

Old time butcher block, remodeling mark change at grocery

An "old time butcher block" may bring back a taste of the heritage of an 80-year-old-plus Main Street Heppner business.

Scott and Jeannie Adkisson, a Bend couple, took over Heppner Family Savings from Bud and Doreen Englert on Nov. 12.

Besides renaming the store the S&J Market (for Scott and Jeannie), the Adkissons plan to make some changes - including addition of a butcher block, meat and produce. Scott, who worked at Albertson's in Bend, and Jeannie, who was employed by Safeway there, say they also intend to do some remodeling of the store front.

Scott is the son of Ron and Joan McDonald. The business, originally named the "Orange Front," was established in the 1800's by Henry Heppner and was located in the building where Case Furniture is now.

The Thomson brothers bought the store from Heppner in 1900, named it "Thomson Brothers Grocery," and moved it to its present location around 1912.

Jim Thomson, Jr., started working there for his father, Jim, Sr., in 1926. In 1942, Jim, Jr., and his wife, Madge, bought the store and operated it until retiring in the fall of 1978. Altogether, Jim, Jr., worked there for 52 years, and Madge for 45 years (off and on) until selling it to the Englerts.

The Englerts, who haven't as yet, announced any specific plans, have a daughter, Linda, 16.

The Thomsons, who still live in Heppner, say they miss the "Main Street business scene."



Jeannie and Scott Adkisson

4-H is for families

Throughout Oregon, 4-H is stressing family involvement. With the many stresses on families today, the more activities and interests shared by families, the stronger the family unit. Four-H has always included families in their programming, but now a much greater emphasis is underway. As new club groups are forming for the new 4-H year, we hope mothers and fathers will feel free to attend club meetings and offer their support to the leader working with their children. Younger brother or sister, too, can be a part of the 4-H experience, through associate membership. While the age for 4-H membership is 4th through 12th grades, many leaders will allow associate membership. The younger child may be allowed to participate in most club experiences, but not exhibit at fair until they are of enrollment age. However, any project they have completed could be exhibited in open class.

Recent examples of 4-H family events were the two "achievement" or "family" nights in Irrigon and Heppner. Both were potluck with main

dish furnished by the councils. Families came to honor members for their completing a successful year of club work and to be present while each member was recognized for his or her accomplishment. They enjoyed, too, current and past slides of events and activities of 4-H members.

When you hear "4-H" in the future, picture a family doing things together. We will be offering more and more opportunities of the family kind.

Dinner meetings offer opportunities for dining out.

According to the U.S. Dept. of Agriculture, Americans have been spending more of their food dollars on cooking at home and fewer on dining out during the last 18 months. Figures indicate that grocery sales in the first half of the year increased, while over the same period last year, restaurant sales dropped.

Looking at the number of dinner meetings coming up in our immediate area during the next week or so, we feel there will be a big surge of "eating out." Our calendar shows Columbia Basin Electric's annual dinner meeting scheduled for Nov. 5. Jordan

Elevator's annual meeting with a big turkey dinner was held last week, Monday, Nov. 10, the Morrow County Grain Growers annual dinner event is sure to draw a crowd. You can come sample the pasta at the special Extension-Wheat Commission program on that topic on Nov. 11, and follow it up the next night by attending the Morrow County Wheat Growers meeting and dinner. To top off all that good eating, most meetings have interesting guest speakers, too.

We don't venture to guess that local eating out will affect national trends, but there are reasons for Americans eating more at home. Government analysts attribute this change to several factors. Inflation and recession are limiting disposable income; high gasoline prices are resulting in less driving, and consumers are finding they can save by preparing meals at home. Maybe some are even discovering the joy of having the whole family around the dinner table, sharing their days events and activities. If this trend to eating at home strengthens family togetherness...we are for it.

New leader ready to start club

Lexington area boys and girls may call Mella Britt (Mrs. John), if they wish to join a 4-H clothing club. She is ready and anxious to get a group going, and will take beginners or those more advanced.

Mella moved to the Lexington area recently, and has years of 4-H experiences to draw on as she starts as a new leader here.

Call Ms. Britt, or the extension office for more details.

An apple a day

All varieties of apples are hitting the markets, both locally grown and from nearby states, resulting from one of the best apple crops in recent years. With the large crop, and because they have not been in storage, prices should be favorable for the consumer.

There's something about the cool fall air that makes me think of a crisp, Red Delicious apple, but many other varieties are also available. Golden Delicious are considered an all purpose apple, good for eating or for pies and sauces.

Jerry's Mobil now P&D Mobil



Pictured are (left to right) Jerry and Irene Samples and Donna and Paul Fortenberry

Jerry's Mobil and Mini-Mart in Heppner officially became P & D Mobil Monday, as new owners, Paul and Donna Fortenberry, took over from Jerry and Irene Samples.

Ironically, Jerry ended his ownership almost the same way he began four years ago - in the snow. "I opened up putting on snow tires," said Jerry, "and I'm not going to close doing it." The Samples came to Heppner from Kinzua.

The Fortenberrys, who came to Heppner seven years ago from La Grande, said they will be liquidating their business, P&D Auto repair, (P&D, if you haven't already guessed, stands for Paul and Donna.) The Fortenberrys have four children, Jeff, Alan, Polly, and Danny.

Jerry Samples says he expects to be established as a Mac Tool distributor in Cashmere, Wash., around the first of the year. His business will cover Cashmere, Wenatchee and a large surrounding area. In the meantime, he will travel to Ohio to get his truck and tools.

Irene says she will remain in Heppner so that their children may finish out the school year here. The Samples have three children, Dianne, Andy and Heidi.

O'Connor Agency honored



The Charles O'Connor Agency at Ione was recently presented a plaque in recognition of 25 years representation of the American States Insurance Company.

A partner in the Swanson-Hamlett and O'Connor Agency, Charles O'Connor began business in October, 1947. Charles worked out of his home from May 1951 until 1957 at which time he moved his office to downtown Ione. The O'Connor Agency has been in the insurance business for 33 years and is the only Independent Insurance Agency in Ione.

On Nov. 1, 1980, Monica and Jim Swanson purchased the Charles O'Connor Agency. Jim is a life long resident of Ione. The Swansons are involved in farming and insurance.

Pictured left to right are Jim Swanson; Monica Swanson; American States field sales manager, Jim Everly; Charles O'Connor; Dick Glassmeyer, American States region manager.

You'll find Roman Beauties, Jonathans, or almost any favored new or old variety if you check the fruit stand and groceries.

When you take them home, handle them with care. Store properly in a cool, moist place and use care that they are not bruised. The old saying "an apple a day..." has been around a long time. Whoever coined the phrase knew that nothing beats a good crisp, juicy apple for a snack any

time of the year. They contain only about 90

calories each...eat and enjoy.

Easing the dryness of winter indoors

Even before the frost is on the pumpkin, the first signs of winter may be a scratchy throat, irritated eyes and the morning sniffles.

When cooler outdoor temperatures force a retreat to the indoors, the low humidity of many heated homes can make the environment uncomfortable unless moisture is added to the air.

Most people are uncomfortable whenever the relative humidity is lower than 25 percent or higher than 60 percent. Indoor heated air often contains as little as 5 percent relative humidity.

This dry, "thirsty" air takes moisture out of everything it surrounds. Rugs give off electrical shocks, furniture and woodwork can be damaged by dryness, and house plants and family pets suffer.

The dry air also absorbs moisture from sensitive nose and throat membranes, causing discomfort for everyone, and especially increasing the problems of those suffering from the common cold or flu.

Portable humidifiers and vaporizers can add moisture to air and help relieve some of the problems resulting from dry winter air.

While both humidifiers and vaporizers perform the same function, they differ in their operation. Cool-vapor appliances,

commonly referred to as humidifiers, deliver tiny droplets of unheated water, continuously adding moisture and freshness to the air dried out by winter heating.

Steam-type appliances, or vaporizers, produce actual steam by heating the water. Though they are most often associated with use in the sick-room to relieve symptoms of respiratory congestion, they may also be used routinely in the home.

Humidifiers

- Sufficient water capacity to run throughout the night without refilling.
- Automatic shut-off device which will operate when the water reservoir is empty.
- Water level indicator to show the amount of water remaining in the reservoir.
- Air and water filter screens to prevent circulation of unwanted particles.
- Directional spout to focus moist air toward a particular area of the room.
- On/off switch and low/medium/high control on the fan.

Vaporizers

- Steel electrodes to heat the water for quick, clean vapor.
- Sensor trip valve to shut off the unit in the event of a malfunction.

Umatilla Ready-Mix is Still in Business in Heppner

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