

BMCC Board reviews new building plans

The BMCC Board of Education met in special session Wednesday evening, February 11. The meeting was held in order to review plans for an instructional-support-services building that would house admissions, business, and the instructional deans' offices on campus.

AJS Lynch and Company, architects, presented preliminary sketches and plans to the board both on site and general design of the building. Jim Lynch of the firm explained to the board the proposed general layout of the new building and the functions it would serve.

The interior design, as presented, is of the open office design with free standing partitions to allow for future growth and interior flexibility. The location of the building is to the northwest of Morrow Hall and northeast of Pioneer Hall and would lend itself to ease of student flow during registration periods between those existing structures.

In keeping with the college's emphasis on energy conservation, the new building would boast skylights, high-intensity indirect lighting and natural-flow ventilation. The exterior is proposed as a reflected glazing that would reflect heat during the summer months to reduce cooling needs.

The building, as proposed, is 4,900 square feet at an estimated cost of approximately \$364,800. Several ques-

tions during the presentation were posed to the architects regarding the interior and exterior design of the structure.

The board, in its final comment to the architect, asked that additional effort be made to cut cost in the new structure. The common feeling on the part of the board members was to reduce costs to approximately a \$250,000 level, if possible.

Suggestions to reduce costs included: a redesign of the outside skin; a change in roof structure and design; possible reduction of total square

footage; a more modest appearance; and reduced appointments within the interior of the structure.

The board did support the proposed floor plan and encouraged Mr. Lynch to put together additional designs incorporating the board's thoughts for reconsideration.

In other business, President Ron Daniels informed the board of a plan for development of a recreational area at Eastern Oregon Hospital and Training Center. The college has been in discussion with EOH & TC regarding a baseball and rodeo area on

Two county 4-H'ers to be selected for state government conference

by BIRDINE TULLIS.

Morrow Extension Service Two Morrow 4-H'ers will be selected to represent the county at the "Know Your State Government Conference" to be held in Salem, March 15-17. The two selected will have the opportunity to meet state government officials, including the governor, attend legislative sessions and committee meetings, as well as explore career opportunities in government. Another exciting aspect of the conference is the chance to get acquainted with members from other counties, and share

ideas and experiences.

The Conference is offered every two years, when legislation is in session. 4-H members in 10th, 11th, and 12th grades are eligible to apply to attend. Application forms have been mailed to all enrolled members in that age group. Funds are provided by the 4-H council to cover costs of the delegates. Housing is at the 4-H Center, near Salem, but most activities are at the Capitol in Salem.

Applications should be returned to Extension office no later than February 16.

ANY ADULTS FOR 4-H SUMMER WEEK?

How would you like to spend a week at Oregon State University, Corvallis, assisting with 4-H Summer Week? Volunteers are needed for teaching classes and for first aid duties. Some non-instructional helpers are also needed for the session. Volunteer instructors will have an opportunity to design and conduct a special interest session for either intermediate or senior-age delegates. For example, classes could be such topics as bread baking, arts, crafts, or other topics. They will have the opportunity to discuss and develop their topic with the help of state staff.

First aid volunteers would alternate shifts of duty in residence dorms, along with a registered nurse on duty for all times.

More information will be available later on opportunities for non-instructional volunteers. Here's an opportunity to spend an exciting week with young people from all counties in Oregon and at the same time, help the 4-H program provide opportunities for learning experiences and safety.

Application forms and more information regarding all volunteer opportunities for adults at Summer Week are available from John or Birdine by calling 676-9642. Applications must be made by March 1.

their grounds. Formal proposals were not presented and no action was taken by the board.

The next regular meeting is scheduled for Wednesday, February 25, in the BMCC Board Room.

Microwave Cook-off underway

The Oregon CowBelles Beef Council sponsored Oregon Beef Microwave Cook-off contest is now underway.

Contestants must be 18 years old and cannot be a member of CowBelles, the Cattlemen's Association, or an immediate family member, or anyone with professional food status.

The recipe must be mailed with name and address to: Oregon Beef Council, 400 S.W. Broadway, Portland, Ore., 97205. Entries must be post-marked not later than February 27, 1981.

Anyone entering the contest is asked to call Mary Kilkenny at 989-8165.

Photogravure exhibit of Northwest Indians opened at EOSC

"Northwest Indians," an exhibition of 37 photogravures of Edward Curtis, opened at the Eastern Oregon State College Nightingale Art Gallery Sunday, February 8.

The portraits convey the personalities and traditional dress of tribe members living along the Columbia River Basin during the beginning of this century. Included are Nez Perce leader Chief Joseph, a Wisham bride, a Umatilla child, and a Walla Walla elder. Scenes of salmon fishermen and canoes on the river add to the descriptive impact of this series. The photographic images are accompanied by quotes from Curtis's writings, which provide additional insights into the nature of Indian life.

The exhibition will remain on display until March 4. It may be viewed free of charge during regular gallery hours, noon to 5 p.m. Mondays through Fridays and 1 to 5 p.m. on Sunday.

According to Gallery Director Ed Cleotte these photogravures are from portfolio No. 8 of Curtis's twenty volume masterpiece, "The North American Indian." The printing process involves etching copper plates with photographic images from the original glass plate negatives, then printing them with sepia ink on tissue paper. This rare collection is an artistic statement of Curtis's expressive lighting, composition, and ability to see through surface

Service to interview farmers

From mid-February to mid-March, enumerators from the Oregon Crop and Livestock Reporting Service will interview a cross section of Oregon farmers as part of a nationwide program to determine 1980 production costs.

Paul M. Williamson, state statistician for Oregon, points out that with production costs rising rapidly, information about the farm production outlays is important in comparing the farmer's well-being with that of other groups in the nation's economy. He adds that all responses will be confidential and only regional and national summaries will be published.

During 1979, U.S. farmers spent over \$135 billion to produce crops, livestock, and poultry, 18 percent above the previous year's \$114 billion level. This was the largest percentage increase since 1973, with an average expenditure of over \$38,049 per farm, nationally.

Livestock and poultry purchases, at \$21.5 billion, were the largest expenditure group, accounting for 16 percent of the total Farm services expenditures totaled \$19.4 bil-

lion of 14 percent of the total; feed purchases accounted for \$18.0 billion or 13 percent; seeds, plants, fertilizer and agricultural chemicals, \$15.5 billion or 11 percent; followed by motor vehicles and farm machinery, \$15.2 billion or 11 percent.

Yard of Month' project now underway

Delta Huber, president of Lone Garden Club, announces that the "Yard-of-the-Month" project is ready to be set in operation. Helen Martin and Loree Hubbard are committee chairmen and will be assisted by all club members who will rotate as judges.

The last week of each month judges will decide which residence has been chosen to be honored for the following four weeks. Pat Pettyjohn is designing a wooden sign which will be placed in the honored yard for that period of time.

Those places which have been chosen will be out of the running for the rest of the year.

Two main factors on which judging will be based are general neatness and appearance to the passerby. Also to be included will be use of color combinations of plant materials in relation to buildings and the surrounding area.

"It is hoped that everyone who is responsible for a piece of ground in lone will put forth extra effort to tidy up, trim up and plant to make the lovely town of lone even more beautiful," said a club spokesperson.

All garden club members say they will be happy to help in any way possible.

Food study course to be offered

"You, Your Child, and Food," a home study course designed especially for parents of young children, will be offered in Umatilla and Mor-

row counties in March, reports Molly Saul, county Extension home economist.

The three-lesson course is designed to help parents of children under six to create a healthy eating environment through understanding the nutritional needs of young children and ways to establish good eating habits. Mrs. Saul explains.

There is a \$1 fee to cover the cost of postage and supplies for the course. Those wishing to enroll should contact Molly Saul, Extension Home Economist, 13 S. Nye, Pendleton, Oregon 97801, telephone 276-7111, extension 235, or Birdine Tullis, Morrow County Extension Service, P.O. Box 397, Heppner, Oregon 97836, telephone 676-9642. They may also notify the Hermiston Extension office, P.O. Box 105, telephone 567-8321, or the Milton-Freewater office, P.O. Box F, telephone 938-5597.

Mrs. Saul states that the deadline to enroll is February 20. The first lesson will be mailed March 4.

Childhood Emergencies Injuries

By Glenn W. Morgan, M.D.,
Philomath Family Medicine, P.C.

(This is the third of five clip-and-save articles on childhood emergencies.)

All children get various scrapes, bumps, bruises, cuts, sprains and other hard knocks in the school of life. As a parent, you need to know what to do — when to dismiss a minor injury and when to be concerned and seek medical attention. This will serve as a partial guide, but if you have questions, it is best to consult your family doctor.

CUTS, small scratches that don't gape open don't need stitches. A "butterfly" bandage can be useful on small cuts to bring the edges together. It is of no value, though, in infants and toddlers who can rip them off as fast as you can put them on. Wounds that do remain open with the edges spread apart need stitches. Apply pressure with clean gauze on the bleeding site to stop the bleeding, then clean the wound thoroughly with water and soap. Then try to spread the wound open — if it opens up, it should be checked by a physician. This needs to be done within eight hours if possible. If there is a delay, it may be too late to stitch up due to risk of infection.

PUNCTURE WOUNDS should be thoroughly cleaned and tetanus should be up-to-date. In deep punctures, a doctor should be consulted because there is a high risk of infection deep in the tissues. He may need to widen the puncture site opening to allow better drainage of infection.

SCRAPES, especially if dirt or gravel is in the wound, should be thoroughly washed and scrubbed. It hurts, but it will prevent infection. If left with all that dirt, it will surely get infected and hurt much more. After cleaning, an antibiotic ointment like Bacitracin or neosporin should be applied and covered with a loose gauze dressing. This should be changed daily until a crust or scab has formed and then left open. Any signs of infection (redness, pain, pus drainage) should be checked by a doctor. Whenever the skin is broken, tetanus (lockjaw) can occur. Make sure tetanus immunization is current.

BUMPS AND BRUISES usually only need a kiss to feel better. An exception is a knock on the noggin. Children usually do well, even when hit fairly hard. If swelling starts, an ice pack should be applied to decrease the swelling. If the child is knocked out, cries longer than a few minutes, vomits, acts sluggish or "funny," or staggers when walking, a doctor should be called. Head injuries above and in front of the ear (temple area) can be especially worrisome.

SPRAINS are more of a problem in older children. If the joint can be moved through its normal range of motion, is not black and blue or very swollen, it probably is OK. There are three main principles in treating sprains:

- 1) Keep it elevated — higher than the next joint up for as long as it is swollen. For example, a sprained ankle should be kept higher than the knee.
- 2) Apply an ice pack for the first 4-6 hours.
- 3) After 24 hours, heat is helpful to reduce swelling. Sprains that are badly swollen, black and blue, very tender, limit motion or cause numbness or tingling should be checked by a doctor.

FRACTURES (broken bones) may be hard to spot. If a child has an injury and then doesn't use the injured part normally, he should be checked. Greenstick fractures of the forearm can happen after a minor fall and cause only slight swelling. However, the child won't use his arm very much. Injuries of the elbow can be especially serious in children, because most of the growth of the arm takes place there. Elbow injuries and all fractures need medical attention.

Sometimes an injury causes symptoms in other places. Broken collar bones (clavicles) often cause pain in the shoulder and inability to use the arm on that side. If a child won't use his arm after an injury, feel along the collar bone for a tender bump not felt on the other side. If present, it probably means a fracture.

If parents learn these simple guidelines about injuries, a lot of anxiety can be prevented. All kids suffer injuries and usually do quite well. The key is in knowing what you can do at home, and when to see your family doctor.

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