road, Brush and grass were cut from Kunze and Peters roads.

The shop worked on trucks 13, 15, 16 and 17. Other repairs were done on automobiles.

IT'S VACATION TIME

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If milk or cream spills on furniture, wipe it up quickly. Dairy foods act as mild paint and varnish remover. If spots show, clean with white liquid wax.

We would like to take this opportunity to thank Mel & John Boyer for their airplanes, and the many pieces of fire equipment furnished by companies & individuals. Also, the hand labor furnished by neighbors, friends and those whom we didn't even know who came to fight our fire. Without your prompt response our loss would have been much greater.

Many thanks from the PETERSON BROTHERS FAMILY & CREW AND GABBERT RANCH INC.