

Childhood emergencies! — Test your knowledge

Medical Meanderings

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(This is the fifth and last in a series of clip-and-save articles on childhood emergencies.)

This quiz will test your knowledge of how to deal with an emergency in your child. It is based on the four previous articles — on burns, poisonings, injuries and nosebleeds. Since all permanent knowledge is gained by relearning the same things, it is hoped that by going over the most important points, your learning will be increased.

TRUE OR FALSE:

1. The first thing to do in a hot liquid burn is to take off all clothes that might be in contact with the burn.
2. The second thing to do in a burn is smear vaseline all over the burned area.
3. Acid burns (like car batteries) continue burning much longer than alkali (like lye).
4. Smoke inhalation can seem mild in the first few hours, but can cause serious breathing problems within 24 hours.
5. If a burn blisters up, it is a good idea to stick a needle in it to let the fluid out.
6. Electrical burns can look small on the outside, but cause deep tissue injury inside.
7. Most incidental drug poisonings in children are from aspirin, cold remedies, and vitamins.
8. Fortunately, chemicals such as bleach, gasoline, moth balls, turpentine and paint are rarely taken by children because of their odor.
9. It is good practice to get children to take their medicine by whatever means you can. It helps to tell the child it is candy.
10. Three-quarters of all poisonings in children could be prevented if all medicines and household products were kept out of sight.
11. Ipecac should be kept in every home with children

under age ten.

12. Induce vomiting by giving Ipecac and fluids unless the child is unconscious, having fits, or the poison was a strong corrosive, like lye, or contained petroleum products (gasoline, etc.).

13. Cuts that stop bleeding rapidly don't need stitches, even if they gape open.

14. Scrapes should be immediately covered by a band-aid which is left on for two days.

15. Kissing a child's bump or bruise helps it feel better.

16. A head injury isn't considered serious unless the child was knocked out more than five minutes.

17. Sprains are best treated by elevation and ice packs in the first few hours.

18. If the child complains of pain in his shoulder after an injury, always check the collar bone.

19. Wrist injuries are usually more serious than elbow injuries in children.

20. For a nosebleed, it is best to have the child lie down and put an ice pack on his forehead or behind the neck and put cotton in the nose.

21. For a nosebleed, it is best to have the child sit up and pinch his nostrils together.

22. Repeated nosebleeds most often mean leukemia or hemophilia (child is a bleeder).

23. If a child vomits blood, it is likely to be from a nosebleed.

ANSWERS:

1. True. 2. False. 3. False. 4. True. 5. False. 6. True. 7. True. 8. False. 9. False. 10. True. 11. True. 12. True. 13. False. 14. False. 15. True. 16. False. 17. True. 18. True. 19. False. 20. False. 21. True. 22. False. 23. True.

SCORE:

- 21-23 - Excellent! Would you like to babysit my children?
 19-20 - Very Good. You still get the merit badge.
 17-18 - Pretty good. You need a little review.
 14-16 - Mediocre. You didn't read all the articles, did you?
 13 or less - Lousy. But think of all you learned!

Irrigon senior council meets

By FRANCES ROSE WILSON

The Senior Citizens Council of the Irrigon site met this week in the home of Ruth Bentley. Attending in an advisory capacity was Susan Comrie, at the ECOAC Pendleton office.

Due to the death of Opal Cleaver the past week several adjustments in the senior meal program for Irrigon are necessary. Mrs. Cleaver was head cook and had been responsible for food inventory and purchase of foods as well as doing the local bookwork and forwarding reports to ECOAC who oversees the program in the five-county area which they represent.

Responsibility of the duties were divided among several by the sitting council. Carol Sweeney who has worked as cook's assistant will continue to do the cooking and purchasing for the group while another cook is being selected.

Responsibility for records will be carried by the council's president, Elva Sanders, and by Robert Judd. Chester Wilson will do the bookkeeping.

These preliminary records will be finalized and forwarded to the program director, Susan Comrie, at the ECOAC Pendleton office.

Many seniors expressed a feeling of loss for Opal Cleaver who was more than a cook to them. She was also a friend.

Fact finding meetings slated on rangeland grasshopper control

Cattlemen, farmers, and others concerned with the U.S. Department of Agriculture rangeland grasshopper control program are being asked to take part in one of a series of fact finding meetings to be held in the West.

The five meetings in states affected by the blight of rangeland grasshoppers, are to solicit public comments on rangeland grasshopper program standards. Among questions to be discussed at the meetings:

1) Spray block size — currently spray blocks must be at least 10,000 acres, or if smaller, must totally encompass an infested area.

2) Level of infestation — the

standard rule of thumb is, there must be eight or more grasshoppers per square yard to have an economic infestation.

3) Time of treatment — treatment must be made before the majority of grasshoppers reach maturity and begin laying eggs.

4) Treatment of cropland — the rangeland grasshopper control program normally does not include treatment of cropland unless the cropland cannot reasonably be omitted or the farmer-rancher pays the full cost of treatment for cropland that could be omitted. Up to 10 percent of cropland may be included in the treatment block.

USDA officials will be present at each meeting to hear public comments, which also will be recorded. Written comments also will be accepted.

Meetings are scheduled: March 17 for Washington and Oregon, 9 a.m., Red Lion Motel, Pendleton (503) 276-6111 for information.

For further information, contact Dick S. Jackson.

Information also is available from Ron Johnson, APHIS, USDA, Federal Bldg., Hyattsville, Md. 20782, (301) 436-8745.

regional coordinator, Animal and Plant Health Inspection Service, USDA, 408 Jones Bldg., 1331 - 3rd Avenue, Seattle Wash. 98101, (206) 442-2985.

TEEN OF THE WEEK
DEANN CONNOR



 A senior at Heppner High School and maintaining a 3.57 grade-point-average, Deann is active in GAB, Annual and Hebisch Staff, varsity volleyball and basketball and is a member of dance team. Deann is also a member of the Methodist Youth Group and also does 4-H tote painting. The daughter of Shirley and Dean Connor, Deann is undecided as to schooling for next year but has narrowed down her possibilities to two. Deann takes an active interest in all clubs at school and has been especially effective in tutoring Boaupeth Thongdy in typing this year.

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What's your opinion?



Question: "Do you think the United States should be involved in the unrest in El Salvador?"
 "No," says Michele Portmann, 30, Heppner. "I don't think we should be involved. As many statesmen have pointed out, it has many similarities to our involvement in Vietnam."
 "We need to spend our energies taking care of domestic problems rather than being involved in international affairs."

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