

CowBelles elect Norma French vice president



Norma French

Mrs. Raymond (Norma) French was elected to the office of second vice president of the Oregon CowBelles at the recent Oregon Cattlemen's Association convention held in Portland at the Marriot Hotel.

Norma has been active in the CowBelle organization for many years, holding the office of Morrow County CowBelle President in both 1958 and 1979, as well as being secre-

tary of the organization and holding various committee chairman positions. She was also Morrow County Beef Referendum chairman in 1979 and public relations chairman for the Oregon CowBelles in 1980.

Morrow County CowBelles is not the only organization in Heppner to which Norma belongs. She is also a member of the American Legion Auxiliary, Pioneer Memorial Hospital Auxiliary, Willow Creek

Country Club, Pendleton Country Club, American National CowBelles, Inc., and St. Patrick's Parish, Heppner.

Norma and her husband, Raymond, who is president of the Oregon Cattlemen's Association, are the parents of three daughters: Karen Wood, Beaverton; Verina Schiller, Echo; and Susie Ward, Heppner; and the proud grandparents of two boys and two girls.

Financial aid meeting set for parents of seniors

Heppner High School has issued a reminder for parents of high school seniors that this Thursday, Dec. 11, a financial aid meeting will be held at the high school. Michele Portmann, counselor, will distribute financial aid forms and give instructions for their completion. The meeting will be held at 7:30 p.m. in Room 6.

The financial aid form (FAF) is the one form used to

apply for federal and state grants, loans and work-study. They cannot be filed prior to Jan. 1, but should be filed before mid-February to assure that assistance is still available.

Portmann will also give a listing of local scholarships and grants that are available. If you are unable to attend and would like some information on financial aid, contact Ms.

Portmann at school or home.

The following Thursday, Dec. 18, former students will be available to talk to seniors about their collegiate experiences. Because the Christmas concert was scheduled on the same night, that seminar has been moved up to 6:30 p.m. in Room 6. All returning graduates that can attend should notify Ms. Portmann.

BMCC Chorale Concert Tues.

Christmas music will be featured in the annual Chorale Christmas concert at Blue Mountain Community College Tuesday, Dec. 16, at 7:30 p.m. in the college union.

The BMCC Chorale invites the public to join them at this special time of year for the annual concert. The Chorale is under the direction of David E. Miller, college vocal music instructor.

A variety of Christmas

selections will be included in the program including the cantata "The King of Love" which features guest narrator, Reverend Rick Hammersla, of the Bethel Assembly of God church. Also featured in the program will be an audience sing-along.

Rounding out the program will be selections such as: "O Magnum Mysterium," "Song of Praise," and "More than Music."

Market Basket

MARKET BASKET

From Velma Seat, OSU Extension food marketing specialist, and Birdine Tullis, Morrow Co. Extension

Retail meat prices are expected to increase moderately in the first quarter of 1981. PORK prices will probably show the sharpest increases, but prices for all meats are expected to rise. If your budget permits, now is a good time to watch the specials and buy extra cuts for the freezer.

The CRAB season opened the first of December. It is still too soon to know how large the harvest will be and what crab will cost. PACIFIC OYSTERS are top quality.

Large supplies of many fresh fruits are helping to keep prices down. APPLES are available at very reasonable prices. There are many specialties including bagged smaller apples which are just right for out-of-hand eating.

Barring bad weather, the NAVAL ORANGE crop will be record large. GRAPEFRUIT, too, is in plentiful supply. It is peak supply month for TANGELOS and TANGERINES. Larger PEAR and GRAPE harvests are also helping to

keep prices down. Though retail BANANA prices are higher than a year ago, and current supplies are lower, prices will probably not change because of competition from larger supplies of other fruit.

PINEAPPLES are in fairly good supply along with the holiday exotic POMEGRANATES and PERSIMMONS. DRIED PRUNES and RAISINS are plentiful and prices are moderate.

AVOCADO supplies are large, and prices will probably trend even lower as the new Fuerte avocado crop comes to market in the next few weeks.

Best fresh vegetable selections for December include BROCCOLI, CABBAGE, PARSNIPS, RUTABAGAS, HARD-SHELL SQUASH, HEAD and LEAF LETTUCES. Though ONIONS and POTATOES are higher than last year, they are still economical choices.

Library closed in Ione

The Ione City Library will be closed until further notice because of heater problems. It was announced this week.

Holiday specials inside

Look inside for the Gazette-Times special holiday recipe, Santa's Mailbag, and winners of the Heppner Merchants' Association coloring contest.

Holiday Special

On Mixers

3 Quarts / 89¢

Plus Deposit

7-Up
Coke
Pepsi
Collins
Squirt
Tonic Water
Canada Dry
Club Soda

FLOUR

My-Te-Fine

1.59

10 lbs.

Ice Cream

Darigold

1.99

ALL FLAVORS

½ Gal.

Coming Soon

MEAT & VEGETABLES

S & J Market

(Formerly Heppner Family Savings)

Main St. Heppner
OPEN 7 DAYS 9 a.m. - 7 p.m.

Christmas shopping-getting more for less

by Birdine Tullis,
Morrow Extension Service

Economists are predicting that Americans will be spending less on Christmas this year, as inflation takes a bigger bite from incomes, interest rates rise and other factors affect the amount of spendable income. They predict that we will be buying more practical gifts; fewer, but better quality.

As you make your Christmas shopping list, it might be well to remember that there are usually day-before-Christmas mark downs in many stores, and immediately after the big day there are many post-Christmas sales. Sometimes a gift certificate that can be used during the holiday sales will purchase much more than the amount would have prior to Christmas. December is also the month that many stores offer bargains on fall and winter clothing in an effort to move that merchandise to make way for early spring fashions.

If you are having problems finding a gift for the person who has everything, try giving a food gift. The one you make or bake yourself is extra special, but consider also the

many food items produced in Oregon. Nearly everyone likes cheese, and Oregon produces excellent cheeses. You'll find gift box assortments that include a wide variety. Apples and winter pears are plentiful this year and everyone likes fresh fruit. Oregon nuts, or Oregon wines are also a popular choice for gift giving. There is still time to make many of your gifts; the gift made by you shows love and caring, and is often the most special of all gifts. Christmas shopping should be a pleasant experience, not a hassle. Spending less for Christmas should not spoil the joy of the season; a little creative thinking about each intended gift receiver will help you discover the perfect gift that shows you care.

4-H ENROLLMENTS REQUESTED

Each year we are required by law to "purge" our mailing lists. We are now requesting that all 4-H leaders send in their enrollments by January first. We will be working on mailing lists immediately after that date, and names of leaders, members and families are needed so that no one

is overlooked on our monthly news letter! Those leaders who are still in process of organizing clubs are asked to contact us to confirm that they are definitely planning to have clubs this year.

CONVECTION OVENS

Questions have come in regarding convection ovens, as more and more manufacturers are advertising them. Actually, convection ovens have been around for a long time, with people in commercial food preparation using them for at least thirty years. However, the first countertop model did not appear until 1973. As energy costs began to rise, a new interest was shown in convection ovens because lower temperatures and shorter cooking time were required. A number of manufacturers have introduced their version of the countertop units, emphasizing their energy saving features. Also available are convection ovens in conventional ranges, and in combination with microwave.

A convection oven is hot air in motion. A fan continuously moves heated air throughout the oven. Because the hot air

strikes all food surfaces simultaneously, food cooks more quickly, browns beautifully on all sides, often at temperatures lower than conventional ranges.

Some confusion exists between the microwave and convection ovens. They are not the same, in fact, quite different. Convection ovens cook food with the circulating hot air; microwaves create no external heat. The microwave oven's efficiency decreases as the amount (quantity) of food increases. A convection oven can be filled to capacity with food without increasing cooking time. The convection oven browns and crisps foods beautifully, while in the microwave, little or no browning or crisping occurs.

Many new developments are occurring in microwave ovens, too. If you are making choices you may want to stop by the extension office and pick up information on both convection and microwave ovens. Look also at the many brands and models of both microwave and convection ovens and compare. Be sure you get the product that does the job you want it to, and fits your family needs.

SPARKLING GIFT VALUES

Fill Your List... Please Your Budget

PENDLETON THIS YEAR GIVE THE GIFT THAT IS SURE TO PLEASE YOUR MAN. PENDLETON HAS ALWAYS MEANT QUALITY AND STYLE IN MEN'S CLOTHING. A GIFT HE WILL USE AND APPRECIATE. SEE OUR LARGE SELECTION OF FINE PENDLETON PRODUCTS INCLUDING: JACKETS, COATS, WESTERN SHIRTS, SPORT SHIRTS, AND NECKSIZE SHIRTS.

ALSO IN STOCK AND WAITING TO FILL OUT YOUR CHRISTMAS SHOPPING LIST: SCARVES & CAPS, SOCKS, TROWS, AUTO ROBES

SEE US SOON WHILE SELECTION IS GOOD

Gardner's MEN'S WEAR

CHRISTMAS GIFTS

FOR ONE-FOR ALL

KODAK COLORBURST 50



Reg 44⁹⁵

NOW 39⁹⁵

KODACOLOR II

110 FILM



Reg 2⁹⁵

NOW 2³⁵

KODAK TELE-EKTRALITE 600 CAMERA

Has built-in SENSALITE Flash plus normal and telephoto lens to bring subjects closer. Battery and film included.



Reg 32⁹⁵

NOW 29⁹⁵

KODAK C135-24 FILM



Reg 3⁰⁸

NOW 2³⁹

HANDLE 2 KODAK INSTANT CAMERA



Reg 32⁹⁵

NOW 29⁹⁵

KODAK C126-20 FILM



Reg 2⁸⁶

NOW 2⁶⁷

COMPLETE PHOTO FINISHING AVAILABLE



Murray's Drug



HEPPNER CONDON ARLINGTON