

# AROUND ABOUT

By JUSTINE WEATHERFORD

Last week, along with many other Heppner citizens, I drove out the Balm Fork Road as far as the Carl Thorpe place to take a look at the preliminary work being done toward relocating the Willow Creek and Balm Fork roads.

I have only lived in this area a little more than 15 years, but the first knowledge I had of the town named Heppner came from hearing my parents and their friends talk about this place where there had been such a horrendous flood. That was many years before I considered coming here to live.

Now Heppner is home, and I hope to be here for sometime yet. As I observe that work is actually underway on the long-awaited, much discussed - and cussed, too - Willow Creek Dam project, I wonder how this dam is going to change our town and affect the lives of everyone here?

Some thirty families whose parcels of land became directly involved, of course, felt the impact of the construction work first. For several of these this has meant moving to new locations. Change can be distressing and very difficult, or it can be exciting and very pleasing.

Will having a dam-controlled lake right at the city limits be helpful or harmful to this community? Some folks look forward to the recreational possibilities. Maybe a new subdivision, with nice lakeshore housing will develop. Fishing there may become super.

The relocating of the roads will cause everyone inconvenience for awhile, but when new roads are completed and well surfaced everyone will gradually adjust to the change. I heard Mr. Schultz of the Lopez Construction Company, the contractors for the road work, tell the Chamber of Commerce that "probably 40 men will be working" on their part of the project. It is uncertain how many families will come to the community during the construction work. The addition of even ten new families could make quite a change in the school population and in community life generally, even though these families will most likely not become permanent residents.

Some folks are still insisting that damming Willow Creek will not prevent all floods, and they are probably right, as several other drainage systems feed into bowl-like Heppner. So there can still be floods, massive thunderstorms and waterspouts, but with the largest drainage area dammed, the danger to the community will surely be cut way down.

There are some who persist in feeling that the dam will work a hardship on farmers along the creek; yet some believe that the storage and controlled release of water will be beneficial. A few have said that the reservoir behind the dam will be a terrible swamp and will be a breeding place for mosquitos and will be harmful and unattractive.

So we shall all have to observe and wait for several years to really see how this coming big project will change our community. Expectations are so important; I am hoping that almost everyone expects good things from the dam and that these good expectations will become realities.

The Morrow County Fair is only one month away. Those who are regular participants in fair activities are planning and working. It is good that everyone has had his or her premium book for over a month now and can carefully plan exhibits and each day's activities.

Because Fair and Rodeo Week is always the week when more folks come to Heppner than during any other week in the year, the Chamber of Commerce Community Action Committee and the Heppner Garden Club are encouraging homeowners and downtown merchants to make special efforts to spruce up their premises to make Heppner look especially attractive to fair week visitors.

I am one who must get with beautification around my home and downtown right away. If this city had a system of fining persons who did not clean up and haul away junk and trash, I could be liable, along with quite a few others.

Last Saturday Irene Swanson, Civic Beautification chairman for the Garden Club, and I took a careful look around Heppner, sort of making an advance scouting trip looking for best yards. We found about ten that seem most outstanding. The garden club's selection committee will have a really tough decision choosing one. Some yards are more attractive at different times of the year. Several we saw are at their best in the spring. One will shine out during dahlia time.

Because good grooming is such a big factor in the choice of a best yard, we were pleased to note that of the ten we admired, most were carefully groomed and were especially neat. They look ready to be seen by fair visitors.

As we ended our Saturday morning look around, we stopped at the big, white-trimmed, blue house that Ron Forrar and his son are working on near the corner of Chase and May streets. Ron showed us through this spacious, once grand, then sadly misused home. He told us of the tons of trash that have already been hauled from that location. The home's big rooms have been cleaned up nicely; most of them are carpeted and artist Forrar has hung attractive pictures on many of the walls. He has the building looking sort of like a temporary art gallery.

This historic house that has such lovely white trim along its eaves is now once again becoming striking looking. It looks like an asset to its neighborhood and to the whole city. It is

great to have folks build nice new homes and landscape them beautifully like the first best yard winners the Elwyn Bells have done. It is also most commendable to have someone make the big effort to restore and to save a relic that had become an eyesore.

We hope that the expense and the hours of work that the Forrars have put on the big blue house will attract some family there who will take good care of it and keep it from deteriorating again. Then everyone should point it out with pride.

## Medical Meanderings Band-aid operation

By GLENN W. MORGAN, M.D.,  
Philomath Family Medicine, P.C.

With the development of a new surgical technique called laparoscopy, female sterilization by the "band-aid" operation has become increasingly popular. Although the surgery is relatively fast, safe and simple, the name "band-aid" operation implies that it is a very minor procedure, which it is not. It is a surgical operation, done in the operating room by a qualified surgeon (gynecologist). It is usually more expensive, more risky, and more uncomfortable than vasectomy in the male. Nevertheless, it has surpassed vasectomy in popularity in this country in the past few years. (We men let the women have all the fun.)

First a note about sterilization. It is permanent and should only be considered when the couple is sure they will never want to have babies in the future. Generally, young adults (early 20's) and those with unstable marriages should think twice before being sterilized, because they might later change their minds.

There is a method of reattaching the female tubes once they have been cut, if the woman later decides she really wants a child after all. However, this often fails, or results in a pregnancy in the tube, causing emergency surgery and risk of serious problems.

Tubal ligation by laparoscopy has made sterilization much simpler and safer. It usually does not involve staying overnight in the hospital. The woman checks into the outpatient surgery area in the morning. She should not have eaten anything since the night before (sorry, not even one cup of coffee). She receives a general anesthetic and the surgeon makes a small incision beneath the belly button. The tube is then inserted through the incision and the abdominal cavity is filled with carbon dioxide gas. This allows easy visibility of the uterus and fallopian tubes. A second small incision is made lower in the abdomen and a long instrument is inserted to grasp the tube. It can then be tied or cut. The most common way is by knuckling the tube over itself and placing a tight ring or band around the knuckled portion. The gas is then removed from the abdomen and a few stitches are placed in the incisions. Band-aids are then applied, hence the name. The whole thing takes about 30 minutes. The woman is then taken to a recovery area where she wakes up. After several hours of close watching, she is allowed to go home if everything is going well.

As with any operation, there are potential complications. Fortunately, these are rare. The biggest risk is with the anesthesia, since people can have reactions to the drugs used or other unexpected problems. There is a risk of bleeding during the surgery, though this is usually minimal. If bleeding is heavy, it may be necessary to perform abdominal surgery by making a larger incision like a regular operation. In addition, some women have a great deal of scarring along the tubes from previous infection, surgery or inflammation. In these cases it is not possible to grasp the tube and tie it off, so a larger incision must be made. As with any operation, infection can occur. There is always a certain amount of pain, though this is rarely severe or lasting. In most cases, a few days of R & R at home are all that is needed for recovery.

Tubal ligation doesn't effect either the uterus or ovaries. Periods are not changed, and female sexuality remains the same, except there is no longer any fear of getting pregnant. I did see one woman, however, who was perplexed because she had all the symptoms of pregnancy, but had had a tubal ligation several years earlier. As it turned out, she was pregnant. Rarely, the tubes can grow back together. Babies born of these pregnancies can be proud of themselves - they beat the system.

Not all tubal ligations are done by the laparoscopy method. Often women choose to have their tubes tied at the time of childbirth. If cesarean section is done, it is simple to do this at the same time. If the delivery is by the normal birth canal, the uterus remains enlarged for a day or so afterwards. Therefore the tubes are within easy reach of a low abdominal incision, if done shortly after delivery. The main disadvantage of doing tubal ligation at the time of birth is that it could be too early to tell whether or not the infant might have problems.

Although the "band-aid" operation is far from perfect, it is probably less risky to the average woman than pregnancy and childbirth, and less emotionally upsetting than abortion. If you have questions about it, contact your family doctor.

## WCCC has Ladies Day

Tuesday, July 7, seventeen women participated in morning Ladies' Day competition at Willow Creek Country Club in Heppner. Sue Jepsen was in charge.

Pat Edmundson and Eddi Skow tied for low gross. Bev Wilson placed first among low net scores and Wanda Willis was second.

Eddi Skow has least putts. Betty Christman won for most

specs, and Bev Steagall had the most honest score on hole no. 8.

## Crop Report

Record yield forecasts for winter and spring wheat are expected to produce a near record 76.9 million bushels of wheat in Oregon, according to the Oregon Crop and Livestock Reporting Service.

Based on conditions as of July 1, winter wheat production is now estimated to be a record 72.5 million bushels, up one percent from the previous year. Excellent conditions during June are reflected in a record estimated yield of 62 bushels per acre.

Spring wheat is estimated to yield 38 bushels per acre, equalling the record of 1979 and 1975, but producing 19 percent less than in 1980, because of less acreage. Nationally, all wheat production is forecast at a record 2.81 billion bushels, 19 percent more than last year's crop. All wheat production is up sharply from 1980 primarily because expected acreage for harvest is 14 percent higher.

Barley in Oregon is also expected to yield a near record 63 bushels per acre, surpassed only by last year, and is expected to produce 12.3 million bushels, the largest production since the early 70's. U.S. barley production is expected to total 478 million bushels, 33 percent more than last year's production.

Other Oregon crops forecast as of July 1 are as follows: oat production 4.4 million bushels, seven percent more than last year; corn for grain production at 1.7 million bushels, 48 percent more than 1980 and the highest since 1960; rye for grain production at 156 thousand bushels, four percent more than last year; nationally, oat production is up 15 percent, corn up seven percent and rye up three percent.

Oregon potato acreage for harvest in 1981 at 53,000 is up 33 percent from last year's small crop, but 16 percent below 1979.

Oregon fruit production prospects look good based on conditions as of July 1, except for the sweet cherry crop, whose prospects diminished considerably due to fruit cracking in a number of areas. Oregon's sweet crop harvested and to be harvested is now estimated at 31,000 tons, six percent below last year and the smallest crop since 1972. Nationally, the crop is down dramatically to 133,500 tons, 22 percent below 1980.

Bartlett pear production in Oregon is still estimated at a record 90,000 tons, unchanged from June 1, and 13 percent above the 1980 crop. All other pears are estimated at 115,000 tons, four percent below the past two years, but the fourth largest crop on record. Pear production for the Pacific Coast (California, Oregon and Washington) is estimated at 585,000 tons, four percent below last year for Bartletts and 226,000 tons, seven percent below 1980 for other pears.

Apple production in Oregon is expected to total 175 million pounds, 10 percent below last year, but the second largest crop on record. Washington is expecting a crop of 3.05 billion pounds, one percent more than last year.

## Pendleton— Heppner Freight stock sold

Gene and Dona Orwick announced the sale of their stock in the Pendleton-Heppner Freight to William Flatt of Corvallis.

The company will be operated by Flatt's son-in-law, Gene Roberge, who resides in Pendleton.

## Market Basket

For use the week of  
July 13, 1981

July and August are the best months of the year for the plentiful supplies of top quality fruits and vegetables. The fresh fruit picture looks outstandingly good for the next couple of months. There are record crops of PEACHES, PLUMS and NECTARINES from California. Yakima Red Haven peaches are just starting. Nectarine quality is steadily improving. All varieties of plums are available.

Local berries in season include RASPBERRIES, BLACK CAPS, LOGANBERRIES, BOYSENBERRIES, MARION BLACKBERRIES, BLUEBERRIES and the last of the STRAWBERRIES. Some of the berries are in the supermarkets; others may be available only at wayside stands and U-pick fields. The berry crop this year is a large one and the different varieties come in rapid succession.

GRAPES are still on the high side but prices should trend down very soon. There are abundant supplies of good quality AVOCADOS at economy prices.

CANTALOUPEs currently offer the best melon value. There's a very large crop of California cantaloupes and the quality is excellent. HONEYDEWS are also plentiful and good quality. Less WATERMELON acreage was planted and reduced supplies are keeping prices up.

Nearly all of the vegetables are now from local fields. Included are ZUCCHINI, CUCUMBERS, CAULIFLOWER, GREEN BEANS, CABBAGE, CHARD, MUSTARD GREENS, KALE, KHOLRABI, LEAF LETTUCES, HEAD LETTUCE, RUTABAGAS, TURNIPS, RADISHES, GREEN ONIONS and BEETS.

CELERY is not plentiful and prices continue high. TOMATO quality has improved and prices are moderate.

Two of the best July meat values are broilers and eggs. There's a more than ample supply of CHICKENS. Eggs are also plentiful.

BEEF supplies are somewhat larger than was expected and there are good beef specials. Best values are cuts from the chuck and round. Buying the specials will as usual give you the most for your money.

Fresh SILVER SALMON is in the markets. Salmon steaks broiled over charcoal are marvelous. If your budget permits a luxury item, try fresh Oregon scallops. Commercial fishing for scallops has recently started in Oregon and the scallops are delicious.

## 4-H exchange

By BIRDINETULLIS,  
Extension Service

A 4-H exchange trip to Canada, along with 4-H'ers from Gilliam, Wheeler, and Sherman counties, offered memorable experiences for Dean Rill, Heppner.

The four older 4-H'ers traveled to British Columbia with Wheeler County Extension agent, Ken Killingsworth, for a week of new and exciting experiences with 4-H Canadian host families.

Dean's host family was the Kets family at Matsqui, B.C. Agent Killingsworth travels to Canada yearly to judge 4-H and open class fair events. He offers the opportunity to one member from each of four counties to travel with him at very small expense. A group of Canadian 4-H'ers will visit the counties late in August to complete the exchange.

## TWO WOMEN ATTEND MINI COLLEGE

Juanita Ryan and Mayko Buchanan were among nearly 400 people who attended the eighth annual Extension Service Mini College at Oregon State University in late June.

The event attracts more people yearly with attendance almost one-third more this year than 1980. More than 40 class choices were available to participants with teachers from OSU faculty, businesses, organizations and volunteers. Some classes are strictly fun, with others in-depth studies of chosen topics.

While at Mini College, Ms. Ryan served as voting delegate at Oregon Extension Homemakers Council meeting where election of officers and other business of OEHC were carried out. New OEHC president, Dorothy Klock, Corbett, was installed at the evening banquet.

Lucille Straight, Pendleton, was also installed as District VII director, to represent Morrow, Umatilla and Union counties on the OEHC board for three years.

## WHAT TO DO WHEN YOU LOSE YOUR JOB!

During present times of economic slow-downs across the nation, many families have to face the dilemma of what to do when the wage earner is unemployed. What do you do when the wage earner in your family is unemployed? One of the important steps is to sit down with all the members of the family and review the situation with them, according to Alice Niels, Morrow Extension Family Economics specialist. Such communication helps the family share concerns and to decide what actions are necessary.

It's necessary for the family to review all expenses, needs and what they would like to have. It's important to eliminate all unnecessary spending.

On the first day of unemployment, go to the nearest unemployment insurance office and file for benefits. Benefits are calculated from the first day of filing, so it's important to do it soon and minimize the necessary waiting time before the first check arrives.

A third step is to contact all creditors, explaining the problem and seeking to work out some solution, such as smaller payments for a short time, refinancing an existing loan or perhaps paying only the interest on the home mortgage for a few months.

"The most important things to remember not to panic, to file for unemployment benefits quickly, to communicate, to be prepared to change your standard of living and to work with your creditors so you don't default on payments," Miss Morrow stresses.

Single copies of "What To Do When You Lose Your Job" are available free to Oregon residents from the Morrow County office of the Oregon State University Extension Service, Heppner.

## PIG IRON

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## CASE HEPPNER FURNITURE

## NOTICE TO WATER USERS

Limited hours for watering yards and gardens will begin on July 3, 1981 and will be in effect until further notice. All watering should be done between 6:00 a.m. and 12:00 noon and 6:00 p.m. and 12:00 midnight. This method has been very successful for keeping a safe amount of water in our reservoirs in case of fire. Thank you for your cooperation.

Earl Papineau, City Foreman

**HEPPNER SWIMMING LESSONS**  
SECOND AND LAST SESSION OF SWIMMING LESSONS WILL START ON  
**July 21, 1981**  
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